



I S O  
Innovative Sport Organisation

## Crossduathlon-Harburg

02. Oktober 2004



### Ergebnis M / W - Altersklassen

#### Jedermann Duathlon ( 5 / 16 / 5 )

##### Jedermann Duathlon DM-20

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Lauf	Pos	Rad	Pos	LaufRad	Pos	Lauf	Pos	Ziel	Pos	Endzeit	Pos
1	119	01:33:47	Sanyas	Guillaume	1980		FRA	00:20:01	1	00:49:09	1	01:09:10	1	00:24:36	1	01:33:47	10	01:33:47	1

##### Jedermann Duathlon DM-25

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Lauf	Pos	Rad	Pos	LaufRad	Pos	Lauf	Pos	Ziel	Pos	Endzeit	Pos
1	122	01:34:56	Schmid	Rasmus	1977	Airbus SG Hamburg	GER-HAM	00:20:16	2	00:50:42	1	01:10:59	1	00:23:57	1	01:34:56	11	01:34:56	1
2	81	01:55:49	Ahlström	Christian	1977		GER-HAM	00:25:34	3	01:02:20	2	01:27:54	2	00:27:55	2	01:55:49	36	01:55:49	2

##### Jedermann Duathlon DM-30

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Lauf	Pos	Rad	Pos	LaufRad	Pos	Lauf	Pos	Ziel	Pos	Endzeit	Pos
1	93	01:28:11	Lierow	Wolfgang	1970	Uni Bw Hamburg	GER-SH	00:18:32	1	00:49:08	4	01:07:40	2	00:20:30	1	01:28:11	4	01:28:11	1
2	111	01:29:51	Wagner	Ingo	1970	Tri-Michels Hamburg	GER-HAM	00:19:34	2	00:49:42	6	01:09:16	4	00:20:34	2	01:29:51	5	01:29:51	2
3	116	01:30:41	Schröder	Henning	1974	SC DHfK Leipzig	GER-HAM	00:20:49	4	00:46:16	2	01:07:06	1	00:23:35	4	01:30:41	6	01:30:41	3

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## Jedermann Duathlon ( 5 / 16 / 5 )

### Jedermann Duathlon DM-30

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Lauf	Pos	Rad	Pos	LaufRad	Pos	Lauf	Pos	Ziel	Pos	Endzeit	Pos
4	65	01:32:01	Hagemann	Tom	1973	Team BerGaMont	GER-HAM	00:21:37	7	00:46:12	1	01:07:49	3	00:24:11	5	01:32:01	7	01:32:01	4
5	104	01:33:39	Biemann	Matthias	1971	Tri Michels Hamburg	GER-HAM	00:20:43	3	00:50:19	7	01:11:03	6	00:22:36	3	01:33:39	9	01:33:39	5
6	91	01:35:15	Genest	Joachim	1973		GER-HAM	00:21:03	5	00:49:25	5	01:10:29	5	00:24:46	7	01:35:15	13	01:35:15	6
7	70	01:35:41	Leu	Carsten	1972	RG Uni Hamburg	GER-SH	00:22:09	10	00:48:57	3	01:11:07	7	00:24:33	6	01:35:41	14	01:35:41	7
8	182	01:40:00	Gebhart	Rüdiger	1971	Tri Michels Hamburg	GER-HAM	00:21:44	8	00:53:11	9	01:14:55	8	00:25:04	8	01:40:00	17	01:40:00	8
9	79	01:43:19	Niße	Marco	1971	MTB Power Team	GER-NIE	00:21:48	9	00:56:04	13	01:17:53	10	00:25:25	10	01:43:19	22	01:43:19	9
10	57	01:43:48	Gusko	Olaf	1972		GER-HAM	00:22:31	11	00:55:58	12	01:18:30	11	00:25:18	9	01:43:48	23	01:43:48	10
11	63	01:44:40	Marquardt	Jan	1972	BSV Bliedersdorf 66	GER-NIE	00:25:49	15	00:53:06	8	01:18:55	12	00:25:44	11	01:44:40	26	01:44:40	11
12	74	01:46:09	Büsing	Matthias	1970		GER-NIE	00:21:30	6	00:54:52	10	01:16:23	9	00:29:46	15	01:46:09	30	01:46:09	12
13	89	01:46:57	Kruse	Peter	1973		GER-HAM	00:25:00	14	00:55:05	11	01:20:06	13	00:26:51	12	01:46:57	31	01:46:57	13
14	90	01:50:11	Horn	Alexander	1973		GER-NIE	00:23:41	12	00:59:06	14	01:22:47	14	00:27:23	13	01:50:11	34	01:50:11	14
15	55	01:59:02	Wigger	Stefan	1971	Www.Sozialisten.de/Kein Harz 4	GER-SH	00:26:40	16	01:00:40	15	01:27:21	15	00:31:41	16	01:59:02	39	01:59:02	15
16	108	02:04:07	Lienschöft	Karsten	1971		GER-HAM	00:24:53	13	01:10:39	16	01:35:32	16	00:28:34	14	02:04:07	41	02:04:07	16

### Jedermann Duathlon DM-35

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Lauf	Pos	Rad	Pos	LaufRad	Pos	Lauf	Pos	Ziel	Pos	Endzeit	Pos
1	52	01:35:08	Wilkens	Rüdiger	1967	VfL Börnsen	GER-SH	00:20:57	2	00:51:08	1	01:12:06	1	00:23:01	2	01:35:08	12	01:35:08	1
2	50	01:38:14	Danne	Olaf	1966		GER-HAM	00:21:04	3	00:54:33	4	01:15:38	2	00:22:36	1	01:38:14	15	01:38:14	2
3	117	01:39:24	Alisch	Tim	1965			00:22:31	9	00:53:21	2	01:15:52	3	00:23:31	3	01:39:24	16	01:39:24	3
4	97	01:40:50	Schröter	Oliver	1967		GER-HAM	00:22:29	8	00:53:26	3	01:15:56	4	00:24:53	6	01:40:50	19	01:40:50	4
5	73	01:41:04	Pemöller	Michael	1967	Elixia Harburg	GER-NIE	00:20:23	1	00:56:23	5	01:16:47	5	00:24:17	4	01:41:04	20	01:41:04	5

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## Jedermann Duathlon ( 5 / 16 / 5 )

### Jedermann Duathlon DM-35

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Lauf	Pos	Rad	Pos	LaufRad	Pos	Lauf	Pos	Ziel	Pos	Endzeit	Pos
6	123	01:45:13	Studeks	Olaf	1967	TRI-Michels		00:22:15	6	00:57:54	7	01:20:09	7	00:25:04	8	01:45:13	27	01:45:13	6
7	82	01:45:37	Behnke	Rainer	1966	Post SV Buxtehude	GER-NIE	00:21:47	4	00:58:49	9	01:20:36	8	00:25:00	7	01:45:37	28	01:45:37	7
8	115	01:45:38	Lorentz	Gunnar	1967	SG SETH	GER-SH	00:22:19	7	00:58:45	8	01:21:04	9	00:24:34	5	01:45:38	29	01:45:38	8
9	114	01:49:25	Kolodzick	Jörg	1966		GER-HAM	00:21:50	5	00:57:34	6	01:19:24	6	00:30:01	9	01:49:25	33	01:49:25	9
10	121	02:17:55	Schippmann	Michael	1967			00:29:29	10	01:13:38	10	01:43:07	10	00:34:47	10	02:17:55	45	02:17:55	10

### Jedermann Duathlon DM-40

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Lauf	Pos	Rad	Pos	LaufRad	Pos	Lauf	Pos	Ziel	Pos	Endzeit	Pos
1	59	01:35:04	Härle	Ralf	1963	VfL Börnsen	GER-HAM	00:20:05	3	00:46:16	5	01:06:22	4	00:28:42	1	01:35:04	1	01:35:04	1
2	140	01:26:30	Wittpohl	Wolfgang	1960			00:18:48	1	00:46:41	1	01:05:30	1	00:20:59	3	01:26:30	2	01:26:30	2
3	100	01:27:24	Meyer	Jörg	1961	VfL Börnsen	GER-SH	00:19:12	2	00:47:23	2	01:06:36	2	00:20:48	2	01:27:24	3	01:27:24	3
4	125	01:33:28	Paluch	Rolf	1960	VfB Hermsdorf		00:20:44	4	00:50:02	3	01:10:47	3	00:22:41	4	01:33:28	8	01:33:28	4
5	124	01:40:31	Kröcher	Carsten	1964	VfB Hermsdorf Berlin		00:21:29	5	00:56:11	6	01:17:40	6	00:22:50	5	01:40:31	18	01:40:31	5
6	61	01:41:08	Wendlandt	Jürgen	1961		GER-HAM	00:23:43	6	00:53:17	4	01:17:00	5	00:24:07	6	01:41:08	21	01:41:08	6
7	109	01:43:58	Knuhr	Torsten	1964	Sparklub Jung Hörsten	GER-NIE					01:18:15	7	00:25:43	7	01:43:58	24	01:43:58	7
8	58	01:55:25	Milz	André	1961		GER-SH	00:24:11	8	01:03:09	7	01:27:20	8	00:28:05	9	01:55:25	35	01:55:25	8
9	99	01:57:23	Schäfer	Björn	1964	LLFErsKp 310	GER-HAM	00:24:15	9	01:05:19	8	01:29:35	9	00:27:48	8	01:57:23	37	01:57:23	9
10	126	02:04:06	Brodhun	Holger	1962	RT Celle	GER-NIE	00:23:55	7	01:10:11	10	01:34:07	10	00:29:59	10	02:04:06	40	02:04:06	10
11	95	02:08:08	Heßler	Claus-Gunther	1962		GER-SH	00:28:25	10	01:08:44	9	01:37:09	11	00:30:59	11	02:08:08	42	02:08:08	11

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## Jedermann Duathlon ( 5 / 16 / 5 )

### Jedermann Duathlon DM-45

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Lauf	Pos	Rad	Pos	LaufRad	Pos	Lauf	Pos	Ziel	Pos	Endzeit	Pos
1	75	01:44:28	Deichelmann	Klaus Peter	1955		GER-HAM	00:23:48	2	00:55:52	1	01:19:40	2	00:24:48	1	01:44:28	25	01:44:28	1
2	113	01:47:28	Habermann	Bernd	1959	MaTriX Leeseringen	GER-NIE	00:22:48	1	00:55:59	2	01:18:47	1	00:28:40	2	01:47:28	32	01:47:28	2
3	84	01:57:33	Harner	Udo	1958	Stader Schwimmvereinb v. 1920 e.V.	GER-NIE	00:23:56	3	01:03:14	3	01:27:10	3	00:30:22	3	01:57:33	38	01:57:33	3
4	66	02:11:07	Czyperek	Detlev	1955		GER-SH	00:24:14	4	01:12:14	5	01:36:28	4	00:34:38	4	02:11:07	43	02:11:07	4
5	112	02:17:45	Terhorst	Jörn	1958	BSG Feuerwehr HH	GER-NIE	00:30:11	6	01:11:12	4	01:41:24	5	00:36:21	5	02:17:45	44	02:17:45	5

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## Jedermann Duathlon ( 5 / 16 / 5 )

### Jedermann Duathlon DW-25

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Lauf	Pos	Rad	Pos	LaufRad	Pos	Lauf	Pos	Ziel	Pos	Endzeit	Pos
1	118	01:29:41	Fecht	Solveig von der	1975	RG Uni Hamburg	GER-HAM									01:29:41	1	01:29:41	1
2	64	01:49:08	Pexa	Ellen	1975	Tri Michels Hamburg	GER-HAM	00:24:14	1	00:59:04	1	01:23:18	1	00:25:50	1	01:49:08	3	01:49:08	2

### Jedermann Duathlon DW-30

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Lauf	Pos	Rad	Pos	LaufRad	Pos	Lauf	Pos	Ziel	Pos	Endzeit	Pos
1	110	01:42:33	Hölzer	Silke	1973	Tri Michels Hamburg	GER-HAM	00:23:37	1	00:53:13	1	01:16:50	1	00:25:42	1	01:42:33	2	01:42:33	1
2	103	02:18:23	Barton	Leslie	1971		GER-SH	00:29:18	2	01:15:05	2	01:44:24	2	00:33:58	2	02:18:23	8	02:18:23	2

### Jedermann Duathlon DW-35

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Lauf	Pos	Rad	Pos	LaufRad	Pos	Lauf	Pos	Ziel	Pos	Endzeit	Pos
1	85	02:18:12	Baumann	Marion	1969		GER-HAM	00:29:14	2	01:15:08	1	01:44:23	1	00:33:49	1	02:18:12	7	02:18:12	1
2	96	02:26:04	Schröter	Christiane	1967		GER-HAM	00:30:00	3	01:20:31	2	01:50:31	2	00:35:32	2	02:26:04	9	02:26:04	2

### Jedermann Duathlon DW-40

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Lauf	Pos	Rad	Pos	LaufRad	Pos	Lauf	Pos	Ziel	Pos	Endzeit	Pos
1	94	02:08:07	Heßler	Sabine	1963		GER-SH	00:28:23	1	01:08:44	1	01:37:08	1	00:30:59	2	02:08:07	5	02:08:07	1
2	69	02:15:38	Schmidt	Antje	1963	SV Rapid	GER-HAM	00:29:21	2	01:15:34	2	01:44:56	2	00:30:41	1	02:15:38	6	02:15:38	2

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Jedermann Duathlon  
DW-45

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Lauf	Pos	Rad	Pos	LaufRad	Pos	Lauf	Pos	Ziel	Pos	Endzeit	Pos
1	120	01:55:48	Körner-Downes	Monika	1958	Tri Team TG Lage	GER-NRW	00:24:21	1	01:05:58	1	01:30:20	1	00:25:28	1	01:55:48	4	01:55:48	1

# Ergebnis

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Jedermann Duathlon  
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