



23. KN Förde Triathlon Kiel 2011

14. August 2011

Ergebnisse alphabetisch sortiert

Volkstriathlon (0,5 / 20 / 5)

934	01:16:31	Abert	Claas	1984		GER-HAM	00:09:40	00:46:38	00:56:18	00:20:12	01:16:31
745	01:11:07	Abraham	Frank	1968	TG Schleichender Plattfuss	GER-SH	00:08:58	00:41:22	00:50:21	00:20:46	01:11:07
708	01:20:52	Andresen	Boy- Marcus	1971	TSV Kronshagen	GER-SH	00:13:18	00:44:59	00:58:17	00:22:34	01:20:52
788	01:33:44	Arlt	Sven	1978		GER-SH	00:12:42	00:48:54	01:01:37	00:32:07	01:33:44
870	01:24:37	Arndt	Rüdiger	1957		GER-SH	00:12:41	00:49:37	01:02:18	00:22:18	01:24:37
795	01:54:34	Asmussen	Jörg	1966		GER-HAM	00:16:00	01:09:22	01:25:22	00:29:12	01:54:34
834	01:09:24	Axmann	Heiko	1960	Fetti&die Ente	GER-NIE	00:10:07	00:38:56	00:49:04	00:20:20	01:09:24
660	01:33:05	Axmann	Kirsten	1964	Fetti&die Ente	GER-NIE	00:12:51	00:52:03	01:04:55	00:28:10	01:33:05
685	01:25:23	Baedjer	Nicole	1969		GER-SH	00:14:58	00:47:46	01:02:44	00:22:39	01:25:23
718	01:21:44	Bahnsen	Ralf	1962	VfL Geesthacht	GER-NIE	00:13:45	00:43:59	00:57:44	00:23:59	01:21:44
852	01:14:38	Bajorat	Mathias	1987	-	GER-SH	00:12:09	00:41:02	00:53:12	00:21:25	01:14:38
614	01:17:12	Balszunat	Bernd	1967		GER-SH	00:10:08	00:45:17	00:55:25	00:21:46	01:17:12
643	01:30:22	Bargmann	Jörn	1968		GER-SH	00:12:32	00:51:05	01:03:38	00:26:44	01:30:22
807	01:27:19	Bartel	Bertram	1960	TSV Kronshagen	GER-SH	00:13:48	00:48:44	01:02:32	00:24:46	01:27:19
817	01:31:18	Bauer	Dennis	1988		GER-SH	00:12:11	00:55:11	01:07:23	00:23:55	01:31:18
923	01:08:51	Bäumer	Stephan	1978		GER-HAM	00:08:06	00:40:09	00:48:16	00:20:35	01:08:51
703	01:33:26	Baumgärtel	Kerstin	1973		GER-SH	00:13:10	00:53:24	01:06:35	00:26:51	01:33:26
942	01:23:24	Bayerl	Eberhard	1953	TSV Bornhöved	GER-SH			00:56:14	00:27:10	01:23:24
800	01:20:28	Beck	Thomas	1975	Zippel's Läuferwelt	GER-SH	00:12:49	00:46:48	00:59:37	00:20:50	01:20:28
824	01:26:17	Becker	Jan Niklas	1989	Tri Michels Hamburg e.V.	GER-HAM	00:12:13	00:44:29	00:56:42	00:29:34	01:26:17

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Volkstriathlon (0,5 / 20 / 5)

939	01:16:31	Bedürftig	Arne	1985	GER-SH	00:10:22	00:44:09	00:54:31	00:21:59	01:16:31	
668	01:19:47	Beeck	Manuela	1984	GER-HAM	00:09:27	00:47:08	00:56:36	00:23:10	01:19:47	
862	01:19:14	Beeck	Nils	1989	GER-NIE	00:10:39	00:44:05	00:54:44	00:24:29	01:19:14	
863	01:25:33	Beeck	Peter	1957	GER-NIE	00:12:57	00:45:37	00:58:34	00:26:58	01:25:33	
636	01:16:41	Beeck	Torsten	1971	GER-NIE	00:09:23	00:43:47	00:53:10	00:23:31	01:16:41	
603	01:40:19	Bergemann	Sönke	1965	Haus&Grund-Team	GER-SH	00:12:09	01:01:25	01:13:35	00:26:44	01:40:19
622	01:31:24	Bildt	Finja	1995	TuS Holtenau	GER-SH	00:09:48				01:31:24
696	01:23:35	Bildt	Nico	1970	Bordwartungsgruppe/MFG 5	GER-SH	00:10:58	00:46:51	00:57:50	00:25:45	01:23:35
832	01:09:41	Birkenfeld	Falk	1983	Team muschelwind	GER-SH	00:09:35	00:39:06	00:48:41	00:20:59	01:09:41
657	01:21:02	Block	Timm	1971	TG Schleichender Plattfuss	GER-SH	00:11:13	00:46:17	00:57:30	00:23:31	01:21:02
805	01:17:23	Blodau	Marco	1974	USC Kiel	GER-SH	00:10:14	00:43:42	00:53:56	00:23:27	01:17:23
861	01:20:03	Blum	Robert	1976	Kiel	GER-SH	00:10:54	00:46:38	00:57:33	00:22:30	01:20:03
873	01:10:33	Boehm	Philipp	1984	Bundeswehr	GER-SH	00:10:51	00:39:31	00:50:23	00:20:10	01:10:33
673	01:46:00	Boldt	Katrin	1980		GER-SH	00:14:16	01:00:27	01:14:43	00:31:17	01:46:00
780	01:22:53	Bomke	Lutz	1969	Wellingdorfer TV	GER-SH	00:14:45	00:46:46	01:01:31	00:21:21	01:22:53
680	01:39:55	Book	André	1965	SV Wiking Kiel	GER-SH	00:10:31	00:58:04	01:08:36	00:31:19	01:39:55
690	01:33:03	Book	Matthias	1969	KSV Holstein Kiel	GER-SH	00:12:03	00:51:11	01:03:15	00:29:48	01:33:03
854	01:21:48	Bornholdt	Marc	1989		GER-SH	00:12:07	00:47:59	01:00:06	00:21:42	01:21:48
726	01:44:46	Bracker	Niko	1971		GER-SH	00:15:09	01:00:32	01:15:42	00:29:04	01:44:46
641	01:38:57	Bradersen	Astrid	1967		GER-HAM	00:12:24	00:58:43	01:11:08	00:27:49	01:38:57
868	01:39:06	Brandt	Peter	1952	TSV Bordesholm	GER-SH	00:15:00	00:57:57	01:12:57	00:26:08	01:39:06
897	01:27:57	Brandt	Tobias	1986	TSV Bordesholm	GER-SH	00:13:47	00:50:24	01:04:12	00:23:44	01:27:57
784	01:22:03	Breede	Kai	1971	SC Breedemeier	GER-SH	00:13:56	00:45:25	00:59:22	00:22:40	01:22:03
947	01:21:14	Bridstrup	Jens	1971	TSV Kronshagen	GER-SH	00:11:10	00:45:24	00:56:34	00:24:40	01:21:14
750	01:23:21	Buchheim	Andrea	1966	Kaifu Tri Team e. V.	GER-HAM	00:10:37	00:47:19	00:57:57	00:25:24	01:23:21
891	01:27:47	Bucko	Sascha	1982		GER-SH	00:13:58	00:49:43	01:03:41	00:24:05	01:27:47
630	01:19:03	Büll	Thomas	1966		GER-SH	00:12:41	00:45:31	00:58:12	00:20:50	01:19:03
723	01:31:38	Carius	Sven	1969	TC-Ellerau	GER-SH	00:09:42	00:53:04	01:02:47	00:28:51	01:31:38

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Volkstriathlon (0,5 / 20 / 5)

821	01:24:11	Christofzik	Benjamin	1981		GER-SH	00:11:07	00:48:30	00:59:37	00:24:33	01:24:11
785	01:17:16	Ciolkowski	Ralf	1966	LTV Kiel-Ost	GER-SH	00:10:42	00:44:59	00:55:42	00:21:34	01:17:16
759	01:54:15	Clausen	Manuela	1953		GER-SH	00:18:04	01:04:42	01:22:47	00:31:28	01:54:15
736	01:19:55	Cornelius	Stefan	1968	Fehmarn	GER-SH	00:12:11	00:45:51	00:58:02	00:21:52	01:19:55
867	01:24:22	Deckner	Klaus	1953		GER-SH	00:14:16	00:47:28	01:01:44	00:22:37	01:24:22
605	01:37:19	Derner	Gunna	1966		GER-SH	00:13:09	00:51:15	01:04:24	00:32:54	01:37:19
902	01:35:26	Dix	Dr. Christian	1959		GER-SH	00:15:15	00:52:52	01:08:08	00:27:17	01:35:26
881	01:34:31	Donnelly	Richard	1986	Low Performance	GER-SH	00:15:04	00:57:22	01:12:26	00:22:04	01:34:31
846	01:21:51	Donnelly	Robert	1984	Low Performance	GER-SH	00:11:03	00:44:53	00:55:57	00:25:54	01:21:51
894	01:23:32	Ehlers	Christopher	1987		GER-SH	00:12:47	00:46:52	00:59:39	00:23:52	01:23:32
856	01:24:26	Ehlers	Torben	1995	SV Holtsee	GER-SH	00:14:58	00:57:19	01:12:18	00:12:08	01:24:26
654	01:31:39	Engel	Arne	1966		GER-SH	00:13:24	00:52:09	01:05:34	00:26:05	01:31:39
909	01:51:37	Euler	Lena	1990		GER-HAM	00:14:25	01:05:23	01:19:49	00:31:48	01:51:37
627	01:16:50	Falkenthal	Kai	1965	VSaW	GER-SH	00:09:47	00:45:05	00:54:52	00:21:58	01:16:50
671	01:17:30	Feldmann	Lars	1969	USC Kiel	GER-SH	00:10:58	00:43:59	00:54:57	00:22:33	01:17:30
883	01:18:27	Forrestal	Joseph	1952		IRL	00:10:17	00:46:21	00:56:38	00:21:48	01:18:27
802	01:46:58	Fredrich	Peter	1960	Haus&Grund-Team	GER-SH	00:10:49	00:58:57	01:09:47	00:37:11	01:46:58
849	01:19:16	Freese	Wolfgang	1986	ETV Kiel	GER-SH	00:13:43	00:43:39	00:57:23	00:21:52	01:19:16
747	01:32:34	Fricke	Birgit	1966		GER-SH	00:13:26	00:51:53	01:05:20	00:27:14	01:32:34
744	01:19:38	Fritzsche	Julia	1982	Förde Sparkasse	GER-SH	00:10:22	00:45:25	00:55:47	00:23:50	01:19:38
845	01:24:57	Galaske	Daniel	1984	Low Performance	GER-SH	00:12:48	00:48:31	01:01:19	00:23:38	01:24:57
931	01:44:33	Gauch	Thomas	1959		GER-SH	00:13:55	00:55:30	01:09:25	00:35:07	01:44:33
705	01:27:29	Geest	Frank	1966	TOI TOI & DIXI	GER-SH	00:13:38	00:48:50	01:02:28	00:25:01	01:27:29
653	01:32:35	Geest	Heiko	1968		GER-SH	00:13:08	00:55:01	01:08:09	00:24:25	01:32:35
836	01:23:08	Gehmert	Christian	1978	HCU-Hamburg	GER-HAM	00:10:19	00:48:20	00:58:39	00:24:28	01:23:08
707	01:24:56	Geinitz	Jens	1969		GER-SH	00:12:47	00:48:06	01:00:54	00:24:01	01:24:56
850	01:09:15	Gerdsmeyer	Ludger	1964		GER-SH	00:08:11	00:40:23	00:48:35	00:20:40	01:09:15
661	01:34:47	Gerdson	Toni	1967		GER-SH	00:12:59	00:53:33	01:06:32	00:28:14	01:34:47

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838	01:10:36	Gerngroß	Mark-Daniel	1985		GER-SH	00:10:43	00:39:38	00:50:21	00:20:14	01:10:36
816	01:16:17	Gilly	Christian	1977		GER-SH	00:10:35	00:42:46	00:53:22	00:22:54	01:16:17
799	01:25:18	Goerg	Wolfgang	1959	TuS Holtenau Kiel	GER-SH	00:10:44	00:50:56	01:01:40	00:23:37	01:25:18
642	01:21:06	Goos	Jörn	1969		GER-SH	00:11:54	00:45:47	00:57:41	00:23:24	01:21:06
777	01:28:31	Gotzian	Claus	1971		GER-SH	00:12:26	00:50:28	01:02:55	00:25:35	01:28:31
853	01:17:30	Gramsch	Benjamin	1979	Marine2000	GER-SH	00:11:33	00:44:18	00:55:52	00:21:38	01:17:30
841	01:26:26	Groechel	Benjamin	1981		GER-HAM	00:12:41	00:50:50	01:03:32	00:22:53	01:26:26
778	01:23:53	Grote	Lars	1969		GER-SH	00:10:42	00:49:30	01:00:12	00:23:40	01:23:53
796	01:38:09	Grüne	Jan	1977		GER-SH	00:10:56	00:45:54	00:56:51	00:41:18	01:38:09
878	01:39:51	Gülzow	Tommy	1985		GER-SH	00:14:49	00:47:34	01:02:23	00:37:27	01:39:51
793	01:21:41	Günther	Charly	1956			00:12:36	00:45:12	00:57:49	00:23:52	01:21:41
822	01:24:28	Günther	Moritz	1981		GER-SH	00:10:18	00:51:25	01:01:43	00:22:45	01:24:28
874	01:15:19	Hagedorn	Patrick	1992		GER-SH	00:07:12	00:45:30	00:52:43	00:22:35	01:15:19
721	01:41:26	Hagge	Miriam	1984	Rendsburger Kanu Club	GER-SH	00:13:41	00:54:49	01:08:31	00:32:55	01:41:26
889	01:25:50	Hahn	Marco	1972	Gettorfer TV	GER-SH	00:09:10	00:49:13	00:58:24	00:27:26	01:25:50
843	01:08:38	Hardt	Claudius	1983	Jacobs University	GER-BRE	00:10:32	00:39:16	00:49:49	00:18:49	01:08:38
792	01:14:31	Hasenbank	Carsten	1963		GER-SH	00:08:07	00:43:09	00:51:16	00:23:15	01:14:31
656	01:16:12	Hasselmann	Charlotte	1986	Team Muschelwind	GER-SH	00:11:37	00:45:22	00:56:59	00:19:13	01:16:12
675	01:19:27	Hauss	Helena	1983		GER-SH	00:09:46	00:45:51	00:55:38	00:23:49	01:19:27
688	01:27:16	Hedke	Dr. med. Klaas	1968		GER-SH	00:11:28	00:49:28	01:00:57	00:26:19	01:27:16
933	01:07:11	Heine	Stephan	1974		GER-SH	00:07:30	00:40:27	00:47:58	00:19:12	01:07:11
658	01:17:07	Henningsen	Imke	1987		GER-SH	00:01:12	00:51:00	00:52:13	00:24:54	01:17:07
710	01:48:11	Hentschel	Martina	1965	TOI TOI & DIXI	GER-SH	00:15:35	01:02:50	01:18:26	00:29:45	01:48:11
932	01:15:19	Hermes	Martin	1984		GER-SH	00:13:56	00:42:33	00:56:30	00:18:48	01:15:19
789	01:19:09	Heydemann	Elena	1987	Fc Riepsdorf (Frauenfussball)	GER-SH	00:10:02	00:45:37	00:55:39	00:23:29	01:19:09
604	01:15:00	Hinze-Ehrhardt	Frank	1966	TV Laboe	GER-SH	00:10:34	00:42:41	00:53:16	00:21:44	01:15:00
912	01:22:40	Hobbie	Kristian	1980		GER-SH	00:09:29	00:47:42	00:57:11	00:25:29	01:22:40
719	01:28:14	Hoffmann	Julia	1985	USC Kiel	GER-SH	00:12:33	00:47:03	00:59:37	00:28:37	01:28:14

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Volkstriathlon (0,5 / 20 / 5)

773	01:24:49	Hoffmann	Maria	1989	Triathlon Verein Berlin 09	GER-MVP	00:10:35	00:45:41	00:56:17	00:28:32	01:24:49
756	01:21:39	Hölken	Iris	1986		GER-SH	00:01:02	00:50:41	00:51:44	00:29:55	01:21:39
765	01:19:18	Holm	Gregor	1969	TC Ellerau	GER-SH	00:10:41	00:44:15	00:54:56	00:24:21	01:19:18
842	01:19:41	Holtmann	Moritz	1987		GER-SH	00:11:22	00:45:10	00:56:32	00:23:08	01:19:41
791	01:22:18	Horn	Michael	1970	TG Schleichender Plattfuss	GER-SH	00:13:20	00:44:55	00:58:15	00:24:03	01:22:18
819	01:16:09	Hunsalzer	Thorsten	1975	Eintracht Hannover	GER-NIE	00:10:03	00:43:44	00:53:47	00:22:21	01:16:09
625	01:28:01	Hutsch	Sönke	1967	FSG Preetz	GER-SH	00:12:12	00:50:12	01:02:24	00:25:36	01:28:01
905	01:14:48	Irmer	Axel	1980		GER-HAM	00:10:20	00:43:55	00:54:15	00:20:32	01:14:48
632	01:21:32	Jahn	Henning	1971	Rakete Rajensdorf	GER-SH	00:10:19	00:47:18	00:57:37	00:23:55	01:21:32
672	01:33:22	Jankwitz	Jeanette	1971	USC Kiel	GER-SH	00:10:47	00:50:33	01:01:21	00:32:01	01:33:22
839	01:40:12	Jeschke	Steffen	1959	TSV Kronshagen	GER-SH	00:14:56	00:53:51	01:08:48	00:31:23	01:40:12
752	01:39:26	Jeß	Nadja	1989	TOI TOI & DIXI	GER-SH	00:11:36	00:57:31	01:09:07	00:30:18	01:39:26
893	01:23:23	Jestel	Björn	1969		GER-SH	00:09:52	00:49:07	00:59:00	00:24:23	01:23:23
815	01:27:35	Jipp	Mike	1975		GER-SH	00:12:01	00:51:11	01:03:13	00:24:22	01:27:35
804	01:17:41	Jonca	Michael	1972		GER-NRW	00:11:49	00:44:08	00:55:58	00:21:43	01:17:41
811	01:20:45	Jung	Alexander	1973		GER-NRW	00:11:20	00:46:41	00:58:02	00:22:43	01:20:45
772	01:22:11	Kanter	Peter	1965		GER-SH	00:09:29	00:48:17	00:57:46	00:24:24	01:22:11
697	01:27:24	Kanwischer	Kristin	1983		GER-NRW	00:13:23	00:49:08	01:02:32	00:24:51	01:27:24
907	01:15:56	Kanzok	Jabin	1994	Der Ravensberg	GER-SH	00:11:06	00:45:22	00:56:28	00:19:27	01:15:56
758	01:39:13	Kastner	Susanne	1983		GER-SH	00:14:18	00:53:34	01:07:52	00:31:20	01:39:13
936	01:11:51	Kietzmann	Arne	1985		GER-SH	00:10:26	00:42:18	00:52:45	00:19:06	01:11:51
827	01:21:44	Knees	Oliver	1984		GER-SH	00:10:09	00:46:21	00:56:31	00:25:12	01:21:44
781	01:30:25	Knölk	Benno	1942	SVT Neumünster	GER-SH	00:13:43	00:52:21	01:06:04	00:24:20	01:30:25
848	01:21:01	Koch	Alexander	1973	1.UG	GER-SH	00:12:50	00:46:21	00:59:12	00:21:49	01:21:01
810	01:27:09	Koch	Danny	1976		GER-HAM	00:14:26	00:47:47	01:02:14	00:24:55	01:27:09
914	01:22:53	Koch	Thorsten	1972	Team KSH	GER-SH	00:11:15	00:44:36	00:55:51	00:27:02	01:22:53
900	01:15:10	Kohnert	Hendrik	1982		GER-HAM	00:11:00				01:15:10
771	01:28:59	Koopmann	Tanja	1971		GER-SH	00:12:05	00:51:53	01:03:59	00:25:00	01:28:59

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Volkstriathlon (0,5 / 20 / 5)

717	01:32:00	Köpke	Rainer	1944		GER-SH	00:13:03	00:49:45	01:02:48	00:29:12	01:32:00
739	01:21:18	Korthals	Klaus	1949		GER-NIE	00:12:04	00:45:38	00:57:43	00:23:35	01:21:18
645	01:32:43	Kossyk	Mathias	1966		GER-SH	00:11:06	00:50:23	01:01:29	00:31:14	01:32:43
646	01:51:04	Kossyk	Sabine	1966		GER-SH	00:17:21	00:59:44	01:17:05	00:33:58	01:51:04
720	01:26:03	Krahmann-Meier	Ulrike	1958	Lübecker Turnerschaft	GER-SH	00:11:41	00:51:06	01:02:47	00:23:16	01:26:03
859	01:21:55	Krause	Rüdiger	1961		GER-SH	00:10:41	00:46:50	00:57:31	00:24:23	01:21:55
779	01:30:20	Krauß	Mark	1967	Zahnarztpraxis Krauß	GER-SH	00:13:40	00:51:49	01:05:30	00:24:50	01:30:20
613	01:23:22	Kühl	Christian	1968		GER-SH	00:11:45	00:46:19	00:58:05	00:25:17	01:23:22
628	01:22:00	Kühl-Grimm	Christian	1971	TSV Erfde	GER-SH	00:09:33	00:48:31	00:58:04	00:23:56	01:22:00
755	01:17:28	Kühn	Thore Olaf	1963		GER-SH	00:08:55	00:47:10	00:56:06	00:21:22	01:17:28
803	01:24:09	Kujath	Hans-Henning	1974	Haus&Grund-Team	GER-SH	00:10:37	00:49:31	01:00:09	00:24:00	01:24:09
734	01:39:04	Kuntschke	Kathrin	1985		GER-SH	00:12:52	00:49:01	01:01:54	00:37:10	01:39:04
741	01:08:14	Kunze	Christof	1970		GER-HAM	00:09:15	00:38:37	00:47:53	00:20:21	01:08:14
682	01:19:21	Lachenmann	Michael	1964		GER-SH	00:12:20	00:45:52	00:58:13	00:21:07	01:19:21
609	01:25:27	Lagler	Martin	1969		GER-SH	00:13:13	00:49:07	01:02:20	00:23:06	01:25:27
652	01:30:21	Lameter	Anke	1965	TuS Holtenau Kiel	GER-SH	00:13:20	00:51:50	01:05:10	00:25:11	01:30:21
882	01:17:23	Lamp	Sebastian	1989	The Runaways	GER-SH	00:10:53	00:45:26	00:56:19	00:21:03	01:17:23
921	01:13:16	Lanca	Carlos	1972	Ellerbeker TV	GER-SH	00:08:42	00:42:04	00:50:46	00:22:29	01:13:16
806	01:19:37	Lange	Martin	1972		GER-SH	00:10:13	00:46:19	00:56:33	00:23:03	01:19:37
606	01:22:10	Langguth	Anna	1983	Team muschelwind	GER-SH	00:14:10				01:22:10
948	01:37:20	Laupichler	Jens	1977	Triathlon Dänischer Wohld	GER-SH	00:11:25	00:55:46	01:07:11	00:30:08	01:37:20
629	01:20:53	Lehmann	Marius	1987		GER-SH	00:12:55	00:47:33	01:00:28	00:20:24	01:20:53
911	01:14:40	Leifholz	Martin	1985	Milch-Mädchen-Magdeburg	GER-SH	00:10:38	00:42:19	00:52:58	00:21:42	01:14:40
679	01:25:24	Lenz	Martin	1971	Tri-Sport Lübeck	GER-SH	00:13:36	00:47:31	01:01:08	00:24:16	01:25:24
831	01:30:08	Liebl	Sebastian	1981	SG TSV Kronshagen / Kieler TB	GER-SH	00:12:45	00:53:05	01:05:50	00:24:17	01:30:08
649	01:30:21	Lindloh	Dorit	1976		GER-SH	00:12:29	00:51:28	01:03:58	00:26:23	01:30:21
915	01:27:18	Lobin	Christopher	1990		GER-SH	00:13:49	00:48:29	01:02:19	00:24:59	01:27:18

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689	01:30:51	Lotzkat	Sascha	1964		GER-HAM	00:11:52	00:52:42	01:04:35	00:26:16	01:30:51
678	01:32:48	Lüders	Thorsten	1967	Schlag den Klaus	GER-SH	00:12:15	00:52:57	01:05:13	00:27:35	01:32:48
876	01:28:33	Maritzen	Simon	1987		GER-SH	00:11:12	00:51:43	01:02:55	00:25:37	01:28:33
664	01:24:37	Martin	Peter	1963	VFL Pinneberg	GER-SH	00:12:39	00:47:48	01:00:28	00:24:08	01:24:37
601	01:31:41	Mathea	Jörn	1964	Haus&Grund-Team	GER-SH	00:12:35	00:54:54	01:07:30	00:24:11	01:31:41
655	01:40:37	Meier	Silke	1981		GER-SH	00:13:28	00:58:05	01:11:34	00:29:03	01:40:37
732	01:22:39	Meitzner	Nico	1968		GER-SH	00:11:09	00:48:00	00:59:09	00:23:29	01:22:39
855	01:18:49	Michaelis	Malte	1989	Team muschelwind	GER-SH	00:09:21	00:45:19	00:54:41	00:24:08	01:18:49
730	01:33:48	Mietz	Corinna	1984		GER-HAM	00:10:46	00:51:38	01:02:25	00:31:23	01:33:48
648	01:17:38	Moeller	Andreas	1966	LTV Kiel-Ost	GER-SH	00:10:11	00:43:57	00:54:08	00:23:29	01:17:38
904	01:35:04	Moormann	Gerd	1953		GER-SH	00:12:39	00:52:47	01:05:27	00:29:36	01:35:04
844	01:18:52	Most	Jan	1985	Low Performance	GER-SH	00:11:21	00:43:29	00:54:51	00:24:01	01:18:52
829	01:28:26	Müller	Marco	1972		GER-HAM	00:12:46	00:50:30	01:03:16	00:25:09	01:28:26
851	01:13:00	Müller	Martin	1975		GER-SH	00:09:45	00:41:56	00:51:41	00:21:18	01:13:00
847	01:17:30	Müller	Martin	1984		GER-HAM	00:10:32	00:45:35	00:56:07	00:21:23	01:17:30
665	01:43:37	Muschter	Sabine	1968		GER-SH	00:11:11	01:01:32	01:12:43	00:30:54	01:43:37
766	01:16:03	Neumann	Björn	1968	RG Uni Hamburg	GER-SH	00:11:19	00:42:51	00:54:10	00:21:52	01:16:03
896	01:15:17	Niemand	Rolf	1975	Schülper SV	GER-SH	00:09:03	00:44:55	00:53:58	00:21:19	01:15:17
687	01:13:35	NiB	Timo	1967	SV Delphin Kiel	GER-SH	00:09:21	00:44:15	00:53:36	00:19:59	01:13:35
698	01:33:33	Oelrich	Michael	1969	TuS Holtenau Kiel	GER-SH	00:14:29	00:50:35	01:05:04	00:28:28	01:33:33
833	01:13:15	Oertel	Mark	1969	LTV Kiel-Ost	GER-SH	00:11:14	00:41:37	00:52:51	00:20:24	01:13:15
760	01:25:03	Ottilie	Günter	1966	LTV Kiel-Ost	GER-SH	00:13:13	00:48:49	01:02:02	00:23:00	01:25:03
858	01:24:52	Paetau	Ulf	1962		GER-SH	00:10:28	00:50:10	01:00:39	00:24:13	01:24:52
635	01:32:08	Paprotny	Lara	1986		GER-SH	00:09:53	00:55:02	01:04:55	00:27:12	01:32:08
693	01:45:08	Pauls	Daniela	1979		GER-SH	00:13:58	00:59:44	01:13:43	00:31:25	01:45:08
869	01:27:53	Peemöller	Björn	1984		GER-SH	00:12:18	00:50:21	01:02:40	00:25:13	01:27:53
801	01:23:45	Petersen	Christian	1981	Haus&Grund-Team	GER-SH	00:10:31	00:51:11	01:01:42	00:22:02	01:23:45
840	01:21:40	Petter	Henrik	1993	USC Kiel	GER-SH	00:10:25	00:45:24	00:55:50	00:25:49	01:21:40

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619	01:17:37	Philippou	Petra	1968		GER-SH	00:13:31	00:49:50	01:03:22	00:14:15	01:17:37
790	01:28:51	Pimat	Katrin	1973		GER-SH	00:09:45	00:52:28	01:02:13	00:26:37	01:28:51
866	01:21:46	Pinkerneil	Volker	1959		GER-SH	00:11:52	00:45:45	00:57:37	00:24:08	01:21:46
786	01:20:11	Pommer	Steffen	1962		GER-SH	00:12:27	00:45:48	00:58:16	00:21:55	01:20:11
864	01:11:54	Quer	Arndt	1984	Radsport Team Neumünster eV	GER-SH	00:13:53	00:37:56	00:51:49	00:20:04	01:11:54
683	01:33:19	Raabe	Siri	1986	WTV Kiel	GER-SH	00:12:46	00:56:08	01:08:54	00:24:24	01:33:19
812	01:41:17	Rabe	Andre	1975		GER-SH	00:14:03	01:01:31	01:15:35	00:25:42	01:41:17
926	01:26:54	Radtke Udo	Udo	1961	Sportspaß Hamburg	GER-HAM	00:12:35	00:49:14	01:01:49	00:25:04	01:26:54
639	01:27:45	Randau	Katja	1969		GER-SH	00:11:43	00:51:13	01:02:57	00:24:48	01:27:45
728	01:29:15	Rathje	Freya	1983		GER-SH	00:12:43	00:49:35	01:02:19	00:26:56	01:29:15
727	01:31:11	Rathje	Friederike	1984		GER-SH	00:13:05	00:49:13	01:02:19	00:28:52	01:31:11
895	01:32:48	Rathje	Hanjo	1953		GER-SH	00:15:14	00:52:41	01:07:55	00:24:53	01:32:48
769	01:27:19	Rausch	Isolde	1964	LTV Kiel-Ost	GER-SH	00:12:19	00:49:46	01:02:05	00:25:14	01:27:19
722	01:18:37	Rave	Sönke	1970	USC Kiel	GER-SH	00:11:57	00:46:22	00:58:20	00:20:17	01:18:37
626	01:39:31	Rehefeld	Joachim	1947		GER-SH	00:14:25	00:53:43	01:08:08	00:31:22	01:39:31
835	01:22:07	Rehefeld	Sascha	1974		GER-SH	00:13:57	00:45:09	00:59:06	00:23:00	01:22:07
663	01:25:09	Reimer	Antonia	1995		GER-SH	00:11:50	00:46:57	00:58:47	00:26:22	01:25:09
662	01:24:33	Reimer	Ulrike	1968		GER-SH	00:11:52	00:46:55	00:58:48	00:25:45	01:24:33
669	01:28:20	Richter	Jörn	1966	BG SuchsKro	GER-HAM	00:11:16	00:49:22	01:00:38	00:27:41	01:28:20
761	01:29:35	Ritter	Julia Annika	1982		GER-SH	00:11:01	00:49:24	01:00:25	00:29:09	01:29:35
775	01:26:10	Sandmann	Henner	1968		GER-SH	00:11:18	00:47:35	00:58:53	00:27:16	01:26:10
828	01:19:17	Saß	Matthias	1972	TC Ellerau	GER-HAM	00:11:05	00:45:10	00:56:15	00:23:01	01:19:17
837	01:36:07	Schaber	Matthias	1974		GER-SH	00:14:32	00:55:10	01:09:43	00:26:23	01:36:07
925	01:36:09	Scheiner	Andreas	1958	RSC Probstei	GER-SH	00:16:06	00:53:21	01:09:28	00:26:41	01:36:09
729	01:33:31	Schiller	Klaus-Richard	1968		GER-NRW	00:12:27	00:52:58	01:05:26	00:28:05	01:33:31
928	02:06:17	Schiller	Michael	1959	TUS Deutsche Eiche, Holzhausen-Externsteine	GER-NRW	00:16:21	01:10:31	01:26:52	00:39:24	02:06:17
929	01:36:49	Schiller	Philipp	1995	TUS Deutsche Eiche, Holzhausen-Externsteine	GER-NRW	00:13:19				01:36:49

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884	01:13:08	Schindelmeiser	Marcus	1978	KSH Eckernförde	GER-SH	00:09:11	00:44:22	00:53:34	00:19:34	01:13:08
908	01:27:05	Schleiwies	Jörg	1960	Komme aus Bargteheide	GER-SH	00:11:18	00:48:59	01:00:18	00:26:46	01:27:05
937	01:41:34	Schlewitt	Anne	1987		GER-SH	00:13:21	01:01:31	01:14:53	00:26:40	01:41:34
871	01:34:18	Schlue	Thomas	1961	1.kieler angler-Clcb	GER-SH	00:11:50	00:55:42	01:07:33	00:26:45	01:34:18
783	01:25:37	Schmidt	Nils O.	1971		GER-HAM	00:11:47	00:48:18	01:00:06	00:25:31	01:25:37
917	01:25:27	Schmitt	Bernd	1958	Team Schmitt	GER-SH	00:11:55	00:49:06	01:01:02	00:24:25	01:25:27
916	01:15:04	Schmitt	Christian	1990		GER-SH	00:10:23	00:43:57	00:54:21	00:20:43	01:15:04
640	01:29:59	Schmolze	Arendt	1965	FT Adler	GER-SH	00:11:07	00:53:15	01:04:22	00:25:36	01:29:59
945	01:16:15	Scholtis	Andreas	1956		GER-SH	00:10:01	00:44:03	00:54:05	00:22:09	01:16:15
944	01:11:32	Scholtis	Kevin	1990		GER-SH	00:09:14	00:41:46	00:51:01	00:20:30	01:11:32
770	01:22:46	Schomacker	Nina	1984	Post SV Heide	GER-SH	00:11:11	00:47:38	00:58:50	00:23:56	01:22:46
749	01:35:43	Schramm	Rosi	1954	Preetzer TSV	GER-SH	00:11:51	00:50:46	01:02:37	00:33:05	01:35:43
890	01:32:37	Schultz	Frank	1981		GER-HAM	00:14:15	00:54:03	01:08:18	00:24:18	01:32:37
694	01:46:37	Schulz	Brigitte	1975		GER-SH	00:15:26	00:58:18	01:13:44	00:32:52	01:46:37
706	01:52:41	Schulz	Maren	1981		GER-SH	00:14:54	01:04:45	01:19:40	00:33:01	01:52:41
731	01:27:22	Schütt	Michael	1962	SpVg Eidertal	GER-SH	00:14:32	00:48:26	01:02:59	00:24:22	01:27:22
892	01:12:50	Schütze	Werner	1961	Hansataucher	GER-MVP	00:09:08	00:42:23	00:51:32	00:21:18	01:12:50
823	01:36:18	Schwartz	Martin	1977	Moebel-Monster.de	GER-SH	00:12:29	00:54:41	01:07:11	00:29:07	01:36:18
798	01:08:48	Schwesig	Frank	1971	Erdbeerclub	GER-SH	00:09:54	00:40:46	00:50:40	00:18:08	01:08:48
647	01:24:54	Siebke	Heiko	1968		GER-SH	00:12:46	00:48:57	01:01:44	00:23:09	01:24:54
918	01:30:32	Siegl	Jonas	1984		GER-HAM	00:11:58	00:53:26	01:05:25	00:25:07	01:30:32
943	01:12:41	Staack	Björn	1984	EchtStaack	GER-SH	00:11:01	00:42:33	00:53:34	00:19:06	01:12:41
763	01:21:03	Stahlhut	Marco	1971		GER-SH	00:09:34	00:48:39	00:58:14	00:22:48	01:21:03
774	01:23:25	Stange	Björn	1968		GER-NRW	00:14:54	00:44:05	00:59:00	00:24:25	01:23:25
615	01:23:18	Stegen	Dr. Gorch	1968	WVM Mönkeberg	GER-SH	00:12:29	00:43:39	00:56:09	00:27:09	01:23:18
616	01:23:19	Stegen	Vinka	1970	WVM Mönkeberg	GER-SH	00:11:01	00:45:07	00:56:09	00:27:10	01:23:19
638	01:34:03	Steinhorst	Karsten	1962	Tri Team Neumünster	GER-SH	00:09:52	00:55:24	01:05:16	00:28:46	01:34:03
830	01:18:07	Steinkamp	Robert	1990		GER-SH	00:09:46	00:44:27	00:54:14	00:23:52	01:18:07

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825	01:23:10	Steinweg	Sebastian	1985	TeKielas	GER-SH	00:12:02	00:46:41	00:58:43	00:24:27	01:23:10
906	01:27:16	Stephani	Jürgen	1977		GER-HAM	00:13:38	00:49:16	01:02:54	00:24:22	01:27:16
757	01:56:23	Stepputat	Renate	1975		GER-SH	00:13:16	01:06:25	01:19:41	00:36:41	01:56:23
860	01:24:59	Storm	Philipp	1974		GER-HAM	00:11:29	00:48:33	01:00:03	00:24:56	01:24:59
910	01:25:01	Suplie	Lennart	1993	MTV Dänischenhagen	GER-SH	00:12:10	00:48:33	01:00:43	00:24:18	01:25:01
814	01:30:25	Sütel	Marco	1975	USC Kiel	GER-SH	00:11:46	00:51:05	01:02:52	00:27:33	01:30:25
667	01:19:50	Sylvester	Olaf	1966	TSV Brekendorf	GER-SH	00:14:05	00:44:37	00:58:42	00:21:08	01:19:50
602	01:11:45	Tesch	Arne	1970	Haus&Grund-Team	GER-SH	00:09:55				01:11:45
684	01:19:10	Teschner	Dirk	1963		GER-SH	00:11:02	00:44:26	00:55:29	00:23:41	01:19:10
699	01:27:36	Tews	Kerstin	1965	Lentförhden	GER-SH	00:09:48	00:52:10	01:01:59	00:25:37	01:27:36
700	01:21:17	Thal	Axel	1964		GER-SH	00:14:31	00:44:28	00:58:59	00:22:17	01:21:17
762	01:29:15	Thomsen	Jorid	1960		GER-SH			01:00:46	00:28:28	01:29:15
899	01:24:55	Thomsen	Niels	1981		GER-SH	00:09:33	00:47:25	00:56:58	00:27:56	01:24:55
701	01:40:14	Tiedjen	Sünje	1983		GER-SH	00:13:22	00:57:56	01:11:18	00:28:55	01:40:14
623	01:25:51	Tröger	Christina	1982		GER-HAM	00:11:30	00:48:17	00:59:47	00:26:03	01:25:51
608	01:10:03	Unseld	Jörg	1968	ALG VFL Bokel	GER-SH	00:08:22	00:41:58	00:50:20	00:19:42	01:10:03
880	01:22:19	Vieth	Arne	1973		GER-SH	00:13:45	00:47:25	01:01:10	00:21:08	01:22:19
887	01:33:43	Vogler	Henning	1980	Muschelbank Kiel	GER-HAM	00:10:57	00:54:29	01:05:26	00:28:16	01:33:43
877	01:08:01	Völk	Peter	1987	Team muschelwind	GER-SH	00:10:00	00:38:36	00:48:37	00:19:23	01:08:01
650	01:33:35	Vollbehr	Henning	1970		GER-SH	00:12:17	00:54:14	01:06:31	00:27:03	01:33:35
686	01:39:14	von Paris	Ralf	1951		GER-SH	00:16:20	00:54:16	01:10:36	00:28:38	01:39:14
913	01:14:42	Vorlauf	Nils	1977	SG Tantalus Kiel	GER-SH	00:09:20	00:41:52	00:51:12	00:23:30	01:14:42
677	01:24:37	Wagner	Julia	1982		GER-SH	00:09:24	00:48:34	00:57:58	00:26:38	01:24:37
826	01:17:59	Walter	Philipp	1984		GER-SH	00:10:35	00:45:51	00:56:27	00:21:32	01:17:59
787	01:25:53	Warnholtz	Kai	1969		GER-SH	00:14:01	00:48:37	01:02:38	00:23:14	01:25:53
888	01:15:33	Wehrberger	Nico	1972		GER-SH	00:09:28				01:15:33
935	01:30:26	Weimann	Dr. Carsten	1959		GER-SH	00:14:12	00:54:19	01:08:31	00:21:55	01:30:26
621	01:29:01	Weimann	Lena	1994		GER-SH	00:14:00	00:50:51	01:04:51	00:24:10	01:29:01

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617	01:23:01	Wendelken	Olaf	1968		GER-NIE	00:11:09	00:45:43	00:56:52	00:26:08	01:23:01
659	01:26:09	Wendisch	Vanessa	1988	Team Muschelwind	GER-SH	00:11:27	00:47:37	00:59:05	00:27:04	01:26:09
737	01:40:36	Westphal	Luise	1985		GER-HAM	00:13:30	00:55:47	01:09:18	00:31:18	01:40:36
692	01:18:58	Westphal	Torsten	1967		GER-SH	00:10:14	00:45:07	00:55:22	00:23:35	01:18:58
903	01:35:00	Wiczniewski	Raimund	1975		GER-HAM	00:13:08	00:59:32	01:12:41	00:22:18	01:35:00
941	01:20:56	Wildner	Steffen	1973		GER-SH	00:10:21	00:45:31	00:55:52	00:25:04	01:20:56
927	01:16:29	Wilker	Sebastian	1984		GER-SH	00:09:30	00:44:28	00:53:58	00:22:30	01:16:29
879	01:17:38	Wirtz	Philipp	1976	TC Ellerau	GER-SH	00:10:15	00:45:19	00:55:35	00:22:03	01:17:38
711	01:39:02	Wirtz	Victoria	1978	TC Ellerau	GER-SH	00:12:49	00:58:20	01:11:09	00:27:52	01:39:02
704	01:26:57	Wittenburg	Sabine	1972		GER-SH	00:11:44	00:48:48	01:00:33	00:26:23	01:26:57
670	01:37:42	Wulf	Doris	1963		GER-SH	00:11:42	00:56:41	01:08:23	00:29:18	01:37:42
940	01:26:11	Zastrow	Jan	1984	LT Friedrichstadt	GER-SH	00:10:50	00:49:00	00:59:51	00:26:20	01:26:11
610	02:06:23	Ziad	Fatima	1990		GER-SH	00:23:25	01:12:26	01:35:52	00:30:31	02:06:23
753	01:10:11	Ziegler	Ekkehard	1971		GER-SH	00:08:29	00:41:48	00:50:18	00:19:53	01:10:11
751	01:33:42	Zollitsch	Torsten	1962		GER-SH	00:14:38	00:49:48	01:04:26	00:29:16	01:33:42
857	01:16:58	Zschätzsch	Stefan	1978		GER-SH	00:09:12	00:43:43	00:52:55	00:24:02	01:16:58

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