



## 22. Q-TRI Bornhöved

18. August 2013

### Ergebnis M / W - gesamt

Volks-Triathlon Männer  
( 0,5 / 22 / 5 )

#### Volks-Triathlon Männer TM

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schw.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Endzeit	Pos
1	281	01:05:03	Müller	Martin	1974	USC Kiel	GER-SH	00:07:05	1	00:36:48	1	00:43:53	1	00:21:09	2	01:05:03	1
2	365	01:06:07	Bünjer	Tobias	1989	THE RUNAWAYS	GER-SH	00:09:26	3	00:38:44	2	00:48:11	2	00:17:56	1	01:06:07	2
3	313	01:06:34	Hagedorn	Patrick	1992		GER-SH	00:06:41	1	00:38:42	1	00:45:23	1	00:21:10	3	01:06:34	3
4	359	01:06:41	Stangenberg	Marco	1997	HNT- Triathlon	GER-NIE	00:07:55	2	00:39:46	1	00:47:41	1	00:18:59	1	01:06:41	4
5	331	01:08:14	Peltner	Baptist	1978	TSV Ratekau	GER-SH	00:09:44	6	00:38:33	2	00:48:18	2	00:19:56	1	01:08:14	5
6	336	01:08:40	Deecke	Jan	1980		GER-SH	00:10:05	5	00:36:11	1	00:46:16	1	00:22:23	1	01:08:40	6
7	312	01:09:15	Schmiedlein	Detlef	1968	Kieler RV	GER-SH	00:09:55	17	00:37:54	1	00:47:50	1	00:21:24	3	01:09:15	7
8	344	01:09:33	Neumann	Björn	1968	TriTops Preetz	GER-SH	00:09:02	9	00:38:56	3	00:47:58	2	00:21:35	5	01:09:33	8
9	340	01:09:41	Stöldt	Hendrik	1996	TSV Bargtheide -Tri	GER-SH	00:07:27	1	00:41:31	2	00:48:58	2	00:20:43	2	01:09:41	9
10	352	01:09:59	Salto	Oliver	1970	Sport-Club Itzehoe	GER-SH	00:09:58	11	00:40:24	3	00:50:23	4	00:19:35	1	01:09:59	10
11	239	01:10:09	Kakabadse	Jörg	1968		GER-SH	00:07:32	2	00:42:08	9	00:49:41	6	00:20:28	1	01:10:09	11
12	289	01:10:14	Fleck	Joachim	1965		GER-HAM	00:08:57	8	00:39:19	4	00:48:17	3	00:21:57	11	01:10:14	12
13	262	01:10:23	Lakies	Lothar	1966	Vfl Oldesloe	GER-SH	00:09:31	12	00:39:22	5	00:48:54	4	00:21:29	4	01:10:23	13
14	372	01:10:50	Behm	Mathias	1977	Polizei SV Eutin	GER-SH	00:09:27	4	00:39:38	3	00:49:06	3	00:21:44	3	01:10:50	14
15	277	01:11:00	Hahn	Alexander	1970	FC Deutsche Post	GER-SH	00:07:58	2	00:39:22	1	00:47:21	1	00:23:38	7	01:11:00	15

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Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Endzeit	Pos
16	258	01:11:07	Krey	Torsten	1970	Polizeisportverein Neumünster	GER-SH	00:08:23	4	00:41:14	5	00:49:37	3	00:21:29	3	01:11:07	16
17	264	01:11:25	Claessen	Holger	1965		GER-SH	00:07:09	1	00:42:23	11	00:49:32	5	00:21:52	10	01:11:25	17
18	373	01:11:36	Michalscheck	Dieter	1961	Triathlon Dänischer Wohld	GER-SH	00:08:40	1	00:40:08	1	00:48:48	1	00:22:47	3	01:11:36	18
19	237	01:11:43	Ehring	Christoph	1989		GER-HAM	00:10:40	5	00:39:31	3	00:50:12	3	00:21:31	4	01:11:43	19
20	332	01:11:57	Wind	Tilo	1988		GER-HAM	00:09:48	4	00:41:38	3	00:51:27	3	00:20:29	1	01:11:57	20
21	256	01:12:17	Fromme	Roland	1962	LG POWER-Schnecken Kiel e. V.	GER-SH	00:10:10	4	00:40:51	2	00:51:02	2	00:21:15	1	01:12:17	21
22	355	01:12:29	Paust	Martin	1970		GER-SH	00:08:08	3	00:40:10	2	00:48:18	2	00:24:10	8	01:12:29	22
23	361	01:12:59	Pollak	Daniel	1986		GER-HAM	00:08:49	2	00:41:28	2	00:50:18	2	00:22:41	2	01:12:59	23
24	233	01:13:10	Schneider	Matthias	1966		GER-SH	00:09:54	16	00:41:52	7	00:51:46	9	00:21:24	2	01:13:10	24
25	259	01:13:31	Zeller	David	1994	Polizei SV Eutin	GER-SH	00:07:17	1	00:42:03	1	00:49:20	1	00:24:10	2	01:13:31	25
26	388	01:13:31	Witt	Maximilian	1987	Tri Seppels	GER-HAM	00:10:45	5	00:38:54	1	00:49:39	1	00:23:51	3	01:13:31	26
27	343	01:13:35	Schander	Johann	1960		GER-SH	00:11:01	8	00:40:55	3	00:51:56	3	00:21:39	2	01:13:35	27
28	366	01:13:52	Ramin	Dominik	1968	Jogmap SH	GER-SH	00:09:14	10	00:42:53	15	00:52:07	10	00:21:45	7	01:13:52	28
29	351	01:14:10	Gürke	Martin	1965		GER-SH	00:07:35	3	00:42:07	8	00:49:43	7	00:24:27	15	01:14:10	29
30	300	01:14:14	Karger	Christian	1970		GER-SH	00:10:13	12	00:42:18	7	00:52:32	8	00:21:41	4	01:14:14	30
31	318	01:14:19	Hinz	Oliver	1971		GER-HAM	00:11:12	17	00:41:43	6	00:52:56	10	00:21:23	2	01:14:19	31
32	353	01:14:41	Wittern	Martin	1968	Feuerwehr Schillsdorf	GER-SH	00:10:37	24	00:42:19	10	00:52:56	14	00:21:45	6	01:14:41	32
33	241	01:14:43	Kutyniok	Marc	1972		GER-SH	00:09:00	5	00:43:43	10	00:52:44	9	00:21:58	5	01:14:43	33
34	299	01:15:11	Gerull	Udo	1965	LG POWER-Schnecken Kiel e. V.	GER-SH	00:10:46	25	00:42:36	12	00:53:23	15	00:21:47	8	01:15:11	34
35	246	01:15:30	Jappe	Thorsten	1974		GER-SH	00:08:45	2	00:42:25	6	00:51:11	6	00:24:18	5	01:15:30	35
36	269	01:15:32	Stölting	Christian	1956	Großenasper Sportverein	GER-SH	00:13:14	8	00:40:50	1	00:54:04	2	00:21:28	1	01:15:32	36
37	341	01:15:33	Langer	Heiko	1978		GER-SH	00:09:58	7	00:40:43	5	00:50:41	4	00:24:51	8	01:15:33	37
38	315	01:15:42	Faust	Patrick	1976		GER-SH	00:10:15	9	00:40:39	4	00:50:54	5	00:24:47	7	01:15:42	38

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Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Endzeit	Pos
39	328	01:16:06	Duschka	Robert	1982		GER-SH	00:10:14	6	00:41:50	4	00:52:05	5	00:24:00	2	01:16:06	39
40	308	01:16:21	Spross	Jürgen	1966	Team Erdinger Alkoholfrei	GER-SH	00:12:25	29	00:38:27	2	00:50:52	8	00:25:28	19	01:16:21	40
41	327	01:16:30	Weser	Joerg	1964	SG Wasserratten Norderstedt	GER-HAM	00:07:56	4	00:44:20	17	00:52:16	12	00:24:13	14	01:16:30	41
42	242	01:16:31	Töbelmann	Jörg	1982		GER-SH	00:08:50	3	00:40:39	2	00:49:29	2	00:27:01	6	01:16:31	42
43	354	01:16:44	Schröder	Arne	1996		GER-SH	00:08:52	3	00:44:50	4	00:53:43	4	00:23:01	4	01:16:44	43
44	278	01:16:48	Lensch	Heino	1969		GER-SH	00:09:45	7	00:41:07	4	00:50:52	5	00:25:55	14	01:16:48	44
45	272	01:16:50	Jacobsen	Jan-Philipp	1983	Kaifu Tri Team e. V.	GER-HAM	00:08:10	1	00:42:59	5	00:51:09	4	00:25:41	5	01:16:50	45
46	291	01:17:00	Niß	Timo	1967	SV Delphin Kiel	GER-SH	00:08:15	5	00:46:56	25	00:55:11	18	00:21:48	9	01:17:00	46
47	347	01:17:05	Rasmussen	Christian	1978	TV Laboe	GER-SH	00:09:35	5	00:42:37	8	00:52:13	7	00:24:52	9	01:17:05	47
48	245	01:17:29	Stracke	Marc	1974	Tri-Sport Lübeck	GER-SH	00:10:08	8	00:42:36	7	00:52:44	9	00:24:44	6	01:17:29	48
49	363	01:17:34	Zilling	Frank	1966		GER-HAM	00:08:50	6	00:45:46	20	00:54:37	17	00:22:57	12	01:17:34	49
50	334	01:17:38	Schramm	Alfred	1950	Tri-Tops Preetz	GER-SH	00:10:12	1	00:42:25	1	00:52:37	1	00:25:01	1	01:17:38	50
51	321	01:17:41	Bolz	Stefan	1965	LAV Husum	GER-SH	00:09:56	18	00:42:44	14	00:52:40	13	00:25:00	17	01:17:41	51
52	267	01:17:46	Gaebert	Günter	1964	Top-Tri-Team-Hamburg	GER-HAM	00:09:27	11	00:42:43	13	00:52:11	11	00:25:34	21	01:17:46	52
53	306	01:17:54	Wollschläger	Ulli	1957	LG POWER-Schnecken Kiel e. V.	GER-SH	00:13:09	7	00:42:41	2	00:55:51	3	00:22:02	2	01:17:54	53
54	374	01:18:00	Rahlf	Johannes	1997	SG Wasserratten Norderstedt	GER-SH	00:09:32	4	00:42:42	3	00:52:14	3	00:25:45	5	01:18:00	54
55	297	01:18:00	Kock	Sören	1984		GER-HAM	00:09:02	3	00:43:19	4	00:52:21	4	00:25:38	5	01:18:00	55
56	248	01:18:06	Tomhofer	Markus	1973		GER-SH	00:09:53	8	00:42:36	9	00:52:29	6	00:25:36	12	01:18:06	56
57	319	01:18:18	Möck	Ingo	1969	Freiwillige Feuerwehr Bad Bramstedt	GER-SH	00:09:54	9	00:42:35	8	00:52:30	7	00:25:47	13	01:18:18	57
58	337	01:18:23	Bahnsen	Thomas	1963		GER-SH	00:10:02	3	00:44:47	7	00:54:49	6	00:23:33	4	01:18:23	58
59	339	01:18:26	Poppinga	Jelte	1995		GER-SH		0		0	00:57:35	2	00:20:51	1	01:18:26	59
60	345	01:18:36	Dési	Robert	1963	Vfl Oldesloe	GER-SH	00:11:11	9	00:43:42	4	00:54:54	7	00:23:41	5	01:18:36	60
61	295	01:18:40	Sander	Hans-Joachim	1956	Team Davis REDFIELD	GER-SH	00:07:49	1	00:44:50	4	00:52:39	1	00:26:00	6	01:18:40	61

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Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Endzeit	Pos
62	255	01:18:54	Tiedeke	Gunnar	1970	AMTV Hamburg	GER-HAM	00:07:47	1	00:46:02	12	00:53:50	12	00:25:03	11	01:18:54	62
63	293	01:18:59	Rückner	Michael	1961		GER-SH	00:10:39	5	00:43:59	5	00:54:39	4	00:24:20	6	01:18:59	63
64	302	01:19:07	Smits	Piet	1962		NED	00:09:20	2	00:45:26	9	00:54:46	5	00:24:21	7	01:19:07	64
65	309	01:19:28	Korthals	Tim	1973	RSC Probstei	GER-SH		0		0	00:53:06	11	00:26:21	15	01:19:28	65
66	303	01:19:33	Kähler	Carsten	1966	Tri Team Neumünster	GER-SH	00:08:51	7	00:45:12	19	00:54:03	16	00:25:29	20	01:19:33	66
67	349	01:19:41	Schöttler	Holger	1966		GER-SH	00:10:48	26	00:44:54	18	00:55:43	19	00:23:57	13	01:19:41	67
68	324	01:19:44	Hopp	Lennart	1996			00:09:42	5	00:47:56	5	00:57:38	5	00:22:06	3	01:19:44	68
69	253	01:19:47	Rettenmaier	Thomas	1971		GER-SH	00:10:16	13	00:45:08	11	00:55:25	13	00:24:22	9	01:19:47	69
70	266	01:20:05	Glage	Kai	1970	TSV Quellenhaupt	GER-SH	00:09:40	6		0		0		0	01:20:05	70
71	232	01:20:35	Bödding	Marko	1974	DLRG Norderstedt e.V.	GER-SH	00:08:48	3	00:43:41	9	00:52:29	8	00:28:05	10	01:20:35	71
72	375	01:20:47	Sommer	Felix	1983	Hisingen Cykelclubb	GER-SH	00:10:03	4	00:40:43	3	00:50:47	3	00:29:59	7	01:20:47	72
73	320	01:20:58	Aschoff	Dr. Frank	1954		GER-SH	00:12:30	4	00:43:41	3	00:56:11	4	00:24:46	3	01:20:58	73
74	304	01:21:11	Pinkerneil	Volker	1959		GER-SH	00:11:15	10	00:44:04	6	00:55:19	8	00:25:52	11	01:21:11	74
75	348	01:21:52	Paetau	Kai	1962		GER-SH	00:10:50	7	00:45:17	8	00:56:07	9	00:25:45	10	01:21:52	75
76	240	01:22:00	Cornelius	Stefan	1968		GER-HAM	00:10:17	19	00:46:17	22	00:56:35	22	00:25:25	18	01:22:00	76
77	369	01:22:03	Gosch	Juergen	1968		GER-SH	00:09:46	14	00:46:26	23	00:56:12	20	00:25:51	22	01:22:03	77
78	358	01:22:30	Glasow	Gerrit	1985		GER-NRW	00:08:18	1	00:44:09	5	00:52:28	5	00:30:02	6	01:22:30	78
79	261	01:22:53	Hutsch	Stefan	1971	Bröderna L	GER-BAW	00:09:57	10	00:48:08	15	00:58:06	15	00:24:47	10	01:22:53	79
80	273	01:23:19	Martin	Dirk	1966	Musikschule Bergstedt	GER-SH	00:12:39	30	00:43:57	16	00:56:36	23	00:26:43	25	01:23:19	80
81	243	01:23:31	Kube	Bernhard	1963		GER-SH	00:11:48	11	00:46:23	10	00:58:11	11	00:25:19	9	01:23:31	81
82	250	01:23:44	Bretsch	Torsten	1960	SKATE-TEAM-LUEBECK	GER-SH	00:10:42	6	00:46:44	11	00:57:26	10	00:26:18	12	01:23:44	82
83	399	01:23:54	Lüders	Thorsten	1967		GER-SH	00:10:52	27	00:46:15	21	00:57:08	24	00:26:46	26	01:23:54	83
84	326	01:24:02	Dalock	René	1982		GER-SH	00:10:40	7	00:47:56	6	00:58:36	6	00:25:25	4	01:24:02	84
85	310	01:24:05	Andritzki	Michael	1967		GER-SH	00:15:16	32	00:41:13	6	00:56:30	21	00:27:35	29	01:24:05	85

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86	314	01:24:09	Stegelmann	Gerd	1969	TSV Quellenhaupt Bornhöved	GER-SH	00:10:52	16	00:46:22	13	00:57:15	14	00:26:54	17	01:24:09	86
87	252	01:24:23	Ott	Sebastian	1969		GER-SH	00:11:14	18	00:49:52	18	01:01:07	18	00:23:16	6	01:24:23	87
88	282	01:24:30	Langtim	Tobias	1982		GER-SH	00:10:43	8	00:49:22	7	01:00:05	7	00:24:24	3	01:24:30	88
89	368	01:24:43	Bayerl	Eberhard	1953	Karo-Vierfach Wankendorf	GER-SH	00:10:33	2	00:43:11	2	00:53:44	2	00:30:58	5	01:24:43	89
90	342	01:24:54	Gebauer	Holger	1966	Kreisfeuerwehrverband Segeberg	GER-SH	00:11:26	28	00:46:40	24	00:58:07	25	00:26:46	27	01:24:54	90
91	362	01:24:58	Clasen	Torsten	1968		GER-SH	00:10:28	21	00:47:56	26	00:58:24	26	00:26:34	24	01:24:58	91
92	346	01:25:03	Richter	Andreas	1958	TSV Schönberg	GER-SH	00:12:06	3	00:47:06	5	00:59:13	5	00:25:50	5	01:25:03	92
93	338	01:25:04	Willer	Maximilian	1991	DLRG Wahlstedt e.V.	GER-SH	00:07:31	2	00:56:48	4	01:04:20	4	00:20:43	2	01:25:04	93
94	111	01:25:14	Kruse	Ansgar	1959	TSV Quellenhaupt Bornhöved	GER-SH	00:12:20	13	00:47:43	12	01:00:03	13	00:25:10	8	01:25:14	94
95	298	01:26:14	May	Thomas	1959	LTV Kiel-Ost	GER-SH	00:11:48	12	00:48:07	13	00:59:56	12	00:26:18	13	01:26:14	95
96	356	01:26:30	Mehl	Wojciech Piotr	1951	ATSV Stockelsdorf	GER-SH	00:13:30	5	00:47:22	4	01:00:52	4	00:25:37	2	01:26:30	96
97	288	01:27:08	Gürth	Boris	1967		GER-HAM	00:09:48	15	00:52:42	29	01:02:30	28	00:24:37	16	01:27:08	97
98	286	01:27:24	Ries	Rigobert	1957	TSV Bargteheide -Tri	GER-SH	00:10:38	2	00:51:56	7	01:02:35	6	00:24:49	4	01:27:24	98
99	254	01:27:25	Paschke	Eric	1969		GER-SH	00:10:51	15	00:49:31	17	01:00:22	17	00:27:02	18	01:27:25	99
100	335	01:28:25	Holtz	Matthias	1969		GER-SH	00:12:35	20	00:49:23	16	01:01:58	19	00:26:27	16	01:28:25	100
101	301	01:28:35	Lassen	Gunnar	1971	TSV Nahe	GER-SH	00:10:49	14	00:47:40	14	00:58:30	16	00:30:05	20	01:28:35	101
102	257	01:29:03	Franz	Gerhard	1948	TSV Bargteheide -Tri	GER-SH	00:15:22	1	00:49:28	1	01:04:50	1	00:24:13	1	01:29:03	102
103	364	01:29:24	Büchler	Henry	1964	NTSV	GER-HAM	00:10:29	22	00:51:42	27	01:02:12	27	00:27:11	28	01:29:24	103
104	235	01:29:32	Müller-Ott	Dr. Klaus	1953	TSV Quellenhaupt Bornhöved	GER-SH	00:12:46	3	00:46:06	3	00:58:53	3	00:30:39	4	01:29:32	104
105	249	01:29:50	Niebergall	Frank	1968		GER-SH	00:10:19	20	00:52:57	30	01:03:17	29	00:26:33	23	01:29:50	105
106	265	01:29:53	Skwierczynski	Denny	1974		GER-SH	00:15:53	10	00:51:09	10	01:07:02	10	00:22:50	4	01:29:53	106
107	296	01:30:50	Pingel	Hans peter	1984		FIN	00:14:20	6	00:51:03	6	01:05:24	6	00:25:26	4	01:30:50	107
108	251	01:32:51	Will	Torsten	1972		GER-SH	00:12:17	19	00:52:16	19	01:04:33	20	00:28:18	19	01:32:51	108

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# Ergebnis M / W - gesamt

## Volks-Triathlon Männer ( 0,5 / 22 / 5 )

### Volks-Triathlon Männer TM

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Endzeit	Pos
109	276	01:33:43	Geest	Heiko	1968		GER-SH	00:13:03	31	00:52:38	28	01:05:42	30	00:28:01	30	01:33:43	109
110	247	01:34:53	Kruse	Peter	1957	Lauftreff Schmalensee	GER-SH	00:12:44	5	00:50:47	6	01:03:31	7	00:31:21	8	01:34:53	110
111	311	01:36:00	Koch	Hans Jürgen	1940	SV Friedrichsort	GER-SH	00:13:18	1	00:55:28	1	01:08:47	1	00:27:13	1	01:36:00	111
112	325	01:37:43	Demmler	Ralf	1952	TSV Quellenhaupt	GER-SH	00:12:50	4	00:54:54	5	01:07:45	5	00:29:58	3	01:37:43	112
113	292	01:42:49	Hänel	Detlef	1962		GER-SH	00:16:34	14	00:55:49	14	01:12:23	14	00:30:25	14	01:42:49	113
114	360	01:43:28	Cizinski	Uwe	1956	LTV Kiel-Ost	GER-SH	00:12:49	6	01:04:15	8	01:17:05	8	00:26:23	7	01:43:28	114
115	330	01:44:44	Harz	Norbert	1973	FC St. Pauli Triathlon	GER-HAM	00:17:19	21	00:55:36	20	01:12:55	21	00:31:48	21	01:44:44	115

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