



9. HachedeTriathlon

12. Juni 2016



Ergebnis M / W - Altersklassen

Sprintdistanz
(0,75 / 20,4 / 5)
SHTU Landesmeisterschaft

Sprintdistanz
TM-AK1

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein | Nat. | Schw. | Rad | Sch+Rad | Lauf | Ziel | Pos | Endzeit | Pos |
|-----|------|----------|-----------|--------------|------|-------------------------------|--------|----------|----------|----------|----------|----------|-----|----------|-----|
| 1 | 261 | 01:02:25 | Ramminger | Jorrit | 1996 | TSV Bargteheide Tri Männer II | GER-SH | 00:10:04 | 00:34:11 | 00:44:16 | 00:18:08 | 01:02:25 | 13 | 01:02:25 | 1 |
| 2 | 233 | 01:03:45 | Buck | Pascal | 1992 | SG Athletico Büdelsdorf | GER-SH | 00:11:19 | 00:34:35 | 00:45:54 | 00:17:50 | 01:03:45 | 22 | 01:03:45 | 2 |
| 3 | 301 | 01:04:12 | Neuefeind | Tarek | 1994 | SG Wasserratten Norderstedt I | GER-SH | 00:11:24 | 00:35:24 | 00:46:49 | 00:17:23 | 01:04:12 | 23 | 01:04:12 | 3 |
| 4 | 287 | 01:05:56 | Krüger | Marcel | 1995 | SC Itzehoe Männer III | GER-SH | 00:14:06 | 00:34:10 | 00:48:17 | 00:17:38 | 01:05:56 | 43 | 01:05:56 | 4 |
| 5 | 268 | 01:06:02 | Theilken | Julius | 1995 | SC Itzehoe Männer II | GER-SH | 00:11:34 | 00:35:30 | 00:47:04 | 00:18:58 | 01:06:02 | 45 | 01:06:02 | 5 |
| 6 | 209 | 01:06:33 | Sievers | Moritz | 1992 | Triathlon Dänischer Wohld | GER-SH | 00:11:14 | 00:35:45 | 00:46:59 | 00:19:34 | 01:06:33 | 48 | 01:06:33 | 6 |
| 7 | 252 | 01:09:13 | Surmont | Jean Jacques | 1993 | Triathlon Dänischer Wohld | GER-SH | 00:12:54 | 00:36:46 | 00:49:40 | 00:19:33 | 01:09:13 | 67 | 01:09:13 | 7 |

Sprintdistanz
TM-AK2

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein | Nat. | Schw. | Rad | Sch+Rad | Lauf | Ziel | Pos | Endzeit | Pos |
|-----|------|----------|---------------------|---------|------|----------|--------|----------|----------|----------|----------|----------|-----|----------|-----|
| 1 | 419 | 00:59:45 | Schröder-Groeneveld | Leif | 1989 | USC Kiel | GER-SH | 00:10:51 | 00:33:14 | 00:44:05 | 00:15:39 | 00:59:45 | 2 | 00:59:45 | 1 |

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SHTU Landesmeisterschaft

Sprintdistanz TM-AK2

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein | Nat. | Schwi. | Rad | Sch+Rad | Lauf | Ziel | Pos | Endzeit | Pos |
|-----|------|----------|-----------|----------|------|--------------------------------|--------|----------|----------|----------|----------|----------|-----|----------|-----|
| 2 | 417 | 01:00:13 | Jeworek | Pascal | 1991 | Sport-Club Itzehoe | GER-SH | 00:10:30 | 00:33:20 | 00:43:50 | 00:16:23 | 01:00:13 | 4 | 01:00:13 | 2 |
| 3 | 240 | 01:03:42 | Eggert | Philipp | 1991 | SG Wasserratten Norderstedt I | GER-SH | 00:09:59 | 00:34:23 | 00:44:22 | 00:19:19 | 01:03:42 | 21 | 01:03:42 | 3 |
| 4 | 253 | 01:05:09 | Johannsen | Finn | 1987 | Triathlon-Team Südtondern | GER-SH | 00:14:16 | 00:32:48 | 00:47:05 | 00:18:04 | 01:05:09 | 36 | 01:05:09 | 4 |
| 5 | 226 | 01:06:14 | Dyhr | Andre | 1989 | Triathlon-Team Südtondern | GER-SH | 00:12:52 | 00:35:25 | 00:48:18 | 00:17:56 | 01:06:14 | 46 | 01:06:14 | 5 |
| 6 | 200 | 01:09:52 | Hansen | Timo | 1988 | Triathlon-Team Südtondern | GER-SH | 00:14:20 | 00:35:48 | 00:50:09 | 00:19:43 | 01:09:52 | 69 | 01:09:52 | 6 |
| 7 | 251 | 01:11:57 | Demmler | Patrik | 1990 | TSV Quellenhaupt Bornhöved | GER-SH | 00:14:01 | 00:37:40 | 00:51:41 | 00:20:15 | 01:11:57 | 85 | 01:11:57 | 7 |
| 8 | 280 | 01:14:08 | Kirchner | Tilman | 1988 | TSV Bargteheide Tri Männer III | GER-SH | 00:15:00 | 00:37:24 | 00:52:25 | 00:21:43 | 01:14:08 | 94 | 01:14:08 | 8 |
| 9 | 241 | 01:15:53 | Eurich | Benjamin | 1990 | TriSport Lübeck II | GER-SH | 00:19:06 | 00:39:41 | 00:58:47 | 00:17:05 | 01:15:53 | 99 | 01:15:53 | 9 |

Sprintdistanz TM-AK3

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein | Nat. | Schwi. | Rad | Sch+Rad | Lauf | Ziel | Pos | Endzeit | Pos |
|-----|------|----------|------------|-----------|------|-------------------------------------|--------|----------|----------|----------|----------|----------|-----|----------|-----|
| 1 | 276 | 01:00:55 | Wunderlich | Dirk | 1982 | TriAs Flensburg | GER-SH | 00:12:20 | 00:31:12 | 00:43:33 | 00:17:21 | 01:00:55 | 5 | 01:00:55 | 1 |
| 2 | 246 | 01:02:25 | Gäbler | Vinzent | 1982 | SG Wasserratten Norderstedt I | GER-SH | 00:11:31 | 00:32:34 | 00:44:05 | 00:18:19 | 01:02:25 | 12 | 01:02:25 | 2 |
| 3 | 272 | 01:04:34 | Weiher | Alexander | 1983 | SC Delphin Bad Schwartau | GER-SH | 00:11:01 | 00:32:49 | 00:43:50 | 00:20:43 | 01:04:34 | 29 | 01:04:34 | 3 |
| 4 | 236 | 01:07:52 | Delfs | Christian | 1986 | Triathlon-Team Südtondern | GER-SH | 00:15:04 | 00:33:49 | 00:48:53 | 00:18:59 | 01:07:52 | 56 | 01:07:52 | 4 |
| 5 | 243 | 01:08:02 | Foks | Benjamin | 1982 | Tri Endurance Germany e. V. | GER-SH | 00:13:58 | 00:34:59 | 00:48:57 | 00:19:05 | 01:08:02 | 57 | 01:08:02 | 5 |
| 6 | 279 | 01:08:04 | Ketelsen | Finn | 1982 | Triathlon-Team Südtondern Oldies | GER-SH | 00:14:19 | 00:34:32 | 00:48:52 | 00:19:11 | 01:08:04 | 58 | 01:08:04 | 6 |
| 7 | 271 | 01:08:51 | Unterbrink | Sören | 1984 | SG Wasserratten Norderstedt II | GER-SH | 00:13:18 | 00:34:54 | 00:48:12 | 00:20:39 | 01:08:51 | 65 | 01:08:51 | 7 |

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Sprintdistanz

(0,75 / 20,4 / 5)

SHTU Landesmeisterschaft

Sprintdistanz TM-AK3

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein | Nat. | Schwi. | Rad | Sch+Rad | Lauf | Ziel | Pos | Endzeit | Pos |
|-----|------|----------|-----------|---------|------|----------------------------|--------|----------|----------|----------|----------|----------|-----|----------|-----|
| 8 | 274 | 01:12:56 | Wiegner | Björn | 1985 | SC Itzehoe Männer III | GER-SH | 00:15:06 | 00:36:03 | 00:51:09 | 00:21:46 | 01:12:56 | 89 | 01:12:56 | 8 |
| 9 | 277 | 01:16:22 | Töbelmann | Jörg | 1982 | TSV Quellenhaupt Bornhöved | GER-SH | 00:15:10 | 00:36:54 | 00:52:05 | 00:24:17 | 01:16:22 | 102 | 01:16:22 | 9 |

Sprintdistanz TM-AK4

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein | Nat. | Schwi. | Rad | Sch+Rad | Lauf | Ziel | Pos | Endzeit | Pos |
|-----|------|----------|--------------|-----------|------|----------------------------------|--------|----------|----------|----------|----------|----------|-----|----------|-----|
| 1 | 205 | 01:03:24 | Schluricke | Sebastian | 1980 | TriAs Flensburg | GER-SH | 00:12:58 | 00:32:03 | 00:45:02 | 00:18:22 | 01:03:24 | 19 | 01:03:24 | 1 |
| 2 | 207 | 01:04:20 | Schreiber | Thorsten | 1979 | Eckernförder MTV I | GER-SH | 00:11:38 | 00:34:06 | 00:45:44 | 00:18:36 | 01:04:20 | 27 | 01:04:20 | 2 |
| 3 | 206 | 01:04:25 | Schönrock | Stephan | 1981 | Tri Team Neumünster II | GER-SH | 00:11:11 | 00:33:52 | 00:45:03 | 00:19:21 | 01:04:25 | 28 | 01:04:25 | 3 |
| 4 | 259 | 01:05:04 | Sönnichsen | Timo | 1979 | Triathlon-Team Südtondern Oldies | GER-SH | 00:12:26 | 00:34:52 | 00:47:18 | 00:17:45 | 01:05:04 | 34 | 01:05:04 | 4 |
| 5 | 255 | 01:05:05 | Petersen | Tim-Ole | 1980 | Borener SV | GER-SH | 00:12:29 | 00:34:20 | 00:46:50 | 00:18:15 | 01:05:05 | 35 | 01:05:05 | 5 |
| 6 | 221 | 01:05:19 | Homrighausen | Jens | 1978 | Triathlon-Team Südtondern Oldies | GER-SH | 00:13:10 | 00:33:56 | 00:47:07 | 00:18:11 | 01:05:19 | 38 | 01:05:19 | 6 |
| 7 | 215 | 01:05:50 | Heiden | Lasse | 1979 | USC Kiel II | GER-SH | 00:11:48 | 00:35:28 | 00:47:16 | 00:18:34 | 01:05:50 | 42 | 01:05:50 | 7 |
| 8 | 294 | 01:06:38 | Meinert | Heiko | 1979 | Tri Team Neumünster II | GER-SH | 00:12:40 | 00:33:47 | 00:46:27 | 00:20:10 | 01:06:38 | 49 | 01:06:38 | 8 |
| 9 | 223 | 01:06:44 | Nahnsen | Björn | 1977 | Triathlon-Team Südtondern Oldies | GER-SH | 00:14:32 | 00:34:41 | 00:49:14 | 00:17:30 | 01:06:44 | 50 | 01:06:44 | 9 |
| 10 | 230 | 01:10:20 | Bräuninger | Alexander | 1980 | Eckernförder MTV II | GER-SH | 00:14:05 | 00:36:09 | 00:50:15 | 00:20:05 | 01:10:20 | 70 | 01:10:20 | 10 |
| 11 | 269 | 01:11:01 | Thele | Tobias | 1978 | SG Wasserratten Norderstedt II | GER-SH | 00:15:15 | 00:36:23 | 00:51:38 | 00:19:23 | 01:11:01 | 73 | 01:11:01 | 11 |
| 12 | 263 | 01:13:29 | Peltner | Baptist | 1978 | SC Delphin Bad Schwartau | GER-SH | 00:15:51 | 00:38:40 | 00:54:32 | 00:18:57 | 01:13:29 | 91 | 01:13:29 | 12 |

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Sprintdistanz TM-AK4

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein | Nat. | Schwi. | Rad | Sch+Rad | Lauf | Ziel | Pos | Endzeit | Pos |
|-----|------|----------|-------|---------|------|-----------------------------|--------|----------|----------|----------|----------|----------|-----|----------|-----|
| 13 | 295 | 01:18:25 | Meyer | Helge | 1979 | Tri Endurance Germany e. V. | GER-SH | 00:16:59 | 00:38:56 | 00:55:56 | 00:22:28 | 01:18:25 | 108 | 01:18:25 | 13 |

Sprintdistanz TM-S1

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein | Nat. | Schwi. | Rad | Sch+Rad | Lauf | Ziel | Pos | Endzeit | Pos |
|-----|------|----------|----------|----------|------|---------------------------|--------|----------|----------|----------|----------|----------|-----|----------|-----|
| 1 | 273 | 01:01:46 | Wichmann | Frank | 1975 | SG Athletico Büdelsdorf | GER-SH | 00:11:40 | 00:32:17 | 00:43:58 | 00:17:48 | 01:01:46 | 8 | 01:01:46 | 1 |
| 2 | 235 | 01:02:18 | Büll | Oke | 1976 | Triathlon Dänischer Wohld | GER-SH | 00:11:11 | 00:32:47 | 00:43:59 | 00:18:19 | 01:02:18 | 11 | 01:02:18 | 2 |
| 3 | 281 | 01:02:34 | Kirschke | Rene | 1972 | Eckernförder MTV I | GER-SH | 00:10:02 | 00:33:59 | 00:44:02 | 00:18:32 | 01:02:34 | 16 | 01:02:34 | 3 |
| 4 | 285 | 01:02:53 | Köster | Jan | 1972 | TriAs Flensburg | GER-SH | 00:11:38 | 00:32:18 | 00:43:57 | 00:18:56 | 01:02:53 | 17 | 01:02:53 | 4 |
| 5 | 219 | 01:03:11 | Helbig | Thomas | 1975 | Eckernförder MTV I | GER-SH | 00:11:40 | 00:32:23 | 00:44:04 | 00:18:07 | 01:03:11 | 18 | 01:03:11 | 5 |
| 6 | 227 | 01:04:13 | Benecke | Torben | 1975 | TriAs Flensburg | GER-SH | 00:13:17 | 00:31:47 | 00:45:05 | 00:19:07 | 01:04:13 | 24 | 01:04:13 | 6 |
| 7 | 224 | 01:04:52 | Bender | Danny | 1975 | SG Athletico Büdelsdorf | GER-SH | 00:11:52 | 00:33:59 | 00:45:51 | 00:18:00 | 01:04:52 | 33 | 01:04:52 | 7 |
| 8 | 284 | 01:05:13 | König | Lars | 1974 | SG Athletico Büdelsdorf | GER-SH | 00:11:56 | 00:34:57 | 00:46:53 | 00:18:19 | 01:05:13 | 37 | 01:05:13 | 8 |
| 9 | 212 | 01:05:31 | Wegener | Ronny | 1973 | USC Kiel II | GER-SH | 00:12:07 | 00:33:42 | 00:45:50 | 00:19:41 | 01:05:31 | 40 | 01:05:31 | 9 |
| 10 | 247 | 01:05:39 | Gießel | Stefan | 1975 | USC Kiel II | GER-SH | 00:11:31 | 00:34:32 | 00:46:04 | 00:19:34 | 01:05:39 | 41 | 01:05:39 | 10 |
| 11 | 267 | 01:08:20 | Klein | Erik | 1976 | USC Kiel II | GER-SH | 00:12:47 | 00:35:39 | 00:48:26 | 00:19:54 | 01:08:20 | 59 | 01:08:20 | 11 |
| 12 | 256 | 01:08:40 | Probst | Matthias | 1975 | Borener SV | GER-SH | 00:13:36 | 00:35:20 | 00:48:57 | 00:19:43 | 01:08:40 | 61 | 01:08:40 | 12 |
| 13 | 278 | 01:08:41 | Langnäse | Gunnar | 1974 | TriSport Lübeck II | GER-SH | 00:13:49 | 00:35:42 | 00:49:31 | 00:19:09 | 01:08:41 | 62 | 01:08:41 | 13 |
| 14 | 401 | 01:15:21 | Blodau | Marco | 1974 | USC Kiel II | GER-SH | 00:15:47 | 00:36:15 | 00:52:03 | 00:23:17 | 01:15:21 | 98 | 01:15:21 | 14 |

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Sprintdistanz TM-S1

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein | Nat. | Schwi. | Rad | Sch+Rad | Lauf | Ziel | Pos | Endzeit | Pos |
|-----|------|----------|-----------|---------|------|---------------------|--------|----------|----------|----------|----------|----------|-----|----------|-----|
| 15 | 218 | 01:27:38 | Heinemann | Michael | 1976 | Eckernförder MTV II | GER-SH | 00:17:20 | 00:43:01 | 01:00:21 | 00:27:17 | 01:27:38 | 115 | 01:27:38 | 15 |

Sprintdistanz TM-S2

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein | Nat. | Schwi. | Rad | Sch+Rad | Lauf | Ziel | Pos | Endzeit | Pos |
|-----|------|----------|----------------|----------|------|------------------------------------|--------|----------|----------|----------|----------|----------|-----|----------|-----|
| 1 | 450 | 00:59:09 | van Stevendaal | Udo | 1968 | SV Großhansdorf | GER-SH | 00:11:09 | 00:31:00 | 00:42:09 | 00:16:59 | 00:59:09 | 1 | 00:59:09 | 1 |
| 2 | 291 | 01:02:07 | Ziehe | Holger | 1969 | SC Itzehoe Männer II | GER-SH | 00:10:32 | 00:33:26 | 00:43:59 | 00:18:08 | 01:02:07 | 10 | 01:02:07 | 2 |
| 3 | 411 | 01:02:33 | Dahlmann | Matthias | 1970 | Ratzeburger SV - Triathlon | GER-SH | 00:11:58 | 00:32:53 | 00:44:52 | 00:17:41 | 01:02:33 | 15 | 01:02:33 | 3 |
| 4 | 469 | 01:06:51 | Kühne | Michael | 1968 | Möllner SV | GER-SH | 00:12:12 | 00:36:02 | 00:48:14 | 00:18:36 | 01:06:51 | 52 | 01:06:51 | 4 |
| 5 | 445 | 01:08:48 | Lierow | Wolfgang | 1970 | Möllner SV | GER-SH | 00:14:04 | 00:34:20 | 00:48:24 | 00:20:23 | 01:08:48 | 64 | 01:08:48 | 5 |
| 6 | 265 | 01:09:03 | Nörenberg | Michael | 1970 | SC Delphin Bad Schwartau | GER-SH | 00:13:11 | 00:36:39 | 00:49:51 | 00:19:12 | 01:09:03 | 66 | 01:09:03 | 6 |
| 7 | 248 | 01:09:18 | Graage | Jörg | 1969 | Triathlon-Team Südtondern Oldies | GER-SH | 00:13:56 | 00:36:24 | 00:50:21 | 00:18:57 | 01:09:18 | 68 | 01:09:18 | 7 |
| 8 | 303 | 01:10:23 | Kühle | Oliver | 1970 | Eckernförder MTV II | GER-SH | 00:13:38 | 00:37:19 | 00:50:57 | 00:19:26 | 01:10:23 | 71 | 01:10:23 | 8 |
| 9 | 210 | 01:11:09 | Sievers | Jan | 1969 | Triathlon-Team Südtondern | GER-SH | 00:13:08 | 00:37:02 | 00:50:10 | 00:20:58 | 01:11:09 | 75 | 01:11:09 | 9 |
| 10 | 447 | 01:11:30 | Große | Dirk | 1969 | SG Athletico Büdelsdorf | GER-SH | 00:14:41 | 00:37:21 | 00:52:03 | 00:19:27 | 01:11:30 | 81 | 01:11:30 | 10 |
| 11 | 217 | 01:11:47 | Heidenreich | Markus | 1967 | SG TRIAS Bad Schwartau / PSV Eutin | GER-SH | 00:13:51 | 00:37:12 | 00:51:04 | 00:20:42 | 01:11:47 | 83 | 01:11:47 | 11 |
| 12 | 232 | 01:11:59 | Bromberg | Norman | 1968 | Borener SV | GER-SH | 00:16:00 | 00:36:29 | 00:52:30 | 00:19:28 | 01:11:59 | 86 | 01:11:59 | 12 |
| 13 | 222 | 01:13:18 | Jenß | Jan-Ole | 1971 | Tri Endurance Germany e. V. | GER-SH | 00:14:39 | 00:38:00 | 00:52:40 | 00:20:38 | 01:13:18 | 90 | 01:13:18 | 13 |

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Sprintdistanz TM-S2

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein | Nat. | Schw. | Rad | Sch+Rad | Lauf | Ziel | Pos | Endzeit | Pos |
|-----|------|----------|----------|---------|------|------------------------------------|--------|----------|----------|----------|----------|----------|-----|----------|-----|
| 14 | 270 | 01:16:17 | Thimm | Volker | 1969 | SC Delphin Bad Schwartau | GER-SH | 00:16:36 | 00:41:08 | 00:57:45 | 00:18:31 | 01:16:17 | 101 | 01:16:17 | 14 |
| 15 | 214 | 01:16:40 | Hardrath | Markus | 1969 | SG TRIAS Bad Schwartau / PSV Eutin | GER-SH | 00:17:54 | 00:38:25 | 00:56:19 | 00:20:20 | 01:16:40 | 103 | 01:16:40 | 15 |

Sprintdistanz TM-S3

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein | Nat. | Schw. | Rad | Sch+Rad | Lauf | Ziel | Pos | Endzeit | Pos |
|-----|------|----------|----------|--------------|------|------------------------------------|--------|----------|----------|----------|----------|----------|-----|----------|-----|
| 1 | 231 | 01:04:49 | Brell | Michael | 1965 | SG Wasserratten Norderstedt II | GER-SH | 00:11:22 | 00:32:43 | 00:44:05 | 00:20:44 | 01:04:49 | 32 | 01:04:49 | 1 |
| 2 | 225 | 01:06:48 | Reich | Ronald | 1964 | Tri Team Neumünster II | GER-SH | 00:11:28 | 00:35:40 | 00:47:08 | 00:19:39 | 01:06:48 | 51 | 01:06:48 | 2 |
| 3 | 463 | 01:07:37 | Bambas | Dr. Bernhard | 1963 | SC Rönau 74 | GER-SH | 00:11:43 | 00:35:18 | 00:47:02 | 00:20:35 | 01:07:37 | 55 | 01:07:37 | 3 |
| 4 | 464 | 01:08:27 | Schröder | Michael | 1965 | Möllner SV | GER-SH | 00:14:20 | 00:33:26 | 00:47:46 | 00:20:40 | 01:08:27 | 60 | 01:08:27 | 4 |
| 5 | 258 | 01:08:42 | Radeleff | Merten | 1963 | Eckernförder MTV II | GER-SH | 00:12:38 | 00:35:33 | 00:48:11 | 00:20:30 | 01:08:42 | 63 | 01:08:42 | 5 |
| 6 | 289 | 01:11:08 | Sanitz | Tilman | 1965 | TSV Bargteheide Tri Männer III | GER-SH | 00:12:09 | 00:35:50 | 00:47:59 | 00:23:08 | 01:11:08 | 74 | 01:11:08 | 6 |
| 7 | 245 | 01:11:20 | Gaasch | Bernd | 1962 | Borener SV | GER-SH | 00:15:10 | 00:37:08 | 00:52:19 | 00:19:01 | 01:11:20 | 77 | 01:11:20 | 7 |
| 8 | 264 | 01:13:54 | Stüfen | Sönke | 1965 | TSV Bargteheide Tri Männer III | GER-SH | 00:14:11 | 00:36:03 | 00:50:14 | 00:23:40 | 01:13:54 | 92 | 01:13:54 | 8 |
| 9 | 292 | 01:17:18 | Libuda | Thorsten | 1963 | SG TRIAS Bad Schwartau / PSV Eutin | GER-SH | 00:15:25 | 00:38:31 | 00:53:57 | 00:23:21 | 01:17:18 | 104 | 01:17:18 | 9 |
| 10 | 204 | 01:17:55 | Sassen | Ralph | 1964 | Triathlon Dänischer Wohld | GER-SH | 00:15:32 | 00:38:26 | 00:53:59 | 00:23:55 | 01:17:55 | 106 | 01:17:55 | 10 |
| 11 | 237 | 01:19:23 | Rösner | Torsten | 1965 | SC Delphin Bad Schwartau | GER-SH | 00:17:53 | 00:41:54 | 00:59:48 | 00:19:34 | 01:19:23 | 110 | 01:19:23 | 11 |

Ergebnis

M / W - Altersklassen

Sprintdistanz

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SHTU Landesmeisterschaft

Sprintdistanz TM-S4

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein | Nat. | Schwi. | Rad | Sch+Rad | Lauf | Ziel | Pos | Endzeit | Pos |
|-----|------|----------|------------|----------|------|--------------------------------|--------|----------|----------|----------|----------|----------|-----|----------|-----|
| 1 | 286 | 01:06:00 | Krohn | Jens | 1957 | TSV Bargteheide Tri Männer III | GER-SH | 00:11:49 | 00:34:11 | 00:46:01 | 00:19:59 | 01:06:00 | 44 | 01:06:00 | 1 |
| 2 | 404 | 01:14:00 | Köcher | Dietrich | 1961 | Team Erdinger Alkoholfrei | GER-SH | 00:13:46 | 00:38:45 | 00:52:31 | 00:21:28 | 01:14:00 | 93 | 01:14:00 | 2 |
| 3 | 431 | 01:14:47 | Sonnenburg | Volker | 1961 | Ratzeburger SV - Triathlon | GER-SH | 00:16:40 | 00:38:05 | 00:54:46 | 00:20:01 | 01:14:47 | 96 | 01:14:47 | 3 |
| 4 | 234 | 01:15:14 | Bülk | Jens | 1961 | Tri Team Neumünster II | GER-SH | 00:14:53 | 00:39:05 | 00:53:59 | 00:21:15 | 01:15:14 | 97 | 01:15:14 | 4 |
| 5 | 471 | 01:16:11 | Weih | Rudolf | 1960 | SG Athletico Büdelsdorf | GER-SH | 00:13:12 | 00:39:21 | 00:52:33 | 00:23:37 | 01:16:11 | 100 | 01:16:11 | 5 |
| 6 | 438 | 01:20:08 | Brammer | Jürgen | 1960 | Borener SV | GER-SH | 00:14:41 | 00:41:51 | 00:56:32 | 00:22:35 | 01:20:08 | 111 | 01:20:08 | 6 |

Sprintdistanz TM-S5

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein | Nat. | Schwi. | Rad | Sch+Rad | Lauf | Ziel | Pos | Endzeit | Pos |
|-----|------|----------|--------|---------|------|---------------------|--------|----------|----------|----------|----------|----------|-----|----------|-----|
| 1 | 415 | 01:11:11 | Timme | Hinnerk | 1955 | TSV Fahrdorf | GER-SH | 00:14:55 | 00:36:25 | 00:51:20 | 00:19:51 | 01:11:11 | 76 | 01:11:11 | 1 |
| 2 | 421 | 01:11:35 | Lange | Bernd | 1953 | USC Kiel | GER-SH | 00:14:31 | 00:36:51 | 00:51:22 | 00:20:13 | 01:11:35 | 82 | 01:11:35 | 2 |
| 3 | 299 | 01:17:25 | Müller | Egon | 1956 | Eckernförder MTV II | GER-SH | 00:12:48 | 00:41:47 | 00:54:35 | 00:22:50 | 01:17:25 | 105 | 01:17:25 | 3 |

Sprintdistanz TM-S6

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein | Nat. | Schwi. | Rad | Sch+Rad | Lauf | Ziel | Pos | Endzeit | Pos |
|-----|------|----------|-----------|---------|------|--------------------------------|--------|----------|----------|----------|----------|----------|-----|----------|-----|
| 1 | 302 | 01:25:16 | Neuefeind | Dieter | 1948 | SG Wasserratten Norderstedt II | GER-SH | 00:15:12 | 00:43:21 | 00:58:33 | 00:26:43 | 01:25:16 | 113 | 01:25:16 | 1 |

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Sprintdistanz **TM-S7**

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein | Nat. | Schwi. | Rad | Sch+Rad | Lauf | Ziel | Pos | Endzeit | Pos |
|-----|------|----------|---------------------|---------|------|--------------|--------|----------|----------|----------|----------|----------|-----|----------|-----|
| 1 | 432 | 01:21:22 | Schimmer | Helmut | 1946 | TSV Fahrdorf | GER-SH | 00:15:20 | 00:40:42 | 00:56:03 | 00:25:19 | 01:21:22 | 112 | 01:21:22 | 1 |
| 2 | 416 | 01:30:31 | Schröder-Groeneveld | Manfred | 1945 | Vfl Bokel | GER-SH | 00:17:54 | 00:44:37 | 01:02:32 | 00:27:59 | 01:30:31 | 116 | 01:30:31 | 2 |

Sprintdistanz **TM-S9**

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein | Nat. | Schwi. | Rad | Sch+Rad | Lauf | Ziel | Pos | Endzeit | Pos |
|-----|------|----------|-----------|---------|------|-----------------------------|--------|----------|----------|----------|----------|----------|-----|----------|-----|
| 1 | 429 | 02:11:58 | Hintzmann | Alfred | 1934 | SG Wasserratten Norderstedt | GER-SH | 00:31:09 | 00:58:00 | 01:29:09 | 00:42:49 | 02:11:58 | 117 | 02:11:58 | 1 |

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Sprintdistanz
TW-AK1

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein | Nat. | Schwi. | Rad | Sch+Rad | Lauf | Ziel | Pos | Endzeit | Pos |
|-----|------|----------|---------|---------|------|-------------------------------|--------|----------|----------|----------|----------|----------|-----|----------|-----|
| 1 | 311 | 01:14:01 | Schott | Lena | 1994 | TSV Bargteheide Tri Frauen II | GER-SH | 00:12:40 | 00:35:53 | 00:48:33 | 00:25:28 | 01:14:01 | 7 | 01:14:01 | 1 |
| 2 | 310 | 01:14:12 | Schnoor | Lisa | 1994 | USC Kiel | GER-SH | 00:14:43 | 00:38:51 | 00:53:34 | 00:20:37 | 01:14:12 | 8 | 01:14:12 | 2 |
| 3 | 308 | 01:19:31 | Greiner | Julia | 1994 | TriSport Lübeck | GER-SH | 00:16:28 | 00:41:05 | 00:57:33 | 00:21:57 | 01:19:31 | 20 | 01:19:31 | 3 |

Sprintdistanz
TW-AK2

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein | Nat. | Schwi. | Rad | Sch+Rad | Lauf | Ziel | Pos | Endzeit | Pos |
|-----|------|----------|-----------|-----------|------|-----------------|--------|----------|----------|----------|----------|----------|-----|----------|-----|
| 1 | 314 | 01:18:29 | Hollstein | Christina | 1987 | TriSport Lübeck | GER-SH | 00:16:31 | 00:38:36 | 00:55:08 | 00:23:21 | 01:18:29 | 18 | 01:18:29 | 1 |

Sprintdistanz
TW-AK3

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein | Nat. | Schwi. | Rad | Sch+Rad | Lauf | Ziel | Pos | Endzeit | Pos |
|-----|------|----------|------------|-----------|------|---------------------------|---------|----------|----------|----------|----------|----------|-----|----------|-----|
| 1 | 481 | 01:06:31 | Müller-Ott | Lisa | 1982 | USC Kiel | GER-HAM | 00:12:17 | 00:34:46 | 00:47:03 | 00:19:27 | 01:06:31 | 2 | 01:06:31 | 1 |
| 2 | 321 | 01:07:23 | Petersen | Eike | 1983 | Triathlon-Team Südtondern | GER-SH | 00:12:58 | 00:35:00 | 00:47:59 | 00:19:23 | 01:07:23 | 3 | 01:07:23 | 2 |
| 3 | 320 | 01:15:03 | Niklas | Franziska | 1985 | TriSport Lübeck | GER-SH | 00:14:03 | 00:40:03 | 00:54:06 | 00:20:56 | 01:15:03 | 11 | 01:15:03 | 3 |
| 4 | 328 | 01:21:48 | Ingwersen | Karina | 1986 | Triathlon-Team Südtondern | GER-SH | 00:16:39 | 00:40:56 | 00:57:36 | 00:24:12 | 01:21:48 | 25 | 01:21:48 | 4 |

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Sprintdistanz TW-AK4

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein | Nat. | Schwi. | Rad | Sch+Rad | Lauf | Ziel | Pos | Endzeit | Pos |
|-----|------|----------|----------|----------|------|-------------------|--------|----------|----------|----------|----------|----------|-----|----------|-----|
| 1 | 420 | 01:11:15 | Ritzmann | Katja | 1979 | Tri-EMTV Elmshorn | GER-SH | 00:11:25 | 00:39:17 | 00:50:43 | 00:20:32 | 01:11:15 | 6 | 01:11:15 | 1 |
| 2 | 309 | 01:19:40 | Groth | Kimberly | 1979 | SC Itzehoe Frauen | GER-SH | 00:13:11 | 00:40:57 | 00:54:08 | 00:25:31 | 01:19:40 | 21 | 01:19:40 | 2 |

Sprintdistanz TW-S1

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein | Nat. | Schwi. | Rad | Sch+Rad | Lauf | Ziel | Pos | Endzeit | Pos |
|-----|------|----------|-------|---------|------|-----------|--------|----------|----------|----------|----------|----------|-----|----------|-----|
| 1 | 312 | 01:20:10 | Hagge | Britta | 1973 | USC Kiel | GER-SH | 00:15:35 | 00:44:53 | 01:00:29 | 00:19:41 | 01:20:10 | 23 | 01:20:10 | 1 |
| 2 | 315 | 01:23:37 | Behm | Nicole | 1976 | PSV Eutin | GER-SH | 00:17:54 | 00:41:10 | 00:59:04 | 00:24:32 | 01:23:37 | 28 | 01:23:37 | 2 |

Sprintdistanz TW-S2

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein | Nat. | Schwi. | Rad | Sch+Rad | Lauf | Ziel | Pos | Endzeit | Pos |
|-----|------|----------|---------|-----------|------|---------------------------|--------|----------|----------|----------|----------|----------|-----|----------|-----|
| 1 | 477 | 01:04:42 | Lange | Bettina | 1969 | TSV Bargteheide | GER-SH | 00:10:28 | 00:34:07 | 00:44:36 | 00:20:05 | 01:04:42 | 1 | 01:04:42 | 1 |
| 2 | 413 | 01:11:13 | Lakies | Anke | 1967 | Vfl Oldesloe | GER-SH | 00:14:46 | 00:36:21 | 00:51:08 | 00:20:05 | 01:11:13 | 5 | 01:11:13 | 2 |
| 3 | 318 | 01:17:50 | Lützen | Ellen | 1968 | Triathlon-Team Südtondern | GER-SH | 00:15:49 | 00:40:30 | 00:56:19 | 00:21:30 | 01:17:50 | 15 | 01:17:50 | 3 |
| 4 | 462 | 01:17:56 | Mull | Dr. Diana | 1967 | TSV Bornhöved | GER-SH | 00:17:03 | 00:39:54 | 00:56:58 | 00:20:58 | 01:17:56 | 16 | 01:17:56 | 4 |
| 5 | 307 | 01:20:55 | Deckert | Carmen | 1971 | PSV Eutin | GER-SH | 00:16:12 | 00:42:30 | 00:58:43 | 00:22:11 | 01:20:55 | 24 | 01:20:55 | 5 |
| 6 | 324 | 01:22:04 | Sievers | Susanne | 1967 | SC Itzehoe Frauen | GER-SH | 00:16:21 | 00:40:18 | 00:56:40 | 00:25:24 | 01:22:04 | 26 | 01:22:04 | 6 |
| 7 | 323 | 01:32:49 | Rahn | Angela | 1968 | PSV Eutin | GER-SH | 00:17:59 | 00:43:04 | 01:01:03 | 00:31:45 | 01:32:49 | 29 | 01:32:49 | 7 |

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Sprintdistanz **TW-S3**

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein | Nat. | Schwi. | Rad | Sch+Rad | Lauf | Ziel | Pos | Endzeit | Pos |
|-----|------|----------|--------------|---------|------|---------------------------------------|--------|----------|----------|----------|----------|----------|-----|----------|-----|
| 1 | 325 | 01:18:00 | Splettstößer | Kirsten | 1966 | PSV Eutin | GER-SH | 00:13:16 | 00:41:19 | 00:54:35 | 00:23:24 | 01:18:00 | 17 | 01:18:00 | 1 |
| 2 | 453 | 01:19:02 | Nörenberg | Annita | 1966 | SC Delphin Bad Schwartau Triathlon | ITA | 00:15:52 | 00:41:02 | 00:56:55 | 00:22:07 | 01:19:02 | 19 | 01:19:02 | 2 |
| 3 | 305 | 01:19:43 | Lange | Nicola | 1963 | USC Kiel | GER-SH | 00:13:00 | 00:40:31 | 00:53:31 | 00:26:11 | 01:19:43 | 22 | 01:19:43 | 3 |

Sprintdistanz **TW-S4**

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein | Nat. | Schwi. | Rad | Sch+Rad | Lauf | Ziel | Pos | Endzeit | Pos |
|-----|------|----------|-----------|---------|------|-------------------------|--------|----------|----------|----------|----------|----------|-----|----------|-----|
| 1 | 435 | 01:22:19 | Kaack | Heike | 1958 | SG Athletico Büdelsdorf | GER-SH | 00:14:48 | 00:43:47 | 00:58:36 | 00:23:42 | 01:22:19 | 27 | 01:22:19 | 1 |
| 2 | 486 | 01:33:06 | Schilling | Thelse | 1958 | Polizei SV Eutin | GER-SH | 00:18:32 | 00:47:44 | 01:06:17 | 00:26:49 | 01:33:06 | 30 | 01:33:06 | 2 |

Sprintdistanz **TW-S5**

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein | Nat. | Schwi. | Rad | Sch+Rad | Lauf | Ziel | Pos | Endzeit | Pos |
|-----|------|----------|---------|---------|------|-------------------------|--------|----------|----------|----------|----------|----------|-----|----------|-----|
| 1 | 451 | 01:17:03 | Bartsch | Margit | 1954 | SG Athletico Büdelsdorf | GER-SH | 00:14:53 | 00:39:16 | 00:54:09 | 00:22:54 | 01:17:03 | 13 | 01:17:03 | 1 |

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