



30. Südseitenlauf Brunsbüttel

SCHRAMM
group ■■■■

01. September 2017

VATTENFALL

Ergebnis M / W - gesamt

10 Km Lauf (10 Km)

10 Km Lauf M

| Pos | StNr | Gesamt | Name | Vorname | Verein / Ort | Nat. | Alters- Klasse | Pos Altersklasse |
|-----|------|----------|--------------|--------------|--|---------|-------------------|------------------|
| 1 | 4 | 00:35:20 | Bies | Torben | SC Bargenstedt | GER-SH | M-30 | 1 |
| 2 | 92 | 00:36:54 | Neumann | Kai | | GER-SH | M-HK | 1 |
| 3 | 24 | 00:38:40 | Holm | Johannes | LG Dithmarscher Westküste | GER-SH | M-HK | 2 |
| 4 | 94 | 00:39:34 | Albrecht | Dirk Godber | LG Tönning-St. Peter | GER-SH | M-50 | 1 |
| 5 | 21 | 00:39:41 | Heidari | Aman | Brunsbüttel hilft e.V. | AFG | M-HK | 3 |
| 6 | 40 | 00:39:49 | Kupper | Frank | Post SV Buxtehude | GER-NIE | M-50 | 2 |
| 7 | 101 | 00:40:44 | Holm | Arne | | GER-SH | M-HK | 4 |
| 8 | 67 | 00:40:51 | Schlömer | Karl-Heinz | MTV Heide | GER-SH | M-50 | 3 |
| 9 | 86 | 00:41:36 | Schauwienold | Dr. Eberhard | MTV Heide | GER-SH | M-50 | 4 |
| 10 | 25 | 00:41:37 | Holm | Helge | LG Dithmarscher Westküste | GER-SH | M-HK | 5 |
| 11 | 9 | 00:42:01 | Dittmann | Marc | Ostroher SC | GER-SH | M-HK | 6 |
| 12 | 28 | 00:42:04 | Jobs | Thomas | Sasol Germany GmbH | GER-SH | M-50 | 5 |
| 13 | 14 | 00:42:06 | Friedrich | Marco | Sasol Germany GmbH | GER-SH | M-30 | 2 |
| 14 | 75 | 00:42:13 | Suhr | Andre | Feldweg-Fighter | GER-SH | M-30 | 3 |
| 15 | 18 | 00:42:38 | Grimm | Mathias | Sasol Germany GmbH | GER-SH | M-40 | 1 |
| 16 | 80 | 00:43:25 | Volkmann | Matthias | TSV Büsum | GER-SH | M-50 | 6 |
| 17 | 103 | 00:43:26 | Schuhardt | Bernd | Team Zeitenjäger | GER-SH | M-40 | 2 |
| 18 | 73 | 00:43:35 | Stenzel | Jens | Sasol Germany GmbH | GER-SH | M-30 | 4 |
| 19 | 10 | 00:43:40 | Ehlers | Dennis | TSV Eggstedt | GER-SH | M-30 | 5 |
| 20 | 164 | 00:43:52 | Bauch | Sebastian | Covestro Deutschland AG | GER-SH | M-30 | 6 |
| 21 | 105 | 00:44:03 | Hubasseini | Hasan | Kinder- und Jugendhilfeverband Dithmarschen | | M-JU18 | 1 |
| 22 | 33 | 00:44:47 | Keser | Onur | Sasol Germany GmbH | GER-SH | M-30 | 7 |
| 23 | 87 | 00:44:50 | Witt | Klaus | TSV Büsum | GER-SH | M-50 | 7 |
| 24 | 30 | 00:44:51 | Jochims | Ralf | SSV Süderdorf | GER-SH | M-50 | 8 |
| 25 | 48 | 00:44:59 | Mahn | Harald | TSV Schafstedt | GER-SH | M-50 | 9 |
| 26 | 55 | 00:45:03 | Nicolaysen | Jan | Sockenfeuer | GER-SH | M-30 | 8 |
| 27 | 98 | 00:45:07 | Eller | Max | MTV Heide | | M-30 | 9 |
| 28 | 13 | 00:45:34 | Fock | Eggert | Wacken | GER-SH | M-50 | 10 |
| 29 | 70 | 00:45:38 | Seidel | Frank | | GER-SH | M-40 | 3 |
| 30 | 76 | 00:45:50 | Tanha | Rahim | Brunsbüttel hilft e.V. | AFG | M-HK | 7 |
| 31 | 20 | 00:46:01 | Heidalin | Igor | | GER-SH | M-30 | 10 |
| 32 | 44 | 00:46:11 | Lemke | Keno | BSC Brunsbüttel | GER-SH | M-JU14 | 1 |
| 33 | 17 | 00:46:28 | Gatza | Detlef | Diekhusen | GER-SH | M-40 | 4 |
| 34 | 74 | 00:46:31 | Struve | Bernd | | GER-SH | M-40 | 5 |
| 35 | 54 | 00:47:05 | Möller | Christian | Tanzschule Thomas Bruhn | GER-SH | M-HK | 8 |
| 36 | 107 | 00:47:25 | Wind | Joachim | MTV Heide | GER-SH | M-60 | 1 |
| 37 | 6 | 00:47:50 | Brandt | Bernd | Brunsbüttel hilft e.V. | GER-SH | M-50 | 11 |
| 38 | 50 | 00:48:07 | Marohn | Ralf | Covestro Deutschland AG | GER-SH | M-50 | 12 |
| 39 | 85 | 00:48:12 | Wieckhorst | Arndt | Covestro Deutschland AG | GER-SH | M-40 | 6 |
| 40 | 34 | 00:48:17 | Kielmann | Michael | Covestro Deutschland AG | GER-SH | M-50 | 13 |

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|-----|------|----------|-------------|------------|--|---------|-------------------|------------------|
| 41 | 35 | 00:48:31 | Kleine | Markus | SSV Bunsloh | GER-SH | M-JU18 | 2 |
| 42 | 99 | 00:48:56 | Riemann | Sven | MTV Heide | | M-40 | 7 |
| 43 | 165 | 00:49:16 | Hell | Lars | | GER-SH | M-40 | 8 |
| 44 | 96 | 00:49:35 | Untiedt | Achim | TSV St. Margarethen | GER-SH | M-40 | 9 |
| 45 | 60 | 00:50:13 | Peters | Udo | Sasol Germany GmbH | GER-SH | M-50 | 14 |
| 46 | 104 | 00:52:29 | Kolb | Torsten | | GER-SH | M-50 | 15 |
| 47 | 53 | 00:53:16 | Moeller | Rolf | VfB Brunsbüttel | GER-SH | M-60 | 2 |
| 48 | 100 | 00:53:27 | Jung | Jürgen | Team Heide | GER-SH | M-50 | 16 |
| 49 | 12 | 00:53:43 | Elfers | Dietmar | | GER-SH | M-60 | 3 |
| 50 | 47 | 00:54:54 | Lund | Manfred | | GER- | M-50 | 17 |
| 51 | 39 | 00:55:00 | Kronberg | Jens | TSV Büsum | GER-SH | M-60 | 4 |
| 52 | 19 | 00:55:07 | Hass | Peter | Covestro Deutschland AG | GER-SH | M-50 | 18 |
| 53 | 51 | 00:55:07 | Meier | Winfried | Covestro Deutschland AG | GER-SH | M-60 | 5 |
| 54 | 93 | 00:55:36 | Buhmann | Otto-Erich | Post SV Heide | GER-SH | M-70 | 1 |
| 55 | 58 | 00:55:49 | Päsold | Louis | Fahrschule Heide Hennstedt | GER-SH | M-JU16 | 1 |
| 56 | 95 | 00:55:59 | Volquardsen | Volquard | | GER-SH | M-60 | 6 |
| 57 | 102 | 00:56:51 | Ruge | Edgar | | GER-MVP | M-60 | 7 |
| 58 | 84 | 00:57:07 | Westensee | Dieter | Ostroher SC | GER-SH | M-70 | 2 |
| 59 | 62 | 00:57:19 | Prey | Holger | Team der Westküstenkliniken Brunsbüttel und Heide | GER-SH | M-60 | 8 |
| 60 | 77 | 00:57:31 | Thaden | Marc | Team RunWithFun Eddelak | GER-SH | M-40 | 10 |
| 61 | 64 | 00:57:53 | Rosehr | Andrè | Sasol Germany GmbH | GER-SH | M-30 | 11 |
| 62 | 112 | 00:58:15 | Schmideberg | Uwe | | GER-SH | M-60 | 9 |
| 63 | 15 | 00:59:00 | Frisch | Jan | MTV Burg | GER-SH | M-40 | 11 |
| 64 | 5 | 00:59:51 | Bittner | Herbert | Post SV Heide | GER-SH | M-70 | 3 |
| 65 | 106 | 01:00:32 | Sonnenberg | Sven | | GER-SH | M-50 | 19 |

10 Km Lauf W

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|-----|------|----------|--------------|----------------|--|--------|-------------------|------------------|
| 1 | 69 | 00:42:47 | Seidel | Paula | MTV Heide | GER-SH | W-JU18 | 1 |
| 2 | 167 | 00:44:07 | Lorenzen | Marit | 1. Flensburger Laufftreff | GER-SH | W-30 | 1 |
| 3 | 166 | 00:45:00 | Hell | Amelie | TSV Nordhastedt | GER-SH | W-JU16 | 1 |
| 4 | 79 | 00:47:41 | Volkmann | Inga | TSV Büsum | GER-SH | W-30 | 2 |
| 5 | 22 | 00:47:52 | Herzog Lucht | Gesa | LG Dithmarscher Westküste | GER-SH | W-50 | 1 |
| 6 | 38 | 00:48:01 | Kracht | Lisa Marie | LG Dithmarscher Westküste | GER-SH | W-JU18 | 2 |
| 7 | 41 | 00:48:57 | Lange | Anne-Katrin | | GER-SH | W-40 | 1 |
| 8 | 7 | 00:49:24 | Bull | Linda | | GER-SH | W-HK | 1 |
| 9 | 26 | 00:50:11 | Hues | Diane | | GER-SH | W-40 | 2 |
| 10 | 23 | 00:50:55 | Hingst | Telse | Team der Westküstenkliniken Brunsbüttel und Heide | GER-SH | W-40 | 3 |
| 11 | 29 | 00:52:30 | Jochims | Laura | SSV Süderdorf | GER-SH | W-HK | 2 |
| 12 | 11 | 00:52:32 | Elfers | Isabelle-Marie | | GER-SH | W-HK | 3 |
| 13 | 3 | 00:52:33 | Bergfleth | Marion | TSV Krumstedt | GER-SH | W-40 | 4 |
| 14 | 52 | 00:53:06 | Modrow | Lena | Tanzschule Thomas Bruhn | GER-SH | W-30 | 3 |
| 15 | 61 | 00:54:27 | Popanda | Monika | Tanzschule Thomas Bruhn | GER-SH | W-30 | 4 |
| 16 | 16 | 00:55:27 | Gatza | Male Soley | LG Dithmarschen | GER-SH | W-JU18 | 3 |
| 17 | 36 | 00:56:54 | Knabe | Meike | | GER-SH | W-40 | 5 |
| 18 | 43 | 00:57:04 | Lau | Birgit | TSV Brunsbüttel | GER-SH | W-50 | 2 |
| 19 | 31 | 00:57:30 | Jung | Gertrud | Team Heide | GER-SH | W-60 | 1 |

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|-----|------|----------|------------|----------|--------------------------|--------|-------------------|------------------|
| 20 | 81 | 00:57:41 | Von Buch | Martina | TSV Büsum | GER-SH | W-50 | 3 |
| 21 | 168 | 00:57:41 | Martens | Imke | Für mich | GER-SH | W-40 | 6 |
| 22 | 88 | 00:57:42 | Zenker | Caren | Grundschule Tellingstedt | GER-SH | W-HK | 4 |
| 23 | 59 | 00:58:19 | Paulsen | Manuela | Schmedeswuth | GER-SH | W-30 | 5 |
| 24 | 71 | 01:00:32 | Sonnenberg | Carolin | Ostroher SC | GER-SH | W-30 | 6 |
| 25 | 8 | 01:01:06 | Busack | Maren | Sparkasse Westholstein | GER-SH | W-50 | 4 |
| 26 | 97 | 01:04:19 | Möller | Cornelia | | | W-30 | 7 |
| 27 | 45 | 01:04:19 | Lohse | Kristin | | GER-SH | W-30 | 8 |
| 28 | 42 | 01:08:51 | Laß | Gerda | TSV Büsum | GER-SH | W-70 | 1 |

Einträge in der Liste: 93