

## 5. Campus Triathlon

05. Mai 2019

### Ergebnis M / W - Altersklassen

**Sprint Triathlon**  
( 0,7 / 22 / 5 )

*Landesmeisterschaft Schleswig-Holstein*

**Sprint Triathlon**  
**TM-20**

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schw.	Rad	Sch+Rad	Lauf	Ziel	Pos	Endzeit	Pos
1	209	01:00:35	Hansen	Nick	1995	Borener SV	GER-SH	00:09:39	00:34:13	00:43:52	00:16:43	01:00:35	3	01:00:35	1
2	203	01:02:21	Johannsen	Leif	1997	SG Athletico Büdelsdorf	GER-SH	00:09:56	00:32:36	00:42:33	00:19:48	01:02:21	5	01:02:21	2
3	204	01:04:11	Stüfen	Lukas	1999	TSV Bargteheide -Tri	GER-SH	00:10:00	00:35:12	00:45:13	00:18:57	01:04:11	6	01:04:11	3
4	114	01:08:08	Jepsen	Johannes-Peter	1995	TSV Ladelund	GER-SH	00:11:45	00:36:05	00:47:51	00:20:17	01:08:08	16	01:08:08	4
5	64	01:09:25	Martensen	Lars	1997	SV Tungendorf Neumünster	GER-SH	00:11:42	00:38:14	00:49:57	00:19:27	01:09:25	22	01:09:25	5
6	142	01:10:18	Stüfen	Max	1997	TSV Bargteheide Tri Männer 2	GER-SH	00:11:46	00:38:39	00:50:25	00:19:52	01:10:18	27	01:10:18	6
7	81	01:10:24	Wellm	Bjarne	1998	Tri Endurance Germany e. V.	GER-SH	00:10:49	00:38:21	00:49:11	00:21:12	01:10:24	28	01:10:24	7
8	85	01:11:55	Gebauer	Sebastian	1997	Tri MTV Elmshorn	GER-SH	00:12:20	00:40:02	00:52:22	00:19:32	01:11:55	42	01:11:55	8
9	121	01:12:26	Román Nissen	Eduardo	1999	MTV Leck	GER-SH	00:10:47	00:41:01	00:51:48	00:20:38	01:12:26	47	01:12:26	9
10	110	01:14:25	Molatta	Moritz	1999	Kaltenkirchener Turnerschaft	GER-SH	00:13:15	00:40:33	00:53:48	00:20:36	01:14:25	65	01:14:25	10
11	130	01:15:13	Merhof	Jan	1999	Möllner SV	GER-SH	00:13:34	00:40:45	00:54:20	00:20:53	01:15:13	70	01:15:13	11
12	46	01:15:28	Klingenberg	Jannes	1998	SG Wasserratten Norderstedt 1	GER-SH	00:10:40	00:39:22	00:50:03	00:25:25	01:15:28	75	01:15:28	12

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# Ergebnis M / W - Altersklassen

## Sprint Triathlon

( 0,7 / 22 / 5 )

Landesmeisterschaft Schleswig-Holstein

### Sprint Triathlon

TM-20

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Rad	Sch+Rad	Lauf	Ziel	Pos	Endzeit	Pos
13	154	01:15:32	Hanke	Nick	1999	USC Kiel 2	GER-SH	00:12:17	00:39:41	00:51:58	00:23:33	01:15:32	76	01:15:32	13
14	69	01:15:40	Haack	Robert	1999	SV Tungendorf Neumünster 2	GER-SH	00:12:54	00:41:37	00:54:31	00:21:08	01:15:40	77	01:15:40	14
15	140	01:22:09	Kubillus	Fynn	1999	TSV Bargteheide Tri Männer 2	GER-SH	00:11:48	00:44:53	00:56:41	00:25:27	01:22:09	104	01:22:09	15

### Sprint Triathlon

TM-25

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Rad	Sch+Rad	Lauf	Ziel	Pos	Endzeit	Pos
1	66	01:05:04	Timme	Hauke	1990	SV Tungendorf Neumünster	GER-SH	00:11:36	00:35:08	00:46:44	00:18:19	01:05:04	7	01:05:04	1
2	214	01:06:32	Buck	Pascal	1992	SG Athletico Büdelsdorf	GER-SH	00:10:35	00:37:02	00:47:37	00:18:54	01:06:32	11	01:06:32	2
3	153	01:08:07	Dahlkemper	Lars	1991	USC Kiel 2	GER-SH	00:11:28	00:37:55	00:49:24	00:18:43	01:08:07	15	01:08:07	3
4	111	01:08:32	Surmont	Jean Jacques	1993	Triathlon Dänischer Wohld	GER-SH	00:11:29	00:37:09	00:48:38	00:19:54	01:08:32	17	01:08:32	4
5	106	01:10:00	Meier	Bent	1993	Triathlon Club Nord	GER-SH	00:11:11	00:39:50	00:51:01	00:18:58	01:10:00	25	01:10:00	5
6	49	01:17:28	Baum	Laurin	1992	SG Wasserratten Norderstedt 2	GER-SH	00:14:38	00:40:51	00:55:29	00:21:58	01:17:28	86	01:17:28	6

### Sprint Triathlon

TM-30

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Rad	Sch+Rad	Lauf	Ziel	Pos	Endzeit	Pos
1	65	01:00:34	Schröder-Groeneveld	Leif	1989	USC Kiel	GER-SH	00:09:55	00:33:34	00:43:29	00:17:05	01:00:34	2	01:00:34	1
2	88	01:05:56	Heesch	Frederick	1985	Tri Team Neumünster 1	GER-SH	00:11:19	00:34:26	00:45:45	00:20:10	01:05:56	10	01:05:56	2

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## Sprint Triathlon ( 0,7 / 22 / 5 )

### Landesmeisterschaft Schleswig-Holstein

#### Sprint Triathlon TM-30

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Rad	Sch+Rad	Lauf	Ziel	Pos	Endzeit	Pos
3	67	01:06:59	Zwicker	Sebastian	1989	TuS Holtenau Kiel	GER-SH	00:11:58	00:35:43	00:47:41	00:19:17	01:06:59	12	01:06:59	3
4	60	01:08:38	Rath	Domenik	1986	SG-Athletico Büdelsdorf 2	GER-SH	00:12:39	00:35:44	00:48:24	00:20:14	01:08:38	18	01:08:38	4
5	118	01:10:27	Dyhr	Andre	1989	MTV Leck	GER-SH	00:11:51	00:38:08	00:49:59	00:20:27	01:10:27	29	01:10:27	5
6	137	01:11:21	Surkus	Torge	1986	Trivelos Flensburg	GER-SH	00:11:44	00:40:53	00:52:38	00:18:43	01:11:21	36	01:11:21	6
7	87	01:12:12	Rotariu	Julian	1986	Tri MTV Elmshorn	GER-SH	00:12:47	00:37:00	00:49:47	00:22:25	01:12:12	45	01:12:12	7
8	122	01:13:00	Thomsen	Torge	1987	SV Enge Sande	GER-SH	00:14:47	00:39:26	00:54:14	00:18:45	01:13:00	54	01:13:00	8
9	97	01:13:39	Tügel	Christian	1985	Tri Team Neumünster 2	GER-SH	00:10:06	00:40:24	00:50:31	00:23:07	01:13:39	60	01:13:39	9
10	120	01:15:15	Reimann	Torsten	1987	TSV Ladelund	GER-SH	00:12:45	00:39:52	00:52:37	00:22:37	01:15:15	71	01:15:15	10
11	145	01:18:30	Kirchhof	Johannes	1989	TSV Quellenhaupt Bornhöved	GER-SH	00:13:59	00:41:13	00:55:13	00:23:17	01:18:30	90	01:18:30	11
12	107	01:19:29	Tenner	Alexander	1986	Triathlon Club Nord	GER-SH	00:09:35	00:45:23	00:54:58	00:24:30	01:19:29	95	01:19:29	12
13	94	01:21:17	Kömpf	Lukas	1989	Tri Team Neumünster 2	GER-SH	00:13:04	00:41:38	00:54:43	00:26:33	01:21:17	101	01:21:17	13
14	105	01:21:24	Hoffmann	Christian	1985	Triathlon Club Nord	GER-SH	00:13:13	00:44:53	00:58:06	00:23:07	01:21:24	102	01:21:24	14
15	104	01:24:47	Erdmann	Christian	1986	Triathlon Club Nord	GER-SH	00:14:18	00:44:32	00:58:51	00:25:56	01:24:47	112	01:24:47	15

#### Sprint Triathlon TM-35

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Rad	Sch+Rad	Lauf	Ziel	Pos	Endzeit	Pos
1	229	00:59:28	Winkler	Benjamin	1984	USC Kiel	GER-SH	00:09:43	00:31:35	00:41:18	00:18:09	00:59:28	1	00:59:28	1
2	227	01:01:56	Schäfer	Tobias	1984	TriAs Flensburg	GER-SH	00:09:40	00:33:25	00:43:06	00:18:39	01:01:56	4	01:01:56	2

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## Sprint Triathlon ( 0,7 / 22 / 5 )

### Landesmeisterschaft Schleswig-Holstein

#### Sprint Triathlon TM-35

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Rad	Sch+Rad	Lauf	Ziel	Pos	Endzeit	Pos
3	135	01:05:30	Henning	Florian	1982	Trivelos Flensburg	GER-SH	00:10:46	00:35:24	00:46:11	00:19:18	01:05:30	8	01:05:30	3
4	92	01:10:39	Schönrock	Stephan	1981	Tri Team Neumünster 1	GER-SH	00:10:46	00:36:37	00:47:23	00:23:15	01:10:39	30	01:10:39	4
5	37	01:11:19	Petersen	Tim-Ole	1980	Borener SV	GER-SH	00:12:17	00:38:17	00:50:34	00:20:44	01:11:19	35	01:11:19	5
6	79	01:11:42	Foks	Benjamin	1982	Tri Endurance Germany e. V.	GER-SH	00:12:45	00:38:13	00:50:59	00:20:43	01:11:42	40	01:11:42	6
7	119	01:12:41	Ketelsen	Finn	1982	SV Enge Sande	GER-SH	00:13:45	00:37:41	00:51:27	00:21:14	01:12:41	50	01:12:41	7
8	148	01:12:55	Hansen	Lars	1980	TSV Schleswig	GER-SH	00:13:49	00:38:28	00:52:18	00:20:36	01:12:55	52	01:12:55	8
9	141	01:13:20	Moya	Angel	1982	SV Großhansdorf	GER-SH	00:10:48	00:40:59	00:51:47	00:21:32	01:13:20	57	01:13:20	9
10	68	01:13:25	Bohle	Nils Benjamin	1980	SV Tungendorf Neumünster 2	GER-SH	00:14:04	00:39:34	00:53:38	00:19:47	01:13:25	58	01:13:25	10
11	134	01:13:26	Fuchs	Timo	1981	Trivelos Flensburg	GER-SH	00:14:13	00:37:01	00:51:14	00:22:11	01:13:26	59	01:13:26	11
12	72	01:13:47	Voß	Robert	1984	SV Tungendorf Neumünster 2	GER-SH	00:12:54	00:38:20	00:51:15	00:22:32	01:13:47	61	01:13:47	12
13	136	01:15:26	Spitzmann	Malte	1981	Trivelos Flensburg	GER-SH	00:13:58	00:38:51	00:52:50	00:22:35	01:15:26	74	01:15:26	13
14	230	01:19:33	Thedens	Daniel	1983	MTV Heide	GER-SH	00:12:21	00:44:24	00:56:46	00:22:46	01:19:33	97	01:19:33	14
15	54	01:24:50	Henkis	Claas	1984	SG Wasserratten Norderstedt 3	GER-SH	00:13:54	00:44:40	00:58:34	00:26:16	01:24:50	113	01:24:50	15
16	57	01:25:20	Saam	Christian	1982	SG Wasserratten Norderstedt 3	GER-SH	00:15:14	00:45:20	01:00:34	00:24:45	01:25:20	114	01:25:20	16
17	103	01:26:38	Andrejewski	Karol	1984	Triathlon Club Nord	GER-SH	00:15:07	00:46:21	01:01:29	00:25:09	01:26:38	116	01:26:38	17

#### Sprint Triathlon TM-40

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Rad	Sch+Rad	Lauf	Ziel	Pos	Endzeit	Pos
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## Sprint Triathlon ( 0,7 / 22 / 5 )

### Landesmeisterschaft Schleswig-Holstein

#### Sprint Triathlon TM-40

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Rad	Sch+Rad	Lauf	Ziel	Pos	Endzeit	Pos
1	234	01:05:34	Brenk	Alexander	1976	MTV Heide	GER-SH	00:10:19	00:35:02	00:45:21	00:20:13	01:05:34	9	01:05:34	1
2	117	01:07:41	Sönnichsen	Timo	1979	MTV Leck	GER-SH	00:11:48	00:36:04	00:47:52	00:19:49	01:07:41	13	01:07:41	2
3	113	01:08:47	Homrighausen	Jens	1978	MTV Leck	GER-SH	00:11:14	00:36:41	00:47:56	00:20:51	01:08:47	19	01:08:47	3
4	138	01:08:57	Bergermann	Stephan	1977	TSV Bargteheide Tri Männer 2	GER-SH	00:11:20	00:37:53	00:49:13	00:19:43	01:08:57	20	01:08:57	4
5	235	01:09:41	Messerschmidt	Leif	1978	TriVelos Flensburg	GER-SH	00:12:40	00:36:46	00:49:27	00:20:14	01:09:41	23	01:09:41	5
6	146	01:10:12	Klewer	Michael	1977	TSV Quellenhaupt Bornhöved	GER-SH	00:12:18	00:37:38	00:49:56	00:20:16	01:10:12	26	01:10:12	6
7	115	01:10:39	Nahnsen	Björn	1977	SV Enge Sande	GER-SH	00:13:37	00:38:34	00:52:12	00:18:26	01:10:39	31	01:10:39	7
8	44	01:10:46	Friedrichsen	Nils	1978	SG Wasserratten Norderstedt 1	GER-SH	00:11:46	00:37:20	00:49:07	00:21:38	01:10:46	32	01:10:46	8
9	233	01:11:30	Thomsen	Mark	1979	USC Kiel	GER-SH	00:12:50	00:39:13	00:52:04	00:19:25	01:11:30	37	01:11:30	9
10	61	01:12:07	Westmann	Michael	1977	SG-Athletico Büdelsdorf 2	GER-SH	00:12:00	00:39:16	00:51:17	00:20:50	01:12:07	44	01:12:07	10
11	41	01:12:19	Söhnchen	Florian	1978	Eckernförder MTV	GER-SH	00:13:24	00:39:05	00:52:30	00:19:48	01:12:19	46	01:12:19	11
12	63	01:12:38	Hamann	Tim	1975	TriTeam Neumünster	GER-SH	00:10:16	00:38:45	00:49:01	00:23:36	01:12:38	49	01:12:38	12
13	90	01:13:02	Meinert	Heiko	1979	Tri Team Neumünster 1	GER-SH	00:12:20	00:38:59	00:51:19	00:21:42	01:13:02	55	01:13:02	13
14	39	01:13:13	Müller	Jens	1979	Eckernförder MTV	GER-SH	00:13:49	00:38:23	00:52:13	00:21:00	01:13:13	56	01:13:13	14
15	35	01:14:09	Todt	Mathias	1976	Borener SV	GER-SH	00:13:46	00:39:13	00:53:00	00:21:09	01:14:09	63	01:14:09	15
16	152	01:15:04	Steffensen	Kai	1975	TSV Schleswig	GER-SH	00:10:40	00:39:49	00:50:29	00:24:34	01:15:04	69	01:15:04	16
17	51	01:15:23	Tehle	Tobias	1978	SG Wasserratten Norderstedt 2	GER-SH	00:15:22	00:38:56	00:54:18	00:21:04	01:15:23	73	01:15:23	17
18	84	01:16:12	Bunde	Torsten	1976	Tri MTV Elmshorn	GER-SH	00:12:03	00:42:33	00:54:36	00:21:35	01:16:12	81	01:16:12	18
19	80	01:17:39	Meyer	Helge	1979	Tri Endurance Germany e. V.	GER-SH	00:14:09	00:40:34	00:54:43	00:22:55	01:17:39	88	01:17:39	19

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### Landesmeisterschaft Schleswig-Holstein

#### Sprint Triathlon TM-40

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Rad	Sch+Rad	Lauf	Ziel	Pos	Endzeit	Pos
20	56	01:19:32	Müller	Sebastian	1976	SG Wasserratten Norderstedt 3	GER-SH	00:11:12	00:42:42	00:53:55	00:25:36	01:19:32	96	01:19:32	20
21	71	01:20:39	Sancristobal	Marco	1975	SV Tungendorf Neumünster 2	GER-SH	00:12:07	00:44:11	00:56:19	00:24:20	01:20:39	100	01:20:39	21
22	45	01:22:10	Hoffmann	Dirk	1975	SG Wasserratten Norderstedt 1	GER-SH	00:12:39	00:44:19	00:56:58	00:25:11	01:22:10	105	01:22:10	22
23	38	01:22:44	Zander	Frank	1979	Eckernförder MTV	GER-SH	00:15:04	00:42:49	00:57:54	00:24:49	01:22:44	107	01:22:44	23
24	149	01:23:13	Kloss	Stephan	1979	TSV Schleswig	GER-SH	00:12:05	00:44:11	00:56:16	00:26:56	01:23:13	108	01:23:13	24

#### Sprint Triathlon TM-45

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Rad	Sch+Rad	Lauf	Ziel	Pos	Endzeit	Pos
1	109	01:08:00	Groth	Markus	1974	Triathlon Dänischer Wohld	GER-SH	00:11:23	00:36:02	00:47:26	00:20:34	01:08:00	14	01:08:00	1
2	240	01:10:56	König	Lars	1974	SG Athletico Büdelsdorf	GER-SH	00:11:57	00:39:08	00:51:05	00:19:41	01:10:56	34	01:10:56	2
3	158	01:11:32	Wiedenhofer	Marco	1970	Tri Endurance Germany e. V.	GER-SH	00:12:14	00:38:27	00:50:41	00:20:50	01:11:32	38	01:11:32	3
4	70	01:11:38	Haß	Ulrich	1973	SV Tungendorf Neumünster 2	GER-SH	00:12:25	00:37:49	00:50:15	00:21:23	01:11:38	39	01:11:38	4
5	42	01:11:43	Thieme	Daniel	1973	Eckernförder MTV	GER-SH	00:12:03	00:38:55	00:50:58	00:20:45	01:11:43	41	01:11:43	5
6	83	01:12:34	Böttger	Martin	1971	Tri MTV Elmshorn	GER-SH	00:11:11	00:39:33	00:50:45	00:21:48	01:12:34	48	01:12:34	6
7	98	01:12:52	Bahr	Andreas	1972	TRIAS Bad Schwartau	GER-SH	00:13:14	00:37:16	00:50:30	00:22:21	01:12:52	51	01:12:52	7
8	52	01:12:56	Zachert	Mario	1972	SG Wasserratten Norderstedt 2	GER-SH	00:13:32	00:38:50	00:52:22	00:20:34	01:12:56	53	01:12:56	8
9	239	01:13:48	Hardiman	Marco	1971	USC Kiel	GER-SH	00:12:43	00:38:10	00:50:54	00:22:43	01:13:48	62	01:13:48	9
10	50	01:15:00	Jordt	Thorsten	1974	SG Wasserratten Norderstedt 2	GER-SH	00:13:22	00:39:52	00:53:15	00:21:45	01:15:00	66	01:15:00	10

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#### Sprint Triathlon TM-45

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Rad	Sch+Rad	Lauf	Ziel	Pos	Endzeit	Pos
11	242	01:15:01	Thiede	Frank	1971	TSV Bargteheide -Tri	GER-SH	00:11:52	00:39:22	00:51:14	00:23:46	01:15:01	67	01:15:01	11
12	156	01:17:31	Kielmann	Knud	1970	USC Kiel 2	GER-SH	00:13:16	00:40:13	00:53:30	00:24:00	01:17:31	87	01:17:31	12
13	53	01:19:37	Afeltowicz	Cezary	1973	SG Wasserratten Norderstedt 3	GER-SH	00:14:02	00:41:55	00:55:58	00:23:39	01:19:37	98	01:19:37	13
14	143	01:22:14	Glage	Kai	1970	TSV Quellenhaupt Bornhöved	GER-SH	00:12:56	00:43:42	00:56:38	00:25:35	01:22:14	106	01:22:14	14
15	95	01:23:57	Redepenning	Stefan	1970	Tri Team Neumünster 2	GER-SH	00:14:46	00:43:41	00:58:28	00:25:29	01:23:57	110	01:23:57	15
16	59	01:30:13	Neumann	Hauke	1970	SG-Athletico Büdelsdorf 2	GER-SH	00:14:49	00:52:04	01:06:53	00:23:20	01:30:13	122	01:30:13	16
17	55	01:35:08	Matthies	Jan	1971	SG Wasserratten Norderstedt 3	GER-SH	00:14:13	00:49:31	01:03:44	00:31:23	01:35:08	126	01:35:08	17

#### Sprint Triathlon TM-50

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Rad	Sch+Rad	Lauf	Ziel	Pos	Endzeit	Pos
1	93	01:09:09	Almeida	Luis	1965	Tri Team Neumünster 2	GER-SH	00:14:04	00:35:28	00:49:33	00:19:36	01:09:09	21	01:09:09	1
2	116	01:09:56	Petschat	Udo	1968	MTV Leck	GER-SH	00:12:27	00:36:57	00:49:25	00:20:31	01:09:56	24	01:09:56	2
3	129	01:10:55	Kühne	Michael	1968	Möllner SV	GER-SH	00:12:18	00:37:54	00:50:13	00:20:41	01:10:55	33	01:10:55	3
4	248	01:15:02	Schrum	Stefan	1969	SG Athletico Büdelsdorf	GER-SH	00:12:39	00:38:34	00:51:13	00:23:49	01:15:02	68	01:15:02	4
5	249	01:15:21	Bremse	Nico	1969	Polizei SV Eutin	GER-SH	00:11:45	00:40:48	00:52:33	00:22:47	01:15:21	72	01:15:21	5
6	33	01:16:00	Bromberg	Norman	1968	Borener SV	GER-SH	00:14:14	00:40:21	00:54:35	00:21:25	01:16:00	79	01:16:00	6
7	147	01:16:14	Thoms	Stefan	1969	TSV Quellenhaupt Bornhöved	GER-SH	00:14:20	00:38:46	00:53:07	00:23:07	01:16:14	82	01:16:14	7
8	157	01:16:19	Köhn	Stefan	1966	USC Kiel 2	GER-SH	00:12:09	00:41:01	00:53:11	00:23:08	01:16:19	83	01:16:19	8

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# Ergebnis M / W - Altersklassen

## Sprint Triathlon ( 0,7 / 22 / 5 )

### Landesmeisterschaft Schleswig-Holstein

#### Sprint Triathlon TM-50

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Rad	Sch+Rad	Lauf	Ziel	Pos	Endzeit	Pos
9	131	01:16:41	Poch	Norbert	1968	Ratzeburger SV	GER-SH	00:12:25	00:41:00	00:53:25	00:23:16	01:16:41	85	01:16:41	9
10	155	01:18:11	Hanke	Torsten	1968	USC Kiel 2	GER-SH	00:15:34	00:39:24	00:54:59	00:23:11	01:18:11	89	01:18:11	10
11	250	01:18:57	Holst	Arno	1965	TriVelos Flensburg	GER-SH	00:14:55	00:39:03	00:53:59	00:24:48	01:18:57	91	01:18:57	11
12	62	01:19:01	Wüpper	Frank	1969	SG-Athletico Büdelsdorf 2	GER-SH	00:13:41	00:41:32	00:55:14	00:23:47	01:19:01	93	01:19:01	12
13	58	01:20:08	Große	Dirk	1969	SG-Athletico Büdelsdorf 2	GER-SH	00:13:02	00:42:14	00:55:16	00:24:52	01:20:08	99	01:20:08	13
14	245	01:21:39	Staack	Dirk	1969	SG Athletico Büdelsdorf	GER-SH	00:14:08	00:42:45	00:56:53	00:24:45	01:21:39	103	01:21:39	14
15	151	01:23:34	Reiß	Stefan	1967	TSV Schleswig	GER-SH	00:15:44	00:42:37	00:58:22	00:25:12	01:23:34	109	01:23:34	15
16	244	01:25:43	Rosenau	Frank	1965	TriVelos Flensburg	GER-HAM	00:16:32	00:44:37	01:01:10	00:24:23	01:25:43	115	01:25:43	16
17	246	01:27:05	Franzen	André	1967	TriAs Flensburg	GER-SH	00:14:04	00:44:31	00:58:36	00:28:28	01:27:05	117	01:27:05	17
18	99	01:28:37	Fuchs	Arne	1969	TRIAS Bad Schwartau	GER-SH	00:16:51	00:47:17	01:04:09	00:24:28	01:28:37	118	01:28:37	18
19	48	01:28:58	Bartl	Thomas	1965	SG Wasserratten Norderstedt 2	GER-SH	00:14:01	00:45:15	00:59:16	00:29:41	01:28:58	119	01:28:58	19
20	150	01:32:37	Krause	Ralph	1967	TSV Schleswig	GER-SH	00:13:25	00:49:47	01:03:13	00:29:24	01:32:37	124	01:32:37	20

#### Sprint Triathlon TM-55

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Rad	Sch+Rad	Lauf	Ziel	Pos	Endzeit	Pos
1	132	01:14:16	Reiner	Bodo	1964	Ratzeburger SV	GER-SH	00:12:08	00:40:32	00:52:40	00:21:35	01:14:16	64	01:14:16	1
2	34	01:15:48	Gaasch	Bernd	1962	Borener SV	GER-SH	00:14:27	00:40:14	00:54:41	00:21:06	01:15:48	78	01:15:48	2
3	96	01:16:01	Reich	Ronald	1964	Tri Team Neumünster 2	GER-SH	00:12:52	00:40:20	00:53:13	00:22:48	01:16:01	80	01:16:01	3

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## Sprint Triathlon ( 0,7 / 22 / 5 )

### Landesmeisterschaft Schleswig-Holstein

#### Sprint Triathlon TM-55

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schi.	Rad	Sch+Rad	Lauf	Ziel	Pos	Endzeit	Pos
4	252	01:16:27	Schlömer	Karl-Heinz	1964	MTV Heide	GER-SH	00:13:55	00:42:18	00:56:13	00:20:14	01:16:27	84	01:16:27	4
5	256	01:19:26	Fabig	Sigurd	1961	LAV Husum	GER-SH	00:11:23	00:40:36	00:52:00	00:27:26	01:19:26	94	01:19:26	5
6	36	01:24:34	Nähring	Franz-Josef	1963	Borener SV	GER-SH	00:15:55	00:44:19	01:00:15	00:24:19	01:24:34	111	01:24:34	6
7	254	01:28:58	Brammer	Jürgen	1960	Borener SV	GER-SH	00:12:38	00:46:50	00:59:29	00:29:29	01:28:58	120	01:28:58	7

#### Sprint Triathlon TM-60

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schi.	Rad	Sch+Rad	Lauf	Ziel	Pos	Endzeit	Pos
1	139	01:12:06	Krohn	Jens	1957	TSV Bargteheide Tri Männer 2	GER-SH	00:11:37	00:38:34	00:50:12	00:21:54	01:12:06	43	01:12:06	1
2	257	01:19:00	Blunck	Uwe	1958	Tri Team Neumünster	GER-SH	00:13:59	00:40:11	00:54:10	00:24:49	01:19:00	92	01:19:00	2
3	258	01:31:44	Heinrich	Klaus	1958	SV Adelby	GER-SH	00:19:34	00:44:45	01:04:20	00:27:23	01:31:44	123	01:31:44	3

#### Sprint Triathlon TM-70

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schi.	Rad	Sch+Rad	Lauf	Ziel	Pos	Endzeit	Pos
1	259	01:34:08	Schimmer	Helmut	1946	TSV Fahrdorf	GER-SH	00:15:22	00:46:57	01:02:20	00:31:47	01:34:08	125	01:34:08	1

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# Ergebnis

## M / W - Altersklassen

### Sprint Triathlon

( 0,7 / 22 / 5 )

*Landesmeisterschaft Schleswig-Holstein*

### Sprint Triathlon

**TM-75**

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schi.	Rad	Sch+Rad	Lauf	Ziel	Pos	Endzeit	Pos
1	260	01:30:11	Hentrop	Heiko	1942	SG Athletico Büdelsdorf	GER-SH	00:14:35	00:46:19	01:00:54	00:29:16	01:30:11	121	01:30:11	1

### Sprint Triathlon

**TM-80**

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schi.	Rad	Sch+Rad	Lauf	Ziel	Pos	Endzeit	Pos
1	261	01:43:47	Hoehne	Joachim	1939	Dänischer Wohld	GER-SH	00:22:02	00:47:10	01:09:12	00:34:34	01:43:47	127	01:43:47	1

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# Ergebnis M / W - Altersklassen

## Sprint Triathlon ( 0,7 / 22 / 5 )

### Landesmeisterschaft Schleswig-Holstein

#### Sprint Triathlon TW-20

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Rad	Sch+Rad	Lauf	Ziel	Pos	Endzeit	Pos
1	166	01:06:26	Jendryschik	Jenny	1998	TriAs Flensburg	GER-SH	00:10:28	00:35:31	00:45:59	00:20:26	01:06:26	1	01:06:26	1
2	161	01:10:21	Boubakeur	Chantal	1998	Elmshorner MTV	GER-SH	00:09:47	00:41:23	00:51:11	00:19:10	01:10:21	6	01:10:21	2
3	162	01:12:55	Teupke	Philine	1995	TriAs Flensburg	GER-SH	00:10:29	00:40:42	00:51:12	00:21:42	01:12:55	8	01:12:55	3
4	32	01:16:13	Schneider	Alina	1997	USC Kiel	GER-SH	00:11:56	00:41:47	00:53:43	00:22:29	01:16:13	13	01:16:13	4
5	2	01:19:46	Günther	Paula	1999	SG Athletico Büdelsdorf	GER-SH	00:11:35	00:40:36	00:52:12	00:27:34	01:19:46	22	01:19:46	5
6	12	01:19:59	Breidenbicher	Nina	1999	SV Tungendorf Neumünster Frauen 2	GER-SH	00:12:02	00:43:08	00:55:10	00:24:48	01:19:59	23	01:19:59	6
7	25	01:21:47	Hey	Julia	1999	TSV Bargteheide Tri Frauen 2	GER-SH	00:10:59	00:42:21	00:53:20	00:28:27	01:21:47	29	01:21:47	7
8	5	01:23:37	Dietzel	Camille	1996	SG Wasserratten Norderstedt	GER-SH	00:12:42	00:47:06	00:59:49	00:23:48	01:23:37	32	01:23:37	8
9	22	01:32:50	Krüger	Maike	1996	TriAs Flensburg	GER-SH	00:14:02	00:49:55	01:03:58	00:28:52	01:32:50	42	01:32:50	9

#### Sprint Triathlon TW-25

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Rad	Sch+Rad	Lauf	Ziel	Pos	Endzeit	Pos
1	168	01:07:54	Kubillus	Rike	1994	TSV Bargteheide -Tri	GER-SH	00:09:52	00:36:47	00:46:39	00:21:14	01:07:54	2	01:07:54	1
2	173	01:15:51	Nommensen	Lena	1992	TriAs Flensburg	GER-SH	00:11:36	00:40:05	00:51:42	00:24:08	01:15:51	11	01:15:51	2
3	17	01:16:41	Bungert	Paula	1992	Fri Ööwingsfloose e. V.	GER-SH	00:11:03	00:41:14	00:52:17	00:24:24	01:16:41	14	01:16:41	3
4	31	01:18:20	Kirchhof	Charlotte	1991	USC Kiel	GER-SH	00:13:24	00:39:54	00:53:18	00:25:01	01:18:20	18	01:18:20	4
5	170	01:18:24	Voß	Franziska	1992	Trias Bad Schwartau	GER-SH	00:11:45	00:41:58	00:53:43	00:23:41	01:18:24	19	01:18:24	5
6	8	01:18:39	Reichstein	Anne	1991	SG Wasserratten Norderstedt	GER-SH	00:11:59	00:42:01	00:54:00	00:24:39	01:18:39	20	01:18:39	6

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## Sprint Triathlon ( 0,7 / 22 / 5 )

### Landesmeisterschaft Schleswig-Holstein

#### Sprint Triathlon TW-25

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Rad	Sch+Rad	Lauf	Ziel	Pos	Endzeit	Pos
7	21	01:27:25	Bombe	Lisa	1994	Trivelos Flensburg	GER-SH	00:13:07	00:47:02	01:00:09	00:27:15	01:27:25	37	01:27:25	7

#### Sprint Triathlon TW-30

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Rad	Sch+Rad	Lauf	Ziel	Pos	Endzeit	Pos
1	175	01:09:24	Nissen	Conny	1985	TriAs Flensburg	GER-SH	00:11:40	00:36:56	00:48:37	00:20:46	01:09:24	3	01:09:24	1
2	177	01:09:55	Best	Victoria	1988	TriVelos Flensburg	GER-SH	00:11:41	00:37:34	00:49:16	00:20:39	01:09:55	5	01:09:55	2
3	174	01:13:18	Will	Sina	1986	TriAs Flensburg	GER-SH	00:11:40	00:39:29	00:51:10	00:22:07	01:13:18	9	01:13:18	3
4	176	01:15:26	Bentzin	Annika	1989	TriAs Flensburg	GER-SH	00:12:28	00:40:54	00:53:23	00:22:02	01:15:26	10	01:15:26	4
5	23	01:28:39	Kubon	Kathrin	1986	Trivelos Flensburg	GER-SH	00:16:51	00:47:42	01:04:34	00:24:05	01:28:39	41	01:28:39	5

#### Sprint Triathlon TW-35

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Rad	Sch+Rad	Lauf	Ziel	Pos	Endzeit	Pos
1	179	01:12:36	Iversen	Kristina	1981	TriAs Flensburg	GER-SH	00:10:27	00:38:04	00:48:31	00:24:05	01:12:36	7	01:12:36	1
2	6	01:17:02	Friedrichsen	Sandra	1980	SG Wasserratten Norderstedt	GER-SH	00:12:50	00:41:46	00:54:36	00:22:25	01:17:02	16	01:17:02	2
3	181	01:21:37	Gacek	Britta	1984	TSV Ladellund	GER-SH	00:14:18	00:41:25	00:55:44	00:25:53	01:21:37	28	01:21:37	3
4	14	01:28:12	Garbrecht	Nadine	1983	Tri EMTV Elmshorn	GER-SH	00:13:41	00:44:04	00:57:45	00:30:17	01:28:12	38	01:28:12	4
5	182	01:28:28	Ketelsen	Pia	1981	SV Enge-Sande	GER-SH	00:13:43	00:43:20	00:57:03	00:31:25	01:28:28	40	01:28:28	5

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## Sprint Triathlon ( 0,7 / 22 / 5 )

### Landesmeisterschaft Schleswig-Holstein

#### Sprint Triathlon TW-40

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schw.	Rad	Sch+Rad	Lauf	Ziel	Pos	Endzeit	Pos
1	16	01:18:09	Ritzmann	Katja	1979	Tri EMTV Elmshorn	GER-SH	00:10:18	00:45:10	00:55:28	00:22:40	01:18:09	17	01:18:09	1
2	184	01:18:46	Plöhn	Ilka	1976	USC Kiel	GER-SH	00:12:41	00:43:27	00:56:08	00:22:37	01:18:46	21	01:18:46	2
3	7	01:21:09	Jordt	Eike	1978	SG Wasserratten Norderstedt	GER-SH	00:12:58	00:43:16	00:56:14	00:24:55	01:21:09	26	01:21:09	3
4	183	01:23:49	Mikkelsen	Ute	1979	TriAs Flensburg	GER-SH	00:13:55	00:45:56	00:59:51	00:23:57	01:23:49	33	01:23:49	4

#### Sprint Triathlon TW-45

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schw.	Rad	Sch+Rad	Lauf	Ziel	Pos	Endzeit	Pos
1	13	01:22:32	Bohnenkamp	Claudia	1972	Tri EMTV Elmshorn	GER-SH	00:13:58	00:44:00	00:57:58	00:24:34	01:22:32	30	01:22:32	1
2	185	01:38:50	Hartz	Britta	1971	USC Kiel	GER-SH	00:15:31	00:51:37	01:07:08	00:31:41	01:38:50	43	01:38:50	2

#### Sprint Triathlon TW-50

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schw.	Rad	Sch+Rad	Lauf	Ziel	Pos	Endzeit	Pos
1	187	01:09:47	Lange	Bettina	1969	TSV Bargteheide -Tri	GER-SH	00:10:00	00:37:42	00:47:42	00:22:04	01:09:47	4	01:09:47	1
2	19	01:16:00	Lützen-Junge	Jutta	1968	Fri Ööwingsfloose e. V.	GER-SH	00:13:52	00:38:20	00:52:13	00:23:47	01:16:00	12	01:16:00	2
3	29	01:16:48	Bähr	Ulrike	1969	USC Kiel	GER-SH	00:12:01	00:40:41	00:52:43	00:24:05	01:16:48	15	01:16:48	3
4	188	01:20:14	Böhm	Helga	1965	Sport-Club Itzehoe	GER-SH	00:14:17	00:42:16	00:56:34	00:23:40	01:20:14	24	01:20:14	4

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## M / W - Altersklassen

### Sprint Triathlon

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Landesmeisterschaft Schleswig-Holstein

### Sprint Triathlon

TW-50

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schi.	Rad	Sch+Rad	Lauf	Ziel	Pos	Endzeit	Pos
5	24	01:21:02	Röwer	Tanja	1968	TriAs Flensburg	GER-SH	00:12:08	00:45:03	00:57:12	00:23:49	01:21:02	25	01:21:02	5
6	15	01:21:19	Günther	Britt	1967	Tri EMTV Elmshorn	GER-SH	00:13:01	00:43:42	00:56:43	00:24:35	01:21:19	27	01:21:19	6
7	189	01:23:31	Ommen	Ilse	1969	TriAs Flensburg	GER-SH	00:15:04	00:40:34	00:55:39	00:27:52	01:23:31	31	01:23:31	7
8	18	01:25:19	Lützen	Ellen	1968	Fri Ööwingsfloose e. V.	GER-SH	00:13:47	00:46:06	00:59:54	00:25:25	01:25:19	36	01:25:19	8

### Sprint Triathlon

TW-55

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schi.	Rad	Sch+Rad	Lauf	Ziel	Pos	Endzeit	Pos
1	191	01:23:52	Lange	Nicola	1963	USC Kiel	GER-SH	00:11:58	00:42:43	00:54:41	00:29:11	01:23:52	34	01:23:52	1

### Sprint Triathlon

TW-60

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schi.	Rad	Sch+Rad	Lauf	Ziel	Pos	Endzeit	Pos
1	3	01:28:25	Kaack	Heike	1958	SG Athletico Büdelsdorf	GER-SH	00:13:51	00:48:39	01:02:30	00:25:54	01:28:25	39	01:28:25	1

### Sprint Triathlon

TW-65

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schi.	Rad	Sch+Rad	Lauf	Ziel	Pos	Endzeit	Pos
1	1	01:24:31	Bartsch	Margit	1954	SG Athletico Büdelsdorf	GER-SH	00:13:56	00:43:55	00:57:52	00:26:39	01:24:31	35	01:24:31	1

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**Sprint Triathlon**  
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**Sprint Triathlon**  
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