



## 40. Sachsenwaldlauf

08. September 2019



### Ergebnis M / W - gesamt

**Halbmarathon**  
**( 21,1 Km )**

#### Halbmarathon M

| Pos | StNr | Gesamt   | Name          | Vorname    | Verein / Ort                       | Nat.    | Alters-<br>Klasse | Pos Altersklasse |
|-----|------|----------|---------------|------------|------------------------------------|---------|-------------------|------------------|
| 1   | 82   | 01:27:54 | Jensen        | Jan        | Möllner SV                         | GER-SH  | M-40              | 1                |
| 2   | 74   | 01:30:31 | Meyberg       | Nikolaus   | Reinbek                            | GER-SH  | M-45              | 1                |
| 3   | 23   | 01:31:24 | Kost          | Henry      | Borstorf                           | GER-SH  | M-30              | 1                |
| 4   | 105  | 01:34:46 | Mühlenbetg    | Rico       | Die Mühlenbergs                    | GER-SH  | M-40              | 2                |
| 5   | 106  | 01:35:46 | Ludwig        | Michael    |                                    | GER-SH  | M-50              | 1                |
| 6   | 5    | 01:36:00 | Knebel        | Michael    | Rennschnecke                       | GER-SH  | M-50              | 2                |
| 7   | 6    | 01:37:30 | Ragge         | Maik       | Schwarzenbek                       | GER-SH  | M-50              | 3                |
| 8   | 97   | 01:38:26 | Wiedenhofer   | Marco      | Tri Endurance Germany              |         | M-45              | 2                |
| 9   | 76   | 01:38:47 | Kurt          | Vedat      | FC St. Pauli Triathlon             | GER-SH  | M-45              | 3                |
| 10  | 50   | 01:38:55 | Ralfs         | Lennart    | TSV Schwarzenbek                   | GER-SH  | M-HK              | 1                |
| 11  | 99   | 01:38:55 | Peters        | Michel     |                                    | GER-BER | M-HK              | 2                |
| 12  | 96   | 01:40:06 | Longerich     | Max        |                                    | GER-    | M-HK              | 3                |
| 13  | 85   | 01:40:15 | Fischer       | Jörg       | JeyEf blonder Engel                | GER-SH  | M-50              | 4                |
| 14  | 55   | 01:41:20 | Jungfer       | Thomas     | Reinbek                            | GER-SH  | M-45              | 4                |
| 15  | 54   | 01:41:20 | Weidner       | Ben        | Reinbek                            | GER-SH  | M-JU18            | 1                |
| 16  | 61   | 01:41:34 | Lüdtke        | Jan        | SC Schwarzenbek                    | GER-SH  | M-40              | 3                |
| 17  | 44   | 01:41:49 | Sedlmair      | Nicolas    | Hamburg                            | GER-HAM | M-30              | 2                |
| 18  | 56   | 01:42:30 | Klauck        | Robert     | TSV Reinbek                        | GER-SH  | M-50              | 5                |
| 19  | 33   | 01:42:39 | Zahau         | Solomon    | Schwarzenbek                       | GER-SH  | M-35              | 1                |
| 20  | 66   | 01:42:43 | Tondt         | Nicolars   | Schwarzenbek                       | GER-SH  | M-45              | 5                |
| 21  | 21   | 01:42:53 | Kober         | Michael    | Lübeck                             | GER-SH  | M-45              | 6                |
| 22  | 102  | 01:43:02 | Thieler       | Alexander  | Einer Lläuft                       | GER-SH  | M-45              | 7                |
| 23  | 31   | 01:43:05 | Kastl         | Reiner     | Möllner SV                         | GER-THÜ | M-55              | 1                |
| 24  | 62   | 01:43:15 | Erich         | Jan-Martin | TSG Bergedorf                      | GER-SH  | M-45              | 8                |
| 25  | 89   | 01:44:04 | Busch         | Volker     | 4run4fun                           | GER-SH  | M-50              | 6                |
| 26  | 40   | 01:46:19 | Ochmann       | Hans       | Schwarzenbek                       | GER-SH  | M-55              | 2                |
| 27  | 64   | 01:46:21 | Knoff         | Marco      | Schwarzenbek                       | GER-SH  | M-45              | 9                |
| 28  | 2    | 01:47:24 | Poppe         | Christian  | EFG Elektrotechnik<br>Schwarzenbek | GER-SH  | M-40              | 4                |
| 29  | 107  | 01:47:32 | Wiechert      | Raimund    |                                    | GER-SH  | M-60              | 1                |
| 30  | 72   | 01:48:31 | Steenbeck     | Erich      | Spiridon-Club Bad Oldesloe         | GER-SH  | M-60              | 2                |
| 31  | 69   | 01:49:08 | Steinmann     | Marco      | Wohltorf                           | GER-SH  | M-35              | 2                |
| 32  | 98   | 01:49:27 | Wiese         | Matthias   | MaMaMiMa                           | GER-SH  | M-45              | 10               |
| 33  | 28   | 01:49:51 | Depenbrock    | Moritz     | 4 FüÙe für ein Halleluja           | GER-    | M-30              | 3                |
| 34  | 42   | 01:50:00 | Wiggers       | Christian  | 4 FüÙe für ein Halleluja           | GER-HAM | M-35              | 3                |
| 35  | 3    | 01:50:16 | Jomrich       | Maik       | EFG Elektrotechnik<br>Schwarzenbek | GER-SH  | M-40              | 5                |
| 36  | 87   | 01:50:45 | Haupt         | Olaf       | Lübeck                             | GER-SH  | M-50              | 7                |
| 37  | 29   | 01:50:59 | Wegner        | Richard    | Hamburg                            | GER-HAM | M-40              | 6                |
| 38  | 24   | 01:51:24 | Felgenhauer   | Karsten    | Hamburg                            | GER-HAM | M-30              | 4                |
| 39  | 104  | 01:51:25 | Küchenmeisetr | Maurice    |                                    | GER-HAM | M-HK              | 4                |
| 40  | 59   | 01:55:13 | Eggert        | Sascha     | Schwarzenbek                       | GER-SH  | M-35              | 4                |

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## Halbmarathon ( 21,1 Km )

### Halbmarathon M

| Pos | StNr | Gesamt   | Name          | Vorname     | Verein / Ort                       | Nat.    | Alters-<br>Klasse | Pos Altersklasse |
|-----|------|----------|---------------|-------------|------------------------------------|---------|-------------------|------------------|
| 41  | 83   | 01:55:27 | Burmester     | Carsten     | Brunstorf                          | GER-SH  | M-40              | 7                |
| 42  | 36   | 01:56:18 | Simdon        | Sebastian   | Ratzeburg                          | GER-SH  | M-35              | 5                |
| 43  | 8    | 01:57:03 | Thede         | Joachim     | TV Hassendorf                      | GER-NIE | M-45              | 11               |
| 44  | 81   | 01:58:43 | Koch          | Christopher | TV 1922 Saubach e.V.               | GER-SAN | M-30              | 5                |
| 45  | 20   | 02:02:54 | Lüdders       | Stefan      | Team Bermuda-Dreieck               | GER-SH  | M-35              | 6                |
| 46  | 30   | 02:03:07 | Baasch        | Peter       | Güster                             | GER-SH  | M-55              | 3                |
| 47  | 68   | 02:03:53 | Scharphuis    | Jens        | Offroad-kontor                     | GER-SH  | M-50              | 8                |
| 48  | 57   | 02:03:55 | Kruse         | Bastian     | Lübeck                             | GER-SH  | M-45              | 12               |
| 49  | 88   | 02:04:08 | Greve         | Timm        | Kaltenkirchen                      | GER-SH  | M-45              | 13               |
| 50  | 9    | 02:09:53 | Helms         | Jörn        | VfL Oldesloe                       | GER-SH  | M-50              | 9                |
| 51  | 35   | 02:11:09 | Reyelt        | André       | Schwarzenbek                       | GER-SH  | M-50              | 10               |
| 52  | 48   | 02:15:37 | Kratz         | Thomas      | Schwarzenbek                       | GER-SH  | M-55              | 4                |
| 53  | 100  | 02:19:13 | Jacob         | Horst       |                                    | GER-SH  | M-60              | 3                |
| 54  | 51   | 02:20:37 | Kopp -Jachner | Markus      | Triathlon Team Lüneburg            | GER-NIE | M-45              | 14               |
| 55  | 80   | 02:21:01 | Dheuten       | Sven        | Tsv Schwarzenbek                   | GER-SH  | M-30              | 6                |
| 56  | 37   | 02:21:35 | Jungbluth     | Jörg        | Schwarzenbek                       | GER-SH  | M-50              | 11               |
| 57  | 70   | 02:21:46 | Burmeister    | Martin      | Schwarzenbek                       | GER-SH  | M-40              | 8                |
| 58  | 94   | 02:28:50 | Zimmermann    | Stefan      | EFG Elektrotechnik<br>Schwarzenbek | GER-SH  | M-40              | 9                |

### Halbmarathon W

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|-----|------|----------|------------|------------|------------------------------------|---------|-------------------|------------------|
| 1   | 12   | 01:39:09 | Voigt      | Ina        | Grundschule Wöhrendamm             | GER-SH  | W-30              | 1                |
| 2   | 27   | 01:51:40 | Hanseemann | Annika     | Cathys Training                    | GER-SH  | W-30              | 2                |
| 3   | 49   | 01:55:46 | Godemann   | Marika     | BSG Generali                       | GER-HAM | W-40              | 1                |
| 4   | 26   | 01:56:31 | Hütker     | Maren      | Cathys Training                    | GER-SH  | W-40              | 2                |
| 5   | 71   | 01:56:51 | Ueno       | Keiko      | EiSa Runners                       | GER-SH  | W-35              | 1                |
| 6   | 79   | 01:59:19 | Bahr       | Natascha   | Lauftreff Geesthacht               | GER-SH  | W-40              | 3                |
| 7   | 95   | 02:00:37 | Schuster   | Berit      |                                    | GER-HAM | W-HK              | 1                |
| 8   | 34   | 02:02:52 | Hellmuth   | Daniela    | BSG Der Fahrradladen Altona        | GER-SH  | W-35              | 2                |
| 9   | 63   | 02:02:57 | Vollmer    | Christina  | Ahrensburg                         | GER-SH  | W-30              | 3                |
| 10  | 90   | 02:03:01 | Born       | Regina     | TSV Gülzow                         | GER-SH  | W-55              | 1                |
| 11  | 101  | 02:04:08 | Lukas      | Antje      |                                    | GER-SH  | W-45              | 1                |
| 12  | 46   | 02:06:52 | Konrad     | Sabine     | Triabolos Hamburg e.V.             | GER-HAM | W-55              | 2                |
| 13  | 43   | 02:10:30 | Weisze     | Sarah      | Gülzow                             | GER-SH  | W-30              | 4                |
| 14  | 65   | 02:13:16 | Windel     | Karla      | Grönwohld                          | GER-SH  | W-35              | 3                |
| 15  | 93   | 02:14:15 | Lugge      | Heide      | Klein Pampau                       | GER-SH  | W-45              | 2                |
| 16  | 103  | 02:15:15 | Strathmann | Silvia     | Team bacardi 118                   | GER-SH  | W-50              | 1                |
| 17  | 14   | 02:15:57 | Markarsky  | Carolin    |                                    | GER-SH  | W-35              | 4                |
| 18  | 1    | 02:17:44 | Leveknecht | Andrea     | EFG Elektrotechnik<br>Schwarzenbek | GER-SH  | W-35              | 5                |
| 19  | 4    | 02:17:44 | Franz      | Dajana     | EFG Elektrotechnik<br>Schwarzenbek | GER-SH  | W-45              | 3                |
| 20  | 39   | 02:19:16 | Beitz      | Ursula     | Hamburg                            | GER-HAM | W-55              | 3                |
| 21  | 45   | 02:21:27 | Dickel     | Christiane | Hamburg                            | GER-HAM | W-30              | 5                |
| 22  | 7    | 02:21:48 | Peters     | Claudia    | Kankelau                           | GER-SH  | W-45              | 4                |
| 23  | 52   | 02:21:58 | Mohr       | Andrea     | Ratzeburg                          | GER-SH  | W-40              | 4                |
| 24  | 22   | 02:27:23 | Braun      | Steffi     | Kollow                             | GER-SH  | W-40              | 5                |
| 25  | 86   | 02:27:23 | Lemke      | Sabrina    | Schwarzenbek                       | GER-SH  | W-30              | 6                |

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|-----|------|----------|---------|---------|--------------|--------|-------------------|------------------|
| 26  | 10   | 03:07:13 | Ohlogge | Sabine  | Wentorf      | GER-SH | W-40              | 6                |

Einträge in der Liste: 84