



## 16. NordseeMan / 11. NordseeWoman Triathlon

12. / 13. August 2023



### Ergebnis M / W - gesamt

Mitteltriathlon  
( 1,9 / 90 / 21,1 )

#### Mitteltriathlon TM

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schw.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Endzeit	Pos
1	514	03:56:40	Bosmans	Lukas	1988	TDLeuven	BEL	00:29:28	2	02:09:20	1	02:38:49	1	01:17:50	1	03:56:40	1
2	647	04:09:39	Jakob	Simon	1991		GER-HES	00:30:37	5	02:20:31	2	02:51:09	2	01:18:29	2	04:09:39	2
3	557	04:18:39	Hoffmann	Max	1996	TriAs Hildesheim	GER-NIE	00:31:33	9	02:23:40	6	02:55:13	4	01:23:25	3	04:18:39	3
4	635	04:21:59	Zarte	Maximilian	1990		GER-NIE	00:29:40	3	02:26:10	8	02:55:51	6	01:26:07	5	04:21:59	4
5	507	04:29:15	Berndt	Martin	1993	Erdinger Active Team	GER-NIE	00:32:44	16	02:25:09	7	02:57:53	7	01:31:21	7	04:29:15	5
6	597	04:30:13	Prenzler	Jörn	1980	Hannover 96	GER-NIE	00:31:17	8	02:23:27	5	02:54:44	3	01:35:29	13	04:30:13	6
7	525	04:31:20	Deuchler	Christoph	1978	Tri Team Merzbach / ZGeoBw	GER-NRW	00:32:19	13	02:23:10	4	02:55:30	5	01:35:49	15	04:31:20	7
8	510	04:32:30	Bieber	Lukas	1993	Das Musikkorps der Bundeswehr Siegburg/SV Herschfeld	GER-BAY	00:38:21	58	02:22:02	3	03:00:24	8	01:32:06	8	04:32:30	8
9	627	04:36:37	von Damaros	Philipp	1989	SV Altencelle	GER-NIE	00:32:46	17	02:31:14	12	03:04:01	11	01:32:36	9	04:36:37	9
10	584	04:37:17	Matthes	Jan	1985	Sus Darne 1926 e.V.	GER-NIE	00:34:05	24	02:26:25	9	03:00:31	9	01:36:46	16	04:37:17	10
11	625	04:37:42	Vasterling	Frank	1970	1. Eichsfelder Sportclub	GER-THÜ	00:34:59	33	02:36:55	20	03:11:54	21	01:25:47	4	04:37:42	11
12	658	04:38:35	Elvers	Gerrit	1994	RSF Borken	GER-NRW	00:34:29	30	02:27:04	11	03:01:34	10	01:37:01	17	04:38:35	12
13	637	04:42:47	Zietz	Marc	1982	Power & pace	GER-NIE	00:31:07	6	02:37:40	23	03:08:47	13	01:34:00	10	04:42:47	13

TSR Olympia Wilhelmshaven e.V. Insterweg 33 26388 Wilhelmshaven  
Telefon: 0151-23617127 organisation@nordseeman.de <http://www.nordseeman.de>

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## Mitteltriathlon ( 1,9 / 90 / 21,1 )

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Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Endzeit	Pos
14	565	04:43:31	Jürgens	Daniel	1983	TV Einigkeit Langenberg	GER-NRW	00:42:21	89	02:26:28	10	03:08:50	14	01:34:41	12	04:43:31	14
15	543	04:44:59	Glatthor	Thorsten	1975	TSV Schwarme	GER-NIE	00:35:29	41	02:40:35	33	03:16:05	31	01:28:54	6	04:44:59	15
16	633	04:46:21	Wolansky	Markus	1977	RSC Lüneburg Triathlon	GER-NIE	00:34:00	21	02:34:59	16	03:08:59	15	01:37:21	18	04:46:21	16
17	550	04:47:03	Herbe	Stefan	1971	LogZBw Abt IHF	GER-NIE	00:35:42	44	02:35:33	17	03:11:16	19	01:35:47	14	04:47:03	17
18	517	04:47:24	Burtz	Enrico	1981	Hannover 96	GER-NIE	00:34:24	26	02:32:54	14	03:07:19	12	01:40:04	26	04:47:24	18
19	571	04:48:24	Krause	Holger	1972	TSVE 1890 Bielefeld e.V.	GER-NRW	00:35:23	38	02:34:30	15	03:09:54	17	01:38:29	19	04:48:24	19
20	621	04:50:17	van Bargaen	Holger M.	1980	SV Altencelle	GER-NIE	00:39:02	68	02:31:26	13	03:10:28	18	01:39:48	24	04:50:17	20
21	503	04:53:54	Auerswald	Georg	1988		GER-NIE	00:34:54	32	02:36:26	19	03:11:21	20	01:42:33	33	04:53:54	21
22	522	04:54:58	Dawedeit	Adrian	1987		GER-NIE	00:35:39	43	02:39:40	29	03:15:20	28	01:39:38	22	04:54:58	22
23	528	04:56:21	Dirker	Olaf	1969	ERDINGER Active TEAM	GER-NRW	00:32:18	12	02:37:22	22	03:09:41	16	01:46:40	46	04:56:21	23
24	636	04:56:27	Zenk	Matthias	1985	ZDigBw	GER-NRW	00:37:41	54	02:39:02	25	03:16:44	32	01:39:43	23	04:56:27	24
25	620	04:57:35	Vahldieck	Jens	1965	TV Schiefbahn	GER-NRW	00:34:06	25	02:40:26	32	03:14:32	27	01:43:03	34	04:57:35	25
26	524	04:57:54	Deckert	Thomas	1968	Triabolas Hamburg e.V.	GER-NIE	00:34:25	27	02:40:04	31	03:14:29	26	01:43:24	36	04:57:54	26
27	548	04:58:08	Hebart	Frank	1964	Triathlon Club Bremen	GER-NIE	00:35:26	39	02:38:58	24	03:14:25	25	01:43:43	37	04:58:08	27
28	578	04:58:31	Magiera	Joachim	1968	Tri-City Paderborn	GER-NRW	00:33:13	20	02:40:49	34	03:14:02	22	01:44:28	38	04:58:31	28
29	567	04:59:00	Kloth	Maximilian	1994		GER-NIE	00:35:29	40	02:43:33	44	03:19:02	39	01:39:57	25	04:59:00	29
30	598	04:59:50	Rauer	Max	1991	Pulheimer SC	GER-NRW	00:34:32	31	02:43:29	43	03:18:02	37	01:41:48	31	04:59:50	30
31	599	05:00:05	Renée	Hilla	1987	SSG Brake-Enger	GER-NRW	00:32:35	14	02:41:42	37	03:14:17	24	01:45:47	43	05:00:05	31
32	592	05:00:57	Plehn	Karsten	1966	WSV 21 Wolfenbüttel	GER-NIE	00:38:09	56	02:39:38	28	03:17:48	35	01:43:09	35	05:00:57	32
33	539	05:01:12	Fraussen	Noel	1965		BEL	00:33:06	19	02:46:21	52	03:19:28	42	01:41:43	30	05:01:12	33
34	564	05:01:18	Jung	Eike	1987	1. TCO Die Bären Oldenburg	GER-NIE	00:37:23	52	02:42:05	38	03:19:28	41	01:41:50	32	05:01:18	34
35	523	05:01:26	Decker	Pascal	1993	Team FlyHigh	GER-HAM	00:32:01	10	02:42:15	40	03:14:16	23	01:47:10	49	05:01:26	35
36	576	05:01:50	Lembach	Johann	1994	Ho'omau Endurance	GER-THÜ	00:39:59	73	02:37:15	21	03:17:14	34	01:44:36	39	05:01:50	36

TSR Olympia Wilhelmshaven e.V. Insterweg 33 26388 Wilhelmshaven  
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Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Endzeit	Pos
37	594	05:03:10	Pollmann	Frank	1982	Bramfelder SV	GER-SH	00:42:20	88	02:41:33	36	03:23:53	54	01:39:16	21	05:03:10	37
38	553	05:03:52	Heß	Martin	1965	Hannover 96	GER-NIE	00:35:00	34	02:42:11	39	03:17:12	33	01:46:40	47	05:03:52	38
39	591	05:05:19	Panzer	Stefan	1961	TSV Eintracht Hittfeld	GER-NIE	00:40:33	77	02:39:16	27	03:19:49	44	01:45:29	42	05:05:19	39
40	612	05:07:22	Staegemann	Martin	1993		GER-SH	00:38:38	61	02:48:21	60	03:27:00	60	01:40:22	27	05:07:22	40
41	656	05:08:28	Vogel	Frank	1970	Triathlon Club Bremen	GER-BRE	00:31:07	7	02:49:45	66	03:20:53	46	01:47:35	50	05:08:28	41
42	509	05:08:29	Bey	Kevin	1992	Triathlon Salzgitter	GER-NIE	00:39:22	69	02:40:00	30	03:19:22	40	01:49:06	54	05:08:29	42
43	660	05:08:59	Meents	Thomas	1988	MTV Hohenkirchen	GER-NIE	00:38:37	60	02:43:18	42	03:21:56	50	01:47:03	48	05:08:59	43
44	607	05:12:04	Schulz	Tim	1993	Team Marineflieger	GER-NIE	00:34:05	23	02:48:56	62	03:23:01	52	01:49:02	53	05:12:04	44
45	546	05:12:15	Grüter	Andreas	1979	Power & Pace by TriMag	GER-NIE	00:32:41	15	02:49:34	65	03:22:16	51	01:49:58	57	05:12:15	45
46	615	05:12:26	Theiss	Mario	1967	FC St. Pauli Triathlon	GER-NIE	00:36:33	47	02:39:14	26	03:15:48	29	01:56:38	67	05:12:26	46
47	632	05:12:42	Wöhrmann	Henning	1999		GER-NIE	00:38:50	65	02:41:31	35	03:20:22	45	01:52:20	61	05:12:42	47
48	570	05:13:06	Kräher	Thorsten	1981	1./ITBtl 383 ITZg MilEvakOp WESEL	GER-NRW	00:39:48	71	02:36:13	18	03:16:01	30	01:57:04	69	05:13:06	48
49	506	05:13:40	Belting	Patrick	1982	LwTrKdo Luft II a JetMR	GER-NRW	00:32:13	11	02:46:35	54	03:18:49	38	01:54:51	65	05:13:40	49
50	513	05:13:44	Borchers	Andreas	1974		GER-NIE	00:39:54	72	02:47:12	56	03:27:07	62	01:46:36	45	05:13:44	50
51	610	05:14:23	Simon	Frank	1961	SV Greven	GER-NRW	00:35:22	37	02:49:02	63	03:24:25	55	01:49:57	56	05:14:23	51
52	626	05:15:43	Völker	Thomas	1966	Blexer TB	GER-NIE	00:34:28	29	02:46:36	55	03:21:05	48	01:54:38	64	05:15:43	52
53	586	05:15:53	Meyer	Frank	1971	FC St. Pauli Triathlon	GER-NRW	00:37:29	53	02:50:05	67	03:27:34	64	01:48:18	52	05:15:53	53
54	555	05:16:46	Hinners	Hauke	1989		GER-NRW	00:41:38	83	02:48:32	61	03:30:11	68	01:46:35	44	05:16:46	54
55	581	05:19:49	Manke	Adrian	1986	Power & pace	GER-NRW	00:43:04	92	02:51:55	69	03:34:59	73	01:44:49	40	05:19:49	55
56	661	05:20:19	Luenemann	Jan	1982	Erdinger Active Team	GER-HAM	00:43:30	94	02:55:11	75	03:38:42	77	01:41:37	29	05:20:19	56
57	501	05:20:48	Ahlers	Hendrik	1990	Power & pace	GER-NIE	00:32:56	18	02:44:56	49	03:17:52	36	02:02:55	80	05:20:48	57
58	547	05:21:32	Haase	Manuel	1986	TSV Otterndorf	GER-NIE	00:43:05	93	02:45:00	50	03:28:06	66	01:53:26	62	05:21:32	58

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Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Endzeit	Pos
59	630	05:22:13	Willms	Wilko	1973	LT Schaffhauserwald e.V.	GER-NIE	00:45:50	100	02:48:07	59	03:33:57	72	01:48:15	51	05:22:13	59
60	545	05:22:23	Grande	Jan	1973	Technische Schule der Lufwaffe	GER-BAY	00:41:26	82	02:44:01	45	03:25:28	56	01:56:54	68	05:22:23	60
61	562	05:22:45	Huch	Matthias	1974	RSC Lüneburg Triathlon	GER-NIE	00:39:01	67	02:58:43	81	03:37:44	75	01:45:00	41	05:22:45	61
62	554	05:23:21	Hill	Mario	1962		GER-HAM	00:37:13	51	02:46:07	51	03:23:20	53	02:00:00	73	05:23:21	62
63	609	05:24:33	Schuster	Tobias	1977	LwUstgGrp WAHN	GER-NRW	00:37:10	50	02:53:39	73	03:30:50	69	01:53:42	63	05:24:33	63
64	579	05:25:21	Maier	Ilko	1985	ASC Göttingen	GER-NIE	00:29:52	4	02:51:00	68	03:20:53	47	02:04:28	86	05:25:21	64
65	512	05:25:28	Blok	John	1964	AV Clytoneus	NED	00:40:43	79	02:46:23	53	03:27:07	61	01:58:21	70	05:25:28	65
66	561	05:28:22	Hübner	Thomas	1994		GER-NRW	00:39:39	70	02:53:21	72	03:33:00	71	01:55:21	66	05:28:22	66
67	613	05:29:03	Steiner	Gerd	1984	Concordia Strullendorf	GER-BAY	00:42:34	90	02:43:18	41	03:25:52	58	02:03:10	81	05:29:03	67
68	521	05:29:14	Dankers	Sven	1983		GER-HAM	00:36:14	46	02:49:26	64	03:25:40	57	02:03:33	83	05:29:14	68
69	538	05:30:02	Fraussen	Jean-Pierre	1963	Tri Club Stein	NED	00:35:07	36	02:44:41	47	03:19:48	43	02:10:13	93	05:30:02	69
70	541	05:30:16	Gennet	Uwe	1968	Tri-Sport-Team TV Verl	GER-NRW	00:35:02	35	02:53:02	71	03:28:04	65	02:02:11	75	05:30:16	70
71	583	05:30:53	Marynek	Kai	1970	Barsbüttler SV	GER-SH	00:38:15	57	03:01:05	85	03:39:20	81	01:51:33	59	05:30:53	71
72	616	05:31:17	Tietz	Maximilian	1994	TSV Anderten	GER-NIE	00:42:18	86	02:44:05	46	03:26:23	59	02:04:54	87	05:31:17	72
73	577	05:31:44	Lustig	Andreas	1991	MFG 3 Graf Zeppelin	GER-NIE	00:34:27	28	02:47:15	57	03:21:43	49	02:10:01	92	05:31:44	73
74	614	05:33:19	Studinskyi	Vladyslav	1979		GER-HAM	00:49:21	106	03:09:44	95	03:59:06	101	01:34:13	11	05:33:19	74
75	629	05:35:01	Wätjen	Oliver	1989	Triathlößen Bremen	GER-BRE	00:48:41	105	02:56:37	78	03:45:18	91	01:49:42	55	05:35:01	75
76	602	05:35:11	Schmidt	Dominik	1976	MTV Hohenkirchen	GER-NIE	00:47:25	104	02:44:53	48	03:32:18	70	02:02:53	79	05:35:11	76
77	582	05:37:45	Martens	Michael	1982		GER-NIE	00:34:03	22	02:55:31	76	03:29:35	67	02:08:10	91	05:37:45	77
78	534	05:39:20	Engels	Gerrit	1985	ASG Teutoburger Wald	GER-NRW	00:44:54	99	03:02:19	87	03:47:14	93	01:52:06	60	05:39:20	78
79	504	05:39:22	Beckmann	Martin	1983		GER-NIE	00:36:54	48	03:02:59	90	03:39:54	82	01:59:28	72	05:39:22	79
80	540	05:41:17	Fürst	Reinhard	1970	SG Stern Stuttgart	AUT	00:41:43	84	02:56:04	77	03:37:47	76	02:03:29	82	05:41:17	80

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81	573	05:41:30	Kühn	Oliver	1968	Zentr EK FlgWaSys I Team Erdinger Alkoholfrei	GER-BAY	00:40:06	74	02:58:43	80	03:38:50	78	02:02:39	77	05:41:30	81
82	593	05:41:47	Pliske	Gerald	1980	Trimago	GER-SAN	00:35:31	42	02:59:31	82	03:35:02	74	02:06:44	89	05:41:47	82
83	529	05:43:56	Dönitz	Karsten	1964		GER-SAN	00:42:19	87	02:57:54	79	03:40:13	84	02:03:42	84	05:43:56	83
84	587	05:44:59	Mix	Manuel	1974	Team Erdinger Alkoholfrei	GER-NIE	00:46:24	101	02:54:13	74	03:40:37	85	02:04:21	85	05:44:59	84
85	519	05:46:05	Colombi Ciacchi	Lucio	1973		GER-BRE	00:41:00	81	03:02:46	88	03:43:47	89	02:02:18	76	05:46:05	85
86	618	05:46:20	Tschendel	Michael	1980	BwDLZ Berlin	GER-BRA	00:54:31	111	03:13:19	101	04:07:50	104	01:38:30	20	05:46:20	86
87	596	05:50:12	Pondorf	Paul	2000		GER-BAW	00:51:15	109	03:08:56	94	04:00:11	102	01:50:01	58	05:50:12	87
88	623	05:50:16	Vangeel	Bart	1964	Nederlandse Triathlon Bond	BEL	00:40:15	76	03:01:58	86	03:42:14	86	02:08:01	90	05:50:16	88
89	572	05:51:16	Krause	Stephan	1989		GER-HAM	00:38:56	66	03:01:00	84	03:39:57	83	02:11:19	95	05:51:16	89
90	558	05:53:20	Holz	Thomas	1981	Barsbüttler SV	GER-SH	00:42:17	85	03:10:04	96	03:52:21	95	02:00:58	74	05:53:20	90
91	536	05:54:03	Finster	Jo	1988		GER-NIE	00:51:09	108	03:21:47	106	04:12:56	108	01:41:06	28	05:54:03	91
92	595	05:54:15	Pommer	Tobias	1987		GER-HAM	00:38:48	64	03:04:37	91	03:43:26	87	02:10:48	94	05:54:15	92
93	532	05:55:25	Dresbach	Kilian	1993	ERDINGER Active TEAM	GER-BRE	00:43:49	95	03:00:02	83	03:43:51	90	02:11:33	97	05:55:25	93
94	628	05:56:13	Vonderach	Mirko	1965		GER-NIE	00:44:19	97	03:13:10	100	03:57:29	99	01:58:43	71	05:56:13	94
95	588	05:58:15	Mohn	Carsten	1968		GER-NRW	00:36:03	45	03:02:51	89	03:38:55	79	02:19:20	99	05:58:15	95
96	527	06:06:49	Diebel	Marcus	1979	Sektion Treibholz/ Tri Stammisch Roth/Iller	GER-BAY	00:40:08	75	02:47:19	58	03:27:28	63	02:39:21	107	06:06:49	96
97	575	06:09:12	Lausmann	Martin	1970	Tricologne	GER-NRW	00:38:41	62	03:12:28	99	03:51:10	94	02:18:02	98	06:09:12	97
98	563	06:12:14	Jaap	Marco	1975	Bramfelder SV Triathlon	GER-HAM	00:37:10	49	03:08:29	93	03:45:39	92	02:26:35	103	06:12:14	98
99	535	06:16:44	Epkenhans	Martin	1956	TRI Finish Münster	GER-NRW	00:40:35	78	03:14:28	103	03:55:04	96	02:21:40	101	06:16:44	99
100	590	06:19:26	Opitz	Alexander	1984		GER-NIE	00:46:30	102	03:10:25	97	03:56:55	98	02:22:31	102	06:19:26	100
101	574	06:19:34	Lahmer	Bernd	1957		GER-SAC	00:44:42	98	03:13:32	102	03:58:15	100	02:21:19	100	06:19:34	101
102	569	06:22:23	Kober	Johannes	2002		GER-SH	00:49:44	107	03:26:04	110	04:15:49	109	02:06:33	88	06:22:23	102

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Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schw.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Endzeit	Pos
103	511	06:29:35	Biele	Hendrik	1998	TideRunners Hamburg	GER-HAM	00:57:25	113	03:29:17	111	04:26:43	111	02:02:52	78	06:29:35	103
104	515	06:37:23	Brader	Sascha	1969	MTV Hohenkirchen	GER-NIE	00:38:45	63	03:17:51	104	03:56:36	97	02:40:47	109	06:37:23	104
105	585	06:40:14	Mayer	Klaus-Peter	1960	Tri-Sport-Team TV Verl	GER-NRW	00:52:08	110	03:18:37	105	04:10:45	106	02:29:28	104	06:40:14	105
106	537	06:41:13	Fischer	Gerhard	1976	Fortuna Logabirum/ KdoSES	GER-NIE	00:54:32	112	03:35:18	112	04:29:51	113	02:11:22	96	06:41:13	106
107	530	06:41:34	Dörner	Michael	1962	MC Pirate e.V.	GER-NIE	00:40:58	80	03:22:25	107	04:03:23	103	02:38:10	106	06:41:34	107
108	544	06:46:33	Goihl	Stefan	1969	SG-Rodenberg	GER-NIE	01:00:21	114	03:11:55	98	04:12:16	107	02:34:16	105	06:46:33	108
109	560	06:48:16	Höner	Franz	1974	MTV Hohenkirchen	GER-NRW	00:43:02	91	03:24:58	108	04:08:00	105	02:40:15	108	06:48:16	109
110	604	07:17:29	Schmoller	Jörg-Wolfgang	1955	TV Goldbach	GER-BAY	01:02:49	115	03:25:01	109	04:27:51	112	02:49:38	110	07:17:29	110
111	552	07:20:24	Herrmann	Michael	1961	BSG Deutsche Bank HH	GER-SH	00:44:07	96	03:41:45	113	04:25:53	110	02:54:31	111	07:20:24	111

### Mitteltriathlon TW

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schw.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Endzeit	Pos
1	648	04:39:26	Lubben	Janien	1985	Team Sirius Europe	NED	00:31:53	1	02:35:05	1	03:06:59	1	01:32:26	1	04:39:26	1
2	657	04:55:17	Thielen	Birke	1977	GRL Triathlon Koblenz / SiSu-Training	GER-RLP	00:33:46	5	02:35:51	2	03:09:38	2	01:45:39	4	04:55:17	2
3	655	05:03:57	Wölfl	Dorothea	1990	IfL Hof/ ZGeoBw	GER-BAY	00:44:17	15	02:46:49	7	03:31:07	9	01:32:50	2	05:03:57	3
4	651	05:06:34	Sandbote	Ines	1974	ERDINGER Active TEAM	GER-NRW	00:33:12	3	02:44:21	6	03:17:34	5	01:48:59	5	05:06:34	4
5	641	05:08:33	Genieser	Henrike	1992		GER-SAC	00:37:27	7	02:52:38	8	03:30:06	8	01:38:27	3	05:08:33	5
6	650	05:10:22	Poort	Mirte	1992	GVAN Rapiditas Groningen	NED	00:39:12	9	02:40:46	4	03:19:59	6	01:50:23	6	05:10:22	6
7	653	05:11:25	Voorhout	M.L.	1989	Panthera Triathlon Team	NED	00:33:20	4	02:42:58	5	03:16:18	3	01:55:07	7	05:11:25	7
8	643	05:31:46	Hofmann	Heike	1975	LG Steinlach-Zollern	GER-BAW	00:36:38	6	02:55:38	10	03:32:16	10	01:59:30	8	05:31:46	8
9	642	05:32:21	Hahn	Tanja	1967	Buxtehuder SV	GER-NIE	00:32:46	2	02:53:54	9	03:26:40	7	02:05:40	11	05:32:21	9

TSR Olympia Wilhelmshaven e.V. Insterweg 33 26388 Wilhelmshaven  
Telefon: 0151-23617127 organisation@nordseeman.de <http://www.nordseeman.de>

# Ergebnis M / W - gesamt

## Mitteltriathlon ( 1,9 / 90 / 21,1 )

### Mitteltriathlon TW

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Endzeit	Pos
10	646	05:40:53	Klasen	Kerstin	1968	TSV Schwarme	GER-NIE	00:43:24	12	02:55:52	11	03:39:17	11	02:01:35	9	05:40:53	10
11	640	05:52:04	Flämig	Ulrike	1973	Buxtehuder SV	GER-NIE	00:43:56	14	03:03:27	13	03:47:23	14	02:04:41	10	05:52:04	11
12	644	05:53:16	Kautz	Alexandra	1976	Bramfelder SV	GER-SH	00:39:27	10	03:04:48	14	03:44:16	13	02:09:00	12	05:53:16	12
13	649	05:58:38	Plasger	Anja	1972	Harpstedter TB Triathlon	GER-NIE	00:43:32	13	03:00:23	12	03:43:55	12	02:14:43	13	05:58:38	13
14	639	06:29:59	Erler	Dr. Ines	1973	Ostriesen Fortuna Logabirum	GER-NIE	00:42:59	11	03:18:33	15	04:01:32	15	02:28:27	14	06:29:59	14
15	659	06:51:44	Wenning	Edna	1973	SV Greven 2021 e.V. Triathlon	GER-NRW	00:37:41	8	02:39:02	3	03:16:44	4	03:35:00	15	06:51:44	15

Einträge in der Liste: 126