



26. Itzehoer Störlauf

09. Mai 2026



Ergebnis M / W - Altersklassen

5 Km Lauf (5 Km)

5 Km Lauf M - 30

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|------------|----------------|------|-----------------------------------------------|---------|-----|------------|
| 1 | 3717 | 00:18:46 | Bruns | Flemming | 1992 | Kenias letzte Reserve | GER-SH | | 8 |
| 2 | 4005 | 00:18:57 | Krüger | Marcel | 1995 | Sport-Club Itzehoe | GER-SH | | 11 |
| 3 | 1535 | 00:20:20 | Meier | Matthias | 1992 | Kita Mose | | | 23 |
| 4 | 1532 | 00:20:43 | Domrös | Thure | 1994 | Kita Mose | | | 29 |
| 5 | 3467 | 00:20:49 | Reimers | Henning | 1995 | SV Vaalia Vaale | GER-SH | | 33 |
| 6 | 2470 | 00:21:47 | Flocken | Björn | 1995 | Wolfgang-Borchert-Schule Itzehoe Klasse 6c | GER-SH | | 58 |
| 7 | 3670 | 00:22:32 | Westphal | Warin | 1996 | Feuerwehr Hamburg | GER-SH | | 80 |
| 8 | 3575 | 00:22:58 | Husfeldt | Marcel | 1995 | | GER-SH | | 101 |
| 9 | 3397 | 00:23:01 | Buls | Malte | 1994 | MSV Münsterdorf | GER-SH | | 105 |
| 10 | 3441 | 00:23:04 | Holzknecht | Niklas | 1996 | Sparkasse Westholstein | GER-SH | | 107 |
| 11 | 3269 | 00:23:12 | Schröder | Markus | 1994 | Boßelverein Wilster | GER-SH | | 112 |
| 12 | 3962 | 00:23:46 | Weber | Eduard | 1993 | Pano Verschluss GmbH | GER-SH | | 133 |
| 13 | 3377 | 00:23:48 | Scheil | Philipp | 1994 | Kreativ Hoch10 | GER-SH | | 134 |
| 14 | 1242 | 00:24:22 | Goldmann | Nico | 1996 | G. Pohl-Boskamp GmbH & Co. KG | GER-SH | | 164 |
| 15 | 2193 | 00:24:22 | Matzen | Pascal | 1996 | Gemeinschaftsschule Wilster Lehrer | GER-SH | | 166 |
| 16 | 1720 | 00:24:30 | Peters | Marc | 1992 | Vishay Siliconix Itzehoe | GER-SH | | 172 |
| 17 | 1631 | 00:24:45 | Körber | Philipp | 1996 | Sparkasse Westholstein | GER-SH | | 188 |
| 18 | 3479 | 00:24:54 | Klitsch | Farbian | 1994 | TopFit Sportstudio | GER-SH | | 200 |
| 19 | 2148 | 00:26:03 | Rühmann | Tim | 1993 | FF Rosdorf | GER-SH | | 253 |
| 20 | 3416 | 00:26:44 | Beleveslis | Christos | 1995 | Peters Werft GmbH | GER-SH | | 291 |
| 21 | 3514 | 00:27:14 | Mees | Jan | 1992 | Vishay Siliconix Itzehoe | GER-SH | | 317 |
| 22 | 1898 | 00:27:19 | Jahn | Eike Hendrik | 1995 | | GER-SH | | 330 |
| 23 | 3492 | 00:27:22 | Wittmaack | Marco | 1993 | TopFit Sportstudio | GER-SH | | 334 |
| 24 | 3667 | 00:27:43 | Schwarz | Niclas | 1996 | Fa. Hans Otte | GER-SH | | 359 |
| 25 | 3664 | 00:27:46 | Otte | Sven | 1994 | Fa. Hans Otte | GER-SH | | 367 |
| 26 | 1087 | 00:27:50 | Schulz | Tom | 1992 | | GER-SH | | 371 |
| 27 | 3533 | 00:27:54 | Farkas | David | 1995 | X-FAB MEMS Foundry Itzehoe GmbH | GER-SH | | 376 |
| 28 | 2101 | 00:28:07 | Parucha | Mike Sebastian | 1992 | CDU-Ortsverband Itzehoe | GER-SH | | 384 |
| 29 | 3072 | 00:28:28 | Chassagnol | Raphael | 1996 | | GER-SH | | 407 |
| 30 | 3324 | 00:28:28 | Mühler | Tobias | 1994 | Itzehoer Kanu-Club | GER- | | 409 |
| 31 | 3480 | 00:28:49 | Kohrs | Paul | 1992 | TopFit Sportstudio | GER-SH | | 433 |
| 32 | 3572 | 00:29:00 | Hoppe | Philip | 1996 | | GER-NIE | | 451 |
| 33 | 2157 | 00:29:01 | Knabe | Philipp | 1992 | Flowserve SIHI Germany GmbH | GER-SH | | 453 |
| 34 | 3552 | 00:29:02 | Averhoff | Finn | 1994 | | GER-SH | | 454 |
| 35 | 3234 | 00:29:03 | Totzek | Kay | 1994 | | GER-SH | | 457 |
| 36 | 3254 | 00:29:22 | Wudtke | Marcel | 1994 | | GER-SH | | 474 |
| 37 | 3501 | 00:30:13 | Harder | Jan Ole | 1996 | TSV LOLA | GER-SH | | 531 |
| 38 | 2125 | 00:30:14 | Kruse | Peter | 1992 | Feuerwehr Kellinghusen | GER-SH | | 537 |

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| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|--------------|----------|------|--------------------------------------|--------|-----|------------|
| 39 | 1649 | 00:30:17 | Schweda | Niklas | 1993 | Stadtwerke Itzehoe GmbH | GER-SH | | 541 |
| 40 | 3541 | 00:30:21 | Zaidi | Syed | 1993 | | GER-SH | | 550 |
| 41 | 3952 | 00:31:34 | Heincke | Hannes | 1995 | Pano Verschluss GmbH | GER-SH | | 637 |
| 42 | 1593 | 00:31:41 | Ahmels | Marcel | 1993 | NGD Glückwerk | GER-SH | | 644 |
| 43 | 2336 | 00:32:22 | Rehder | Hauke | 1994 | novitas bkk | GER-SH | | 685 |
| 44 | 3629 | 00:32:40 | Peper | Daniel | 1995 | Amt Itzehoe-Land | GER-SH | | 699 |
| 45 | 3651 | 00:33:40 | Geberlin | Johannes | 1995 | Fa. Hans Otte | GER-SH | | 735 |
| 46 | 3653 | 00:33:43 | Horst | Julian | 1995 | Fa. Hans Otte | GER-SH | | 739 |
| 47 | 3892 | 00:33:59 | Cordoba | Nicolos | 1996 | Klinikum Itzehoe | GER-SH | | 753 |
| 48 | 2107 | 00:34:06 | Götttsche | Nils | 1996 | Die Haie I HSG Horst/Kiebitzreihe | GER-SH | | 762 |
| 49 | 4065 | 00:34:13 | Köbernack | Eric | 1993 | ISR Recycling GmbH & Co.KG | GER-SH | | 766 |
| 50 | 1500 | 00:35:07 | Kunz | Marco | 1993 | GS Krempferheide Klasse 3b | GER-SH | | 810 |
| 51 | 1517 | 00:35:30 | Berisha | Durim | 1992 | Itzehoer Versicherungen | GER-SH | | 833 |
| 52 | 2136 | 00:36:29 | Niebergall | Hendrik | 1993 | Feuerwehr Wacken | GER-SH | | 862 |
| 53 | 3677 | 00:36:29 | Masur | Torben | 1994 | Flowserve SIHI Germany GmbH | GER-SH | | 863 |
| 54 | 3539 | 00:36:34 | Vivekanandan | Vignesh | 1994 | X-FAB MEMS Foundry Itzehoe GmbH | GER-SH | | 865 |
| 55 | 3627 | 00:36:51 | Kortas | Benjamin | 1996 | Amt Itzehoe-Land | GER-SH | | 875 |
| 56 | 1563 | 00:38:15 | Hartmann | Felix | 1996 | Lilienronschule Lägerdorf | GER-SH | | 907 |
| 57 | 1250 | 00:39:41 | Leukel | Dominik | 1993 | G. Pohl-Boskamp GmbH & Co. KG | GER-SH | | 931 |

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| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|-------------|----------|------|-----------------------------------------------|---------|-----|------------|
| 1 | 3187 | 00:20:35 | Reddemann | Robert | 1987 | | GER-SH | | 27 |
| 2 | 3668 | 00:21:28 | Schwarz | Sean | 1991 | Fa. Hans Otte | GER-SH | | 49 |
| 3 | 3685 | 00:21:54 | Ferch | Bastian | 1987 | Green Fit Outdoor Fitness | GER-SH | | 62 |
| 4 | 2457 | 00:22:31 | Lembke | Marcel | 1987 | Wolfgang-Borchert-Schule Itzehoe Klasse 5a | GER-SH | | 79 |
| 5 | 1158 | 00:22:35 | Jeß | Tobias | 1989 | Flowserve SIHI Germany GmbH | GER-SH | | 81 |
| 6 | 1981 | 00:23:10 | Mikuszies | Paul | 1988 | Amt Kellinghusen | GER-SH | | 110 |
| 7 | 2358 | 00:23:13 | Krawutschke | Patrick | 1987 | SG Breitenburg | GER-SH | | 113 |
| 8 | 3199 | 00:23:23 | Schmidt | Fiete | 1989 | | GER-MVP | | 119 |
| 9 | 3642 | 00:23:33 | Rühlmann | Patrick | 1991 | Butzkies Stahlbau GmbH | GER-SH | | 124 |
| 10 | 3500 | 00:23:39 | Hellmann | Jan | 1991 | TSV Lägerdorf | GER-SH | | 129 |
| 11 | 1249 | 00:24:36 | Leukel | Carlos | 1991 | G. Pohl-Boskamp GmbH & Co. KG | GER-SH | | 177 |
| 12 | 1259 | 00:24:44 | Ukpabia | Philip | 1988 | G. Pohl-Boskamp GmbH & Co. KG | GER-SH | | 186 |
| 13 | 3661 | 00:24:49 | Matthée | Mats | 1991 | Fa. Hans Otte | GER-SH | | 193 |
| 14 | 3554 | 00:25:29 | Averhoff | Raik | 1990 | | GER-SH | | 223 |
| 15 | 3550 | 00:25:40 | Jung | Lukas | 1988 | Mitlauf-Crises | GER-SH | | 232 |
| 16 | 4048 | 00:25:40 | Hirschfeld | Pavel | 1988 | Wohlert, Aldag & Partner mbB | GER-SH | | 233 |
| 17 | 1721 | 00:25:51 | Schacht | Matthias | 1988 | Vishay Siliconix Itzehoe | GER-SH | | 245 |
| 18 | 2437 | 00:26:14 | Grimm | Poul | 1989 | Störtal-Campus Grundschule Oelixdorf | GER-SH | | 259 |
| 19 | 3465 | 00:26:30 | Roge | Thomas | 1987 | SV Meldorf Seals | GER-SH | | 275 |
| 20 | 3698 | 00:27:18 | Friedrichs | Kai | 1987 | ISR Recycling GmbH & Co.KG | GER-SH | | 327 |

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| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|---------------|-------------------|------|--------------------------------------------|---------|-----|------------|
| 21 | 1144 | 00:27:31 | Sincke | Kim | 1991 | Fehrs-Schule Klasse 3 | GER-SH | | 347 |
| 22 | 3697 | 00:27:35 | Embacher | Markus | 1990 | ISR Recycling GmbH & Co.KG | GER-SH | | 351 |
| 23 | 2332 | 00:28:38 | Minaev | Dennis | 1989 | novitas bkk | GER-SH | | 421 |
| 24 | 3701 | 00:29:06 | Hopp | Kevin | 1989 | ISR Recycling GmbH & Co.KG | GER-SH | | 460 |
| 25 | 1287 | 00:29:15 | Hintz | Robert Veit | 1990 | Grundschule an der Schäferkoppel Klasse 2d | GER-SH | | 467 |
| 26 | 1715 | 00:29:17 | Röschmann | Christian | 1990 | Via Nova gGmbH | GER-SH | | 470 |
| 27 | 1254 | 00:29:22 | Shi | Chao | 1990 | G. Pohl-Boskamp GmbH & Co. KG | GER-SH | | 475 |
| 28 | 3343 | 00:29:37 | Ryzhkov | Denys | 1991 | Itzehoe Versicherungen | GER-SH | | 494 |
| 29 | 3624 | 00:29:40 | Dunker | Stefan | 1988 | Amt Itzehoe-Land | GER-SH | | 497 |
| 30 | 2458 | 00:29:42 | Maderthoner | Jan | 1988 | Wolfgang-Borchert-Schule Itzehoe Klasse 5a | GER-SH | | 502 |
| 31 | 3529 | 00:29:54 | Tetzlaff | Patrick | 1989 | Von Herzen für Gärten | GER-SH | | 511 |
| 32 | 3520 | 00:29:56 | Hollm | Tobias | 1989 | Von Herzen für Gärten | GER-SH | | 514 |
| 33 | 3075 | 00:30:12 | David | Michael | 1988 | | GER-SH | | 528 |
| 34 | 3542 | 00:30:12 | Hambrock | Hendrik | 1988 | Klarsicht GmbH | GER-SH | | 529 |
| 35 | 1253 | 00:30:17 | Schultz | Maik | 1987 | G. Pohl-Boskamp GmbH & Co. KG | GER-SH | | 543 |
| 36 | 1600 | 00:30:23 | Anders | Claas-Steffen | 1990 | novitas bkk | GER-SH | | 553 |
| 37 | 2492 | 00:30:27 | Queck | Sören | 1991 | CrossFit Smile Itzehoe | GER-SH | | 559 |
| 38 | 1457 | 00:30:34 | Hellmann | Tim | 1989 | GS Edendorf Klasse 1 | GER-SH | | 571 |
| 39 | 1616 | 00:30:41 | Hansen | Patrick | 1988 | novitas bkk | GER-SH | | 578 |
| 40 | 1529 | 00:31:20 | Westphalen | Daniel | 1989 | Itzehoe Versicherungen | GER-SH | | 616 |
| 41 | 3904 | 00:31:27 | Danger | Andreas | 1988 | Kreis Steinburg | GER-SH | | 626 |
| 42 | 3515 | 00:31:53 | Ridoy | Ahmed | 1988 | Vishay Siliconix Itzehoe | GER-SH | | 662 |
| 43 | 3183 | 00:32:08 | Pulver | Jan-Patrick | 1990 | | GER-HAM | | 673 |
| 44 | 3918 | 00:32:16 | Venohr | Patrick | 1989 | Kreis Steinburg | GER-SH | | 680 |
| 45 | 3052 | 00:32:21 | Alshamieh | Karam | 1987 | | GER-SH | | 684 |
| 46 | 3267 | 00:34:05 | Zierow | Jan | 1991 | AVS Itzehoe | GER-SH | | 761 |
| 47 | 2102 | 00:34:08 | Schulz | Patrick | 1990 | CDU-Ortsverband Itzehoe | GER-SH | | 763 |
| 48 | 2203 | 00:34:12 | Avakian | Wasgen | 1989 | Grundschule Sude-West Klasse 2b | GER-SH | | 765 |
| 49 | 3290 | 00:34:18 | Szepanzik | Martin | 1987 | Drei-Möwen-Power | GER-SH | | 768 |
| 50 | 1482 | 00:34:33 | Tetens | Tim | 1988 | GS Kremperheide Klasse 1b | GER-SH | | 776 |
| 51 | 1317 | 00:34:34 | Schnause | Hans | 1988 | Grundschule an der Schäferkoppel Klasse 4b | GER-SH | | 778 |
| 52 | 1162 | 00:35:58 | Maaß-von Thun | Piere | 1990 | Freie Waldorfschule Itzehoe Klasse 2 | GER-SH | | 847 |
| 53 | 1608 | 00:36:13 | Dobbertin | Rene | 1987 | novitas bkk | GER-SH | | 853 |
| 54 | 3564 | 00:36:21 | Ferener-Vari | Alexandru Antonio | 1987 | | GER-SH | | 857 |
| 55 | 3362 | 00:36:37 | Hollesen | Bennet | 1989 | Klinikum Itzehoe | GER-SH | | 869 |
| 56 | 3422 | 00:36:48 | Schack | Malte | 1987 | Peters Werft GmbH | GER-SH | | 874 |
| 57 | 1987 | 00:37:19 | Saric | Eldar | 1988 | Amt Kellinghusen | GER-SH | | 880 |
| 58 | 1111 | 00:37:27 | Griesbach | Sascha | 1987 | Amt Wilstermarsch | GER-SH | | 886 |
| 59 | 1423 | 00:37:51 | Möller | Melvin | 1989 | Grundschule Wellenkamp Klasse 3a | GER-SH | | 898 |
| 60 | 3126 | 00:38:08 | Klose | Hans | 1988 | | GER-BER | | 902 |
| 61 | 1467 | 00:38:34 | Nötzold | Tobias | 1987 | GS Edendorf Klasse 2 | GER-SH | | 912 |
| 62 | 1503 | 00:39:06 | Witten | Benjamin | 1988 | GS Kremperheide Klasse 3b | GER-SH | | 922 |
| 63 | 3984 | 00:39:22 | Sicars | Sascha | 1990 | Schröder Bauzentrum Itzehoe | GER-SH | | 925 |
| 64 | 2319 | 00:40:56 | Al Zoubi | Abdulrahman | 1987 | novitas bkk | GER-SH | | 951 |

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| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos Gesamtfeld |
|-----|------|----------|-------------|-----------|------|--------------------------------------------|---------|----------------|
| 1 | 3150 | 00:19:57 | Meyenburg | Ingo | 1983 | | GER-HAM | 19 |
| 2 | 3433 | 00:21:51 | Deibele | Andre | 1986 | SCI | GER-SH | 59 |
| 3 | 2447 | 00:21:54 | Tesch | Torsten | 1983 | VFL Kellinghusen | GER-SH | 63 |
| 4 | 1739 | 00:22:15 | Andrich | Malte | 1984 | Flowserve SIHI Germany GmbH | GER-SH | 74 |
| 5 | 2334 | 00:22:49 | Ordowski | Patrick | 1982 | novitas bkk | GER-SH | 91 |
| 6 | 1710 | 00:22:58 | Mohr | Torben | 1985 | Via Nova gGmbH | GER-SH | 102 |
| 7 | 2265 | 00:23:23 | Gruner | Philipp | 1984 | Kardiologische Praxis Itzehoe | GER-SH | 118 |
| 8 | 2137 | 00:24:05 | Pusch | Thorben | 1983 | Feuerwehr Wacken | GER-SH | 146 |
| 9 | 3596 | 00:24:13 | Pingel | Jan | 1983 | | GER-SH | 154 |
| 10 | 1621 | 00:24:34 | Schade | Christian | 1986 | novitas bkk | GER-SH | 174 |
| 11 | 3106 | 00:24:45 | Heckert | Tobi | 1986 | | GER-SH | 190 |
| 12 | 1696 | 00:24:49 | Ellerbrock | Paul | 1983 | VFL Kellinghusen | GER-SH | 191 |
| 13 | 1636 | 00:24:49 | Frahm | Benjamin | 1986 | Sportprofil AVS | GER-SH | 192 |
| 14 | 1595 | 00:24:51 | Engels | Michael | 1984 | NGD Glückwerk | GER-SH | 195 |
| 15 | 2207 | 00:25:03 | Gross | Paul | 1985 | Grundschule Sude-West Klasse 2c | GER-SH | 205 |
| 16 | 2163 | 00:25:11 | Thode | Sebastian | 1983 | Flowserve SIHI Germany GmbH | GER-SH | 210 |
| 17 | 3067 | 00:25:21 | Bruhn | Nils | 1985 | | GER-SH | 216 |
| 18 | 2356 | 00:25:45 | Jennert | Simon | 1984 | SG Breitenburg | GER-SH | 238 |
| 19 | 3660 | 00:25:50 | Laurich | Tim | 1982 | Fa. Hans Otte | GER-SH | 244 |
| 20 | 1533 | 00:26:30 | Janson | Sören | 1986 | Kita Mose | | 274 |
| 21 | 1113 | 00:26:41 | Mampel | Matthias | 1985 | Amt Wilstermarsch | GER-SH | 287 |
| 22 | 1320 | 00:26:46 | Süla | Claas | 1985 | Grundschule an der Schäferkoppel Klasse 4b | GER-SH | 295 |
| 23 | 1915 | 00:26:58 | Möller | Bastian | 1985 | | GER-SH | 303 |
| 24 | 3996 | 00:27:22 | Rönnau | Torben | 1986 | SPD Itzehoe | GER-SH | 336 |
| 25 | 1494 | 00:27:43 | Tibow | Pascal | 1986 | GS Kremperheide Klasse 3a | GER-SH | 358 |
| 26 | 1161 | 00:28:12 | Voß | Jan-Frek | 1983 | Flowserve SIHI Germany GmbH | GER-SH | 393 |
| 27 | 1534 | 00:28:23 | Kingston | Ben | 1982 | Kita Mose | | 403 |
| 28 | 2278 | 00:28:33 | Wacker | René | 1984 | Klinikum Itzehoe | GER-SH | 418 |
| 29 | 3640 | 00:28:55 | Kretschmann | Simon | 1986 | Butzkies Stahlbau GmbH | GER-SH | 441 |
| 30 | 1655 | 00:28:56 | Bojarzin | Markus | 1982 | Störtalcampus | GER-SH | 445 |
| 31 | 3101 | 00:29:16 | Hansen | Dennis | 1985 | | GER- | 469 |
| 32 | 1652 | 00:29:20 | Witt | Henning | 1984 | Stadtwerke Itzehoe GmbH | GER-SH | 471 |
| 33 | 3472 | 00:29:26 | Arulnathan | David | 1982 | TopFit Sportstudio | GER-SH | 478 |
| 34 | 3387 | 00:29:27 | Kroll | Mirco | 1984 | LARA Schließsysteme | GER-SH | 479 |
| 35 | 2464 | 00:29:37 | Wagnitz | Nick | 1986 | Wolfgang-Borchert-Schule Itzehoe Klasse 6a | GER-SH | 491 |
| 36 | 3275 | 00:29:39 | Clausen | Julian | 1982 | CrossFit Smile Itzehoe | GER-SH | 496 |
| 37 | 1547 | 00:29:54 | Esposito | Daniel | 1982 | Klinikum Itzehoe | GER-SH | 509 |
| 38 | 3621 | 00:30:01 | Wohlers | Jörn | 1986 | | GER-SH | 517 |
| 39 | 1076 | 00:30:17 | Balje | Stefan | 1985 | | GER-SH | 544 |
| 40 | 2160 | 00:30:29 | Schmidt | Erik | 1985 | Flowserve SIHI Germany GmbH | GER-SH | 562 |
| 41 | 1525 | 00:30:30 | Liskow | Oliver | 1984 | Itzehoer Versicherungen | GER-SH | 564 |
| 42 | 2354 | 00:30:33 | Hambruch | Tobias | 1983 | SG Breitenburg | GER-SH | 569 |
| 43 | 3407 | 00:30:37 | Lindemann | Nils | 1983 | MTV Wilster | GER-SH | 573 |
| 44 | 1142 | 00:31:00 | Schmidt | Oliver | 1984 | Fehrs-Schule Klasse 3 | GER-SH | 595 |
| 45 | 3055 | 00:31:00 | Ballerstädt | Slawomir | 1986 | | GER-SH | 596 |
| 46 | 2254 | 00:31:01 | Kern | Christian | 1986 | Itzehoer Versicherungen | GER-SH | 598 |
| 47 | 1657 | 00:31:03 | Fehr | Sebastian | 1983 | Störtalcampus | GER-SH | 601 |

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| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|------------|-------------|------|-----------------------------------------------|--------|-----|------------|
| 48 | 3206 | 00:31:30 | Schuldt | Björn | 1982 | | GER-SH | | 630 |
| 49 | 3915 | 00:31:50 | Sollorz | Michael | 1986 | Kreis Steinburg | GER-SH | | 654 |
| 50 | 1660 | 00:31:52 | Leskien | Wiegand | 1984 | Störtalcampus | GER-SH | | 656 |
| 51 | 2195 | 00:31:52 | Böthern | Christopher | 1985 | Grundschule Sude-West Klasse 1a | GER-SH | | 657 |
| 52 | 1313 | 00:31:53 | Tolksdorf | Markus | 1984 | Grundschule an der Schäferkoppel Klasse 4a | GER-SH | | 661 |
| 53 | 2230 | 00:32:15 | Rashid | Rashad | 1982 | Grundschule Sude-West Klasse 3b | GER-SH | | 679 |
| 54 | 1489 | 00:32:32 | Eicke | Henning | 1984 | GS Kremperheide Klasse 3a | GER-SH | | 694 |
| 55 | 1330 | 00:32:43 | Grow | Oliver | 1984 | Grundschule auf der Geestinsel | GER-SH | | 702 |
| 56 | 1505 | 00:32:47 | Schändel | Christian | 1986 | GS Kremperheide Klasse 4 | GER-SH | | 708 |
| 57 | 2120 | 00:32:58 | Arndt | Björn | 1982 | Feuerwehr Kellinghusen | GER-SH | | 715 |
| 58 | 2212 | 00:33:11 | Sievers | Benjamin | 1986 | Grundschule Sude-West Klasse 2c | GER-SH | | 722 |
| 59 | 1413 | 00:33:43 | Jordan | Dominik | 1983 | Grundschule Wellenkamp Klasse 2b | GER-SH | | 738 |
| 60 | 1418 | 00:34:29 | Sträßer | Joe | 1986 | Grundschule Wellenkamp Klasse 2c | GER-SH | | 773 |
| 61 | 3983 | 00:35:16 | Schwarz | Sebastian | 1984 | Schröder Bauzentrum Itzehoe | GER-SH | | 817 |
| 62 | 3285 | 00:35:18 | Seydel | Mathias | 1986 | Drei-Möwen-Power | GER-SH | | 822 |
| 63 | 2199 | 00:35:43 | Masiello | Maik | 1983 | Grundschule Sude-West Klasse 1a | GER-SH | | 840 |
| 64 | 3547 | 00:35:45 | Fiebig | Mario P. | 1986 | SV Brokdorf | GER-SH | | 841 |
| 65 | 1429 | 00:36:29 | Voß | Thorge | 1982 | Grundschule Wellenkamp Klasse 3c | GER-SH | | 864 |
| 66 | 3671 | 00:36:36 | Umland | Sascha | 1986 | FFC Itzehoe | GER-SH | | 868 |
| 67 | 1650 | 00:36:44 | Timmermann | Phil | 1986 | Stadtwerke Itzehoe GmbH | GER-SH | | 872 |
| 68 | 1684 | 00:37:39 | Rasmussen | Torben | 1986 | TSV Heiligenstedten | GER-SH | | 890 |
| 69 | 1597 | 00:37:46 | Skottke | Jörn | 1982 | NGD Glückwerk | GER-SH | | 894 |
| 70 | 1565 | 00:37:47 | Kollwitz | Bastian | 1985 | Liliencronschule Lägerdorf | GER-SH | | 895 |
| 71 | 3076 | 00:37:48 | de Jonge | Stefano | 1986 | | GER-SH | | 897 |
| 72 | 2128 | 00:38:54 | Stendorf | Benjamin | 1984 | Feuerwehr Kellinghusen | GER-SH | | 917 |
| 73 | 3140 | 00:39:50 | Lohse | Daniel | 1986 | | GER-SH | | 933 |
| 74 | 1468 | 00:40:21 | Roge | Michael | 1984 | GS Edendorf Klasse 2 | GER-SH | | 943 |
| 75 | 1741 | 00:40:22 | Hesidens | Markus | 1982 | | GER-SH | | 944 |
| 76 | 1651 | 00:40:22 | Wetzel | Markus | 1983 | Stadtwerke Itzehoe GmbH | GER-SH | | 945 |
| 77 | 1706 | 00:40:43 | Klung | Robert | 1985 | Via Nova gGmbH | GER-SH | | 949 |
| 78 | 3947 | 00:43:19 | Borucki | Jan | 1985 | Pano Verschluss GmbH | GER-SH | | 962 |
| 79 | 2133 | 00:43:48 | Kuhlmann | Falko | 1986 | Feuerwehr Wacken | GER-SH | | 967 |
| 80 | 2446 | 00:44:15 | Kühl | Christian | 1986 | VFL Kellinghusen | GER-SH | | 968 |
| 81 | 2372 | 00:44:51 | Behlen | Christopher | 1986 | Sport-Club Itzehoe | GER-SH | | 972 |
| 82 | 1462 | 00:45:07 | Seifert | Sven | 1982 | GS Edendorf Klasse 1 | GER-SH | | 977 |

5 Km Lauf M - 45

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|----------|-------------|------|------------------------|---------|-----|------------|
| 1 | 3917 | 00:20:46 | Turowski | Thore | 1981 | Kreis Steinburg | GER-SH | | 32 |
| 2 | 3204 | 00:22:01 | Schrader | Christopher | 1978 | | GER-HAM | | 68 |
| 3 | 3658 | 00:23:27 | Krüger | Stefan | 1980 | Fa. Hans Otte | GER-SH | | 120 |
| 4 | 3276 | 00:23:53 | Kruse | Markus | 1981 | CrossFit Smile Itzehoe | GER- | | 137 |
| 5 | 3365 | 00:24:40 | Kirst | Christof | 1978 | Klinikum Itzehoe | GER-SH | | 182 |

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M / W - Altersklassen

5 Km Lauf (5 Km)

5 Km Lauf M - 45

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos Gesamtfeld |
|-----|------|----------|------------------|-----------|------|------------------------------------------------|---------|----------------|
| 6 | 3135 | 00:24:53 | Lamprecht | Michael | 1981 | | GER-SH | 197 |
| 7 | 3517 | 00:25:23 | Bartusis | Linas | 1981 | Von Herzen für Gärten | GER-SH | 217 |
| 8 | 3938 | 00:25:30 | Koßatz | David | 1981 | novitas bkk | GER-SH | 224 |
| 9 | 3181 | 00:25:47 | Plath | Timo | 1980 | | GER-SH | 241 |
| 10 | 2010 | 00:25:48 | Stoltefuß | Björn | 1980 | Auguste Viktoria Schule Itzehoe Klasse 5e | GER-SH | 243 |
| 11 | 1895 | 00:26:04 | Hildermann | Alexander | 1980 | | GER-SH | 254 |
| 12 | 2498 | 00:26:17 | Behnisch | Oliver | 1980 | Wolfgang-Borchert-Schule Itzehoe Klasse 6a | GER-SH | 260 |
| 13 | 3531 | 00:26:39 | Fechner | Björn-Ola | 1978 | Westküstenkliniken Brunsbüttel und Heide gGmbH | GER-SH | 286 |
| 14 | 3456 | 00:26:52 | Witt | Stefan | 1979 | Sport-Club Itzehoe | GER-SH | 299 |
| 15 | 3985 | 00:27:02 | Westphal | Timo | 1980 | Schröder Bauzentrum Itzehoe | GER-SH | 306 |
| 16 | 1540 | 00:27:09 | Schermer | Dirk | 1981 | Kita Mose | | 315 |
| 17 | 3168 | 00:27:19 | Nikolai | René | 1978 | | GER-SH | 331 |
| 18 | 1620 | 00:27:24 | Rohwedder-Struve | Sönke | 1977 | novitas bkk | GER-SH | 339 |
| 19 | 3992 | 00:27:41 | Stübe | Torben | 1977 | Sparkasse Westholstein | GER-SH | 357 |
| 20 | 3696 | 00:28:02 | Dittberner | Maik | 1980 | ISR Recycling GmbH & Co.KG | GER-SH | 379 |
| 21 | 3680 | 00:28:11 | Laaackmann | André | 1979 | Gebr. Schütt KG (GmbH & Co.) | GER-SH | 389 |
| 22 | 3912 | 00:28:11 | Rosenmeier | Dirk | 1979 | Kreis Steinburg | GER-SH | 390 |
| 23 | 2147 | 00:28:14 | Liebscher | Marcel | 1979 | FF Rosdorf | GER-SH | 397 |
| 24 | 2376 | 00:28:18 | Mehlert-Prigandt | Jan | 1979 | Sport-Club Itzehoe | GER-SH | 400 |
| 25 | 3981 | 00:28:26 | Meier | Michael | 1979 | Schröder Bauzentrum Itzehoe | GER-SH | 405 |
| 26 | 2096 | 00:28:53 | Saß | Daniel | 1981 | Befit by Aziz | GER-SH | 440 |
| 27 | 3606 | 00:28:58 | Shimizu | Futa | 1981 | | JPN | 448 |
| 28 | 3243 | 00:29:58 | von Grebe | Volker | 1981 | | GER-SH | 515 |
| 29 | 1518 | 00:30:21 | Klettke | Robert | 1978 | Itzehoer Versicherungen | GER-SH | 551 |
| 30 | 3306 | 00:30:30 | Züge | Heiko | 1979 | Fraunhofer Institut für Siliziumtechnologie | GER-SH | 563 |
| 31 | 3973 | 00:30:41 | Helfrich | Mark | 1978 | Rotary Club Itzeho | GER-SH | 579 |
| 32 | 1109 | 00:30:59 | Bleker | Lars | 1981 | Amt Wilstermarsch | GER-SH | 592 |
| 33 | 2139 | 00:31:11 | Berger | Christian | 1981 | FF Rosdorf | GER-SH | 607 |
| 34 | 4057 | 00:31:13 | Vock | Ulrich | 1977 | | GER-SH | 608 |
| 35 | 3563 | 00:31:20 | Dräger | Thomas | 1979 | | GER-SH | 612 |
| 36 | 1735 | 00:31:25 | Köpken | Björn | 1981 | Kremperheide | GER-SH | 622 |
| 37 | 2449 | 00:31:25 | Schilling | Marten | 1981 | Volksbank Raiffeisenbank eG | GER-SH | 623 |
| 38 | 1146 | 00:31:27 | Tobias | Knut | 1977 | Fehrs-Schule Klasse 3 | GER-SH | 625 |
| 39 | 1906 | 00:31:40 | Kühl | Jochen | 1981 | | GER-SH | 643 |
| 40 | 1304 | 00:31:41 | Katzki | Sebastian | 1981 | Grundschule an der Schäferkoppel Klasse 3c | GER-SH | 646 |
| 41 | 1294 | 00:31:45 | Schürmann | Christian | 1981 | Grundschule an der Schäferkoppel Klasse 3a | GER-SH | 651 |
| 42 | 3408 | 00:32:11 | Paciepny | Adam | 1980 | Nine Hills Runners | GER-NIE | 674 |
| 43 | 1727 | 00:32:13 | Kaack | Konrad | 1981 | IT-Pointer GmbH&Co. KG | GER-SH | 676 |
| 44 | 3923 | 00:32:17 | Huebner | Jens | 1977 | Muensterdorfer SV | GER-SH | 681 |
| 45 | 1268 | 00:33:01 | Gehle | Daniel | 1978 | Grundschule an der Schäferkoppel Klasse 2a | GER-SH | 716 |
| 46 | 1266 | 00:33:15 | Westphal | Melf | 1979 | Grundschule an der Schäferkoppel Klasse 1c | GER-SH | 726 |
| 47 | 2276 | 00:33:45 | Seegers | Nico | 1981 | Klinikum Itzehoe | GER-SH | 741 |
| 48 | 3964 | 00:34:03 | Ballin | Christoph | 1980 | Rbz in Steinburg | GER-SH | 759 |
| 49 | 1879 | 00:34:44 | Auhage | Jan | 1981 | | GER-SH | 785 |
| 50 | 4024 | 00:34:55 | Stolze | André | 1981 | Stadtkapelle Krempe e.V. | GER-SH | 792 |

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M / W - Altersklassen

5 Km Lauf (5 Km)

5 Km Lauf M - 45

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|------------|-------------|------|-------------------------------------|--------|-----|------------|
| 51 | 1247 | 00:36:07 | Kohl | Bastian | 1977 | G. Pohl-Boskamp GmbH & Co. KG | GER-SH | | 851 |
| 52 | 3084 | 00:36:38 | Falk | Merten | 1977 | | GER-SH | | 870 |
| 53 | 1484 | 00:37:16 | Bente | Ingo | 1981 | GS Kremperheide Klasse 2a | GER-SH | | 879 |
| 54 | 1647 | 00:37:45 | Marx | Frank | 1977 | Stadtwerke Itzehoe GmbH | GER-SH | | 893 |
| 55 | 3991 | 00:39:05 | Reimers | Ralph | 1980 | Sparkasse Westholstein | GER-SH | | 921 |
| 56 | 1449 | 00:39:37 | Broocks | Norman | 1980 | Grundschule Wellenkamp Klasse 4c | GER-SH | | 929 |
| 57 | 1511 | 00:41:39 | Virkus | André | 1980 | Hauptzollamt Itzehoe | GER-SH | | 955 |
| 58 | 1964 | 00:43:37 | Mouangué | Paul Valery | 1978 | 5d SSG | GER-SH | | 964 |
| 59 | 2289 | 00:44:24 | Beutner | Bert | 1977 | Klosterhof-Schule Itzehoe Klasse 6a | GER-SH | | 969 |
| 60 | 1891 | 00:45:05 | Giebel | Kay | 1978 | | GER-SH | | 976 |
| 61 | 2266 | 00:46:15 | Margkarian | Dr. Artak | 1979 | Kardiologische Praxis Itzehoe | GER-SH | | 982 |

5 Km Lauf M - 50

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|--------------|-----------|------|------------------------------------|---------|-----|------------|
| 1 | 3082 | 00:20:56 | Espindola | Rafael | 1973 | | GER-SH | | 38 |
| 2 | 3611 | 00:21:47 | Suvorov | Alexej | 1972 | | GER- | | 57 |
| 3 | 1892 | 00:23:15 | Günther | Daniel | 1973 | | GER-SH | | 116 |
| 4 | 1744 | 00:23:17 | Kühnel | Stefan | 1973 | | GER-SH | | 117 |
| 5 | 3604 | 00:23:51 | Schmoll | Jörg | 1973 | | GER-SH | | 135 |
| 6 | 1723 | 00:23:51 | Pinz | Stefan | 1972 | Volksbank Raiffeisenbank eG | GER-SH | | 136 |
| 7 | 1514 | 00:24:04 | Fredrich | Maik | 1973 | Itax | GER-MVP | | 144 |
| 8 | 1901 | 00:24:09 | Janssen | Marco | 1974 | | GER-SH | | 149 |
| 9 | 3405 | 00:24:21 | Boll | Karsten | 1975 | MTV Wilster | GER-SH | | 162 |
| 10 | 3232 | 00:24:28 | Tams | Thorben | 1974 | | GER-SH | | 169 |
| 11 | 3509 | 00:24:37 | Kirchknopf | Lars | 1973 | VFL Kellinghusen Leichtathletik | GER-SH | | 178 |
| 12 | 3977 | 00:24:57 | Smyrek | Oliver | 1976 | SAT Anlagentechnik GmbH | GER-SH | | 201 |
| 13 | 3451 | 00:25:28 | Kassebrock | Torge | 1974 | Sport-Club Itzehoe | GER-SH | | 222 |
| 14 | 3530 | 00:26:58 | Kimstädt | Sebastian | 1975 | Westküstenkliniken | GER-SH | | 302 |
| 15 | 1676 | 00:27:22 | Hanse | Daniel | 1976 | TSV Heiligenstedten | GER-SH | | 335 |
| 16 | 3569 | 00:27:23 | Hencke | Rayk | 1975 | | GER-SH | | 338 |
| 17 | 3394 | 00:27:48 | Mandel | Alexander | 1976 | Mittlauf- Crisis | GER-SH | | 369 |
| 18 | 2189 | 00:27:52 | Bujack | Martin | 1976 | Gemeinschaftsschule Wilster Lehrer | GER-SH | | 374 |
| 19 | 2337 | 00:28:30 | Reinwald | Patrick | 1973 | novitas bkk | GER-SH | | 411 |
| 20 | 2020 | 00:28:41 | Felgendreher | Jan | 1976 | Auguste Viktoria Schule Kkasse 5b | GER-SH | | 424 |
| 21 | 3217 | 00:28:41 | Stenzel | Sönke | 1976 | | GER-SH | | 426 |
| 22 | 3190 | 00:29:00 | Reimer | Götz | 1973 | | GER-SH | | 452 |
| 23 | 2158 | 00:29:32 | Kuhnke | Tilman | 1976 | Flowserve SIHI Germany GmbH | GER-SH | | 485 |
| 24 | 3194 | 00:29:36 | Runge | Andreas | 1974 | | GER-SH | | 490 |
| 25 | 3522 | 00:29:52 | Janß | Mario | 1973 | Von Herzen für Gärten | GER-SH | | 507 |
| 26 | 1736 | 00:30:09 | Krätzer | Martin | 1976 | Itzehoe | GER-SH | | 525 |
| 27 | 3995 | 00:30:26 | Jeppe | Thomas | 1972 | SPD Itzehoe | GER-SH | | 558 |
| 28 | 1685 | 00:30:55 | Schmidt | Dieter | 1975 | TSV Heiligenstedten | GER-SH | | 589 |
| 29 | 1624 | 00:31:42 | Stüber | Björn | 1975 | novitas bkk | GER-SH | | 647 |
| 30 | 3260 | 00:32:40 | Bewernick | Frank | 1975 | Ackerfreunde Schlotfeld | GER-SH | | 697 |

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M / W - Altersklassen

5 Km Lauf (5 Km)

5 Km Lauf M - 50

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|------------|----------|------|----------------------------|---------|-----|------------|
| 31 | 3705 | 00:32:43 | Siedlaczek | Daniel | 1975 | ISR Recycling GmbH & Co.KG | GER-SH | | 701 |
| 32 | 3905 | 00:33:46 | Egge | Otto | 1972 | Kreis Steinburg | GER-SH | | 743 |
| 33 | 3301 | 00:33:50 | Rüsbüldt | Manuel | 1972 | FC St. Pauli | GER-SH | | 746 |
| 34 | 1599 | 00:34:03 | Wilms | Michael | 1975 | NGD Glückwerk | GER-SH | | 757 |
| 35 | 2257 | 00:35:07 | Radloff | René | 1974 | Itzehoer Versicherungen | GER-SH | | 809 |
| 36 | 3953 | 00:35:40 | Hencke | Thomas | 1973 | Pano Verschluss GmbH | GER-SH | | 839 |
| 37 | 1604 | 00:35:46 | Ashour | Rami | 1973 | novitas bkk | GER-SH | | 842 |
| 38 | 3091 | 00:36:35 | Gille | Michael | 1972 | | GER-SH | | 867 |
| 39 | 3656 | 00:37:53 | Kramer | Harrie | 1973 | Fa. Hans Otte | GER-SH | | 900 |
| 40 | 2273 | 00:38:24 | Jens | Matthias | 1974 | Klinikum Itzehoe | GER-SH | | 910 |
| 41 | 3115 | 00:38:25 | Jessen | Björn | 1976 | | GER-SH | | 911 |
| 42 | 1566 | 00:41:29 | Niemann | Jan | 1975 | Liliencronschule Lägerdorf | GER-SH | | 954 |
| 43 | 3320 | 00:45:54 | Fredrich | Maik | 1973 | Itax | GER-MVP | | 979 |
| 44 | 3057 | 00:47:10 | Barczinski | Michael | 1974 | | GER-SH | | 987 |

5 Km Lauf M - 55

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|------------|------------|------|-----------------------------------|---------|-----|------------|
| 1 | 4018 | 00:21:11 | Steinhardt | Marc | 1971 | Sport-Club Itzehoe | GER-SH | | 42 |
| 2 | 1936 | 00:21:37 | Wannowitz | Heiko | 1970 | | GER-SH | | 54 |
| 3 | 1630 | 00:21:57 | Burrichter | Kay | 1967 | Sparkasse Westholstein | GER-SH | | 66 |
| 4 | 3585 | 00:25:14 | Ladiges | Sven | 1968 | | GER-SH | | 212 |
| 5 | 3259 | 00:25:38 | Helmholz | Daniel | 1971 | 1. FC Perspektive | GER-SH | | 230 |
| 6 | 3676 | 00:27:22 | Von Possel | Olaf | 1970 | Finanzamt Itzehoe | GER-SH | | 337 |
| 7 | 3580 | 00:27:25 | Kahre | Eckart | 1969 | | GER-SH | | 340 |
| 8 | 2350 | 00:27:33 | Brusch | Karsten | 1970 | SAT Anlagentechnik GmbH | GER-SH | | 348 |
| 9 | 2329 | 00:28:29 | Krüger | Jürgen | 1969 | novitas bkk | GER-SH | | 410 |
| 10 | 2442 | 00:28:49 | Struve | Bernd | 1967 | TS Schenefeld | GER-SH | | 434 |
| 11 | 1929 | 00:28:56 | Soyka | Tobias | 1968 | | GER-SH | | 443 |
| 12 | 3957 | 00:28:57 | Plachy | Ronald | 1968 | Pano Verschluss GmbH | GER-SH | | 446 |
| 13 | 1916 | 00:29:02 | Müller | Markus | 1971 | | GER-SH | | 455 |
| 14 | 3245 | 00:29:33 | Wagner | Matthias | 1971 | | GER-SH | | 486 |
| 15 | 3537 | 00:29:34 | Kurz | Andreas | 1967 | X-FAB MEMS Foundry Itzehoe GmbH | GER-SH | | 488 |
| 16 | 3063 | 00:30:04 | Beyer | Maik | 1968 | | GER-SH | | 520 |
| 17 | 1542 | 00:30:50 | Abel | Klaus | 1967 | Klinikum Itzehoe | GER-SH | | 582 |
| 18 | 1675 | 00:31:20 | Dopatka | Guido | 1971 | TSV Heiligenstedten | GER-SH | | 613 |
| 19 | 3975 | 00:31:20 | Häuer | Jan-Martin | 1968 | SAT Anlagentechnik GmbH | GER-SH | | 615 |
| 20 | 3702 | 00:31:21 | Koch | Thorsten | 1968 | ISR Recycling GmbH & Co.KG | GER-SH | | 619 |
| 21 | 2317 | 00:31:33 | Schäfer | Knut | 1971 | Münsterdorfer SV | GER-SH | | 634 |
| 22 | 3123 | 00:32:13 | Kitzmann | Jan | 1967 | | GER-SH | | 677 |
| 23 | 2144 | 00:32:53 | Glende | Stefan | 1968 | FF Rosdorf | GER-SH | | 711 |
| 24 | 3371 | 00:33:52 | Schröder | Thomas | 1967 | Klinikum Itzehoe | GER-SH | | 747 |
| 25 | 3280 | 00:34:31 | Schröder | Axel | 1971 | Die Autobahn GmbH - team Autobahn | GER-SH | | 775 |
| 26 | 3993 | 00:35:19 | Von Leesen | Reimer | 1967 | Sparkasse Westholstein | GER-SH | | 826 |
| 27 | 2340 | 00:37:25 | Steenbock | Thorsten | 1967 | novitas bkk | GER-SH | | 882 |
| 28 | 2307 | 00:37:26 | Wied | Dirk | 1968 | Kreis Steinburg | GER-SH | | 883 |
| 29 | 1105 | 00:37:42 | Ehlers | Ralph | 1970 | Albert-Schweitzer-Apotheke | GER-SH | | 892 |
| 30 | 3322 | 00:39:03 | Zipperling | Mirko | 1970 | Itax | GER-MVP | | 920 |

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M / W - Altersklassen

5 Km Lauf (5 Km)

5 Km Lauf M - 55

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos Gesamtfeld |
|-----|------|----------|---------|----------|------|------------------------------------|---------|----------------|
| 31 | 3649 | 00:39:13 | Hagge | Stefan | 1969 | DOCKFIT ALTONA | GER-HAM | 923 |
| 32 | 3272 | 00:41:58 | Baxmann | Matthias | 1969 | Caipiranhas Drachenboot Hamburg | GER-HAM | 956 |

5 Km Lauf M - 60

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos Gesamtfeld |
|-----|------|----------|--------------|----------|------|------------------------------------------------|--------|----------------|
| 1 | 3638 | 00:23:58 | Laedtke | Volker | 1963 | Bund Deutscher Rechtspfleger | GER-SH | 140 |
| 2 | 3678 | 00:24:34 | Reiter | Mario | 1965 | Fraunhofer Institut für Siliziumtechnologie | GER-SH | 175 |
| 3 | 3340 | 00:25:25 | Otto | Dirk | 1965 | Itzehoe Versicherungen | GER-SH | 219 |
| 4 | 1079 | 00:29:49 | Bornholdt | Thomas | 1963 | | GER-SH | 504 |
| 5 | 1908 | 00:30:04 | Langenbach | Gunther | 1965 | | GER-SH | 521 |
| 6 | 3982 | 00:30:19 | Schade | Kai | 1963 | Schröder Bauzentrum Itzehoe | GER-SH | 549 |
| 7 | 3600 | 00:30:24 | Schiefelbein | Dirk | 1966 | | GER-SH | 555 |
| 8 | 2322 | 00:30:58 | Behncke | Stefan | 1965 | novitas bkk | GER-SH | 591 |
| 9 | 3487 | 00:31:01 | Timm | Steffen | 1964 | TopFit Sportstudio | GER-SH | 599 |
| 10 | 3339 | 00:31:18 | Müller | Uwe | 1963 | Itzehoe Versicherungen | GER-SH | 609 |
| 11 | 3704 | 00:31:21 | Paukner | Frank | 1964 | ISR Recycling GmbH & Co.KG | GER-SH | 618 |
| 12 | 3331 | 00:31:28 | Harder | Thies | 1966 | Itzehoe Versicherungen | GER-SH | 628 |
| 13 | 3619 | 00:31:28 | Wendtland | Jörg | 1965 | | GER-SH | 629 |
| 14 | 3429 | 00:32:22 | Weeren | Wolfgang | 1964 | PRM Praxis Krebs | GER-SH | 686 |
| 15 | 3935 | 00:32:29 | Ingwersen | Wolfram | 1964 | novitas bkk | GER-SH | 689 |
| 16 | 3710 | 00:33:50 | Ludka | Uwe | 1963 | Itzehoe Versicherungen | GER-SH | 745 |
| 17 | 3950 | 00:34:19 | Erdtmann | Marco | 1966 | Pano Verschluss GmbH | GER-SH | 769 |
| 18 | 1878 | 00:34:49 | Andrikanis | Carsten | 1963 | | GER-SH | 788 |
| 19 | 3577 | 00:34:59 | Janke | Frank | 1966 | | GER-SH | 795 |
| 20 | 1520 | 00:35:17 | Knickrehm | Thorsten | 1965 | Itzehoe Versicherungen | GER-SH | 818 |
| 21 | 4028 | 00:35:33 | Herzog | Joachim | 1966 | TS Schenefeld | GER-SH | 836 |
| 22 | 3560 | 00:35:53 | Diness | Niels | 1963 | | GER-SH | 844 |
| 23 | 3495 | 00:36:22 | Kruse | Andreas | 1962 | TSV Breitenberg | GER-SH | 858 |
| 24 | 3579 | 00:38:37 | Wittmeier | Jens | 1964 | | GER-SH | 914 |
| 25 | 3505 | 00:38:56 | Gripp | Gunter | 1964 | TUS Krempe | GER-SH | 919 |
| 26 | 3138 | 00:46:21 | Lehmann | Fred | 1962 | | GER-SH | 983 |

5 Km Lauf M - 65

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos Gesamtfeld |
|-----|------|----------|------------|-----------|------|-------------------------------|---------|----------------|
| 1 | 2308 | 00:24:02 | Praefke | Bodo | 1957 | LC Oase Hingstheide | GER-SH | 141 |
| 2 | 3590 | 00:24:51 | Mahler | Bernhard | 1957 | | GER-MVP | 194 |
| 3 | 2375 | 00:25:04 | König | Rüdiger | 1959 | Sport-Club Itzehoe | GER-SH | 207 |
| 4 | 4014 | 00:26:22 | Schweinert | Volker | 1957 | Sport-Club Itzehoe | GER-SH | 262 |
| 5 | 3616 | 00:26:42 | Trede | Oliver | 1958 | | GER- | 288 |
| 6 | 2267 | 00:28:17 | Mibach | Dr. Frank | 1960 | Kardiologische Praxis Itzehoe | GER-SH | 399 |
| 7 | 3553 | 00:28:39 | Averhoff | Horst | 1960 | | GER-SH | 422 |
| 8 | 3587 | 00:28:55 | Lake | Günter | 1958 | | GER-SH | 442 |
| 9 | 3162 | 00:30:55 | Nepstad | Daniel | 1957 | | GER-SH | 590 |
| 10 | 3942 | 00:31:03 | Richter | Thomas | 1957 | novitas bkk | GER-SH | 602 |

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5 Km Lauf (5 Km)

5 Km Lauf M - 65

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|------------|----------|------|--------------------|--------|-----|------------|
| 11 | 3477 | 00:33:05 | Gruner | Henry | 1960 | TopFit Sportstudio | GER-SH | | 720 |
| 12 | 3490 | 00:35:31 | Voss | Rüdiger | 1960 | TopFit Sportstudio | GER-SH | | 834 |
| 13 | 1594 | 00:39:13 | Butschbach | Iwan | 1959 | NGD Glückwerk | GER-SH | | 924 |
| 14 | 3566 | 00:44:24 | Greulich | Matthias | 1958 | | GER-SH | | 970 |

5 Km Lauf M - 70

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|--------|---------|------|-----------------------------------------|--------|-----|------------|
| 1 | 3461 | 00:30:18 | Kopacz | Uwe | 1956 | Startschuss Queer Sport Hamburg e.V. | GER-SH | | 548 |
| 2 | 3557 | 00:31:06 | Böhl | Dieter | 1956 | | GER-SH | | 605 |
| 3 | 3504 | 00:32:03 | Hagen | Rainer | 1956 | TSV Oldendorf von 1923 ev | GER-SH | | 671 |
| 4 | 3502 | 00:32:15 | Thara | Dieter | 1954 | TSV LOLA | GER-SH | | 678 |

5 Km Lauf M - 75

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|------------|----------|------|-------------------------|--------|-----|------------|
| 1 | 1080 | 00:25:57 | Gentile | Cosimo | 1950 | | GER-SH | | 248 |
| 2 | 1510 | 00:26:42 | Kirschning | Jürgen | 1951 | Happy Feet Itzehoe | GER-SH | | 289 |
| 3 | 3712 | 00:31:49 | Schlick | Heinrich | 1948 | Itzehoer Versicherungen | GER-SH | | 653 |
| 4 | 2114 | 00:33:36 | Wrage | Richard | 1949 | DRK Ortsverein Itzehoe | GER-SH | | 733 |
| 5 | 4031 | 00:46:46 | Ramm | Werner | 1950 | TSV Kremperheide | GER-SH | | 985 |

5 Km Lauf M - 85

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|------|---------|------|----------------------|--------|-----|------------|
| 1 | 3392 | 00:59:59 | Uhl | Manfred | 1939 | Lufthansa SV Hamburg | GER-SH | | 998 |

5 Km Lauf M - HK

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|------------|-----------|------|-----------------------------------------|--------|-----|------------|
| 1 | 3708 | 00:15:12 | Ludka | Felix | 2000 | Itzehoer Versicherungen | GER-SH | | 1 |
| 2 | 4039 | 00:18:19 | Mangels | Joschua | 2005 | VfR Horst | GER-SH | | 5 |
| 3 | 4001 | 00:18:58 | Harders | Maxi | 1998 | Sport-Club Itzehoe | GER- | | 12 |
| 4 | 3071 | 00:19:20 | Bünz | Linus | 2003 | | GER-SH | | 13 |
| 5 | 2138 | 00:19:45 | Atachim | Feliks | 2001 | FF Rosdorf | GER-SH | | 16 |
| 6 | 2452 | 00:20:18 | Maaß | Jaris | 2004 | Wohlert, Aldag & Partner mbB | GER-SH | | 22 |
| 7 | 4062 | 00:20:21 | Dittmann | Marc | 1997 | Johann-Rist Gymnasium | GER-SH | | 24 |
| 8 | 3576 | 00:20:45 | Husfeldt | Pascal | 1997 | | GER-SH | | 31 |
| 9 | 3608 | 00:20:55 | Steffensen | Lennard | 2000 | | GER-SH | | 37 |
| 10 | 2281 | 00:21:11 | Michallek | Mark | 1998 | Klosterhof-Schule Itzehoe Klasse 10b | GER-SH | | 43 |
| 11 | 1697 | 00:21:21 | Abid | Mohamed | 2002 | Via Nova gGmbH | GER-SH | | 46 |
| 12 | 3652 | 00:22:10 | Hein | Enno | 1998 | Fa. Hans Otte | GER-SH | | 73 |
| 13 | 3176 | 00:22:25 | Peters | Alexander | 1998 | | GER-SH | | 76 |

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5 Km Lauf (5 Km)

5 Km Lauf M - HK

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|--------------|------------------|------|--------------------------------------|---------|-----|------------|
| 14 | 3599 | 00:22:28 | Scheidemann | Lorenz | 2003 | | GER-SH | | 78 |
| 15 | 3300 | 00:22:35 | Thormählen | Nico | 1999 | ETSV Fortuna Glückstadt | GER-SH | | 82 |
| 16 | 3603 | 00:22:48 | Schirrwagen | Tom | 1999 | | GER-BRA | | 89 |
| 17 | 4034 | 00:22:49 | Rusch | Lorenz | 2005 | TSV LOLA | GER-SH | | 92 |
| 18 | 4032 | 00:22:51 | Rusch | Henning | 2005 | TSV LOLA | GER-SH | | 93 |
| 19 | 3325 | 00:22:51 | Wiggers | Erik | 2004 | Itzehoer Ruderclub | GER-SH | | 94 |
| 20 | 3346 | 00:22:54 | Schierbecker | Tobias | 1997 | Itzehoer Versicherungen | GER-SH | | 99 |
| 21 | 3525 | 00:23:01 | Peters | Leon | 2006 | Von Herzen für Gärten | GER-SH | | 104 |
| 22 | 3163 | 00:23:11 | Neumeyer | Till | 2002 | | GER-SH | | 111 |
| 23 | 3545 | 00:23:32 | Koch | Leon | 2006 | Itzehoer Versicherungen | GER-SH | | 123 |
| 24 | 2112 | 00:23:45 | Oltmanns | Erik | 2002 | Die Haie HSG Horst/Kiebitzreihe | GER-SH | | 132 |
| 25 | 1893 | 00:24:05 | Hagenah | Marcel | 2001 | | GER-SH | | 145 |
| 26 | 2331 | 00:24:16 | Michallek | Rayk | 2000 | novitas bkk | GER-SH | | 157 |
| 27 | 3601 | 00:24:17 | Schiefelbein | Jan | 1999 | | GER-SH | | 158 |
| 28 | 3182 | 00:24:26 | Ponce Gattas | Vincent Benjamin | 1998 | | GER-SH | | 168 |
| 29 | 3672 | 00:24:38 | Dammann | Björn | 1998 | Finanzamt Itzehoe | GER-SH | | 181 |
| 30 | 1115 | 00:24:45 | Tiedemann | Nick | 2005 | Amt Wilstermarsch | GER-SH | | 189 |
| 31 | 3682 | 00:24:53 | Ramm | Lukas | 2000 | Gebr. Schütt KG (GmbH & Co.) | GER-SH | | 196 |
| 32 | 3485 | 00:24:54 | Rühmann | Andre | 2005 | TopFit Sportstudio | GER-SH | | 198 |
| 33 | 3655 | 00:25:07 | Karstens | Jan | 2003 | Fa. Hans Otte | GER-SH | | 208 |
| 34 | 3584 | 00:25:31 | Ladiges | Lukas | 2002 | | GER-SH | | 226 |
| 35 | 3443 | 00:25:44 | Pietsch | Till Julius | 1999 | Sparkasse Westholstein | GER-SH | | 236 |
| 36 | 1251 | 00:25:46 | Nissen | Lukas | 2002 | G. Pohl-Boskamp GmbH & Co. KG | GER-SH | | 239 |
| 37 | 3189 | 00:26:29 | Reichert | Lars | 2004 | | GER-SH | | 272 |
| 38 | 3096 | 00:26:38 | Grell | Keven | 2006 | | GER-SH | | 285 |
| 39 | 1116 | 00:26:58 | Tiedemann | Tim | 2000 | Amt Wilstermarsch | GER-SH | | 301 |
| 40 | 3448 | 00:27:06 | Halbleib | Nils | 2004 | Sport-Club Itzehoe | GER-SH | | 312 |
| 41 | 1897 | 00:27:14 | Hülsebusch | Torge | 1999 | | GER-SH | | 320 |
| 42 | 3961 | 00:27:17 | Syvulko | Nazar | 2006 | Pano Verschluss GmbH | GER-SH | | 325 |
| 43 | 4033 | 00:27:26 | Rusch | Johann | 2003 | TSV LOLA | GER-SH | | 342 |
| 44 | 2349 | 00:27:29 | Adolph | Jan Lucas | 1997 | SAB WindTeam GmbH | GER-SH | | 346 |
| 45 | 1724 | 00:27:45 | Piontek | Leif | 1998 | Volksbank Raiffeisenbank eG | GER-SH | | 363 |
| 46 | 4041 | 00:27:51 | Betz | Carsten | 2001 | Wohlert, Aldag & Partner mbB | GER-SH | | 372 |
| 47 | 3442 | 00:28:06 | Köpsel | Till | 2002 | Sparkasse Westholstein | GER-SH | | 382 |
| 48 | 3142 | 00:28:06 | Lohse | Finn | 2003 | | GER-HAM | | 383 |
| 49 | 3898 | 00:28:11 | Sanchez | Sebastian | 1997 | Klinikum Itzehoe | GER-SH | | 392 |
| 50 | 3478 | 00:28:12 | Hjorth | Lukas | 2005 | TopFit Sportstudio | GER-SH | | 394 |
| 51 | 3641 | 00:28:14 | Rohde | Mika | 2004 | Butzkies Stahlbau GmbH | GER-SH | | 396 |
| 52 | 3058 | 00:28:33 | Bartschat | Tim | 2001 | | GER-HAM | | 417 |
| 53 | 3979 | 00:28:35 | Hasenpusch | Lars | 2000 | Schröder Bauzentrum Itzehoe | GER-SH | | 419 |
| 54 | 3244 | 00:28:48 | Vonau | Louis | 2004 | | GER-SH | | 432 |
| 55 | 2255 | 00:28:59 | Radloff | Fabio | 2001 | Itzehoer Versicherungen | GER-SH | | 449 |
| 56 | 2111 | 00:29:03 | Oldenburg | Linus | 2000 | Die Haie HSG Horst/Kiebitzreihe | GER-SH | | 456 |
| 57 | 4066 | 00:29:08 | Guerrero | Maurice | 1998 | Sparkasse Westholstein | GER-SH | | 461 |
| 58 | 3951 | 00:29:08 | Falk | Lars | 1998 | Pano Verschluss GmbH | GER-SH | | 462 |
| 59 | 3889 | 00:29:21 | Bergmann | Klaus Alexander | 2000 | Klinikum Itzehoe | GER-SH | | 472 |
| 60 | 1596 | 00:29:23 | Nehls | Marcel | 2001 | NGD Glückwerk | GER-SH | | 477 |
| 61 | 3246 | 00:29:29 | Werner | Felix | 2001 | | GER-SH | | 480 |
| 62 | 4042 | 00:29:32 | Carstens | Ole | 2004 | Wohlert, Aldag & Partner mbB | GER-SH | | 484 |

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| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|------------|-------------|------|---------------------------------------------|---------|-----|------------|
| 63 | 3196 | 00:29:40 | Scheel | Cedric | 2002 | | GER- | | 498 |
| 64 | 4003 | 00:29:42 | Klinck | Samuel | 2005 | Sport-Club Itzehoe | GER-SH | | 501 |
| 65 | 2162 | 00:29:50 | Senf | Simon | 2005 | Flowserve SIHI Germany GmbH | GER-SH | | 505 |
| 66 | 3605 | 00:29:54 | Schnabel | Maximilian | 2001 | | GER-HAM | | 510 |
| 67 | 2119 | 00:30:14 | Wilke | Henrik | 2005 | Feuerwehr Dägeling | GER-SH | | 536 |
| 68 | 1876 | 00:30:16 | Abraham | Philipp | 2004 | | GER-SH | | 538 |
| 69 | 2117 | 00:30:17 | Ralfs | Lukas | 2001 | Feuerwehr Dägeling | GER-SH | | 540 |
| 70 | 2116 | 00:30:17 | Klein | Niklas | 2002 | Feuerwehr Dägeling | GER-SH | | 542 |
| 71 | 1241 | 00:30:17 | Endres | Tom Luca | 2006 | G. Pohl-Boskamp GmbH & Co. KG | GER-SH | | 545 |
| 72 | 1702 | 00:30:32 | Bakhtiyari | Mansoor | 2006 | Via Nova gGmbH | GER-SH | | 565 |
| 73 | 3470 | 00:30:38 | Kage | Mario | 1998 | Tennis-Club Hohenlockstedt e.V. | GER-SH | | 574 |
| 74 | 1910 | 00:30:39 | Linde | Akim | 2003 | | GER-SH | | 576 |
| 75 | 3352 | 00:30:55 | Dombrowski | Finn | 1997 | Klarsicht GmbH | GER-SH | | 588 |
| 76 | 3137 | 00:31:00 | Lau | Johann | 2001 | | GER-SH | | 594 |
| 77 | 3897 | 00:31:05 | Rumpf | Christopher | 2000 | Klinikum Itzehoe | GER-SH | | 604 |
| 78 | 3516 | 00:31:19 | Alpen | Ben Jonas | 2002 | Volksbank Raiffeisenbank eG | GER-SH | | 610 |
| 79 | 1737 | 00:31:22 | Hunk | Rouben | 1999 | Liliencronschule Lägerdorf | GER-SH | | 620 |
| 80 | 4071 | 00:31:36 | Siemens | Niklas | 2001 | | GER-SH | | 639 |
| 81 | 4011 | 00:31:38 | Reitz | Brian | 2003 | Sport-Club Itzehoe | GER-SH | | 641 |
| 82 | 4054 | 00:31:39 | Zimmermann | Pascal | 2000 | Wohlert, Aldag & Partner mbB | GER-SH | | 642 |
| 83 | 3986 | 00:31:53 | Ay | Serhat | 2004 | Sparkasse Westholstein | GER-SH | | 658 |
| 84 | 3321 | 00:31:54 | Fredrich | Maurice | 2003 | Itax | GER-MVP | | 664 |
| 85 | 3687 | 00:31:58 | Müller | Lukas | 2002 | Hamburger Sport-Verein | GER-SH | | 668 |
| 86 | 4047 | 00:32:12 | Hentrich | Jerrit | 1997 | Wohlert, Aldag & Partner mbB | GER-SH | | 675 |
| 87 | 3926 | 00:32:19 | Alpen | Finn | 2005 | novitas bkk | GER-SH | | 682 |
| 88 | 3543 | 00:32:23 | Haker | Karl | 1997 | Elmshorn | GER-SH | | 687 |
| 89 | 3131 | 00:32:52 | Kreppel | Maximilian | 1997 | | GER-SH | | 709 |
| 90 | 2113 | 00:32:56 | Steenbock | Jakob | 2004 | Die Haie HSG Horst/Kiebitzreihe | GER-SH | | 714 |
| 91 | 3958 | 00:33:03 | Rübhagen | Rüdiger | 2002 | Pano Verschluss GmbH | GER-SH | | 717 |
| 92 | 3133 | 00:33:03 | Lachnit | Oskar | 2002 | | GER-SH | | 718 |
| 93 | 3159 | 00:33:08 | Muxfeldt | Cedric | 2005 | | GER-SH | | 721 |
| 94 | 3370 | 00:33:52 | Schröder | Jonas | 1999 | Klinikum Itzehoe | GER-SH | | 748 |
| 95 | 3118 | 00:33:56 | Joshi | Alec | 1998 | | USA | | 750 |
| 96 | 4040 | 00:34:03 | Tetzl | Robin | 1997 | Vishay Siliconix Itzehoe | GER-SH | | 758 |
| 97 | 3694 | 00:34:04 | Schröder | Jaron | 1998 | Häusliche Senioren und Krankenbetreuung HSK | GER-SH | | 760 |
| 98 | 3699 | 00:34:23 | Granzow | Leon | 2000 | ISR Recycling GmbH & Co.KG | GER-SH | | 771 |
| 99 | 3519 | 00:34:49 | Conrad | Tristan | 1999 | Von Herzen für Gärten | GER-SH | | 789 |
| 100 | 3524 | 00:34:50 | Paulsen | Jasper | 1999 | Von Herzen für Gärten | GER-SH | | 790 |
| 101 | 4064 | 00:35:02 | Schlünz | Sören | 2001 | Bad Bramstedt | GER-SH | | 801 |
| 102 | 1154 | 00:35:03 | Fitzner | Maximilian | 2003 | fitznersign Werbetechnik | GER-SH | | 802 |
| 103 | 1156 | 00:35:04 | Maitre | Lucas | 2004 | fitznersign Werbetechnik | GER-SH | | 803 |
| 104 | 3225 | 00:35:04 | Strohbach | Connor | 2003 | | GER-SH | | 804 |
| 105 | 1118 | 00:35:22 | Caglar | Muzaffercan | 2004 | Eskildsen GmbH & Co. KG | GER-SH | | 829 |
| 106 | 2108 | 00:35:57 | Göttsche | Tim | 1998 | Die Haie HSG Horst/Kiebitzreihe | GER-SH | | 846 |
| 107 | 3643 | 00:36:17 | Will | Tobias | 2003 | Butzkies Stahlbau GmbH | GER-SH | | 854 |
| 108 | 1550 | 00:36:25 | Garbers | Tobias | 1998 | Klinikum Itzehoe | GER-SH | | 860 |
| 109 | 2122 | 00:38:55 | Britten | Tom | 2005 | Feuerwehr Kellinghusen | GER-SH | | 918 |

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5 Km Lauf M - HK

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|-----------|-----------|------|-------------------------------|--------|-----|------------|
| 110 | 1246 | 00:39:41 | Kaak | Leon | 2000 | G. Pohl-Boskamp GmbH & Co. KG | GER-SH | | 930 |
| 111 | 1734 | 00:40:04 | Klink | Justus | 2000 | Kiel | GER-SH | | 934 |
| 112 | 1237 | 00:40:05 | Bremer | Jonathan | 2004 | G. Pohl-Boskamp GmbH & Co. KG | GER-SH | | 935 |
| 113 | 3219 | 00:40:13 | Stieben | Wladislav | 2003 | | GER-SH | | 936 |
| 114 | 3051 | 00:40:13 | Alexander | Frederik | 2004 | | GER-SH | | 937 |
| 115 | 3164 | 00:40:13 | Nguyen | Martin | 2004 | | GER-SH | | 938 |
| 116 | 3134 | 00:40:13 | Lammert | Kilian | 2004 | | GER-SH | | 939 |
| 117 | 3227 | 00:46:34 | Strohbach | Kilian | 2000 | | GER-SH | | 984 |

5 Km Lauf M - JU14

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|---------------------|-----------------|------|--------------------------------------------|---------|-----|------------|
| 1 | 4013 | 00:18:26 | Schoof | Sverre Petter | 2013 | Sport-Club Itzehoe | GER-SH | | 6 |
| 2 | 4009 | 00:20:40 | Otto | Jaden Noah | 2013 | Sport-Club Itzehoe | GER-SH | | 28 |
| 3 | 3859 | 00:21:30 | Ristau | Mattes | 2013 | KKS Klasse 7e | GER-SH | | 51 |
| 4 | 3773 | 00:21:54 | Niemeyer | Klaas | 2014 | KKS Klasse 5d | GER-SH | | 64 |
| 5 | 2027 | 00:21:56 | Matzen | Fabian | 2014 | Auguste Viktoria Schule Klasse 5b | GER-SH | | 65 |
| 6 | 2397 | 00:22:07 | Francou | Moritz | 2013 | SSG Itzehoe Klasse 6a | GER-SH | | 71 |
| 7 | 2062 | 00:22:10 | Eggert | Maas | 2014 | AVS Itzehoe Klasse 6d | GER-SH | | 72 |
| 8 | 2146 | 00:22:47 | Liebscher | Leopold | 2014 | FF Rosdorf | GER-SH | | 86 |
| 9 | 2007 | 00:22:48 | Nagel | Lasse | 2014 | Auguste Viktoria Schule Itzehoe Klasse 5e | GER-SH | | 90 |
| 10 | 1202 | 00:22:52 | Zalenski | Sam Luca | 2014 | Freie Waldorfschule Itzehoe Klasse 5 | GER-SH | | 95 |
| 11 | 2399 | 00:22:53 | Pohl | Linus | 2013 | SSG Itzehoe Klasse 6a | GER-SH | | 97 |
| 12 | 1726 | 00:23:10 | Wisch | Tjore | 2014 | Volksbank Raiffeisenbank eG | GER-SH | | 108 |
| 13 | 3787 | 00:23:31 | Kaack | Theo | 2014 | KKS Klasse 6b | GER-SH | | 122 |
| 14 | 3415 | 00:23:33 | Stärke | Moritz | 2014 | OTSV | GER-SH | | 125 |
| 15 | 3833 | 00:23:42 | Ristau | Jonas | 2013 | KKS Klasse 6e | GER-SH | | 131 |
| 16 | 3841 | 00:23:53 | Kassebrock | Jonah | 2013 | KKS Klasse 7c | GER-SH | | 138 |
| 17 | 2003 | 00:24:03 | Kompenhans | Benedikt | 2014 | Auguste Viktoria Schule Itzehoe Klasse 5e | GER-SH | | 142 |
| 18 | 1996 | 00:24:04 | Gramer | Jakob | 2014 | Auguste Viktoria Schule Itzehoe Klasse 5e | GER-SH | | 143 |
| 19 | 3446 | 00:24:11 | Borrmann | Jonas Kun | 2013 | Sport-Club Itzehoe | GER-SH | | 151 |
| 20 | 4030 | 00:24:12 | Schneiderei Calzada | Liam | 2014 | TSV Bemerode | GER-NIE | | 152 |
| 21 | 3829 | 00:24:14 | Bünz | Jasper | 2013 | KKS Klasse 6e | GER-SH | | 155 |
| 22 | 2460 | 00:24:14 | Alshamieh | Mahmoud | 2014 | Wolfgang-Borchert-Schule Itzehoe Klasse 5c | GER-SH | | 156 |
| 23 | 1730 | 00:24:19 | Patzies | Finn Connor | 2014 | Krempermoor | GER- | | 159 |
| 24 | 1209 | 00:24:20 | Kühl | Arvid Christian | 2013 | Freie Waldorfschule Itzehoe Klasse 6 | GER-SH | | 161 |
| 25 | 1990 | 00:24:29 | Biehl | Erik | 2014 | Auguste Viktoria Schule Itzehoe Klasse 5e | GER-SH | | 170 |
| 26 | 2141 | 00:24:33 | Berger | Magnus | 2014 | FF Rosdorf | GER-SH | | 173 |
| 27 | 3831 | 00:24:35 | Moellmer | Jonathan | 2013 | KKS Klasse 6e | GER-SH | | 176 |
| 28 | 3799 | 00:24:41 | Kryczanowski | Sven | 2013 | KKS Klasse 6c | GER-SH | | 184 |
| 29 | 2059 | 00:24:43 | Wacker | Tom | 2014 | AVS Itzehoe Klasse 5c | GER-SH | | 185 |
| 30 | 1941 | 00:24:59 | Thomsen | Filip | 2014 | 5a SSG | GER-SH | | 202 |

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| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|-------------|--------------|------|-----------------------------------------------|--------|-----|------------|
| 31 | 2206 | 00:25:04 | Gross | Niclas | 2014 | Grundschule Sude-West Klasse 2c | GER-SH | | 206 |
| 32 | 3762 | 00:25:07 | Olias | Jonathan | 2014 | KKS Klasse 5c | GER-SH | | 209 |
| 33 | 2441 | 00:25:17 | Hansen | Leon | 2013 | TS Schenefeld | GER-SH | | 214 |
| 34 | 1488 | 00:25:19 | Eicke | Fjonn | 2014 | GS Kremperheide Klasse 3a | GER-SH | | 215 |
| 35 | 2407 | 00:25:35 | Gebert | Yves | 2013 | SSG Itzehoe Klasse 6d | GER-SH | | 227 |
| 36 | 2490 | 00:25:36 | Poulter | David | 2013 | VFL Kellinghusen | GER-SH | | 228 |
| 37 | 2395 | 00:25:46 | Candler | Hanno | 2013 | SSG Itzehoe Klasse 6a | GER-SH | | 240 |
| 38 | 3825 | 00:25:51 | Voß | Julius | 2013 | KKS Klasse 6d | GER-SH | | 246 |
| 39 | 3820 | 00:25:54 | Posner | Nick | 2013 | KKS Klasse 6d | GER-SH | | 247 |
| 40 | 3784 | 00:26:00 | Thams | Milo | 2014 | KKS Klasse 6a | GER-SH | | 250 |
| 41 | 2074 | 00:26:23 | Scheff | Levin | 2013 | AVS Itzehoe Klasse 7b | GER-SH | | 264 |
| 42 | 2043 | 00:26:24 | Kunkelmoor | Jannis | 2014 | AVS 6b | GER-SH | | 265 |
| 43 | 3713 | 00:26:25 | Singh | Shaurya Raj | 2014 | Itzehoer Versicherungen | GER-SH | | 266 |
| 44 | 2011 | 00:26:26 | Tajedini | Cepandar | 2014 | Auguste Viktoria Schule Itzehoe Klasse 5e | GER-SH | | 268 |
| 45 | 3801 | 00:26:28 | Muradyan | Arman | 2013 | KKS Klasse 6c | GER-SH | | 270 |
| 46 | 3805 | 00:26:29 | Reese | Liam | 2014 | KKS Klasse 6c | GER-SH | | 271 |
| 47 | 3452 | 00:26:30 | Rehder | Hanno | 2014 | Sport-Club Itzehoe | GER-SH | | 273 |
| 48 | 1954 | 00:26:32 | Lampe | Liam | 2014 | 5c SSG | GER-SH | | 278 |
| 49 | 2070 | 00:26:45 | Hein | Jannes Hobe | 2013 | AVS Itzehoe Klasse 7b | GER-SH | | 292 |
| 50 | 1991 | 00:26:46 | Brümmer | Piet | 2014 | Auguste Viktoria Schule Itzehoe Klasse 5e | GER-SH | | 293 |
| 51 | 1968 | 00:26:59 | Alabed | Samer | 2014 | 5e SSG | GER-SH | | 304 |
| 52 | 1099 | 00:27:02 | Nikolai | Tom | 2014 | 05d AVS | GER-SH | | 307 |
| 53 | 3785 | 00:27:03 | Behrendt | Emil | 2014 | KKS Klasse 6b | GER-SH | | 308 |
| 54 | 3834 | 00:27:07 | Chalubowicz | Max | 2013 | KKS Klasse 7a | GER-SH | | 313 |
| 55 | 3738 | 00:27:12 | Helfrich | Jost | 2014 | KKS Klasse 5a | GER-SH | | 316 |
| 56 | 3806 | 00:27:14 | Röbert | Kjell | 2014 | KKS Klasse 6c | GER-SH | | 318 |
| 57 | 3794 | 00:27:20 | Weber | Mads | 2014 | KKS Klasse 6b | GER-SH | | 332 |
| 58 | 3821 | 00:27:20 | Puls | Justus | 2013 | KKS Klasse 6d | GER-SH | | 333 |
| 59 | 3932 | 00:27:28 | Gummerlich | Jan | 2014 | novitas bkk | GER-SH | | 344 |
| 60 | 1957 | 00:27:28 | Umbach | Janos | 2014 | 5c SSG | GER-SH | | 345 |
| 61 | 1204 | 00:27:34 | Amling | Dawid | 2013 | Freie Waldorfschule Itzehoe Klasse 6 | GER-SH | | 349 |
| 62 | 3807 | 00:27:37 | Rudolph | Johann | 2014 | KKS Klasse 6c | GER-SH | | 353 |
| 63 | 1587 | 00:27:55 | Berisha | Omer | 2014 | Liliencronschule Lägerdorf Klasse 4 | GER-SH | | 377 |
| 64 | 3832 | 00:28:04 | Möller | Oskar | 2014 | KKS Klasse 6e | GER-SH | | 380 |
| 65 | 2400 | 00:28:10 | Kern | Rasmus | 2013 | SSG Itzehoe Klasse 6c | GER-SH | | 388 |
| 66 | 2402 | 00:28:12 | Steigemann | Hannes | 2014 | SSG Itzehoe Klasse 6c | GER-SH | | 395 |
| 67 | 1086 | 00:28:18 | Schlauß | Flemming | 2013 | | GER-SH | | 401 |
| 68 | 1955 | 00:28:28 | Roge | Leon | 2014 | 5c SSG | GER-SH | | 408 |
| 69 | 1230 | 00:28:31 | Hansen | Lauris Anton | 2013 | Freie Waldorfschule Itzehoe Klasse 7 | GER-SH | | 414 |
| 70 | 3929 | 00:28:31 | Gravert | Ben Luca | 2014 | novitas bkk | GER-SH | | 415 |
| 71 | 1328 | 00:28:38 | Schneider | Mika | 2014 | Grundschule an der Schäferkoppel Klasse 4c | GER-SH | | 420 |
| 72 | 2451 | 00:28:48 | Jaschik | Flynn | 2014 | WKS | GER-SH | | 429 |
| 73 | 1995 | 00:28:48 | Göttsche | Mati | 2014 | Auguste Viktoria Schule Itzehoe Klasse 5e | GER-SH | | 430 |
| 74 | 1992 | 00:28:48 | Döring | Oskar | 2014 | Auguste Viktoria Schule Itzehoe Klasse 5e | GER-SH | | 431 |
| 75 | 2439 | 00:28:57 | Grewe | Janosch | 2014 | TS Schenefeld | GER-SH | | 447 |

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| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|-------------|------------|------|-----------------------------------------------|---------|-----|------------|
| 76 | 1953 | 00:29:00 | Lampe | Leif | 2014 | 5c SSG | GER-SH | | 450 |
| 77 | 1969 | 00:29:03 | Bettsteller | Zachary | 2014 | 5e SSG | GER-SH | | 458 |
| 78 | 1943 | 00:29:15 | Weist | Lenny | 2013 | 5a SSG | GER-SH | | 466 |
| 79 | 2019 | 00:29:23 | Barth | Pepe | 2014 | Auguste Viktoria Schule Klasse 5b | GER-SH | | 476 |
| 80 | 2248 | 00:29:32 | Reitz | Pepe | 2014 | HSC Hohenaspe | GER- | | 483 |
| 81 | 2029 | 00:29:35 | Rjabtschuk | Erik | 2013 | Auguste Viktoria Schule Klasse 5b | GER-SH | | 489 |
| 82 | 2465 | 00:29:37 | Wagnitz | Nino | 2013 | Wolfgang-Borchert-Schule Itzehoe Klasse 6a | GER-SH | | 492 |
| 83 | 2412 | 00:29:37 | Schenk | Fetje | 2013 | SSG Itzehoe Klasse 6d | GER-SH | | 493 |
| 84 | 3749 | 00:29:52 | Schipnewski | Thies | 2014 | KKS Klasse 5b | GER-SH | | 506 |
| 85 | 3809 | 00:29:52 | Schneider | Lasse | 2014 | KKS Klasse 6c | GER-SH | | 508 |
| 86 | 1994 | 00:29:55 | Fock | Jesse | 2014 | Auguste Viktoria Schule Itzehoe Klasse 5e | GER-SH | | 513 |
| 87 | 1226 | 00:30:07 | Skawinski | Liam | 2013 | Freie Waldorfschule Itzehoe Klasse 6 | GER-SH | | 524 |
| 88 | 1218 | 00:30:18 | Plath | Gustav | 2013 | Freie Waldorfschule Itzehoe Klasse 6 | GER-SH | | 546 |
| 89 | 2009 | 00:30:18 | Rohwedder | Luca | 2014 | Auguste Viktoria Schule Itzehoe Klasse 5e | GER-SH | | 547 |
| 90 | 2175 | 00:30:25 | Bujack | Mads | 2014 | Gemeinschaftsschule Wilster Klasse 6b | GER-SH | | 556 |
| 91 | 2063 | 00:30:26 | Gillert | Henning | 2014 | AVS Itzehoe Klasse 6d | GER-SH | | 557 |
| 92 | 4053 | 00:30:33 | Schroeder | Mika | 2014 | Wohlert, Aldag & Partner mbB | GER-SH | | 567 |
| 93 | 3772 | 00:30:38 | Kroppla | Jano | 2014 | KKS Klasse 5d | GER-SH | | 575 |
| 94 | 1963 | 00:30:48 | Mouangue | Noah Lukas | 2014 | 5d SSG | GER-SH | | 581 |
| 95 | 1101 | 00:30:52 | Terterjan | Elias | 2014 | 05d AVS | GER-SH | | 586 |
| 96 | 2394 | 00:31:03 | Bischoff | Paul | 2014 | SSG Itzehoe Klasse 6a | GER-SH | | 603 |
| 97 | 3398 | 00:31:20 | Rathjen | Jarne | 2014 | MTSV Hohenwestedt | GER-SH | | 614 |
| 98 | 2374 | 00:31:33 | Gümüşkuyu | Davin | 2013 | Sport-Club Itzehoe | GER-SH | | 633 |
| 99 | 1961 | 00:31:46 | Hanke | Luca-Joel | 2014 | 5d SSG | GER-SH | | 652 |
| 100 | 1588 | 00:32:01 | Groth | Leon | 2014 | Lilienronschule Lägerdorf Klasse 4 | GER-SH | | 670 |
| 101 | 1717 | 00:32:30 | Skulima | Marco | 2014 | Via Nova gGmbH | GER-SH | | 691 |
| 102 | 3273 | 00:32:40 | Konradt | Valentin | 2014 | Campus Kieler Straße | GER-HAM | | 698 |
| 103 | 1197 | 00:32:45 | Lucht | Finn | 2014 | Freie Waldorfschule Itzehoe Klasse 5 | GER-SH | | 704 |
| 104 | 1245 | 00:33:14 | Hytrek | Lasse | 2014 | G. Pohl-Boskamp GmbH & Co. KG | GER-SH | | 725 |
| 105 | 1223 | 00:34:02 | Schrenk | Henri Hugo | 2014 | Freie Waldorfschule Itzehoe Klasse 6 | GER-SH | | 754 |
| 106 | 1206 | 00:34:02 | Ertzinger | Iven | 2013 | Freie Waldorfschule Itzehoe Klasse 6 | GER-SH | | 756 |
| 107 | 3124 | 00:34:10 | Kleinfeldt | Enno | 2014 | | GER-SH | | 764 |
| 108 | 3086 | 00:34:38 | Friedrichs | Jesko | 2013 | | GER-SH | | 782 |
| 109 | 2121 | 00:34:42 | Arndt | Luca | 2014 | Feuerwehr Kellinghusen | GER-SH | | 784 |
| 110 | 1217 | 00:34:45 | Pfeiffer | Momme | 2013 | Freie Waldorfschule Itzehoe Klasse 6 | GER-SH | | 786 |
| 111 | 4063 | 00:34:45 | Duns | Nis Oskar | 2014 | KKS Klasse 5c | GER-SH | | 787 |
| 112 | 1692 | 00:35:05 | Großmann | Felix | 2013 | TuS Krempa v. 1874 e.V. | GER-SH | | 806 |
| 113 | 3764 | 00:35:07 | Rosenmeier | Jasse | 2014 | KKS Klasse 5c | GER-SH | | 808 |
| 114 | 2041 | 00:35:08 | Shaginian | Sevada | 2014 | Auguste Viktoria Schule Klasse 5b | GER-SH | | 811 |
| 115 | 3380 | 00:35:13 | Schofeld | Miro | 2014 | Kreativ Hoch10 | GER-SH | | 815 |
| 116 | 3836 | 00:35:37 | Birkner | Lasse | 2013 | KKS Klasse 7b | GER-SH | | 838 |

Ergebnis

M / W - Altersklassen

5 Km Lauf (5 Km)

5 Km Lauf M - JU14

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|------------------|--------------|------|--------------------------------------------|--------|-----|------------|
| 117 | 2288 | 00:36:06 | Abdikadir | Maahir | 2013 | Klosterhof-Schule Itzehoe Klasse 6a | GER-SH | | 850 |
| 118 | 2497 | 00:36:59 | Reher | Chris | 2014 | Grundschule Kellinghusen Klasse 4 | GER-SH | | 878 |
| 119 | 2415 | 00:38:05 | Ciesielski | Natan | 2013 | SSG Itzehoe Klasse 7 | GER-SH | | 901 |
| 120 | 2200 | 00:38:48 | Shekhmosa | Evan | 2013 | Grundschule Sude-West Klasse 1a | GER-SH | | 916 |
| 121 | 2192 | 00:39:29 | Herzberg | Jason | 2013 | Gemeinschaftsschule Wilster Klasse 7b | GER-SH | | 926 |
| 122 | 2321 | 00:39:34 | Al Zoubi | Taha | 2014 | novitas bkk | GER-SH | | 928 |
| 123 | 1203 | 00:40:49 | Ahrens | Milo Emilian | 2013 | Freie Waldorfschule Itzehoe Klasse 6 | GER-SH | | 950 |
| 124 | 1216 | 00:41:25 | Pfeiffer | Hannes | 2013 | Freie Waldorfschule Itzehoe Klasse 6 | GER-SH | | 952 |
| 125 | 1207 | 00:41:27 | Harwath | Piet-Jonas | 2014 | Freie Waldorfschule Itzehoe Klasse 6 | GER-SH | | 953 |
| 126 | 1212 | 00:45:59 | Melville-Roberts | Noah | 2014 | Freie Waldorfschule Itzehoe Klasse 6 | GER-SH | | 980 |
| 127 | 2455 | 00:47:02 | Brandt | Max | 2014 | Wolfgang-Borchert-Schule Itzehoe Klasse 5a | GER-SH | | 986 |
| 128 | 3796 | 00:47:25 | Brocks | Nick | 2013 | KKS Klasse 6c | GER-SH | | 989 |
| 129 | 3800 | 00:47:26 | Mousawi | Sayed Ali | 2014 | KKS Klasse 6c | GER-SH | | 990 |
| 130 | 2431 | 00:49:49 | Jama | Lyan | 2014 | Steinburg-Schule Itzehoe Klasse 2 | GER-SH | | 993 |

5 Km Lauf M - JU16

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|----------------|------------|------|--------------------------------------------|---------|-----|------------|
| 1 | 2296 | 00:18:51 | Yagobi | Mahdi | 2011 | Klosterhof-Schule Itzehoe Klasse 7a | GER-SH | | 10 |
| 2 | 2378 | 00:20:50 | Prigandt | Junis | 2011 | Sport-Club Itzehoe | GER-SH | | 35 |
| 3 | 4021 | 00:21:08 | Thumann | Marten | 2012 | Sport-Club Itzehoe | GER-SH | | 41 |
| 4 | 2071 | 00:21:16 | Melzer | Jakob | 2012 | AVS Itzehoe Klasse 7b | GER-SH | | 45 |
| 5 | 3265 | 00:21:46 | Meurisch | Jonas | 2011 | AVS Itzehoe | GER-SH | | 56 |
| 6 | 2423 | 00:21:52 | Schmied | Leonard | 2011 | SSG Itzehoe Klasse 8b | GER-SH | | 61 |
| 7 | 2472 | 00:22:37 | Drexl | Niklas | 2012 | Wolfgang-Borchert-Schule Itzehoe Klasse 7d | GER-SH | | 83 |
| 8 | 3053 | 00:22:47 | Altemühlenkord | Fred | 2012 | | GER-HAM | | 87 |
| 9 | 2380 | 00:22:58 | Staade | Ben | 2012 | Sport-Club Itzehoe | GER-SH | | 103 |
| 10 | 3637 | 00:23:13 | Otte | Tim | 2012 | Brausebrand am Brömsenknoöll | GER-SH | | 114 |
| 11 | 3165 | 00:23:34 | Nicola | Ove | 2012 | | GER-HAM | | 126 |
| 12 | 1329 | 00:23:42 | Näher | Alexander | 2012 | Grundschule an der Schäferkoppel Klasse 8 | GER-SH | | 130 |
| 13 | 3864 | 00:23:57 | Wrage | Klaas-Emil | 2012 | KKS Klasse 7e | GER-SH | | 139 |
| 14 | 3850 | 00:25:11 | Arendt | Leon | 2012 | KKS Klasse 7e | GER-SH | | 211 |
| 15 | 3946 | 00:25:48 | Worm | Lasse | 2012 | novitas bkk | GER-SH | | 242 |
| 16 | 1654 | 00:26:09 | Bojarzin | Lennard | 2011 | Störtalcampus | GER-SH | | 256 |
| 17 | 2476 | 00:27:04 | Pfingsten | Kiran | 2011 | Wolfgang-Borchert-Schule Itzehoe Klasse 8a | GER-SH | | 309 |
| 18 | 3835 | 00:27:06 | Thums | Tobit | 2012 | KKS Klasse 7a | GER-SH | | 311 |
| 19 | 2420 | 00:27:09 | Voth | Moritz | 2012 | SSG Itzehoe Klasse 8a | GER-SH | | 314 |
| 20 | 2417 | 00:27:14 | Al Mustafa | Muhammad | 2012 | SSG Itzehoe Klasse 8a | GER-SH | | 319 |
| 21 | 1612 | 00:28:05 | Flindt | Lukas | 2012 | novitas bkk | GER-SH | | 381 |
| 22 | 5328 | 00:28:07 | Waterstraat | Lukas | 2012 | | GER-SH | | 386 |

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M / W - Altersklassen

5 Km Lauf (5 Km)

5 Km Lauf M - JU16

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|------------|-----------------|------|-----------------------------------------------|--------|-----|------------|
| 23 | 2352 | 00:28:22 | Schuldt | Elias | 2012 | SCI Sport-Club-Itzehoe | GER-SH | | 402 |
| 24 | 2487 | 00:28:30 | Laskowski | Mika | 2011 | Gemeinschaftsschule Wilster Klasse 8c | GER-SH | | 413 |
| 25 | 1610 | 00:28:32 | Finkmann | Julian | 2012 | novitas bkk | GER-SH | | 416 |
| 26 | 3861 | 00:28:40 | Steingrube | Eric | 2012 | KKS Klasse 7e | GER-SH | | 423 |
| 27 | 2496 | 00:29:15 | Wulf | Finn | 2012 | Wolfgang-Borchert-Schule Itzehoe Klasse 8b | GER-SH | | 465 |
| 28 | 2145 | 00:29:16 | Liebscher | Justus | 2012 | FF Rosdorf | GER-SH | | 468 |
| 29 | 3803 | 00:29:30 | Padeken | Laurin Tamme | 2012 | KKS Klasse 6c | GER-SH | | 481 |
| 30 | 3185 | 00:30:09 | Rau | Arne | 2012 | | GER-SH | | 526 |
| 31 | 3574 | 00:30:14 | Hoyer | Johan | 2011 | | GER-SH | | 535 |
| 32 | 3862 | 00:30:22 | Thiel | Moritz | 2012 | KKS Klasse 7e | GER-SH | | 552 |
| 33 | 3463 | 00:30:51 | Ahmadi | Mohammad Shoaib | 2012 | SV Alemania Wilster | GER-SH | | 583 |
| 34 | 2430 | 00:31:20 | Schäfer | Jannik | 2012 | Steinburg-Schule Itzehoe Klasse 12 | GER-SH | | 617 |
| 35 | 2089 | 00:31:25 | Schilling | Felix | 2011 | AVS Itzehoe Klasse 9a | GER-SH | | 621 |
| 36 | 3093 | 00:31:37 | Goldbaum | Daniel | 2011 | | GER-SH | | 640 |
| 37 | 3412 | 00:33:57 | Schröder | Ole | 2011 | novitas bkk | GER-SH | | 751 |
| 38 | 3871 | 00:34:02 | Ballin | Jasper | 2012 | KKS Klasse 8d | GER-SH | | 755 |
| 39 | 3462 | 00:35:11 | Rehder | Meeno | 2012 | Steinburg"Flag"Panthers | GER-SH | | 813 |
| 40 | 2480 | 00:35:19 | Schendel | Laurin | 2012 | Wolfgang-Borchert-Schule Itzehoe Klasse 8c | GER-SH | | 827 |
| 41 | 3837 | 00:35:36 | Grun | Michel | 2012 | KKS Klasse 7b | GER-SH | | 837 |
| 42 | 2422 | 00:37:47 | Rajab | Daniel | 2011 | SSG Itzehoe Klasse 8b | GER-SH | | 896 |
| 43 | 1889 | 00:45:04 | Giebel | Hannes | 2011 | | GER-SH | | 975 |

5 Km Lauf M - JU18

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|-----------|-------------|------|------------------------------------------------|--------|-----|------------|
| 1 | 4002 | 00:17:51 | Kaack | Paul | 2009 | Sport-Club Itzehoe | GER-SH | | 2 |
| 2 | 3081 | 00:17:57 | Espindola | Nicolas | 2010 | | GER-SH | | 3 |
| 3 | 3636 | 00:18:15 | Sommer | Jarno | 2009 | Bramstedter Turnerschaft | GER-SH | | 4 |
| 4 | 1988 | 00:18:51 | Tams | Arne | 2010 | Auguste Viktoria Schule Itzehoe Klasse 10a | GER-SH | | 9 |
| 5 | 3508 | 00:20:16 | Kuhnke | Max | 2010 | VFL Kellinghusen | GER-SH | | 21 |
| 6 | 4012 | 00:20:29 | Schoof | Rasmus Ole | 2010 | Sport-Club Itzehoe | GER-SH | | 26 |
| 7 | 2045 | 00:20:49 | Duitsmann | Timon | 2009 | AVS Itzehoe | GER-SH | | 34 |
| 8 | 2426 | 00:20:54 | Harnau | Till | 2010 | SSG Itzehoe Klasse 9c | GER-SH | | 36 |
| 9 | 3726 | 00:21:04 | Senke | Thilo Jonas | 2010 | KKS Klasse 10b | GER-SH | | 39 |
| 10 | 2385 | 00:21:40 | Göttling | Ansgar | 2009 | SSG Itzehoe Klasse 10b | GER-SH | | 55 |
| 11 | 2384 | 00:22:02 | Benthien | Louis | 2009 | SSG Itzehoe Klasse 10b | GER-SH | | 69 |
| 12 | 3723 | 00:22:25 | Lipp | Johannes | 2009 | KKS Klasse 10b | GER-SH | | 75 |
| 13 | 2453 | 00:22:41 | Nazary | Salay | 2010 | Wolfgang-Borchert-Schule Itzehoe Klasse 10c | GER-SH | | 84 |
| 14 | 3728 | 00:23:10 | Röttmer | Julius | 2010 | KKS Klasse 10d | GER-SH | | 109 |
| 15 | 2342 | 00:23:13 | Kropla | Milo Levi | 2009 | Oeschebüttel | GER-SH | | 115 |
| 16 | 3724 | 00:24:37 | Rose | Simeon | 2009 | KKS Klasse 10b | GER-SH | | 179 |
| 17 | 2090 | 00:24:54 | Enke | Tom | 2010 | AVS Itzehoe Klasse 9b | GER-SH | | 199 |
| 18 | 3056 | 00:25:57 | Barath | Florian | 2010 | | GER-SH | | 249 |
| 19 | 4038 | 00:26:13 | Wegner | Melvin | 2010 | VFL Kellinghusen | GER-SH | | 257 |
| 20 | 2252 | 00:26:19 | Pillokat | Marc | 2010 | Itzehoe Eagles | GER-SH | | 261 |

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M / W - Altersklassen

5 Km Lauf (5 Km)

5 Km Lauf M - JU18

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|-------------------|-------------------|------|-----------------------------------------------|--------|-----|------------|
| 21 | 2341 | 00:26:34 | Warmbier | Rickmer | 2009 | novitas bkk | GER-SH | | 280 |
| 22 | 3202 | 00:26:36 | Schneider | Jannis | 2009 | | GER-SH | | 282 |
| 23 | 1634 | 00:26:46 | Ahsbahs-Hahn | Jannes | 2009 | Sportprofil AVS | GER-SH | | 294 |
| 24 | 3720 | 00:27:05 | Bornhöft | Joos | 2010 | KKS Klasse 10b | GER-SH | | 310 |
| 25 | 3166 | 00:27:17 | Nikolai | Ben | 2010 | | GER-SH | | 326 |
| 26 | 3256 | 00:27:43 | Züge | Daniel Maximilian | 2010 | | GER-SH | | 360 |
| 27 | 2484 | 00:27:45 | Schuldt | Simon | 2010 | Wolfgang-Borchert-Schule Itzehoe Klasse 9d | GER-SH | | 364 |
| 28 | 2483 | 00:27:46 | Bahlwan | Khaled | 2009 | Wolfgang-Borchert-Schule Itzehoe Klasse 9d | GER-SH | | 366 |
| 29 | 3073 | 00:28:24 | Chassagnol-Gaßner | Leopold | 2009 | | GER-SH | | 404 |
| 30 | 3054 | 00:28:41 | Arlt | Fiete | 2010 | | GER-SH | | 425 |
| 31 | 3725 | 00:28:51 | Schmidko | Lukas | 2009 | KKS Klasse 10b | GER-SH | | 436 |
| 32 | 1699 | 00:28:51 | Al-Ashour | Mohamad | 2009 | Via Nova gGmbH | GER-SH | | 437 |
| 33 | 2115 | 00:30:16 | Kirschke | Lukas | 2010 | Feuerwehr Dägeling | GER-SH | | 539 |
| 34 | 1711 | 00:30:32 | Nazari | Sajad Ali | 2009 | Via Nova gGmbH | GER-SH | | 566 |
| 35 | 2425 | 00:31:11 | Acil | Arda | 2010 | SSG Itzehoe Klasse 9c | GER-SH | | 606 |
| 36 | 2187 | 00:31:20 | Nühse | Finn | 2010 | Gemeinschaftsschule Wilster Klasse 9e | GER-SH | | 611 |
| 37 | 3065 | 00:32:44 | Borrmann | Luis Zhong | 2010 | | GER-SH | | 703 |
| 38 | 1713 | 00:32:55 | Rapregen | Philip | 2010 | Via Nova gGmbH | GER-SH | | 713 |
| 39 | 3455 | 00:33:48 | Witt | Maximilian | 2010 | Sport-Club Itzehoe | GER-SH | | 744 |
| 40 | 1712 | 00:34:58 | Ober | Luca | 2009 | Via Nova gGmbH | GER-SH | | 794 |
| 41 | 1921 | 00:36:04 | Oestreich | Dominik | 2010 | Steinburg-Schule Itzehoe | GER-SH | | 849 |
| 42 | 3059 | 00:36:11 | Bauermeister | Magnus | 2009 | | GER-SH | | 852 |

5 Km Lauf M - JU20

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|------------|-------------|------|--------------------------------------|--------|-----|------------|
| 1 | 3999 | 00:18:40 | Carstens | Lasse | 2008 | Sport-Club Itzehoe | GER-SH | | 7 |
| 2 | 3715 | 00:19:34 | Söhren | Elijah Joel | 2008 | Itzehoe Versicherungen | GER-SH | | 14 |
| 3 | 4006 | 00:19:39 | Mandel | Johann | 2007 | Sport-Club Itzehoe | GER-SH | | 15 |
| 4 | 3445 | 00:19:51 | Bastian | Julian Lee | 2008 | Sport-Club Itzehoe | GER-SH | | 18 |
| 5 | 4007 | 00:20:25 | Mandel | Rasmus | 2008 | Sport-Club Itzehoe | GER-SH | | 25 |
| 6 | 3296 | 00:20:44 | Czygan | Rasmus | 2008 | ETSV Fortuna Glückstadt | GER-SH | | 30 |
| 7 | 2110 | 00:21:04 | Kortum | Anthony | 2008 | Die Haie HSG Horst/Kiebitzreihe | GER-SH | | 40 |
| 8 | 4019 | 00:21:21 | Supper | Eike | 2007 | Sport-Club Itzehoe | GER-SH | | 47 |
| 9 | 2123 | 00:21:27 | Daßau | Bjarne | 2007 | Feuerwehr Kellinghusen | GER-SH | | 48 |
| 10 | 3706 | 00:21:31 | Albrecht | Jonas | 2007 | Itzehoe Versicherungen | GER-SH | | 52 |
| 11 | 2491 | 00:22:02 | Wolniewicz | John | 2008 | RBZ | GER-SH | | 70 |
| 12 | 3695 | 00:22:53 | Mangels | Rafael | 2008 | HSG Horst/ Kiebitzreihe | GER-SH | | 98 |
| 13 | 3730 | 00:24:12 | Behrendt | Anton | 2008 | KKS Klasse 11b | GER-SH | | 153 |
| 14 | 4020 | 00:24:37 | Supper | Jan | 2007 | Sport-Club Itzehoe | GER-SH | | 180 |
| 15 | 3703 | 00:24:44 | Mohrdiek | Levin | 2007 | ISR Recycling GmbH & Co.KG | GER-SH | | 187 |
| 16 | 3417 | 00:25:26 | Kähler | Jano | 2007 | Peters Werft GmbH | GER-SH | | 221 |
| 17 | 1698 | 00:26:13 | Alali | Bahaa Aldin | 2008 | Via Nova gGmbH | GER-SH | | 258 |
| 18 | 1656 | 00:26:30 | Bojarzin | Moritz | 2007 | Störtalcampus | GER-SH | | 276 |
| 19 | 1640 | 00:26:47 | Mahn | Oscar | 2008 | Sportprofil AVS | GER-SH | | 296 |
| 20 | 3279 | 00:28:09 | Haagen | Oke | 2008 | Detlefsengymnasium Glückstadt | GER-SH | | 387 |

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M / W - Altersklassen

5 Km Lauf (5 Km)

5 Km Lauf M - JU20

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|-------------|------------|------|--------------------------------------|--------|-----|------------|
| 21 | 2152 | 00:28:42 | Ahmling | Tom-Luis | 2007 | Flowserve SIHI Germany GmbH | GER-SH | | 427 |
| 22 | 3191 | 00:29:59 | Reimer | Hannes | 2007 | | GER-SH | | 516 |
| 23 | 2118 | 00:30:14 | Tomaszewski | Finn | 2008 | Feuerwehr Dägeling | GER-SH | | 534 |
| 24 | 2493 | 00:30:23 | Nicolaus | Julian | 2007 | | GER-SH | | 554 |
| 25 | 1708 | 00:31:02 | Linke | Fellix | 2008 | Via Nova gGmbH | GER-SH | | 600 |
| 26 | 1107 | 00:31:58 | Wiemann | Joona | 2008 | Albert-Schweitzer-Apotheke | GER-SH | | 667 |
| 27 | 2156 | 00:32:46 | Hüttel | Constantin | 2007 | Flowserve SIHI Germany GmbH | GER-SH | | 705 |
| 28 | 1214 | 00:36:20 | Nöhring | Tristan | 2007 | Freie Waldorfschule Itzehoe Klasse 6 | GER-SH | | 856 |

5 Km Lauf M - KU10

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|-------------|------------|------|--------------------------------------------|--------|-----|------------|
| 1 | 3400 | 00:24:11 | Schwarzkopf | Mattia | 2017 | MTV Heide | GER-SH | | 150 |
| 2 | 1677 | 00:24:22 | Hanse | Frederick | 2017 | TSV Heiligenstedten | GER-SH | | 165 |
| 3 | 3251 | 00:24:25 | Wodnick | Emil | 2017 | | GER-SH | | 167 |
| 4 | 2435 | 00:24:40 | Baumann | Jonte | 2018 | Störtal-Campus Grundschule Oelixdorf | GER-SH | | 183 |
| 5 | 1499 | 00:25:01 | Hambruch | Levi | 2017 | GS Kremperheide Klasse 3b | GER-SH | | 204 |
| 6 | 3544 | 00:25:43 | Wiesenberg | Leno | 2017 | MTV Wilster | GER-SH | | 235 |
| 7 | 2364 | 00:26:03 | Skubowius | Mika | 2017 | SG Breitenburg | GER-SH | | 252 |
| 8 | 1089 | 00:26:31 | Voss | Mads | 2017 | | GER-SH | | 277 |
| 9 | 1580 | 00:26:34 | Hofmann | Jonas | 2017 | Liliencronschule Lägerdorf Klasse 3 | GER-SH | | 279 |
| 10 | 3404 | 00:26:36 | Ahmadi | Shahzad | 2017 | MTV Wilster | GER-SH | | 281 |
| 11 | 3297 | 00:26:37 | Jähne | Pepe | 2018 | ETSV Fortuna Glückstadt | GER-SH | | 284 |
| 12 | 1575 | 00:27:15 | Alshamieh | Omar | 2017 | Liliencronschule Lägerdorf Klasse 2 | GER-SH | | 321 |
| 13 | 1681 | 00:27:18 | Kölln | Leon | 2017 | TSV Heiligenstedten | GER-SH | | 329 |
| 14 | 1124 | 00:28:14 | Kaschwich | Elias | 2017 | Fehrs-Schule Klasse 2 | GER-SH | | 398 |
| 15 | 3939 | 00:29:03 | Kuwok | Luis | 2017 | novitas bkk | GER-SH | | 459 |
| 16 | 1480 | 00:29:34 | Schröder | Hanno | 2018 | GS Kremperheide Klasse 1b | GER-SH | | 487 |
| 17 | 1682 | 00:29:39 | Koops | Fynn Jonas | 2017 | TSV Heiligenstedten | GER-SH | | 495 |
| 18 | 1548 | 00:29:55 | Esposito | Henrik | 2018 | Klinikum Itzehoe | GER-SH | | 512 |
| 19 | 2221 | 00:30:04 | Bostanci | Güven | 2017 | Grundschule Sude-West Klasse 3b | GER-SH | | 522 |
| 20 | 1276 | 00:30:13 | Hergenreder | Erik | 2017 | Grundschule an der Schäferkoppel Klasse 2c | GER-SH | | 530 |
| 21 | 1388 | 00:30:14 | Tesch | Hannes | 2017 | Grundschule Kellinghusen Klasse 3 | GER-SH | | 533 |
| 22 | 2201 | 00:30:27 | Vialon | Finn | 2017 | Grundschule Sude-West Klasse 2a | GER-SH | | 560 |
| 23 | 1523 | 00:30:29 | Liskow | Jari | 2018 | Itzehoer Versicherungen | GER-SH | | 561 |
| 24 | 3406 | 00:30:33 | Lindemann | Keke | 2017 | MTV Wilster | GER-SH | | 568 |
| 25 | 1456 | 00:30:33 | Hellmann | Noah | 2018 | GS Edendorf Klasse 1 | GER-SH | | 570 |
| 26 | 1572 | 00:30:59 | Hunk | Nico | 2018 | Liliencronschule Lägerdorf Klasse 1 | GER-SH | | 593 |
| 27 | 1365 | 00:31:26 | Gründer | Emil | 2018 | Grundschule Kellinghusen Klasse 2 | GER-SH | | 624 |
| 28 | 1372 | 00:31:30 | Maas | Lennard | 2017 | Grundschule Kellinghusen Klasse 2 | GER-SH | | 631 |

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5 Km Lauf (5 Km)

5 Km Lauf M - KU10

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|-----------------|------------|------|--------------------------------------------|--------|-----|------------|
| 29 | 1293 | 00:31:32 | Jörgensen | Pelle | 2017 | Grundschule an der Schäferkoppel Klasse 3a | GER-SH | | 632 |
| 30 | 1338 | 00:31:34 | Brandt | Milow | 2017 | Grundschule auf der Geestinsel Klasse 2 | GER-SH | | 636 |
| 31 | 1666 | 00:31:35 | Trinogga | Felix | 2017 | Störtalcampus Klasse 2 | GER-SH | | 638 |
| 32 | 1625 | 00:31:41 | Stüber | Leve | 2018 | novitas bkk | GER-SH | | 645 |
| 33 | 1167 | 00:31:43 | Walkows | Palle | 2017 | Freie Waldorfschule Itzehoe Klasse 3 | GER-SH | | 648 |
| 34 | 1342 | 00:31:44 | Hustedt | Samuel | 2018 | Grundschule auf der Geestinsel Klasse 2 | GER-SH | | 649 |
| 35 | 2204 | 00:31:45 | Kaminski | Liam | 2017 | Grundschule Sude-West Klasse 2b | GER-SH | | 650 |
| 36 | 2218 | 00:31:57 | Hildermann | Leonard | 2017 | Grundschule Sude-West Klasse 3a | GER-SH | | 666 |
| 37 | 1363 | 00:32:26 | Fidelak | Julius | 2017 | Grundschule Kellinghusen Klasse 2 | GER-SH | | 688 |
| 38 | 1360 | 00:32:29 | Abdullah | Assem | 2018 | Grundschule Kellinghusen Klasse 2 | GER-SH | | 690 |
| 39 | 1483 | 00:32:32 | Bente | Finn | 2017 | GS Kremperheide Klasse 2a | GER-SH | | 693 |
| 40 | 1265 | 00:33:15 | Westphal | Mael | 2018 | Grundschule an der Schäferkoppel Klasse 1c | GER-SH | | 727 |
| 41 | 1366 | 00:33:16 | Heitmann | Enjo | 2018 | Grundschule Kellinghusen Klasse 2 | GER-SH | | 728 |
| 42 | 1414 | 00:33:42 | Jordan | Milo | 2017 | Grundschule Wellenkamp Klasse 2b | GER-SH | | 736 |
| 43 | 1486 | 00:33:42 | Puzankow | Valentin | 2018 | GS Kremperheide Klasse 2b | GER-SH | | 737 |
| 44 | 3092 | 00:33:45 | Goldbaum | Benjamin | 2017 | | GER-SH | | 740 |
| 45 | 3117 | 00:33:58 | Johannsen | Len | 2017 | | GER-SH | | 752 |
| 46 | 2202 | 00:34:18 | Avakian | Leo | 2017 | Grundschule Sude-West Klasse 2b | GER-SH | | 767 |
| 47 | 1434 | 00:34:22 | Clausen | Jonas | 2017 | Grundschule Wellenkamp Klasse 3d | GER-SH | | 770 |
| 48 | 1417 | 00:34:29 | Sträßer | Bjarne | 2018 | Grundschule Wellenkamp Klasse 2c | GER-SH | | 772 |
| 49 | 1343 | 00:34:30 | Jennert | Felix | 2018 | Grundschule auf der Geestinsel Klasse 2 | GER-SH | | 774 |
| 50 | 1481 | 00:34:34 | Tetens | Mats | 2018 | GS Kremperheide Klasse 1b | GER-SH | | 777 |
| 51 | 3943 | 00:34:35 | Tetzlaff | Jarle | 2017 | novitas bkk | GER-SH | | 779 |
| 52 | 2196 | 00:34:37 | Böthern | Lennart | 2018 | Grundschule Sude-West Klasse 1a | GER-SH | | 781 |
| 53 | 1357 | 00:35:00 | Tsybulia | Volodymyr | 2017 | Grundschule Hohenaspe Klasse 2 | GER-SH | | 797 |
| 54 | 1131 | 00:35:02 | Wäß | Ilja | 2017 | Fehrs-Schule Klasse 2 | GER-SH | | 798 |
| 55 | 1270 | 00:35:02 | Gehle | Johann | 2017 | Grundschule an der Schäferkoppel Klasse 2a | GER-SH | | 799 |
| 56 | 1272 | 00:35:02 | Näher | Konstantin | 2017 | Grundschule an der Schäferkoppel Klasse 2a | GER-SH | | 800 |
| 57 | 1303 | 00:35:04 | Katzki | Julian | 2017 | Grundschule an der Schäferkoppel Klasse 3c | GER-SH | | 805 |
| 58 | 1130 | 00:35:11 | Stahmann | Pascal | 2017 | Fehrs-Schule Klasse 2 | GER-SH | | 814 |
| 59 | 1284 | 00:35:17 | Hansen-Nootbaar | Jakob | 2018 | Grundschule an der Schäferkoppel Klasse 2d | GER-SH | | 819 |
| 60 | 3284 | 00:35:18 | Seydel | Kai | 2018 | Drei-Möwen-Power | GER-SH | | 820 |
| 61 | 1374 | 00:35:18 | Poweleit | Taavi | 2017 | Grundschule Kellinghusen Klasse 2 | GER-SH | | 823 |
| 62 | 1364 | 00:35:19 | Fischer | Tim | 2018 | Grundschule Kellinghusen Klasse 2 | GER-SH | | 825 |
| 63 | 2438 | 00:35:25 | Griesing | Lenny-Luca | 2017 | SV-Wellenkamp | GER-SH | | 830 |
| 64 | 1125 | 00:35:32 | Khalif | Mohamed | 2017 | Fehrs-Schule Klasse 2 | GER-SH | | 835 |

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5 Km Lauf (5 Km)

5 Km Lauf M - KU10

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos Gesamtfeld |
|-----|------|----------|-----------|----------------|------|--------------------------------------------|--------|----------------|
| 65 | 1340 | 00:35:51 | Gundlach | Till | 2018 | Grundschule auf der Geestinsel Klasse 2 | GER-SH | 843 |
| 66 | 2211 | 00:36:18 | Rerrer | Jakob | 2018 | Grundschule Sude-West Klasse 2c | GER-SH | 855 |
| 67 | 1286 | 00:36:51 | Hintz | Lorenz | 2017 | Grundschule an der Schäferkoppel Klasse 2d | GER-SH | 876 |
| 68 | 1683 | 00:37:31 | Rasmussen | Tjark | 2017 | TSV Heiligenstedten | GER-SH | 887 |
| 69 | 1422 | 00:37:51 | Lutzer | Elian | 2017 | Grundschule Wellenkamp Klasse 3a | GER-SH | 899 |
| 70 | 1419 | 00:38:16 | Lassen | Mattis | 2017 | Grundschule Wellenkamp Klasse 2d | GER-SH | 908 |
| 71 | 1420 | 00:38:16 | Lupu | David | 2018 | Grundschule Wellenkamp Klasse 2d | GER-SH | 909 |
| 72 | 1367 | 00:40:15 | Hesidens | Lucas | 2018 | Grundschule Kellinghusen Klasse 2 | GER-SH | 940 |
| 73 | 1341 | 00:40:16 | Holz | Milo | 2017 | Grundschule auf der Geestinsel Klasse 2 | GER-SH | 941 |
| 74 | 1688 | 00:40:16 | Thomsen | Jan | 2017 | TSV Heiligenstedten | GER-SH | 942 |
| 75 | 1459 | 00:40:24 | Rohweder | Noah | 2017 | GS Edendorf Klasse 1 | GER-SH | 947 |
| 76 | 1368 | 00:42:55 | Holländer | Henry | 2017 | Grundschule Kellinghusen Klasse 2 | GER-SH | 959 |
| 77 | 1378 | 00:43:00 | Unger | David | 2017 | Grundschule Kellinghusen Klasse 2 | GER-SH | 960 |
| 78 | 2208 | 00:43:06 | Kahsay | Siem | 2017 | Grundschule Sude-West Klasse 2c | GER-SH | 961 |
| 79 | 2134 | 00:43:47 | Kuhlmann | Mattis | 2017 | Feuerwehr Wacken | GER-SH | 966 |
| 80 | 1120 | 00:44:45 | Kleppel | Emilio | 2018 | Fehrs-Schule Klasse 1 | GER-SH | 971 |
| 81 | 1461 | 00:45:01 | Seifert | Maximilian | 2018 | GS Edendorf Klasse 1 | GER-SH | 973 |
| 82 | 1377 | 00:45:02 | Tasca | Erick Nicholas | 2018 | Grundschule Kellinghusen Klasse 2 | GER-SH | 974 |
| 83 | 1129 | 00:45:59 | Sidibe | Zeinabou | 2018 | Fehrs-Schule Klasse 2 | GER-SH | 981 |
| 84 | 3966 | 00:49:16 | Brockshus | Leon | 2018 | Rbz in Steinburg | GER-SH | 992 |
| 85 | 2429 | 00:50:54 | Rommed | Ben Elias | 2018 | Steinburg-Schule Itzehoe Klasse 10 | GER-SH | 994 |
| 86 | 1679 | 00:58:44 | Jochens | Ben Luca | 2017 | TSV Heiligenstedten | GER-SH | 997 |

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| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos Gesamtfeld |
|-----|------|----------|-----------|--------------|------|--------------------------------------------|---------|----------------|
| 1 | 1920 | 00:19:46 | Njemz | Máximo | 2015 | | GER-HAM | 17 |
| 2 | 3464 | 00:20:05 | Wischmann | Lounis | 2015 | SV Hörnerkirchen | GER-SH | 20 |
| 3 | 1669 | 00:21:13 | Böckmann | Junis | 2015 | Störtalcampus Klasse 4 | GER-SH | 44 |
| 4 | 1998 | 00:21:30 | Hambruch | Luis | 2015 | Auguste Viktoria Schule Itzehoe Klasse 5e | GER-SH | 50 |
| 5 | 2445 | 00:21:33 | de Vries | Jan | 2016 | TSV Reher | GER-SH | 53 |
| 6 | 4008 | 00:21:52 | Otto | Aaron Eliah | 2015 | Sport-Club Itzehoe | GER-SH | 60 |
| 7 | 3998 | 00:21:58 | Ahmiling | Veit Barrett | 2016 | Sport-Club Itzehoe | GER-SH | 67 |
| 8 | 2068 | 00:22:27 | Zink | Yannik | 2015 | AVS Itzehoe Klasse 6d | GER-SH | 77 |
| 9 | 1311 | 00:22:43 | Scheffel | Lando | 2016 | Grundschule an der Schäferkoppel Klasse 4a | GER-SH | 85 |
| 10 | 2002 | 00:22:47 | Klein | Jannes | 2015 | Auguste Viktoria Schule Itzehoe Klasse 5e | GER-SH | 88 |
| 11 | 1668 | 00:22:53 | Zarnbach | Emil | 2016 | Störtalcampus Klasse 3 | GER-SH | 96 |
| 12 | 1327 | 00:22:57 | Schnause | Felix | 2016 | Grundschule an der Schäferkoppel Klasse 4c | GER-SH | 100 |

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| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|----------------|-----------|------|--------------------------------------------|--------|-----|------------|
| 13 | 3540 | 00:23:03 | Nagel | Tjomme | 2016 | | GER-SH | | 106 |
| 14 | 2363 | 00:23:31 | Simon | Raphael | 2015 | SG Breitenburg | GER-SH | | 121 |
| 15 | 3737 | 00:23:35 | Fehr | Jakob | 2015 | KKS Klasse 5a | GER-SH | | 127 |
| 16 | 3742 | 00:23:35 | Zonios | Alexander | 2015 | KKS Klasse 5a | GER-SH | | 128 |
| 17 | 2245 | 00:24:07 | Stahl | Mats | 2016 | GS Kiebitzreihe Klasse 4 | GER-SH | | 147 |
| 18 | 1940 | 00:24:08 | Fuchs | Keno | 2015 | 5a SSG | GER-SH | | 148 |
| 19 | 3436 | 00:24:19 | Baltzer | Tomme | 2015 | SG Breitenburg | GER-SH | | 160 |
| 20 | 1502 | 00:24:21 | Trennert | Finn | 2016 | GS Kremperheide Klasse 3b | GER-SH | | 163 |
| 21 | 2001 | 00:24:29 | Kahnau | Paul | 2015 | Auguste Viktoria Schule Itzehoe Klasse 5e | GER-SH | | 171 |
| 22 | 2242 | 00:25:00 | Rathjen | Liam | 2015 | GS Kiebitzreihe Klasse 4 | GER-SH | | 203 |
| 23 | 1962 | 00:25:17 | Heß | Jakob | 2015 | 5d SSG | GER-SH | | 213 |
| 24 | 1725 | 00:25:23 | Wisch | Jonne | 2016 | Volksbank Raiffeisenbank eG | GER-SH | | 218 |
| 25 | 3746 | 00:25:26 | Krause | Linus | 2015 | KKS Klasse 5b | GER-SH | | 220 |
| 26 | 1672 | 00:25:30 | Noack | Justus | 2016 | Störtalcampus Klasse 4 | GER-SH | | 225 |
| 27 | 1100 | 00:25:37 | Pinz | Elian | 2015 | 05d AVS | GER-SH | | 229 |
| 28 | 1590 | 00:25:39 | Hunk | Luis | 2015 | Liliencronschule Lägerdorf Klasse 4 | GER-SH | | 231 |
| 29 | 3114 | 00:25:42 | Jahn | Rasmus | 2016 | | GER-SH | | 234 |
| 30 | 1098 | 00:25:44 | Könning | Linus | 2015 | 05d AVS | GER-SH | | 237 |
| 31 | 2360 | 00:26:02 | Lübbbers | Justus | 2015 | SG Breitenburg | GER-SH | | 251 |
| 32 | 2251 | 00:26:04 | Friedrichs | Bosse | 2016 | ISR Recycling GmbH & Co.KG | GER-SH | | 255 |
| 33 | 2361 | 00:26:22 | Möller | Mattis | 2016 | SG Breitenburg | GER-SH | | 263 |
| 34 | 3752 | 00:26:26 | Wilde | Leo | 2015 | KKS Klasse 5b | GER-SH | | 267 |
| 35 | 1584 | 00:26:26 | Wiese | Enno | 2016 | Liliencronschule Lägerdorf Klasse 3 | GER-SH | | 269 |
| 36 | 2359 | 00:26:37 | Kyrychenko | Maks | 2015 | SG Breitenburg | GER-SH | | 283 |
| 37 | 2355 | 00:26:44 | Jennert | Luca | 2015 | SG Breitenburg | GER-SH | | 290 |
| 38 | 1352 | 00:26:47 | Witt | Bjarke | 2015 | Grundschule auf der Geestinsel Klasse 4 | GER-SH | | 297 |
| 39 | 1346 | 00:26:48 | Dammann | Theo | 2016 | Grundschule auf der Geestinsel Klasse 3 | GER-SH | | 298 |
| 40 | 2392 | 00:26:54 | Tag | Michael | 2015 | SSG Itzehoe Klasse 5b | GER-SH | | 300 |
| 41 | 3741 | 00:27:00 | Schmidt | Carlsson | 2015 | KKS Klasse 5a | GER-SH | | 305 |
| 42 | 3754 | 00:27:15 | Dvorak | Jannes | 2015 | KKS Klasse 5c | GER-SH | | 322 |
| 43 | 3780 | 00:27:15 | Birkner | Aaron | 2016 | KKS Klasse 5f | GER-SH | | 323 |
| 44 | 2362 | 00:27:16 | Schachtschabel | Theo | 2016 | SG Breitenburg | GER-SH | | 324 |
| 45 | 2236 | 00:27:18 | Meier | Lias | 2016 | GS Kiebitzreihe Klasse 3 | GER-SH | | 328 |
| 46 | 2239 | 00:27:25 | Glashoff | Emilio | 2016 | GS Kiebitzreihe Klasse 4 | GER-SH | | 341 |
| 47 | 2228 | 00:27:27 | Mattlat | Levi | 2016 | Grundschule Sude-West Klasse 3b | GER-SH | | 343 |
| 48 | 1689 | 00:27:34 | Von Dewitz | Jonte | 2016 | TSV Heiligenstedten | GER-SH | | 350 |
| 49 | 2240 | 00:27:35 | Heggemann | Tamme | 2015 | GS Kiebitzreihe Klasse 4 | GER-SH | | 352 |
| 50 | 1103 | 00:27:38 | v. Borstel | Bastian | 2015 | 05d AVS | GER-SH | | 354 |
| 51 | 3761 | 00:27:38 | Müller | Ben | 2015 | KKS Klasse 5c | GER-SH | | 355 |
| 52 | 1493 | 00:27:39 | Tibow | Lian Are | 2016 | GS Kremperheide Klasse 3a | GER-SH | | 356 |
| 53 | 3767 | 00:27:44 | Von Grebe | Hanno | 2015 | KKS Klasse 5c | GER-SH | | 361 |
| 54 | 1326 | 00:27:45 | Romann | Ole | 2016 | Grundschule an der Schäferkoppel Klasse 4c | GER-SH | | 362 |
| 55 | 1169 | 00:27:46 | Dräger | Kilian | 2015 | Freie Waldorfschule Itzehoe Klasse 4 | GER-SH | | 365 |
| 56 | 2365 | 00:27:48 | Sprangel | Adrian | 2015 | SG Breitenburg | GER-SH | | 368 |
| 57 | 2366 | 00:27:48 | Wittenberg | Tino | 2015 | SG Breitenburg | GER-SH | | 370 |

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| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|-----------------|---------------|------|-----------------------------------------------|---------|-----|------------|
| 58 | 2169 | 00:27:51 | Bujack | Pelle | 2016 | Gemeinschaftsschule Wilster Klasse 3b | GER-SH | | 373 |
| 59 | 1678 | 00:27:53 | Hell | Ole | 2016 | TSV Heiligenstedten | GER-SH | | 375 |
| 60 | 2167 | 00:27:58 | Sollorz | Marlon | 2015 | G. Pohl-Boskamp GmbH & Co. KG | GER-SH | | 378 |
| 61 | 2229 | 00:28:07 | Rashid | Omer | 2016 | Grundschule Sude-West Klasse 3b | GER-SH | | 385 |
| 62 | 3774 | 00:28:11 | Oetjens | Jonas | 2015 | KKS Klasse 5d | GER-SH | | 391 |
| 63 | 3941 | 00:28:27 | Richter | Nelio | 2015 | novitas bkk | GER-SH | | 406 |
| 64 | 1295 | 00:28:30 | Schürmann | Emil | 2016 | Grundschule an der Schäferkoppel Klasse 3a | GER-SH | | 412 |
| 65 | 1189 | 00:28:45 | Augustin | Johann Pavel | 2015 | Freie Waldorfschule Itzehoe Klasse 5 | GER-SH | | 428 |
| 66 | 1306 | 00:28:50 | Kühl | Kjeld | 2016 | Grundschule an der Schäferkoppel Klasse 4a | GER-SH | | 435 |
| 67 | 2357 | 00:28:51 | Krawutschke | Noah | 2016 | SG Breitenburg | GER-SH | | 438 |
| 68 | 1177 | 00:28:52 | Lofink | Jannis | 2016 | Freie Waldorfschule Itzehoe Klasse 4 | GER-SH | | 439 |
| 69 | 4044 | 00:28:56 | Govers | Matti | 2015 | Wohler, Aldag & Partner mbB | GER-SH | | 444 |
| 70 | 1184 | 00:29:10 | Siegismund | Lou Welf | 2015 | Freie Waldorfschule Itzehoe Klasse 4 | GER-SH | | 463 |
| 71 | 1182 | 00:29:10 | Reese | Tamme | 2015 | Freie Waldorfschule Itzehoe Klasse 4 | GER-SH | | 464 |
| 72 | 1096 | 00:29:21 | Hansen | Momme | 2015 | 05d AVS | GER-SH | | 473 |
| 73 | 1141 | 00:29:31 | Schmidt | Lönne | 2016 | Fehrs-Schule Klasse 3 | GER-SH | | 482 |
| 74 | 2037 | 00:29:41 | Duschl | Jonne | 2015 | Auguste Viktoria Schule Kklasse 5b | GER-SH | | 499 |
| 75 | 1492 | 00:29:41 | Köpken | Lennart | 2016 | GS Kremperheide Klasse 3a | GER-SH | | 500 |
| 76 | 1601 | 00:29:49 | Anders | Damian | 2015 | novitas bkk | GER-SH | | 503 |
| 77 | 1398 | 00:30:02 | Kühn | Leonard | 2015 | Grundschule Kellinghusen Klasse 4 | GER-SH | | 518 |
| 78 | 1391 | 00:30:02 | Deichen | Fiete Jonte | 2015 | Grundschule Kellinghusen Klasse 4 | GER-SH | | 519 |
| 79 | 2224 | 00:30:05 | Kliuchko | Maksym | 2016 | Grundschule Sude-West Klasse 3b | GER-SH | | 523 |
| 80 | 3748 | 00:30:11 | Petersen | Luis | 2015 | KKS Klasse 5b | GER-SH | | 527 |
| 81 | 1384 | 00:30:14 | Meurisch | Felix | 2016 | Grundschule Kellinghusen Klasse 3 | GER-SH | | 532 |
| 82 | 1188 | 00:30:35 | Ahmling | Joshua Paul | 2015 | Freie Waldorfschule Itzehoe Klasse 5 | GER-SH | | 572 |
| 83 | 1174 | 00:30:40 | Jübermann Roe | William | 2016 | Freie Waldorfschule Itzehoe Klasse 4 | GER-SH | | 577 |
| 84 | 2057 | 00:30:42 | Schwarzin | Leon | 2015 | AVS Itzehoe Klasse 5c | GER-SH | | 580 |
| 85 | 1292 | 00:30:51 | Hansen-Nootbaar | Jan | 2016 | Grundschule an der Schäferkoppel Klasse 3a | GER-SH | | 584 |
| 86 | 1102 | 00:30:52 | Tietz | Jasper | 2015 | 05d AVS | GER-SH | | 585 |
| 87 | 1977 | 00:30:55 | Tran | Danny | 2015 | 5e SSG | GER-SH | | 587 |
| 88 | 3437 | 00:31:00 | Frick | Enyo | 2016 | SG Breitenburg | GER-SH | | 597 |
| 89 | 1145 | 00:31:27 | Tobias | Antoine | 2016 | Fehrs-Schule Klasse 3 | GER-SH | | 627 |
| 90 | 2495 | 00:31:34 | Gümüşkuyu | Dian | 2016 | Grundschule Edendorf | GER-SH | | 635 |
| 91 | 1671 | 00:31:52 | Leskien | Levi | 2016 | Störtalcampus Klasse 4 | GER-SH | | 655 |
| 92 | 1513 | 00:31:53 | Seegert | Henri | 2015 | HSV Leichtathletik | GER-HAM | | 659 |
| 93 | 1312 | 00:31:53 | Tolksdorf | Joshua | 2016 | Grundschule an der Schäferkoppel Klasse 4a | GER-SH | | 660 |
| 94 | 1495 | 00:31:53 | Weller | Louie Emerick | 2016 | GS Kremperheide Klasse 3a | GER-SH | | 663 |
| 95 | 3083 | 00:31:55 | Falk | Aron | 2015 | | GER-SH | | 665 |
| 96 | 2220 | 00:32:00 | Jafari | Ali | 2015 | Grundschule Sude-West Klasse 3a | GER-SH | | 669 |

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| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|------------------|-----------|------|--------------------------------------------|--------|-----|------------|
| 97 | 1185 | 00:32:03 | Suaidy | Muhammad | 2016 | Freie Waldorfschule Itzehoe Klasse 4 | GER-SH | | 672 |
| 98 | 1382 | 00:32:19 | Dawod | Sardascht | 2016 | Grundschule Kellinghusen Klasse 3 | GER-SH | | 683 |
| 99 | 1490 | 00:32:31 | Eicke | Tjark | 2016 | GS Kremperheide Klasse 3a | GER-SH | | 692 |
| 100 | 1407 | 00:32:32 | Seider | Jonas | 2016 | Grundschule Kellinghusen Klasse 4 | GER-SH | | 695 |
| 101 | 3299 | 00:32:35 | Stickler-Nepstad | Hendrik | 2016 | ETSV Fortuna Glückstadt | GER-SH | | 696 |
| 102 | 1151 | 00:32:41 | Nyncke | Kilian | 2016 | Fehrs-Schule Klasse 4 | GER-SH | | 700 |
| 103 | 1506 | 00:32:47 | Vinke | Jonas | 2015 | GS Kremperheide Klasse 4 | GER-SH | | 707 |
| 104 | 1504 | 00:32:47 | Schändel | Bengt | 2015 | GS Kremperheide Klasse 4 | GER-SH | | 706 |
| 105 | 1603 | 00:32:53 | Ashour | Marcus | 2016 | novitas bkk | GER-SH | | 710 |
| 106 | 1947 | 00:32:53 | Behlen | Aiden | 2015 | 5c SSG | GER-SH | | 712 |
| 107 | 1408 | 00:33:04 | Stefan | Eric | 2016 | Grundschule Kellinghusen Klasse 4 | GER-SH | | 719 |
| 108 | 1350 | 00:33:11 | Panità | Eric | 2015 | Grundschule auf der Geestinsel Klasse 4 | GER-SH | | 723 |
| 109 | 1403 | 00:33:14 | Roth | Max-Leon | 2015 | Grundschule Kellinghusen Klasse 4 | GER-SH | | 724 |
| 110 | 1453 | 00:33:16 | Reinke | Jonas | 2016 | Grundschule Wellenkamp Klasse 4c | GER-SH | | 729 |
| 111 | 1967 | 00:33:18 | Wagner | Johan | 2015 | 5d SSG | GER-SH | | 730 |
| 112 | 1450 | 00:33:27 | Goetz | Melvin | 2015 | Grundschule Wellenkamp Klasse 4c | GER-SH | | 731 |
| 113 | 1178 | 00:33:31 | Lucht | Klint | 2016 | Freie Waldorfschule Itzehoe Klasse 4 | GER-SH | | 732 |
| 114 | 1289 | 00:33:37 | Botha | Joris | 2016 | Grundschule an der Schäferkoppel Klasse 3a | GER-SH | | 734 |
| 115 | 1380 | 00:33:46 | Balbach | Lukas | 2015 | Grundschule Kellinghusen Klasse 3 | GER-SH | | 742 |
| 116 | 3779 | 00:33:54 | Windbracke | Charlie | 2015 | KKS Klasse 5d | GER-SH | | 749 |
| 117 | 1409 | 00:34:37 | Steinau | Jonah | 2015 | Grundschule Kellinghusen Klasse 4 | GER-SH | | 780 |
| 118 | 1385 | 00:34:40 | Nöske | Ludwig | 2016 | Grundschule Kellinghusen Klasse 3 | GER-SH | | 783 |
| 119 | 1970 | 00:34:55 | Bochmann | Hanno | 2015 | 5e SSG | GER-SH | | 791 |
| 120 | 1971 | 00:34:55 | Bochmann | Hennes | 2015 | 5e SSG | GER-SH | | 793 |
| 121 | 1147 | 00:35:00 | Fehrs | Noah | 2016 | Fehrs-Schule Klasse 4 | GER-SH | | 796 |
| 122 | 2338 | 00:35:05 | Shekhmosa | Miran | 2016 | novitas bkk | GER-SH | | 807 |
| 123 | 3758 | 00:35:10 | Ludwig | Enno | 2015 | KKS Klasse 5c | GER-SH | | 812 |
| 124 | 1454 | 00:35:15 | Schröder | Jacob | 2015 | Grundschule Wellenkamp Klasse 4c | GER-SH | | 816 |
| 125 | 1288 | 00:35:18 | Blöcker | Peer | 2016 | Grundschule an der Schäferkoppel Klasse 3a | GER-SH | | 821 |
| 126 | 1143 | 00:35:19 | Sincke | Fynn | 2016 | Fehrs-Schule Klasse 3 | GER-SH | | 824 |
| 127 | 1475 | 00:35:20 | Weißbach | Hauke | 2016 | GS Edendorf Klasse 3 | GER-SH | | 828 |
| 128 | 1170 | 00:35:28 | Filipovic | Andreas | 2015 | Freie Waldorfschule Itzehoe Klasse 4 | GER-SH | | 831 |
| 129 | 2287 | 00:35:30 | Gundlach | Claas | 2015 | Klosterhof-Schule Itzehoe Klasse 5c | GER-SH | | 832 |
| 130 | 4068 | 00:35:53 | Koop | Joris | 2015 | | GER-SH | | 845 |
| 131 | 1602 | 00:36:00 | Ashour | Amir | 2015 | novitas bkk | GER-SH | | 848 |
| 132 | 2367 | 00:36:24 | Ballerstädt | Levi | 2015 | Sophie-Scholl-Gymnasium Klasse 5d | GER-SH | | 859 |
| 133 | 1136 | 00:36:29 | Buth | Jarik | 2016 | Fehrs-Schule Klasse 3 | GER-SH | | 861 |
| 134 | 1965 | 00:36:35 | Obaisi | Qaswara | 2015 | 5d SSG | GER-SH | | 866 |
| 135 | 2232 | 00:36:43 | Ramm | Emil | 2015 | Grundschule Sude-West Klasse 4a | GER-SH | | 871 |

Ergebnis

M / W - Altersklassen

5 Km Lauf (5 Km)

5 Km Lauf M - KU12

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|--------------------|---------------|------|-----------------------------------------------|--------|-----|------------|
| 136 | 2461 | 00:36:47 | Kroll | Niklas | 2015 | Wolfgang-Borchert-Schule Itzehoe Klasse 5c | GER-SH | | 873 |
| 137 | 1358 | 00:36:56 | Carstens | Lloyd | 2015 | Grundschule Hohenaspe Klasse 3 | GER-SH | | 877 |
| 138 | 1297 | 00:37:25 | Posner | Luke | 2016 | Grundschule an der Schäferkoppel Klasse 3b | GER-SH | | 881 |
| 139 | 1296 | 00:37:26 | Duns | Tebbe | 2016 | Grundschule an der Schäferkoppel Klasse 3b | GER-SH | | 884 |
| 140 | 2038 | 00:37:27 | Khalif | Abdulkader | 2015 | Auguste Viktoria Schule Kklasse 5b | GER-SH | | 885 |
| 141 | 1591 | 00:37:31 | Neubert | Marco | 2016 | Liliencronschule Lägerdorf Klasse 4 | GER-SH | | 888 |
| 142 | 1496 | 00:37:31 | Bischl | Till | 2016 | GS Krempferheide Klasse 3b | GER-SH | | 889 |
| 143 | 3382 | 00:37:40 | Horst | Felix | 2016 | LARA Schießsysteme | GER-SH | | 891 |
| 144 | 1890 | 00:38:08 | Giebel | Jonas | 2015 | | GER-SH | | 903 |
| 145 | 1582 | 00:38:10 | Suleiman | Muhammed | 2016 | Liliencronschule Lägerdorf Klasse 3 | GER-SH | | 904 |
| 146 | 1095 | 00:38:12 | Franke | Levin | 2015 | 05d AVS | GER-SH | | 905 |
| 147 | 1578 | 00:38:15 | Diebel | Ben | 2016 | Liliencronschule Lägerdorf Klasse 3 | GER-SH | | 906 |
| 148 | 1972 | 00:38:36 | Erwerth | Viktor | 2015 | 5e SSG | GER-SH | | 913 |
| 149 | 1952 | 00:38:38 | Kock | Jonas | 2015 | 5c SSG | GER-SH | | 915 |
| 150 | 2030 | 00:39:33 | Sahakyan | Leo | 2015 | Auguste Viktoria Schule Kklasse 5b | GER-SH | | 927 |
| 151 | 1401 | 00:39:45 | Meyer zu Ermgassen | Leo | 2015 | Grundschule Kellinghusen Klasse 4 | GER-SH | | 932 |
| 152 | 1445 | 00:40:22 | Wetzel | Paul | 2015 | Grundschule Wellenkamp Klasse 3d | GER-SH | | 946 |
| 153 | 1432 | 00:40:35 | Alloush | Haidar | 2016 | Grundschule Wellenkamp Klasse 3d | GER-SH | | 948 |
| 154 | 1394 | 00:42:35 | Grigoriu | Mihnea Andrei | 2016 | Grundschule Kellinghusen Klasse 4 | GER-SH | | 957 |
| 155 | 1399 | 00:42:35 | Leusbrock | Louis | 2016 | Grundschule Kellinghusen Klasse 4 | GER-SH | | 958 |
| 156 | 1437 | 00:43:29 | Kurtaj | Enian | 2016 | Grundschule Wellenkamp Klasse 3d | GER-SH | | 963 |
| 157 | 2440 | 00:43:37 | Hansen | Ben | 2015 | TS Schenefeld | GER-SH | | 965 |
| 158 | 1373 | 00:45:08 | Miehe | Finn Louis | 2016 | Grundschule Kellinghusen Klasse 2 | GER-SH | | 978 |
| 159 | 1431 | 00:47:15 | Akdag | Yusuf | 2016 | Grundschule Wellenkamp Klasse 3d | GER-SH | | 988 |
| 160 | 1121 | 00:48:23 | Amiri | Fardin | 2016 | Fehrs-Schule Klasse 2 | GER-SH | | 991 |
| 161 | 2028 | 00:54:28 | Pinnel | Nils | 2015 | Auguste Viktoria Schule Kklasse 5b | GER-SH | | 995 |
| 162 | 2054 | 00:55:31 | Holm-Mzyk | Lenny | 2015 | AVS Itzehoe Klasse 5c | GER-SH | | 996 |

5 Km Lauf W - 30

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|------------|------------|------|------------------------------|--------|-----|------------|
| 1 | 3359 | 00:23:13 | Ulrich | Julika | 1996 | Klarsicht GmbH | GER-SH | | 8 |
| 2 | 1909 | 00:24:10 | Lemor | Leonie | 1996 | | GER-SH | | 16 |
| 3 | 3894 | 00:24:41 | Giebel | Alina | 1994 | Klinikum Itzehoe | GER-SH | | 26 |
| 4 | 3458 | 00:25:10 | Selck | Liza | 1994 | Stadt Brunsbüttel | GER-SH | | 34 |
| 5 | 3681 | 00:26:17 | Lucht | Tessa | 1995 | Gebr. Schütt KG (GmbH & Co.) | GER-SH | | 49 |
| 6 | 3130 | 00:26:50 | Kowalewska | Aleksandra | 1996 | | GER-SH | | 62 |

Ergebnis

M / W - Altersklassen

5 Km Lauf (5 Km)

5 Km Lauf W - 30

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|-------------|---------------|------|--------------------------------------------------------|---------|-----|------------|
| 7 | 1926 | 00:27:19 | Schneegans | Ronja | 1995 | | GER-SH | | 88 |
| 8 | 1238 | 00:27:58 | Bruder | Nadine | 1994 | G. Pohl-Boskamp GmbH & Co. KG | GER-SH | | 115 |
| 9 | 3910 | 00:28:44 | Rauschmann | Jessica | 1996 | Kreis Steinburg | GER-SH | | 137 |
| 10 | 3078 | 00:29:10 | Ehlers | Svenja | 1995 | | GER-HAM | | 159 |
| 11 | 1114 | 00:29:13 | Prüß | Lena | 1994 | Amt Wilstermarsch | GER-SH | | 160 |
| 12 | 1248 | 00:29:28 | Leukel | Anne Laura | 1994 | G. Pohl-Boskamp GmbH & Co. KG | GER-SH | | 166 |
| 13 | 3173 | 00:29:38 | Paulsen | Lena | 1994 | | GER-HAM | | 177 |
| 14 | 4055 | 00:30:11 | Ratjen | Jacqueline | 1992 | Zimmerei Thurau | GER-SH | | 217 |
| 15 | 2448 | 00:30:16 | Garbers | Juliana | 1995 | Volksbank Raiffeisenbank eG | GER-SH | | 224 |
| 16 | 3132 | 00:30:21 | Laackmann | Laura | 1996 | | GER-SH | | 234 |
| 17 | 2335 | 00:30:48 | Overwien | Carolin | 1996 | novitas bkk | GER-SH | | 266 |
| 18 | 1252 | 00:30:52 | Schneider | Lea | 1996 | G. Pohl-Boskamp GmbH & Co. KG | GER-SH | | 269 |
| 19 | 3645 | 00:31:55 | Ramaj | Kristina | 1992 | Die Montags-Mamas | GER-SH | | 337 |
| 20 | 3207 | 00:32:05 | Schuldt | Janine | 1996 | | GER-SH | | 346 |
| 21 | 3919 | 00:32:09 | Wessel | Ann-Katrin | 1992 | Kreis Steinburg | GER-SH | | 350 |
| 22 | 3431 | 00:32:11 | Witt | Sarina | 1992 | Rettungsdienst Kooperation in Schleswig-Holstein gGmbH | GER-SH | | 351 |
| 23 | 3095 | 00:32:11 | Gottwald | Janine | 1996 | | GER-SH | | 352 |
| 24 | 3242 | 00:32:11 | von Alkier | Melanie | 1993 | | GER-SH | | 353 |
| 25 | 3570 | 00:32:24 | Hinsch | Lea | 1993 | | GER-SH | | 359 |
| 26 | 3175 | 00:32:45 | Peper | Malika | 1993 | | GER-SH | | 373 |
| 27 | 3263 | 00:34:05 | Heitmann | Anna Lea | 1993 | AVS Itzehoe | GER-SH | | 469 |
| 28 | 1629 | 00:34:23 | Wartacz | Jacqueline | 1993 | novitas bkk | GER-SH | | 494 |
| 29 | 3589 | 00:34:29 | Lohse | Nescha | 1992 | | GER-SH | | 499 |
| 30 | 3622 | 00:34:36 | Zwadlo | Jessica Sarah | 1995 | | GER-SH | | 512 |
| 31 | 1537 | 00:34:57 | Meyer | Anneke | 1992 | Kita Mose | | | 532 |
| 32 | 1539 | 00:35:20 | Reinking | Kira | 1995 | Kita Mose | | | 556 |
| 33 | 2106 | 00:35:57 | Eggert | Denise | 1994 | Die Haie I HSG Horst/Kiebitzreihe | GER-SH | | 580 |
| 34 | 1137 | 00:36:15 | Kleppel | Jaqueline | 1993 | Fehrs-Schule Klasse 3 | GER-SH | | 593 |
| 35 | 3711 | 00:36:29 | Masur | Selina | 1996 | Itzehoe Versicherungen | GER-SH | | 608 |
| 36 | 3079 | 00:36:42 | Ekhoff | Merle | 1996 | | GER-SH | | 623 |
| 37 | 4027 | 00:36:59 | Breiholz | Betty | 1992 | TS Schenefeld | GER-SH | | 640 |
| 38 | 2149 | 00:37:36 | Hellmann | Nicole | 1992 | Finanzamt Itzehoe | GER-SH | | 671 |
| 39 | 1094 | 00:38:10 | Franke | Kornelija | 1994 | 05d AVS | GER-SH | | 696 |
| 40 | 3432 | 00:38:19 | Hoffmann | Merle | 1995 | RKiSH | GER-SH | | 702 |
| 41 | 3323 | 00:38:55 | Mühler | Klara | 1994 | Itzehoer Kanu-Club | GER- | | 726 |
| 42 | 3238 | 00:39:18 | Voigt | Alina | 1993 | | GER-SH | | 741 |
| 43 | 3128 | 00:39:49 | Körber | Leonie | 1996 | | GER-SH | | 755 |
| 44 | 1733 | 00:40:04 | Ali | Amine | 1996 | Kiel | GER-SH | | 768 |
| 45 | 3578 | 00:40:08 | Jastrow | Linda | 1994 | | GER-SH | | 770 |
| 46 | 3581 | 00:41:22 | Keskin | Vanessa | 1994 | | GER-SH | | 786 |
| 47 | 3389 | 00:42:23 | Rasmussen | Sarah | 1992 | LARA Schließsysteme | GER-SH | | 809 |
| 48 | 3489 | 00:43:35 | Von Hachten | Kira | 1994 | TopFit Sportstudio | GER-SH | | 834 |
| 49 | 1331 | 00:51:45 | Henke | Katrin | 1992 | Grundschule auf der Geestinsel | GER-SH | | 878 |

Ergebnis

M / W - Altersklassen

5 Km Lauf (5 Km)

5 Km Lauf W - 35

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|----------------|-----------------|------|--------------------------------------|---------|-----|------------|
| 1 | 3650 | 00:23:54 | Gast | Janna | 1989 | Fa. Hans Otte | GER-SH | | 11 |
| 2 | 2351 | 00:24:07 | Deibele | Mirjam | 1987 | SCI | GER-SH | | 14 |
| 3 | 1334 | 00:24:19 | Jennert | Mareike | 1987 | Grundschule auf der Geestinsel | GER-SH | | 21 |
| 4 | 1257 | 00:25:13 | Trede | Stefanie | 1989 | G. Pohl-Boskamp GmbH & Co. KG | GER-SH | | 36 |
| 5 | 1986 | 00:26:50 | Rose | Sarah-Jane | 1990 | Amt Kellinghusen | GER-SH | | 61 |
| 6 | 3903 | 00:27:03 | Bräuer | Valeria | 1989 | Kreis Steinburg | GER-SH | | 70 |
| 7 | 3714 | 00:27:04 | Singh | Varuna | 1989 | Itzehoer Versicherungen | GER-SH | | 72 |
| 8 | 3274 | 00:27:08 | Abraham | Britt | 1987 | CrossFit Smile Itzehoe | GER-SH | | 79 |
| 9 | 3335 | 00:27:34 | Kölzig | Sarah | 1990 | Itzehoer Versicherungen | GER-SH | | 99 |
| 10 | 1556 | 00:27:54 | Nöske | Jennifer | 1990 | Klinikum Itzehoe | GER-SH | | 112 |
| 11 | 3615 | 00:28:12 | Tönies | Ivonne | 1991 | | GER-SH | | 120 |
| 12 | 1336 | 00:28:15 | Stoffregen | Julia | 1991 | Grundschule auf der Geestinsel | GER-SH | | 123 |
| 13 | 3911 | 00:28:45 | Riccobono | Marie | 1989 | Kreis Steinburg | GER-SH | | 138 |
| 14 | 3411 | 00:29:09 | Hansen | Annika | 1987 | novitas bkk | GER-SH | | 157 |
| 15 | 4070 | 00:29:35 | Carstens | Gesa | 1990 | Pano Verschluss GmbH | GER-SH | | 173 |
| 16 | 3521 | 00:29:55 | Janß | Liza | 1991 | Von Herzen für Gärten | GER-SH | | 204 |
| 17 | 1731 | 00:30:00 | Pohl | Leyla | 1989 | Neumünster | GER-SH | | 207 |
| 18 | 3718 | 00:30:11 | Wulff | Cindy | 1988 | Kita Wacken | GER-SH | | 216 |
| 19 | 3250 | 00:30:14 | Wodnick | Annika | 1989 | | GER-SH | | 222 |
| 20 | 3074 | 00:30:19 | Dann | Desiree | 1990 | | GER-SH | | 231 |
| 21 | 3551 | 00:30:25 | Avanessov | Narine | 1988 | | GER-SH | | 237 |
| 22 | 1931 | 00:30:36 | Spiecker | Rebecca | 1990 | | GER-SH | | 250 |
| 23 | 3976 | 00:30:41 | Koch | Hanna | 1991 | SAT Anlagentechnik GmbH | GER-SH | | 255 |
| 24 | 3684 | 00:30:44 | Teetzen | Theresa | 1991 | Gebr. Schütt KG (GmbH & Co.) | GER-SH | | 259 |
| 25 | 3361 | 00:30:48 | Volkmer | Esther | 1989 | Klarsicht GmbH | GER-SH | | 265 |
| 26 | 1078 | 00:30:49 | Bornholdt | Carmen | 1991 | | GER-SH | | 267 |
| 27 | 3482 | 00:31:08 | Munoz | Monica | 1988 | TopFit Sportstudio | GER-SH | | 288 |
| 28 | 2103 | 00:31:09 | Bollmann | Lena | 1987 | CrossFit Smile Itzehoe | GER-SH | | 289 |
| 29 | 3534 | 00:31:12 | Gulgazaryan | Karine | 1990 | X-FAB MEMS Foundry Itzehoe GmbH | GER-SH | | 296 |
| 30 | 3990 | 00:31:23 | Jahn | Johanna | 1991 | Sparkasse Westholstein | GER-SH | | 311 |
| 31 | 3122 | 00:31:26 | Kitzmann | Aileen | 1989 | | GER-SH | | 314 |
| 32 | 3336 | 00:31:35 | Kossiski | Anne | 1990 | Itzehoer Versicherungen | GER-SH | | 318 |
| 33 | 2264 | 00:31:56 | Gruner | Anna Lena | 1989 | Kardiologische Praxis Itzehoe | GER-SH | | 339 |
| 34 | 3528 | 00:32:05 | Tetzlaff | Birte | 1990 | Von Herzen für Gärten | GER-SH | | 347 |
| 35 | 3618 | 00:32:06 | Villalba Petro | Carmen Victoria | 1990 | | VEN | | 349 |
| 36 | 1740 | 00:32:30 | Blass | Rebecca | 1991 | | GER-NRW | | 360 |
| 37 | 3304 | 00:32:37 | Offergeld | Svenja | 1991 | Flowserve SIHI Germany GmbH | GER-SH | | 364 |
| 38 | 3635 | 00:32:39 | Bürger | Mirja | 1988 | BIM3-Team | GER-HAM | | 366 |
| 39 | 3061 | 00:32:46 | Beher | Linda | 1987 | | GER-SH | | 374 |
| 40 | 3070 | 00:32:48 | Buls | Svenja | 1988 | | GER-SH | | 376 |
| 41 | 3157 | 00:32:50 | Möller | Kirstin | 1990 | | GER-HAM | | 378 |
| 42 | 3536 | 00:33:12 | Kaszás | Maike | 1987 | X-FAB MEMS Foundry Itzehoe GmbH | GER-SH | | 396 |
| 43 | 1091 | 00:33:13 | Zöllmer | Vivian | 1991 | | GER-SH | | 398 |
| 44 | 3499 | 00:33:21 | Schuldt | Katharina | 1987 | TSV Kremperheide | GER-SH | | 409 |
| 45 | 1168 | 00:33:28 | Walkows | Siiri | 1987 | Freie Waldorfschule Itzehoe Klasse 3 | GER-SH | | 422 |
| 46 | 2097 | 00:33:31 | Pototzki | Clarissa | 1991 | Büro-Bestien | GER-SH | | 427 |
| 47 | 2151 | 00:33:41 | Reibe | Anne-Katrin | 1987 | Finanzamt Itzehoe | GER-SH | | 441 |
| 48 | 1659 | 00:33:49 | Jahn | Kathrin | 1988 | Störtalcampus | GER-SH | | 449 |

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M / W - Altersklassen

5 Km Lauf (5 Km)

5 Km Lauf W - 35

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos Gesamtfeld |
|-----|------|----------|-------------------|-------------|------|---------------------------------------------|---------|----------------|
| 49 | 3449 | 00:33:54 | Janke | Maja | 1991 | Sport-Club Itzehoe | GER-SH | 454 |
| 50 | 3281 | 00:33:59 | Behlau | Silvine | 1987 | DieSchweinehunde | GER-SH | 464 |
| 51 | 2436 | 00:34:09 | Baumann | Nora | 1990 | Störtlal-Campus Grundschule Oelixdorf | GER-SH | 475 |
| 52 | 3488 | 00:34:12 | Ucanbelen | Jennifer | 1988 | TopFit Sportstudio | GER-SH | 482 |
| 53 | 3278 | 00:34:20 | Spies | Sarah | 1989 | CrossFit Smile Itzehoe | GER-SH | 491 |
| 54 | 3909 | 00:34:28 | Nobitz | Dr. Natalie | 1989 | Kreis Steinburg | GER-SH | 498 |
| 55 | 3908 | 00:34:40 | Korth | Marilena | 1991 | Kreis Steinburg | GER-SH | 518 |
| 56 | 1199 | 00:34:52 | Wöbcke | Inga | 1987 | Freie Waldorfschule Itzehoe Klasse 5 | GER-SH | 527 |
| 57 | 1560 | 00:34:56 | Sickmann | Mariekje | 1987 | Klinikum Itzehoe | GER-SH | 531 |
| 58 | 3907 | 00:35:02 | Hauge | Lisa-Marie | 1987 | Kreis Steinburg | GER-SH | 537 |
| 59 | 1927 | 00:35:20 | Schönfeld | Jolien | 1990 | | GER-MVP | 555 |
| 60 | 1474 | 00:35:21 | Weißbach | Dorina | 1990 | GS Edendorf Klasse 3 | GER-SH | 557 |
| 61 | 3302 | 00:36:29 | Meyer | Elena | 1990 | Flowserve SIHI Germany GmbH | GER-SH | 607 |
| 62 | 2166 | 00:36:43 | Sollorz | Malin | 1988 | G. Pohl-Boskamp GmbH & Co. KG | GER-SH | 626 |
| 63 | 1285 | 00:36:51 | Hintz | Kristina | 1989 | Grundschule an der Schäferkoppel Klasse 2d | GER-SH | 632 |
| 64 | 1552 | 00:36:58 | Himmelsbach | Janika | 1990 | Klinikum Itzehoe | GER-SH | 637 |
| 65 | 1531 | 00:37:11 | Block | Katharina | 1990 | Kita Mose | | 645 |
| 66 | 3928 | 00:37:15 | Fölster | Hanna | 1989 | novitas bkk | GER-SH | 648 |
| 67 | 2347 | 00:37:20 | Schwarz | Nicol | 1991 | Physio an der Stör | GER-SH | 654 |
| 68 | 4072 | 00:37:24 | Lis | Patrycja | 1988 | Häusliche Senioren und Krankenbetreuung HSK | GER-SH | 661 |
| 69 | 3427 | 00:37:26 | Ehler | Aylin | 1991 | PRM Praxis Krebs | GER-SH | 665 |
| 70 | 1179 | 00:37:47 | Lucht | Marijke | 1990 | Freie Waldorfschule Itzehoe Klasse 4 | GER-SH | 679 |
| 71 | 1536 | 00:37:51 | Metzler | Tetiana | 1987 | Kita Mose | | 685 |
| 72 | 1887 | 00:38:11 | Ehmcke | Sarah | 1989 | | GER-SH | 697 |
| 73 | 3634 | 00:38:25 | Pascher | Rebecca | 1989 | Au Runners | GER-SH | 705 |
| 74 | 3633 | 00:38:25 | Bünger | Sabrina | 1989 | Au Runners | GER-SH | 706 |
| 75 | 3384 | 00:38:30 | Horst | Melanie | 1987 | LARA Schließsysteme | GER-SH | 709 |
| 76 | 3493 | 00:38:32 | Simonsen | Kristina | 1987 | TS Schenefeld | GER-SH | 712 |
| 77 | 3614 | 00:38:40 | Tesch | Tatjana | 1988 | | GER-SH | 717 |
| 78 | 3125 | 00:39:04 | Klinck-Steinebach | Nathalie | 1991 | | GER-HAM | 732 |
| 79 | 1485 | 00:39:06 | Witten | Johanna | 1991 | GS Kremperheide Klasse 2a | GER-SH | 734 |
| 80 | 3287 | 00:39:10 | Stier | Saskia | 1987 | Drei-Möwen-Power | GER-SH | 736 |
| 81 | 3289 | 00:39:12 | Szepanzik | Jule | 1989 | Drei-Möwen-Power | GER-SH | 738 |
| 82 | 3239 | 00:39:18 | Voigt | Nathalie | 1990 | | GER-SH | 742 |
| 83 | 3949 | 00:39:50 | Duitsmann | Sabrina | 1988 | Pano Verschluss GmbH | GER-SH | 757 |
| 84 | 3690 | 00:39:54 | Kaphings | Aileen | 1991 | Häusliche Senioren und Krankenbetreuung HSK | GER-SH | 759 |
| 85 | 1258 | 00:40:03 | Twarkowski | Hannah | 1987 | G. Pohl-Boskamp GmbH & Co. KG | GER-SH | 763 |
| 86 | 2373 | 00:44:51 | Behlen | Romina | 1987 | Sport-Club Itzehoe | GER-SH | 847 |
| 87 | 2284 | 00:45:42 | Niedlich | Franziska | 1989 | Klosterhof-Schule Itzehoe Klasse 5a | GER-SH | 850 |

5 Km Lauf W - 40

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos Gesamtfeld |
|-----|------|--------|------|---------|-----|--------------|------|----------------|
|-----|------|--------|------|---------|-----|--------------|------|----------------|

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Ergebnis

M / W - Altersklassen

5 Km Lauf (5 Km)

5 Km Lauf W - 40

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|--------------|----------------|------|------------------------------------------------|---------|-----|------------|
| 1 | 2190 | 00:23:08 | Jüstel | Isabel | 1984 | Gemeinschaftsschule Wilster Lehrer | GER-SH | | 7 |
| 2 | 3409 | 00:24:32 | Paciepny | Agata | 1983 | Nine Hills Runners | GER-NIE | | 22 |
| 3 | 3327 | 00:24:51 | Arp | Christin | 1985 | Itzehoer Versicherungen | GER-SH | | 29 |
| 4 | 3178 | 00:24:55 | Peters | Elke | 1986 | | GER-SH | | 31 |
| 5 | 3414 | 00:25:23 | Stärke | Corinna | 1986 | OTSV | GER-SH | | 41 |
| 6 | 1665 | 00:26:54 | Zarnbach | Sina | 1986 | Störtalcampus | GER-SH | | 64 |
| 7 | 2268 | 00:26:58 | Möller | Judith | 1982 | Kardiologische Praxis Itzehoe | GER-SH | | 67 |
| 8 | 1664 | 00:27:04 | Voß | Carmen | 1983 | Störtalcampus | GER-SH | | 71 |
| 9 | 2275 | 00:27:05 | Petersen | Maria | 1986 | Klinikum Itzehoe | GER-SH | | 73 |
| 10 | 3885 | 00:27:17 | Birkner | Amelie | 1983 | KKS Klasse Lehrer | GER-SH | | 86 |
| 11 | 1661 | 00:27:33 | Reinke | Annkatrin | 1982 | Störtalcampus | GER-SH | | 97 |
| 12 | 3317 | 00:27:57 | Kaack | Maike | 1982 | Himmel und Erde Itzehoe | GER-SH | | 113 |
| 13 | 2370 | 00:28:35 | Koopmann | Marion | 1985 | Sparkasse Westholstein | GER-SH | | 132 |
| 14 | 3062 | 00:28:37 | Benthien | Simone | 1982 | | GER-SH | | 133 |
| 15 | 1938 | 00:29:02 | Wolter | Miriam | 1985 | | GER-SH | | 151 |
| 16 | 2164 | 00:29:29 | Gu-Stoppel | ShanShan | 1984 | Fraunhofer Institut für Siliziumtechnologie | GER-SH | | 167 |
| 17 | 2371 | 00:29:45 | Wacker | Claudia | 1986 | Sparkasse Westholstein | GER-SH | | 185 |
| 18 | 1619 | 00:29:52 | Niefert | Svenja | 1982 | novitas bkk | GER-SH | | 197 |
| 19 | 1937 | 00:30:16 | Witt | Lena | 1983 | | GER-SH | | 225 |
| 20 | 1180 | 00:30:16 | Plath | Marleen | 1984 | Freie Waldorfschule Itzehoe Klasse 4 | GER-SH | | 227 |
| 21 | 1527 | 00:30:41 | Röhrs | Kerrin | 1986 | Itzehoer Versicherungen | GER-SH | | 254 |
| 22 | 3252 | 00:31:04 | Wöhlk | Anna | 1982 | | GER-SH | | 278 |
| 23 | 1497 | 00:31:04 | Griesbach | Katrin | 1986 | GS Kremperheide Klasse 3b | GER-SH | | 279 |
| 24 | 1522 | 00:31:10 | Liskow | Anneke | 1985 | Itzehoer Versicherungen | GER-SH | | 291 |
| 25 | 2250 | 00:31:25 | Friedrichs | Antonia | 1985 | ISR Recycling GmbH & Co.KG | GER-SH | | 313 |
| 26 | 1555 | 00:31:39 | Mühle | Stefanie | 1983 | Klinikum Itzehoe | GER-SH | | 322 |
| 27 | 2279 | 00:31:46 | Wegner | Julia | 1982 | Klinikum Itzehoe | GER-SH | | 325 |
| 28 | 3930 | 00:32:06 | Gravert | Lena | 1983 | novitas bkk | GER-SH | | 348 |
| 29 | 3221 | 00:32:53 | Stockfleth | Sandra | 1983 | | GER-SH | | 381 |
| 30 | 1912 | 00:33:01 | Losch | Jasmin | 1985 | | GER-SH | | 387 |
| 31 | 2197 | 00:33:03 | Böthern | Mareike | 1983 | Grundschule Sude-West Klasse 1a | GER-SH | | 389 |
| 32 | 1614 | 00:33:05 | Freigang | Katharina | 1983 | novitas bkk | GER-SH | | 392 |
| 33 | 3230 | 00:33:19 | Szumala | Marzena Monika | 1984 | | GER-SH | | 408 |
| 34 | 1150 | 00:33:22 | Nyncke | Aylin | 1984 | Fehrs-Schule Klasse 4 | GER-SH | | 410 |
| 35 | 1606 | 00:33:24 | Bartoszynski | Martha | 1984 | novitas bkk | GER-SH | | 416 |
| 36 | 2246 | 00:33:28 | Wiesenberg | Kathrin | 1983 | Happy Feet Itzehoe | GER-SH | | 424 |
| 37 | 3303 | 00:33:54 | Meyer-Pauer | Yvonne | 1986 | Flowserve SIHI Germany GmbH | GER-SH | | 452 |
| 38 | 1323 | 00:33:57 | Klindt | Nina | 1984 | Grundschule an der Schäferkoppel Klasse 4c | GER-SH | | 457 |
| 39 | 3364 | 00:34:03 | Kirst | Christiane | 1982 | Klinikum Itzehoe | GER-SH | | 467 |
| 40 | 3169 | 00:34:08 | Nilson | Pati | 1984 | | GER-SH | | 474 |
| 41 | 3248 | 00:34:09 | Winges | Tine | 1982 | | GER-SH | | 477 |
| 42 | 3167 | 00:34:09 | Nikolai | Mandy | 1985 | | GER-SH | | 479 |
| 43 | 3374 | 00:34:13 | Werner | Hannah Maria | 1984 | Klinikum Itzehoe | GER-SH | | 484 |
| 44 | 1451 | 00:34:25 | Goetz | Nicole | 1984 | Grundschule Wellenkamp Klasse 4c | GER-SH | | 496 |
| 45 | 2428 | 00:34:25 | Schjut | Claudia | 1984 | Stadtwerke Itzehoe GmbH | GER-SH | | 497 |
| 46 | 3945 | 00:34:35 | Tetzlaff | Marion | 1982 | novitas bkk | GER-SH | | 508 |
| 47 | 2489 | 00:34:35 | Poulter | Almuth | 1982 | Wulfsmoor | GER-SH | | 509 |

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Ergebnis

M / W - Altersklassen

5 Km Lauf (5 Km)

5 Km Lauf W - 40

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|-------------------|-------------|------|-----------------------------------------------|---------|-----|------------|
| 48 | 3893 | 00:34:51 | Daday | Maria Leyni | 1984 | Klinikum Itzehoe | GER-SH | | 524 |
| 49 | 3620 | 00:34:57 | Wietholz | Sandra | 1982 | | GER-SH | | 533 |
| 50 | 2217 | 00:35:02 | Hildermann | Anna | 1986 | Grundschule Sude-West Klasse 3a | GER-SH | | 536 |
| 51 | 1083 | 00:35:13 | Lüchow | Annika | 1986 | | GER-SH | | 546 |
| 52 | 3921 | 00:35:30 | Gensow | Greichel | 1986 | LESER | GER-SH | | 566 |
| 53 | 3473 | 00:35:30 | Brämer | Annika | 1983 | TopFit Sportstudio | GER-SH | | 567 |
| 54 | 1443 | 00:35:44 | Turowski | Christiane | 1985 | Grundschule Wellenkamp Klasse 3d | GER-SH | | 574 |
| 55 | 1426 | 00:35:53 | Hayenga | Sabrina | 1986 | Grundschule Wellenkamp Klasse 3c | GER-SH | | 579 |
| 56 | 1933 | 00:36:07 | Thießen | Sandra | 1986 | | GER-SH | | 590 |
| 57 | 3548 | 00:36:15 | Röper | Nadine | 1983 | Tanzschule Kathrin Giesen | GER-SH | | 594 |
| 58 | 3270 | 00:36:30 | Thorwirth | Anita | 1985 | BSC Nordoe e. V. | GER-SH | | 611 |
| 59 | 1617 | 00:36:47 | Kroll | Stefanie | 1986 | novitas bkk | GER-SH | | 629 |
| 60 | 2348 | 00:37:20 | Thumann | Manuela | 1986 | Physio an der Stör | GER-SH | | 652 |
| 61 | 1598 | 00:37:37 | Skottke | Lisa | 1986 | NGD Glückwerk | GER-SH | | 674 |
| 62 | 1108 | 00:37:53 | Albrecht | Stefanie | 1985 | Amt Wilstermarsch | GER-SH | | 686 |
| 63 | 1642 | 00:37:54 | Rabe | Sandra | 1985 | Stadt Itzehoe | GER-SH | | 687 |
| 64 | 3148 | 00:37:58 | Martin - de Jonge | Dr. Lena | 1983 | | GER-SH | | 688 |
| 65 | 3561 | 00:38:09 | Dräger | Finja | 1982 | | GER-SH | | 694 |
| 66 | 3111 | 00:38:13 | Hornick | Sarah | 1985 | | GER-SH | | 700 |
| 67 | 1570 | 00:38:19 | Woitkowiak | Karina | 1984 | Lilienronschule Lägerdorf | GER-SH | | 703 |
| 68 | 3107 | 00:38:29 | Helle | Lisa | 1983 | | GER-BAW | | 708 |
| 69 | 1904 | 00:38:37 | Krüger | Elisabeth | 1983 | | GER-NIE | | 716 |
| 70 | 1885 | 00:39:30 | Carstens | Johanna | 1986 | | GER-SH | | 745 |
| 71 | 1436 | 00:39:41 | Feuerstein | Valentina | 1982 | Grundschule Wellenkamp Klasse 3d | GER-SH | | 751 |
| 72 | 3105 | 00:40:12 | Haß | Melanie | 1982 | | GER-SH | | 772 |
| 73 | 1333 | 00:40:25 | Holz | Nina | 1986 | Grundschule auf der Geestinsel | GER-SH | | 774 |
| 74 | 1176 | 00:40:53 | Laatsch-Veit | Jessica | 1982 | Freie Waldorfschule Itzehoe Klasse 4 | GER-SH | | 778 |
| 75 | 3174 | 00:41:33 | Pein | Christine | 1984 | | GER-HAM | | 791 |
| 76 | 3144 | 00:42:07 | Looft | Jennifer | 1984 | | GER-SH | | 805 |
| 77 | 3526 | 00:42:40 | Sawatzki | Franziska | 1986 | Von Herzen für Gärten | GER-SH | | 813 |
| 78 | 3385 | 00:42:53 | Kroll | Christin | 1986 | LARA Schließsysteme | GER-SH | | 818 |
| 79 | 1324 | 00:43:32 | Oehmicke | Anja | 1983 | Grundschule an der Schäferkoppel Klasse 4c | GER-SH | | 832 |
| 80 | 1924 | 00:43:44 | Reinking | Merle Lena | 1985 | | GER-SH | | 836 |
| 81 | 2261 | 00:46:15 | Alexanian | Alexandra | 1984 | Kardiologische Praxis Itzehoe | GER-SH | | 860 |

5 Km Lauf W - 45

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|--------------|------------|------|-------------------------|--------|-----|------------|
| 1 | 3341 | 00:24:50 | Otto | Nina | 1981 | Itzehoer Versicherungen | GER-SH | | 28 |
| 2 | 3459 | 00:25:13 | Rohwedder | Silja | 1977 | Stadt Itzehoe | GER-SH | | 37 |
| 3 | 1528 | 00:27:41 | Unganz | Stephanie | 1980 | Itzehoer Versicherungen | GER-SH | | 103 |
| 4 | 3228 | 00:27:54 | Strothmann | Jana Moira | 1979 | | GER-SH | | 111 |
| 5 | 3257 | 00:28:30 | Züge | Michaela | 1980 | | GER-SH | | 131 |
| 6 | 3438 | 00:29:47 | Bauch | Alexandra | 1981 | SG Elbmarsch | GER-SH | | 187 |
| 7 | 4060 | 00:29:52 | Früchtenicht | Kerstin | 1981 | Horst (Holstein) | GER-SH | | 196 |

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M / W - Altersklassen

5 Km Lauf (5 Km)

5 Km Lauf W - 45

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos Gesamtfeld |
|-----|------|----------|-----------------|------------|------|------------------------------------------------|--------|----------------|
| 8 | 1932 | 00:30:03 | Staade | Agnes | 1977 | | GER-SH | 209 |
| 9 | 3453 | 00:30:08 | Semmelhaack | Alexandra | 1981 | Sport-Club Itzehoe | GER-SH | 211 |
| 10 | 2235 | 00:30:08 | Riemhofer | Katrin | 1980 | GS Kiebitzreihe | GER-SH | 213 |
| 11 | 3337 | 00:30:29 | Landmesser | Dörthe | 1980 | Itzehoer Versicherungen | GER-SH | 242 |
| 12 | 2188 | 00:30:29 | Bujack | Britta | 1981 | Gemeinschaftsschule Wilster Lehrer | GER-SH | 243 |
| 13 | 1978 | 00:30:41 | Cohrt | Silke | 1979 | Amt Kellinghusen | GER-SH | 256 |
| 14 | 3483 | 00:30:48 | Nagel | Katja | 1981 | TopFit Sportstudio | GER-SH | 263 |
| 15 | 1106 | 00:31:01 | Vock | Nana | 1981 | Albert-Schweitzer-Apotheke | GER-SH | 277 |
| 16 | 3527 | 00:31:36 | Söhren | Monika | 1979 | Von Herzen für Gärten | GER-SH | 319 |
| 17 | 3428 | 00:31:58 | Heeckt | Bianca | 1980 | PRM Praxis Krebs | GER-SH | 341 |
| 18 | 3193 | 00:32:56 | Rödiger | Silke | 1977 | | GER-SH | 385 |
| 19 | 1081 | 00:33:12 | Grube-Reichmann | Nadine | 1979 | | GER-SH | 395 |
| 20 | 3523 | 00:33:26 | Kruse | Friederike | 1979 | Von Herzen für Gärten | GER-SH | 419 |
| 21 | 1244 | 00:33:27 | Hytrek | Jutta | 1978 | G. Pohl-Boskamp GmbH & Co. KG | GER-SH | 421 |
| 22 | 3597 | 00:33:29 | Rehder | Katja | 1978 | | GER-SH | 425 |
| 23 | 2280 | 00:33:45 | Wiedemann | Lena | 1980 | Klinikum Itzehoe | GER-SH | 444 |
| 24 | 2443 | 00:33:59 | Bubbers | Janine | 1981 | TSV Elpersbüttel-Eesch | GER-SH | 463 |
| 25 | 3931 | 00:34:11 | Groeschke | Kathrin | 1978 | novitas bkk | GER-SH | 480 |
| 26 | 4051 | 00:34:21 | Maaß | Nina | 1977 | Wohlert, Aldag & Partner mbB | GER-SH | 492 |
| 27 | 2333 | 00:34:21 | Ordowski | Kerstin | 1977 | novitas bkk | GER-SH | 493 |
| 28 | 3657 | 00:34:29 | Kramer | Nicole | 1977 | Fa. Hans Otte | GER-SH | 500 |
| 29 | 1090 | 00:35:48 | Woyda | Nicole | 1977 | | GER-SH | 575 |
| 30 | 3330 | 00:36:15 | Claaßen | Nicole | 1980 | Itzehoer Versicherungen | GER-SH | 595 |
| 31 | 2233 | 00:36:31 | Gebert-Klück | Bianca | 1979 | Grundschule Wilstermarsch | GER-SH | 613 |
| 32 | 1465 | 00:36:33 | Klein | Monika | 1980 | GS Edendorf Klasse 2 | GER-SH | 617 |
| 33 | 1132 | 00:36:43 | Wäß | Isabell | 1979 | Fehrs-Schule Klasse 2 | GER-SH | 625 |
| 34 | 3693 | 00:36:48 | Schilling | Sandra | 1981 | Häusliche Senioren und Krankenbetreuung HSK | GER-SH | 630 |
| 35 | 2258 | 00:37:00 | Ramm | Kristin | 1981 | Itzehoer Versicherungen | GER-SH | 641 |
| 36 | 1607 | 00:37:35 | Brinkmann | Inke | 1981 | novitas bkk | GER-SH | 670 |
| 37 | 2427 | 00:37:38 | Goerlach | Nicole | 1978 | Stadtwerke Itzehoe GmbH | GER-SH | 675 |
| 38 | 3956 | 00:37:39 | Kuhlmann | Kristina | 1978 | Pano Verschluss GmbH | GER-SH | 676 |
| 39 | 1509 | 00:38:10 | Huck | Judith | 1980 | Happy Feet Itzehoe | GER-SH | 695 |
| 40 | 3955 | 00:39:31 | Kreutz | Annika | 1978 | Pano Verschluss GmbH | GER-SH | 746 |
| 41 | 1332 | 00:39:40 | Hintz-Look | Dagmar | 1980 | Grundschule auf der Geestinsel | GER-SH | 750 |
| 42 | 1309 | 00:39:55 | Petersen | Frauke | 1979 | Grundschule an der Schäferkoppel Klasse 4a | GER-SH | 760 |
| 43 | 1227 | 00:41:57 | Vötig | Henrike | 1981 | Freie Waldorfschule Itzehoe Klasse 6 | GER-SH | 799 |
| 44 | 3311 | 00:42:55 | Mohr | Stefanie | 1981 | Green Fit Outdoor Fitness | GER-SH | 820 |
| 45 | 3295 | 00:52:51 | Czekai | Katja | 1981 | Erlenkönige | GER-SH | 879 |

5 Km Lauf W - 50

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos Gesamtfeld |
|-----|------|----------|---------|---------|------|--------------------------------------|--------|----------------|
| 1 | 3334 | 00:27:16 | Köhler | Nicole | 1974 | Itzehoer Versicherungen | GER-SH | 85 |
| 2 | 1088 | 00:28:39 | Spanuth | Pirra | 1972 | | GER-SH | 134 |
| 3 | 2024 | 00:29:02 | Hein | Sandra | 1975 | Auguste Viktoria Schule Klasse 5b | GER-SH | 152 |

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M / W - Altersklassen

5 Km Lauf (5 Km)

5 Km Lauf W - 50

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|------------|-----------|------|--------------------------------------------|---------|-----|------------|
| 4 | 1615 | 00:29:17 | Gravert | Martina | 1974 | novitas bkk | GER-SH | | 162 |
| 5 | 3326 | 00:30:56 | Wiggers | Frauke | 1972 | Itzehoer Ruderclub | GER-SH | | 273 |
| 6 | 3200 | 00:31:11 | Schmidt | Nicole | 1976 | | GER-SH | | 293 |
| 7 | 4037 | 00:31:34 | Witt | Manuela | 1972 | VfB Brunsbüttel | GER-SH | | 317 |
| 8 | 3612 | 00:31:50 | Suvorova | Natalja | 1972 | | GER-SH | | 330 |
| 9 | 3218 | 00:32:38 | Stickler | Claudia | 1974 | | GER-SH | | 365 |
| 10 | 3716 | 00:32:42 | Sagebiel | Berte | 1976 | Jederfrauen TSV Lola | GER-SH | | 368 |
| 11 | 3969 | 00:33:14 | Göttling | Dorothea | 1976 | Rbz in Steinburg | GER-SH | | 399 |
| 12 | 3222 | 00:33:25 | Strasse | Kristina | 1973 | | GER-HAM | | 417 |
| 13 | 1187 | 00:33:33 | Wiemann | Tina | 1974 | Freie Waldorfschule Itzehoe Klasse 4 | GER-SH | | 430 |
| 14 | 1117 | 00:33:39 | Seegert | Sonja | 1976 | Die Autobahn GmbH - team Autobahn | GER-HAM | | 438 |
| 15 | 3094 | 00:33:45 | Goldbaum | Magdalene | 1976 | | GER-SH | | 443 |
| 16 | 3963 | 00:33:46 | Bielenberg | Gladys | 1976 | Podologie Praxis Am Eiskeller | GER-SH | | 446 |
| 17 | 3233 | 00:33:46 | Thomsen | Jessica | 1974 | | GER-SH | | 447 |
| 18 | 1097 | 00:33:58 | Johansson | Kerstin | 1974 | 05d AVS | GER-SH | | 459 |
| 19 | 1519 | 00:35:17 | Knickrehm | Birte | 1972 | Itzehoer Versicherungen | GER-SH | | 553 |
| 20 | 3069 | 00:36:05 | Büdinge | Imke | 1973 | | GER-SH | | 585 |
| 21 | 3914 | 00:36:20 | Rusch | Anja | 1974 | Kreis Steinburg | GER-SH | | 597 |
| 22 | 2140 | 00:37:26 | Berger | Kerstin | 1976 | FF Rosdorf | GER-SH | | 664 |
| 23 | 1568 | 00:37:36 | Pollex | Tanja | 1976 | Liliencronschule Lägerdorf | GER-SH | | 672 |
| 24 | 3160 | 00:37:47 | Nagy | Maria | 1975 | | GER-SH | | 680 |
| 25 | 3513 | 00:38:31 | Jensen | Michaela | 1972 | Vishay Siliconix Itzehoe | GER-SH | | 711 |
| 26 | 3648 | 00:39:11 | Leppert | Britta | 1974 | DOCKFIT ALTONA | GER-HAM | | 737 |
| 27 | 1291 | 00:41:35 | Botha | Nicole | 1975 | Grundschule an der Schäferkoppel Klasse 3a | GER-SH | | 793 |
| 28 | 1546 | 00:42:02 | Dieckmann | Antje | 1972 | Klinikum Itzehoe | GER-SH | | 802 |
| 29 | 2482 | 00:42:20 | Priebe | Julia | 1973 | Wolfgang-Borchert-Schule Itzehoe Klasse 9a | GER-SH | | 808 |
| 30 | 3592 | 00:42:54 | Merten | Sonja | 1972 | | GER-SH | | 819 |
| 31 | 3663 | 00:43:06 | Nordmann | Peggy | 1976 | Fa. Hans Otte | GER-SH | | 822 |
| 32 | 3319 | 00:45:54 | Fredrich | Janet | 1976 | Itax | GER-MVP | | 857 |
| 33 | 3967 | 00:49:16 | Brockshus | Nicole | 1975 | Rbz in Steinburg | GER-SH | | 873 |
| 34 | 1562 | 00:54:27 | Walther | Amore | 1975 | Klinikum Itzehoe | GER-SH | | 880 |

5 Km Lauf W - 55

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|-----------|-----------|------|-----------------------------|--------|-----|------------|
| 1 | 3940 | 00:23:57 | Pengel | Birgit | 1967 | novitas bkk | GER-SH | | 12 |
| 2 | 2050 | 00:28:12 | Neufeld | Merle | 1971 | AVS Itzehoe | GER-SH | | 118 |
| 3 | 3709 | 00:28:46 | Ludka | Franziska | 1967 | Itzehoer Versicherungen | GER-SH | | 139 |
| 4 | 2339 | 00:29:42 | Spiegel | Marion | 1969 | novitas bkk | GER-SH | | 182 |
| 5 | 3188 | 00:31:47 | Reese | Marion | 1970 | | GER-SH | | 326 |
| 6 | 3598 | 00:32:54 | Reimers | Melanie | 1969 | | GER-SH | | 383 |
| 7 | 3899 | 00:33:17 | Schneider | Gundula | 1967 | Klinikum Itzehoe | GER-SH | | 407 |
| 8 | 3988 | 00:34:20 | Erdtmann | Andrea | 1970 | Sparkasse Westholstein | GER-SH | | 490 |
| 9 | 1982 | 00:34:56 | Naucke | Simone | 1971 | Amt Kellinghusen | GER-SH | | 530 |
| 10 | 3997 | 00:34:59 | Janke | Melanie | 1969 | Sport Club Itzehoe | GER-SH | | 534 |
| 11 | 1160 | 00:35:26 | Rönne | Franziska | 1969 | Flowserve SIHI Germany GmbH | GER-SH | | 561 |

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M / W - Altersklassen

5 Km Lauf (5 Km)

5 Km Lauf W - 55

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|------------------------------|------------|------|--------------------------------------|--------|-----|------------|
| 12 | 3954 | 00:35:40 | Kosina | Andrea | 1968 | Pano Verschluss GmbH | GER-SH | | 572 |
| 13 | 3936 | 00:35:51 | Junga | Sabine | 1967 | novitas bkk | GER-SH | | 576 |
| 14 | 2032 | 00:36:23 | Unkel-Mohrmann | Friederike | 1968 | Auguste Viktoria Schule Kkasse 5b | GER-SH | | 601 |
| 15 | 1913 | 00:37:07 | Meyer zu Altenschildesche | Sandra | 1971 | | GER-SH | | 643 |
| 16 | 2346 | 00:37:21 | Schröder | Stefani | 1969 | Physio an der Stör | GER-SH | | 656 |
| 17 | 3476 | 00:37:36 | Gruna | Brita | 1970 | TopFit Sportstudio | GER-SH | | 673 |
| 18 | 1077 | 00:43:25 | Block | Susanne | 1970 | | GER-SH | | 829 |
| 19 | 3136 | 00:47:09 | Lasitz-Scheel | Christine | 1968 | | GER-SH | | 866 |

5 Km Lauf W - 60

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|-----------|---------|------|-----------------------------|--------|-----|------------|
| 1 | 1632 | 00:28:40 | Bornholdt | Inga | 1962 | Sport-Club Itzehoe | GER-SH | | 135 |
| 2 | 3466 | 00:31:31 | Tharra | Susan | 1962 | SV Meldorf Seals | GER-SH | | 316 |
| 3 | 1633 | 00:31:51 | Wengert | Petra | 1962 | Sport-Club Itzehoe | GER-SH | | 333 |
| 4 | 3283 | 00:33:45 | Ewert | Susanne | 1962 | DLRG Elmshorn | GER-SH | | 445 |
| 5 | 1939 | 00:34:15 | Zepter | Kerstin | 1963 | | GER-SH | | 487 |
| 6 | 3924 | 00:34:39 | Mohr | Heidi | 1965 | Münsterdorfer Sportverein | GER-SH | | 515 |
| 7 | 2344 | 00:37:21 | Otto | Angela | 1966 | Physio an der Stör | GER-SH | | 657 |
| 8 | 3426 | 00:37:26 | Blasberg | Eike | 1963 | PRM Praxis Krebs | GER-SH | | 666 |
| 9 | 1722 | 00:49:14 | Bergfeld | Marion | 1963 | Volksbank Raiffeisenbank eG | GER-SH | | 872 |

5 Km Lauf W - 65

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|-------------------|--------------|------|--------------------|---------|-----|------------|
| 1 | 3688 | 00:27:15 | Finkeisen | Martina | 1958 | Happy Feet Itzehoe | GER-SH | | 83 |
| 2 | 3934 | 00:37:15 | Heitmann-Greulich | Susanne | 1959 | novitas bkk | GER-SH | | 649 |
| 3 | 3215 | 00:39:04 | Steinebach | Doris | 1958 | | GER-NIE | | 733 |
| 4 | 4056 | 00:39:15 | Spachmann | Karin | 1960 | | GER-SH | | 739 |
| 5 | 3484 | 00:43:35 | Quiroga | Sandra Maria | 1960 | TopFit Sportstudio | GER-SH | | 833 |
| 6 | 3201 | 00:44:21 | Schmidt | Silke | 1961 | | GER-SH | | 840 |

5 Km Lauf W - 70

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|------------|---------|------|-------------------------|--------|-----|------------|
| 1 | 2259 | 00:33:37 | Schumacher | Anna | 1956 | Itzehoer Versicherungen | GER-SH | | 435 |
| 2 | 3439 | 00:37:07 | Bauch | Thea | 1955 | SG Elbmarsch | GER-SH | | 644 |
| 3 | 3494 | 00:41:25 | Thara | Helga | 1956 | TSV Lola | GER-SH | | 787 |

5 Km Lauf W - 75

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|---------|---------|------|--------------------|--------|-----|------------|
| 1 | 3316 | 00:33:16 | Paulsen | Ingrid | 1949 | Happy Feet Itzehoe | GER-SH | | 406 |

Sport-Club Itzehoe Abtlg. Itzehoer Störlauf Beethovenstraße 2-4 25524 Itzehoe
Telefon: 04821 - 4060844 hansen@stoerlauf.de <http://www.stoerlauf.de>

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M / W - Altersklassen

5 Km Lauf (5 Km)

5 Km Lauf W - 75

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|------|----------|------|--------------------|--------|-----|------------|
| 2 | 1508 | 00:38:09 | Huck | Ingeborg | 1948 | Happy Feet Itzehoe | GER-SH | | 692 |

5 Km Lauf W - HK

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|-----------------|-----------------|------|-------------------------------|---------|-----|------------|
| 1 | 1925 | 00:19:58 | Rohse | Olivia | 2003 | | GER-SH | | 1 |
| 2 | 3213 | 00:22:12 | Söth | Sophie | 1997 | | GER-SH | | 2 |
| 3 | 3066 | 00:22:28 | Brückner | Loretta | 1997 | | GER-HAM | | 3 |
| 4 | 3623 | 00:24:07 | Staben | Tanja | 2000 | ALG-VfL Bokel | GER-SH | | 15 |
| 5 | 4029 | 00:24:11 | Husfeldt | Katharina | 1997 | TS Schenefeld | GER-SH | | 17 |
| 6 | 1899 | 00:24:53 | Janssen | Hannah | 2005 | | GER-SH | | 30 |
| 7 | 4023 | 00:25:04 | Rave | Bente | 2000 | Stadtkapelle Krempe e.V. | GER-SH | | 33 |
| 8 | 2316 | 00:25:34 | Steenbock | Jenny | 1999 | MTV Horst | GER-SH | | 44 |
| 9 | 1983 | 00:26:49 | Nölting | Jana | 2002 | Amt Kellinghusen | GER-SH | | 60 |
| 10 | 4050 | 00:26:59 | Maaß | Lara | 2002 | Wohlert, Aldag & Partner mbB | GER-SH | | 68 |
| 11 | 4058 | 00:27:03 | Detjens | Antonia | 1998 | Herzhorn | GER-SH | | 69 |
| 12 | 3376 | 00:27:05 | Scheil | Celina | 1999 | Kreativ Hoch10 | GER-SH | | 74 |
| 13 | 3149 | 00:27:14 | Mees | Anna | 1997 | | GER-SH | | 81 |
| 14 | 3223 | 00:27:16 | Strelow | Cassandra | 2003 | | GER-SH | | 84 |
| 15 | 1645 | 00:27:17 | Geertz | Lotta | 2000 | Stadtwerke Itzehoe GmbH | GER-SH | | 87 |
| 16 | 1110 | 00:27:21 | Buch | Lisa-Marie | 2002 | Amt Wilstermarsch | GER-SH | | 89 |
| 17 | 1738 | 00:27:42 | Dau | Patricia | 2004 | Stadtwerke Itzehoe GmbH | GER-SH | | 107 |
| 18 | 3423 | 00:27:47 | Sierth | Isabel | 1998 | Peters Werft GmbH | GER-SH | | 108 |
| 19 | 3891 | 00:28:14 | Ciesla | Anna-Lena | 1997 | Klinikum Itzehoe | GER-SH | | 121 |
| 20 | 2312 | 00:28:17 | Piening | Merle | 2006 | MTV Horst | GER-SH | | 125 |
| 21 | 3639 | 00:28:26 | Dost | Jette | 2005 | Butzkies Stahlbau GmbH | GER-SH | | 128 |
| 22 | 3902 | 00:28:29 | Wesemann | Nele | 2002 | Klinikum Itzehoe | GER-SH | | 130 |
| 23 | 3906 | 00:28:46 | Frahm | Sarah | 2003 | Kreis Steinburg | GER-SH | | 140 |
| 24 | 3583 | 00:29:05 | Kühl | Liv | 2000 | | GER-SH | | 154 |
| 25 | 3959 | 00:29:08 | Schulze□□□□□□□□ | Lisanne | 1998 | Pano Verschluss GmbH | GER-SH | | 155 |
| 26 | 1235 | 00:29:08 | Bielefeldt | Isabel | 1999 | G. Pohl-Boskamp GmbH & Co. KG | GER-SH | | 156 |
| 27 | 4004 | 00:29:28 | Koske | Fenja | 2002 | Sport-Club Itzehoe | GER-SH | | 165 |
| 28 | 1884 | 00:29:31 | Burmeister | Luisa | 1999 | | GER-SH | | 169 |
| 29 | 2311 | 00:29:40 | Luttkus | Camila | 1997 | MTV Horst | GER-SH | | 179 |
| 30 | 1886 | 00:29:41 | Draeger | Eileen | 2000 | | GER-SH | | 181 |
| 31 | 3120 | 00:29:42 | Kawalek | Nina Mariella | 2004 | | GER-SH | | 184 |
| 32 | 3987 | 00:29:47 | Borwieck | Anne | 2001 | Sparkasse Westholstein | GER-SH | | 186 |
| 33 | 1256 | 00:29:47 | Tietjen | Lisa | 2005 | G. Pohl-Boskamp GmbH & Co. KG | GER-SH | | 188 |
| 34 | 3342 | 00:29:49 | Rave | Anna | 1998 | Itzehoer Versicherungen | GER-SH | | 189 |
| 35 | 3347 | 00:29:49 | Schwittay | Fine | 1998 | Itzehoer Versicherungen | GER-SH | | 190 |
| 36 | 3205 | 00:29:50 | Schröder | Laura | 1999 | | GER-SH | | 191 |
| 37 | 1888 | 00:29:51 | Gabriel | Kaya | 2002 | | GER-SH | | 194 |
| 38 | 1648 | 00:29:53 | Schneider | Merle | 2004 | Stadtwerke Itzehoe GmbH | GER-SH | | 201 |
| 39 | 3355 | 00:29:53 | Mikolajczyk | Lena | 1999 | Klarsicht GmbH | GER-SH | | 202 |
| 40 | 3192 | 00:29:59 | Reimer | Jule | 2005 | | GER-SH | | 206 |
| 41 | 3145 | 00:30:17 | Lucht | Luisa Charlotte | 2006 | | GER-SH | | 229 |
| 42 | 1934 | 00:30:19 | Thölking | Hanna | 2005 | | GER-SH | | 232 |
| 43 | 1980 | 00:30:20 | Impelmann | Leonie | 1999 | Amt Kellinghusen | GER-SH | | 233 |

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| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|------------|-------------|------|--------------------------------------------------|---------|-----|------------|
| 44 | 3890 | 00:30:26 | Brade | Clara | 1998 | Klinikum Itzehoe | GER-SH | | 238 |
| 45 | 3895 | 00:30:26 | Maset | Chiara | 1998 | Klinikum Itzehoe | GER-SH | | 240 |
| 46 | 2131 | 00:30:29 | Brandt | Helene | 2003 | Feuerwehr Wacken | GER-SH | | 244 |
| 47 | 3212 | 00:30:40 | Schütt | Katharina | 2003 | | GER-SH | | 252 |
| 48 | 4069 | 00:30:44 | Koske | Bjerle | 2005 | | GER-SH | | 257 |
| 49 | 3654 | 00:30:55 | Horst | Mara | 2000 | Fa. Hans Otte | GER-SH | | 272 |
| 50 | 3209 | 00:30:58 | Schuldt | Ronja | 2001 | | GER-SH | | 275 |
| 51 | 3308 | 00:31:00 | Rohwer | Julia | 2004 | Geestrunners Beringstedt | GER-SH | | 276 |
| 52 | 2314 | 00:31:05 | Piplak | Sarina | 2006 | MTV Horst | GER- | | 281 |
| 53 | 4061 | 00:31:05 | Lutz | Helene | 1999 | Kappeln | GER-SH | | 282 |
| 54 | 3607 | 00:31:06 | Spreckels | Lena | 1998 | | GER-NIE | | 284 |
| 55 | 3197 | 00:31:14 | Schlegel | Milena | 2001 | | GER-SH | | 297 |
| 56 | 3666 | 00:31:16 | Scholle | Charlotte | 2005 | Fa. Hans Otte | GER-SH | | 299 |
| 57 | 3318 | 00:31:17 | Brehm | Alexandra | 2004 | Itax | GER-MVP | | 301 |
| 58 | 3659 | 00:31:19 | Kullig | Annalena | 2001 | Fa. Hans Otte | GER-SH | | 303 |
| 59 | 2324 | 00:31:21 | Carado | Keona Rose | 2003 | novitas bkk | GER-SH | | 305 |
| 60 | 3309 | 00:31:23 | Rohwer | Stine | 2006 | Geestrunners Beringstedt | GER-SH | | 310 |
| 61 | 3646 | 00:31:37 | Kulbe | Marie | 2001 | Die Unterforderten | GER-SH | | 320 |
| 62 | 3673 | 00:31:51 | Eckert | Stina | 2001 | Finanzamt Itzehoe | GER-SH | | 331 |
| 63 | 3674 | 00:31:51 | Holm | Janika | 2001 | Finanzamt Itzehoe | GER-SH | | 332 |
| 64 | 1658 | 00:31:53 | Heesch | Sophia | 2005 | Störtalcampus | GER-SH | | 334 |
| 65 | 1269 | 00:31:56 | Gehle | Emma | 2005 | Grundschule an der Schäferkoppel Klasse 2a | GER-SH | | 338 |
| 66 | 3994 | 00:31:58 | Wieben | Milena | 2005 | Sparkasse Westholstein | GER-SH | | 340 |
| 67 | 3925 | 00:32:04 | Adamczyk | Mira | 2004 | novitas bkk | GER-SH | | 344 |
| 68 | 3241 | 00:32:05 | Völkers | Marie | 2001 | | GER-SH | | 345 |
| 69 | 4016 | 00:32:19 | Sievers | Paula | 2005 | Sport-Club Itzehoe | GER-SH | | 356 |
| 70 | 3195 | 00:32:52 | Saager | Hanna | 2003 | | GER-SH | | 379 |
| 71 | 3119 | 00:32:55 | Kawalek | Kim Marie | 2000 | | GER-SH | | 384 |
| 72 | 3567 | 00:33:01 | Grimm | Hannah | 2003 | | GER-SH | | 388 |
| 73 | 3498 | 00:33:03 | Andresen | Anja | 1998 | TSV Heiligenstedten | GER-SH | | 391 |
| 74 | 3329 | 00:33:22 | Bollhardt | Mayleen | 1997 | Itzehoer Versicherungen | GER-SH | | 411 |
| 75 | 3430 | 00:33:22 | Rühmann | Jaqueline | 2002 | Rettungsdienst Kooperation in Schleswig-Holstein | GER-SH | | 412 |
| 76 | 3104 | 00:33:35 | Hartman | Ann-Kathrin | 2001 | | GER-SH | | 434 |
| 77 | 4046 | 00:33:41 | Heesch | Geske | 2002 | Wohlert, Aldag & Partner mbB | GER-SH | | 440 |
| 78 | 4000 | 00:33:58 | Erdtmann | Johanna | 2002 | Sport-Club Itzehoe | GER-SH | | 460 |
| 79 | 3353 | 00:33:59 | Forth | Melissa | 1997 | Klarsicht GmbH | GER-SH | | 461 |
| 80 | 3571 | 00:33:59 | Hoppe | Anna | 1997 | | GER-NIE | | 462 |
| 81 | 4045 | 00:34:00 | Heesch | Brida | 2005 | Wohlert, Aldag & Partner mbB | GER-SH | | 465 |
| 82 | 3665 | 00:34:05 | Otto | Chantal | 2005 | Fa. Hans Otte | GER-SH | | 471 |
| 83 | 4049 | 00:34:13 | Katt | Benita | 1998 | Wohlert, Aldag & Partner mbB | GER-SH | | 485 |
| 84 | 3240 | 00:34:15 | Völkers | Hanna | 2001 | | GER-SH | | 486 |
| 85 | 3333 | 00:34:15 | Köhler | Julina | 2001 | Itzehoer Versicherungen | GER-SH | | 488 |
| 86 | 2390 | 00:34:33 | Kruse | Milena | 2006 | SSG Itzehoe Klasse 12d | GER-SH | | 505 |
| 87 | 3610 | 00:34:36 | Suhn | Feenja | 1997 | | GER-SH | | 511 |
| 88 | 1644 | 00:34:41 | Bock | Merle | 2000 | Stadtwerke Itzehoe GmbH | GER-SH | | 519 |
| 89 | 3085 | 00:34:45 | Formella | Maria | 1997 | | GER-SH | | 522 |
| 90 | 1153 | 00:34:51 | Fast | Vanessa | 2004 | fitznersign Werbetechnik | GER-SH | | 525 |
| 91 | 3372 | 00:35:08 | Treinius | Mareike | 2002 | Klinikum Itzehoe | GER-SH | | 541 |
| 92 | 3235 | 00:35:08 | Treinius | Friederike | 2000 | | GER-SH | | 542 |
| 93 | 1935 | 00:35:11 | Timmermann | Sara Sophie | 1999 | | GER-SH | | 544 |

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5 Km Lauf W - HK

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|------------|-------------|------|--------------------------------------------|---------|-----|------------|
| 94 | 3555 | 00:35:22 | Bandow | Jette | 2001 | | GER-SH | | 558 |
| 95 | 1918 | 00:35:59 | Netzlaw | Lilli | 2004 | | GER-SH | | 582 |
| 96 | 1553 | 00:36:25 | Junge | Paula | 1999 | Klinikum Itzehoe | GER-SH | | 603 |
| 97 | 1544 | 00:36:25 | Buchholz | Melodie | 1998 | Klinikum Itzehoe | GER-SH | | 604 |
| 98 | 3421 | 00:36:35 | Reese | Jolina | 2004 | Peters Werft GmbH | GER-SH | | 619 |
| 99 | 3210 | 00:36:42 | Schulz | Mareike | 2001 | | GER-SH | | 624 |
| 100 | 3628 | 00:36:47 | Kruse | Nina | 1999 | Amt Itzehoe-Land | GER-SH | | 628 |
| 101 | 3631 | 00:36:50 | Rüdiger | Sophie | 2001 | Amt Itzehoe-Land | GER-SH | | 631 |
| 102 | 4067 | 00:36:53 | Kumke | Laura | 1997 | Sparkasse Westholstein | GER-SH | | 633 |
| 103 | 1119 | 00:36:57 | Krähenberg | Tessa | 2006 | Eskildsen GmbH & Co. KG | GER-SH | | 634 |
| 104 | 1541 | 00:36:59 | Strohbach | Lea | 1998 | Kita Mose | | | 639 |
| 105 | 3595 | 00:37:14 | Pieper | Ann-Kathrin | 1997 | | GER-SH | | 647 |
| 106 | 3937 | 00:37:15 | König | Frederike | 2002 | novitas bkk | GER-SH | | 650 |
| 107 | 1928 | 00:37:23 | Soyka | Janna | 1998 | | GER-HAM | | 660 |
| 108 | 1236 | 00:37:31 | Bremer | Antonia | 2001 | G. Pohl-Boskamp GmbH & Co. KG | GER-SH | | 667 |
| 109 | 3707 | 00:37:51 | Gabriel | Lara | 2002 | Itzehoer Versicherungen | GER-SH | | 684 |
| 110 | 3562 | 00:38:09 | Dräger | Mayra | 2005 | | GER-SH | | 693 |
| 111 | 3090 | 00:38:13 | Giese | Maite | 1998 | | GER-NIE | | 699 |
| 112 | 3450 | 00:38:31 | Jensen | Leonie | 2001 | Sport-Club Itzehoe | GER-SH | | 710 |
| 113 | 3586 | 00:38:47 | Lähn | Luisa | 2002 | | GER- | | 720 |
| 114 | 3121 | 00:38:54 | Kemmler | Johanna | 1998 | | GER-HAM | | 725 |
| 115 | 2129 | 00:38:55 | Wichmann | Nathalie | 2005 | Feuerwehr Kellinghusen | GER-SH | | 727 |
| 116 | 2382 | 00:39:32 | Wichmann | Sabine | 1997 | Sport-Club Itzehoe | GER-SH | | 747 |
| 117 | 3424 | 00:40:09 | Von Thun | Nina | 2000 | Peters Werft GmbH | GER-SH | | 771 |
| 118 | 2272 | 00:41:20 | Jens | Henna Sofie | 2005 | Klinikum Itzehoe | GER-SH | | 785 |
| 119 | 3978 | 00:42:03 | Hahnke | Skrollan | 2001 | Schröder Bauzentrum Itzehoe | GER-SH | | 803 |
| 120 | 1609 | 00:43:04 | Finkmann | Josephin | 2001 | novitas bkk | GER-SH | | 821 |
| 121 | 2269 | 00:43:16 | Rotzoll | Alina | 1997 | Kardiologische Praxis Itzehoe | GER-SH | | 824 |
| 122 | 3591 | 00:43:18 | Mengel | Birge | 1998 | | GER-SH | | 825 |
| 123 | 2132 | 00:43:47 | Hesse | Leni | 2005 | Feuerwehr Wacken | GER-SH | | 837 |
| 124 | 2454 | 00:47:02 | Brandt | Katharina | 1998 | Wolfgang-Borchert-Schule Itzehoe Klasse 5a | GER-SH | | 865 |
| 125 | 1680 | 01:00:57 | Jochens | Marie | 1999 | TSV Heiligenstedten | GER-SH | | 884 |

5 Km Lauf W - JU14

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|------------|----------------|------|---------------------------------------|--------|-----|------------|
| 1 | 3808 | 00:22:58 | Schmitt | Juliane Hazuki | 2013 | KKS Klasse 6c | GER-SH | | 5 |
| 2 | 3811 | 00:23:03 | Werft | Lina | 2013 | KKS Klasse 6c | GER-SH | | 6 |
| 3 | 1208 | 00:24:18 | Jeannot | Ava | 2013 | Freie Waldorfschule Itzehoe Klasse 6 | GER-SH | | 20 |
| 4 | 2379 | 00:24:37 | Rehse | Luisa | 2014 | Sport-Club Itzehoe | GER-SH | | 24 |
| 5 | 3496 | 00:25:27 | Plath | Mette Amalia | 2013 | TSV Brokstedt | GER-SH | | 43 |
| 6 | 1729 | 00:25:41 | Horn | Lia | 2013 | Sport-Club Itzehoe | GER-SH | | 45 |
| 7 | 2053 | 00:25:56 | Ellerbrock | Elisabeth | 2014 | AVS Itzehoe Klasse 5c | GER-SH | | 46 |
| 8 | 2173 | 00:26:02 | Borstel | Tine | 2014 | Gemeinschaftsschule Wilster Klasse 5b | GER-SH | | 47 |
| 9 | 3846 | 00:26:18 | Huntenburg | Amélie | 2013 | KKS Klasse 7d | GER-SH | | 52 |
| 10 | 3792 | 00:26:22 | Thomsen | Lena | 2014 | KKS Klasse 6b | GER-SH | | 53 |
| 11 | 3791 | 00:26:22 | Pusch | Luna | 2013 | KKS Klasse 6b | GER-SH | | 54 |

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5 Km Lauf (5 Km)

5 Km Lauf W - JU14

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|-------------|------------|------|-------------------------------------------|--------|-----|------------|
| 12 | 1622 | 00:26:41 | Soukup | Lina Marie | 2013 | novitas bkk | GER-SH | | 56 |
| 13 | 1999 | 00:26:51 | Hebbeln | Sophie | 2014 | Auguste Viktoria Schule Itzehoe Klasse 5e | GER-SH | | 63 |
| 14 | 3765 | 00:26:57 | Terzieva | Vassiliana | 2014 | KKS Klasse 5c | GER-SH | | 66 |
| 15 | 2061 | 00:27:05 | Diehl | Jule | 2013 | AVS Itzehoe Klasse 6d | GER-SH | | 75 |
| 16 | 3381 | 00:27:25 | Wodnick | Paulina | 2013 | Kreativ Hoch10 | GER-SH | | 91 |
| 17 | 3839 | 00:27:30 | Esposito | Bente | 2013 | KKS Klasse 7c | GER-SH | | 93 |
| 18 | 1662 | 00:27:32 | Reinke | Linn | 2013 | Störtalcampus | GER-SH | | 96 |
| 19 | 3781 | 00:27:41 | Adomeit | Frieda | 2013 | KKS Klasse 6a | GER-SH | | 105 |
| 20 | 3783 | 00:27:41 | Samiloglu | Miray | 2014 | KKS Klasse 6a | GER-SH | | 106 |
| 21 | 1222 | 00:27:53 | Schöler | Zoey | 2013 | Freie Waldorfschule Itzehoe Klasse 6 | GER-SH | | 110 |
| 22 | 2444 | 00:27:59 | Bubbers | Nora | 2013 | TSV Elpersbüttel-Eesch | GER-SH | | 116 |
| 23 | 2377 | 00:28:16 | Prigandt | Jonna | 2013 | Sport-Club Itzehoe | GER-SH | | 124 |
| 24 | 2409 | 00:28:24 | Kramer | Jonna | 2014 | SSG Itzehoe Klasse 6d | GER-SH | | 127 |
| 25 | 2066 | 00:28:28 | Thumann | Hedda | 2014 | AVS Itzehoe Klasse 6d | GER-SH | | 129 |
| 26 | 2064 | 00:28:40 | Stanislaw | Luella | 2013 | AVS Itzehoe Klasse 6d | GER-SH | | 136 |
| 27 | 1210 | 00:28:49 | Kühne | Lima | 2014 | Freie Waldorfschule Itzehoe Klasse 6 | GER-SH | | 142 |
| 28 | 2249 | 00:28:53 | Saß | Leni | 2013 | HSG Horst/Kiebitzreihe | GER-SH | | 147 |
| 29 | 3804 | 00:28:59 | Reese | Clara | 2014 | KKS Klasse 6c | GER-SH | | 149 |
| 30 | 3848 | 00:29:00 | Schmidt | Martha | 2013 | KKS Klasse 7d | GER-SH | | 150 |
| 31 | 3819 | 00:29:09 | Pickert | Henriette | 2013 | KKS Klasse 6d | GER-SH | | 158 |
| 32 | 2368 | 00:29:25 | Nagel | Emely | 2013 | Sophie-Scholl-Gymnasium Klasse 5d | GER-SH | | 163 |
| 33 | 3818 | 00:29:25 | Maßmann | Jette | 2014 | KKS Klasse 6d | GER-SH | | 164 |
| 34 | 2401 | 00:29:36 | Richter | Anne-Mieke | 2014 | SSG Itzehoe Klasse 6c | GER-SH | | 174 |
| 35 | 2404 | 00:29:36 | Witt | Anna | 2014 | SSG Itzehoe Klasse 6c | GER-SH | | 175 |
| 36 | 1942 | 00:29:51 | Umbreit | Carlotta | 2014 | 5a SSG | GER-SH | | 193 |
| 37 | 3842 | 00:29:52 | Langhein | Alena | 2013 | KKS Klasse 7c | GER-SH | | 200 |
| 38 | 2058 | 00:30:03 | Tiedemann | Jella | 2014 | AVS Itzehoe Klasse 5c | GER-SH | | 210 |
| 39 | 3812 | 00:30:09 | Wilhelm | Nora | 2014 | KKS Klasse 6c | GER-SH | | 214 |
| 40 | 3802 | 00:30:10 | Nissen | Marta | 2014 | KKS Klasse 6c | GER-SH | | 215 |
| 41 | 3823 | 00:30:13 | Ronneburger | Juana | 2014 | KKS Klasse 6d | GER-SH | | 219 |
| 42 | 2008 | 00:30:13 | Reitz | Fiene | 2014 | Auguste Viktoria Schule Itzehoe Klasse 5e | GER-SH | | 220 |
| 43 | 2294 | 00:30:14 | Stukenberg | Emma | 2013 | Klosterhof-Schule Itzehoe Klasse 7a | GER-SH | | 221 |
| 44 | 2286 | 00:30:16 | Pfeiffer | Merle | 2014 | Klosterhof-Schule Itzehoe Klasse 5b | GER-SH | | 226 |
| 45 | 3847 | 00:30:24 | Jeppe | Ida | 2013 | KKS Klasse 7d | GER-SH | | 236 |
| 46 | 1195 | 00:30:28 | Jacobsen | Clara | 2014 | Freie Waldorfschule Itzehoe Klasse 5 | GER-SH | | 241 |
| 47 | 3790 | 00:30:30 | Landmesser | Frieda | 2014 | KKS Klasse 6b | GER-SH | | 245 |
| 48 | 1196 | 00:30:33 | Jacobsen | Helene | 2013 | Freie Waldorfschule Itzehoe Klasse 5 | GER-SH | | 247 |
| 49 | 3778 | 00:30:34 | Voß | Ida | 2014 | KKS Klasse 5d | GER-SH | | 248 |
| 50 | 3379 | 00:30:35 | Schofeld | Jula | 2013 | Kreativ Hoch10 | GER-SH | | 249 |
| 51 | 3826 | 00:30:40 | Zint | Emilia | 2013 | KKS Klasse 6d | GER-SH | | 253 |
| 52 | 2049 | 00:30:44 | Kötschau | Greta | 2013 | AVS Itzehoe | GER-SH | | 258 |
| 53 | 3813 | 00:30:47 | Deppe | Maike | 2013 | KKS Klasse 6d | GER-SH | | 262 |
| 54 | 2327 | 00:30:48 | Krause | Mila | 2013 | novitas bkk | GER-SH | | 264 |
| 55 | 3368 | 00:30:51 | Kirst | Thea | 2014 | Klinikum Itzehoe | GER-SH | | 268 |
| 56 | 3739 | 00:31:04 | Möller | Mareike | 2014 | KKS Klasse 5a | GER-SH | | 280 |

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| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|--------------|----------------|------|--------------------------------------------|--------|-----|------------|
| 57 | 2406 | 00:31:06 | Gebauer | Leona | 2013 | SSG Itzehoe Klasse 6d | GER-SH | | 285 |
| 58 | 2413 | 00:31:06 | Stanciu | Andreea | 2013 | SSG Itzehoe Klasse 6d | GER-SH | | 286 |
| 59 | 3147 | 00:31:14 | Mälk | Feline Lina | 2013 | | GER-SH | | 298 |
| 60 | 1219 | 00:31:22 | Ploen | Matilda | 2014 | Freie Waldorfschule Itzehoe Klasse 6 | GER-SH | | 308 |
| 61 | 1905 | 00:31:40 | Kühl | Ida | 2013 | | GER-SH | | 323 |
| 62 | 3757 | 00:31:40 | Kunstmann | Svea | 2014 | KKS Klasse 5c | GER-SH | | 324 |
| 63 | 2022 | 00:32:18 | Haase | Elisa | 2014 | Auguste Viktoria Schule Klasse 5b | GER-SH | | 355 |
| 64 | 3755 | 00:32:23 | Hadri | Naya | 2014 | KKS Klasse 5c | GER-SH | | 358 |
| 65 | 2410 | 00:32:44 | Melchien | Nele | 2013 | SSG Itzehoe Klasse 6d | GER-SH | | 371 |
| 66 | 2408 | 00:32:44 | Krafczyk | Frieda | 2014 | SSG Itzehoe Klasse 6d | GER-SH | | 372 |
| 67 | 2078 | 00:32:49 | Meier | Frieda Marleen | 2013 | AVS Itzehoe Klasse 7c | GER-SH | | 377 |
| 68 | 3266 | 00:32:52 | Samokhi | Jasmin | 2013 | AVS Itzehoe | GER-SH | | 380 |
| 69 | 3220 | 00:32:53 | Stockfleth | Leni Marie | 2014 | | GER-SH | | 382 |
| 70 | 2067 | 00:33:16 | Tschermak | Lina | 2013 | AVS Itzehoe Klasse 6d | GER-SH | | 404 |
| 71 | 2012 | 00:33:28 | Wiesenberg | Hanna | 2014 | Auguste Viktoria Schule Itzehoe Klasse 5e | GER-SH | | 423 |
| 72 | 2295 | 00:33:32 | Stukenberg | Laura | 2013 | Klosterhof-Schule Itzehoe Klasse 7a | GER-SH | | 428 |
| 73 | 3795 | 00:33:54 | Wenclik | Hanna | 2013 | KKS Klasse 6b | GER-SH | | 453 |
| 74 | 1134 | 00:33:56 | Bell | Helen | 2013 | Fehrs-Schule Klasse 3 | GER-SH | | 455 |
| 75 | 3396 | 00:33:57 | Johannsen | Mara Johannsen | 2014 | Moorreger SV | GER-SH | | 458 |
| 76 | 3788 | 00:34:00 | Kloss | Pia | 2013 | KKS Klasse 6b | GER-SH | | 466 |
| 77 | 2381 | 00:34:05 | Westphal | Kim | 2014 | Sport-Club Itzehoe | GER-SH | | 470 |
| 78 | 2474 | 00:34:06 | Pinz | Josephine Ann | 2013 | Wolfgang-Borchert-Schule Itzehoe Klasse 7d | GER-SH | | 472 |
| 79 | 2191 | 00:34:09 | Schreiber | Nele | 2013 | Gemeinschaftsschule Wilster Klasse 7a | GER-SH | | 476 |
| 80 | 1694 | 00:34:29 | Kirach | Elenor | 2013 | TuS Krempe v. 1874 e.V. | GER-SH | | 501 |
| 81 | 1221 | 00:34:30 | Schöbel | Emma | 2014 | Freie Waldorfschule Itzehoe Klasse 6 | GER-SH | | 502 |
| 82 | 3777 | 00:34:40 | Schroeder | Anne Marit | 2014 | KKS Klasse 5d | GER-SH | | 517 |
| 83 | 1558 | 00:34:50 | Sickmann | Ella Greta | 2014 | Klinikum Itzehoe | GER-SH | | 523 |
| 84 | 1896 | 00:35:02 | Hildermann | Olivia | 2013 | | GER-SH | | 535 |
| 85 | 1945 | 00:35:08 | Schönhals | Emily | 2014 | 5b SSG | GER-SH | | 543 |
| 86 | 3854 | 00:35:14 | Hüttmann | Helen | 2013 | KKS Klasse 7e | GER-SH | | 549 |
| 87 | 3857 | 00:35:14 | Möller | Friederike | 2013 | KKS Klasse 7e | GER-SH | | 550 |
| 88 | 3824 | 00:35:15 | Schlüter | Zoey | 2013 | KKS Klasse 6d | GER-SH | | 551 |
| 89 | 2124 | 00:35:24 | Köster | Pauline | 2014 | Feuerwehr Kellinghusen | GER-SH | | 559 |
| 90 | 3827 | 00:35:27 | Zollonds | Tarja | 2013 | KKS Klasse 6d | GER-SH | | 563 |
| 91 | 2396 | 00:36:06 | Frahm | Matilda | 2013 | SSG Itzehoe Klasse 6a | GER-SH | | 586 |
| 92 | 2398 | 00:36:06 | Krause | Johanna | 2014 | SSG Itzehoe Klasse 6a | GER-SH | | 587 |
| 93 | 3830 | 00:36:11 | Lindemann | Lilli | 2014 | KKS Klasse 6e | GER-SH | | 592 |
| 94 | 3388 | 00:36:21 | Kroll | Pia | 2014 | LARA Schließsysteme | GER-SH | | 599 |
| 95 | 3744 | 00:36:22 | Ferener-Vari | Sarah | 2014 | KKS Klasse 5b | GER-SH | | 600 |
| 96 | 1956 | 00:36:38 | Romanski | Ina | 2014 | 5c SSG | GER-SH | | 622 |
| 97 | 2290 | 00:36:57 | Schlüter | Clara | 2014 | Klosterhof-Schule Itzehoe Klasse 6a | GER-SH | | 635 |
| 98 | 3198 | 00:37:14 | Schlüter | Lisa | 2014 | | GER-SH | | 646 |
| 99 | 2177 | 00:37:21 | Maaß | Lucy | 2013 | Gemeinschaftsschule Wilster Klasse 6b | GER-SH | | 655 |
| 100 | 2176 | 00:37:21 | Jüstel | Leni | 2014 | Gemeinschaftsschule Wilster Klasse 6b | GER-SH | | 658 |

Ergebnis

M / W - Altersklassen

5 Km Lauf (5 Km)

5 Km Lauf W - JU14

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|------------|----------------|------|--------------------------------------------|--------|-----|------------|
| 101 | 1232 | 00:37:22 | Suaidy | Maryam | 2013 | Freie Waldorfschule Itzehoe Klasse 7 | GER-SH | | 659 |
| 102 | 3786 | 00:37:25 | Blohm | Abby | 2014 | KKS Klasse 6b | GER-SH | | 663 |
| 103 | 3110 | 00:38:12 | Hornick | Finja | 2014 | | GER-SH | | 698 |
| 104 | 2467 | 00:38:24 | Reich | Nike | 2013 | Wolfgang-Borchert-Schule Itzehoe Klasse 6b | GER-SH | | 704 |
| 105 | 3141 | 00:38:34 | Lohse | Emmi | 2014 | | GER-SH | | 714 |
| 106 | 3613 | 00:38:36 | Tesch | Lea Sophie | 2014 | | GER-SH | | 715 |
| 107 | 2473 | 00:38:43 | Krieter | Melissa | 2013 | Wolfgang-Borchert-Schule Itzehoe Klasse 7d | GER-SH | | 718 |
| 108 | 2172 | 00:38:46 | Kahle | Mia-Maylin | 2014 | Gemeinschaftsschule Wilster Klasse 5a | GER-SH | | 719 |
| 109 | 1993 | 00:38:49 | Fock | Anouk | 2014 | Auguste Viktoria Schule Itzehoe Klasse 5e | GER-SH | | 721 |
| 110 | 3814 | 00:38:53 | Glaner | Charlotte | 2014 | KKS Klasse 6d | GER-SH | | 723 |
| 111 | 2179 | 00:38:55 | Brochhagen | Emilya | 2013 | Gemeinschaftsschule Wilster Klasse 7b | GER-SH | | 728 |
| 112 | 1290 | 00:39:46 | Botha | Juna | 2014 | Grundschule an der Schäferkoppel Klasse 3a | GER-SH | | 753 |
| 113 | 1228 | 00:39:51 | Witt | Emma Charlotte | 2014 | Freie Waldorfschule Itzehoe Klasse 6 | GER-SH | | 758 |
| 114 | 2036 | 00:40:04 | Bruhn | Ashley | 2014 | Auguste Viktoria Schule Klasse 5b | GER-SH | | 764 |
| 115 | 2025 | 00:40:04 | Kovaleska | Karina | 2014 | Auguste Viktoria Schule Klasse 5b | GER-SH | | 765 |
| 116 | 1231 | 00:40:04 | Mensch | Lenke | 2013 | Freie Waldorfschule Itzehoe Klasse 7 | GER-SH | | 766 |
| 117 | 2405 | 00:41:52 | Ehmcke | Leevke Tabea | 2014 | SSG Itzehoe Klasse 6d | GER-SH | | 796 |
| 118 | 1225 | 00:41:54 | Siegismund | Lee Ann | 2013 | Freie Waldorfschule Itzehoe Klasse 6 | GER-SH | | 798 |
| 119 | 1951 | 00:42:46 | Jonuzi | Tuana | 2014 | 5c SSG | GER-SH | | 815 |
| 120 | 2393 | 00:42:48 | Belecki | Zoe | 2013 | SSG Itzehoe Klasse 6a | GER-SH | | 817 |
| 121 | 2017 | 00:43:21 | Adomeit | Emma | 2014 | Auguste Viktoria Schule Klasse 5b | GER-SH | | 826 |
| 122 | 2018 | 00:43:21 | Aydogan | Mira | 2014 | Auguste Viktoria Schule Klasse 5b | GER-SH | | 827 |
| 123 | 2302 | 00:44:24 | Strehlow | Emily | 2013 | Klosterhof-Schule Itzehoe Klasse 8a | GER-SH | | 841 |
| 124 | 2291 | 00:44:36 | Bahlwan | Shahad | 2014 | Klosterhof-Schule Itzehoe Klasse 6b | GER-SH | | 844 |
| 125 | 2475 | 00:45:19 | Richter | Amy Marlen | 2013 | Wolfgang-Borchert-Schule Itzehoe Klasse 7d | GER-SH | | 849 |
| 126 | 2282 | 00:45:42 | Griesing | Lynn-Jolie | 2014 | Klosterhof-Schule Itzehoe Klasse 5a | GER-SH | | 851 |
| 127 | 2285 | 00:45:42 | Thielk | Mia-Isabell | 2014 | Klosterhof-Schule Itzehoe Klasse 5a | GER-SH | | 852 |
| 128 | 2021 | 00:45:49 | Gruianu | Emily | 2014 | Auguste Viktoria Schule Klasse 5b | GER-SH | | 853 |
| 129 | 2034 | 00:45:51 | Yesil | Özlem | 2014 | Auguste Viktoria Schule Klasse 5b | GER-SH | | 856 |
| 130 | 1719 | 00:46:44 | Wittwer | Lilli | 2013 | Via Nova gGmbH | GER-SH | | 863 |
| 131 | 2298 | 00:47:40 | Bostanci | Liva | 2013 | Klosterhof-Schule Itzehoe Klasse 7b | GER-SH | | 867 |
| 132 | 2297 | 00:47:40 | Beyer | Lina | 2013 | Klosterhof-Schule Itzehoe Klasse 7b | GER-SH | | 868 |
| 133 | 2171 | 00:47:43 | Breslein | Amillia | 2014 | Gemeinschaftsschule Wilster Klasse 5a | GER-SH | | 869 |
| 134 | 2170 | 00:47:44 | Boll | Lotta | 2014 | Gemeinschaftsschule Wilster Klasse 5a | GER-SH | | 870 |

Ergebnis

M / W - Altersklassen

5 Km Lauf (5 Km)

5 Km Lauf W - JU14

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|------------|-------------|------|----------------------------------------|--------|-----|------------|
| 135 | 2301 | 00:50:41 | Staack | Emily Marie | 2013 | Klosterhof-Schule Itzehoe Klasse 7b | GER-SH | | 875 |
| 136 | 2033 | 00:55:01 | Wegehoff | Finja | 2014 | Auguste Viktoria Schule Klasse 5b | GER-SH | | 881 |
| 137 | 2026 | 00:55:16 | Kovalevska | Kamilla | 2014 | Auguste Viktoria Schule Klasse 5b | GER-SH | | 883 |

5 Km Lauf W - JU16

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|--------------|----------------|------|-----------------------------------------------|---------|-----|------------|
| 1 | 3883 | 00:24:42 | Lohse | Hannah Sophie | 2011 | KKS Klasse a | GER-SH | | 27 |
| 2 | 3855 | 00:25:18 | Jürgens | Maylina | 2012 | KKS Klasse 7e | GER-SH | | 39 |
| 3 | 2292 | 00:25:26 | Höer | Mira | 2012 | Klosterhof-Schule Itzehoe Klasse 7a | GER-SH | | 42 |
| 4 | 2092 | 00:26:48 | Veit | Catharina | 2011 | AVS Itzehoe Klasse 9d | GER-SH | | 59 |
| 5 | 3358 | 00:27:07 | Sachini | Selina | 2012 | Klarsicht GmbH | GER-SH | | 76 |
| 6 | 4036 | 00:27:07 | Tiedemann | Leentje | 2011 | TuS Krempe v. 1874 e.V. | GER-SH | | 78 |
| 7 | 3845 | 00:27:24 | Vock | Henrike | 2012 | KKS Klasse 7c | GER-SH | | 90 |
| 8 | 3866 | 00:27:30 | Lamke | Charlotte | 2012 | KKS Klasse 8a | GER-SH | | 94 |
| 9 | 3865 | 00:27:31 | Hey | Minna Luzie | 2012 | KKS Klasse 8a | GER-SH | | 95 |
| 10 | 4026 | 00:27:33 | Wichmann | Svea Louisa | 2011 | Stadtkapelle Krempe e.V. | GER-SH | | 98 |
| 11 | 3860 | 00:27:35 | Schürmann | Laura | 2012 | KKS Klasse 7e | GER-SH | | 100 |
| 12 | 3507 | 00:27:38 | Bewernick | Sherly Isabell | 2012 | VFL Kellinghusen | GER-SH | | 101 |
| 13 | 3357 | 00:27:41 | Röß | Sarah | 2011 | Klarsicht GmbH | GER-SH | | 104 |
| 14 | 3328 | 00:27:50 | Arp | Miley | 2012 | Itzehoer Versicherungen | GER-SH | | 109 |
| 15 | 2014 | 00:28:19 | Könning | Helena | 2012 | Auguste Viktoria Schule Itzehoe Klasse 8c | GER-SH | | 126 |
| 16 | 3367 | 00:28:55 | Kirst | Paula | 2011 | Klinikum Itzehoe | GER-SH | | 148 |
| 17 | 2416 | 00:29:31 | Kremer | Lia Jolien | 2012 | SSG Itzehoe Klasse 7c | GER-SH | | 168 |
| 18 | 2083 | 00:29:51 | Martens | Marit | 2012 | AVS Itzehoe Klasse 8d | GER-SH | | 195 |
| 19 | 3838 | 00:29:52 | Eichen | Jella | 2012 | KKS Klasse 7c | GER-SH | | 199 |
| 20 | 3869 | 00:29:54 | Johannssen | Henrike | 2011 | KKS Klasse 8c | GER-SH | | 203 |
| 21 | 4022 | 00:29:56 | Art | Rieke | 2012 | SSG Itzehoe Klasse 7a | GER-SH | | 205 |
| 22 | 2081 | 00:30:12 | Hellfeuer | Carolin | 2012 | AVS Itzehoe Klasse 8d | GER-SH | | 218 |
| 23 | 3852 | 00:30:45 | Hajda | Amelia | 2012 | KKS Klasse 7e | GER-SH | | 260 |
| 24 | 2105 | 00:30:46 | Windbracke | Millie | 2012 | CrossFit Smile Itzehoe | GER-SH | | 261 |
| 25 | 3313 | 00:31:05 | Konradt | Selma | 2012 | Gymnasium Allee | GER-HAM | | 283 |
| 26 | 3399 | 00:31:20 | Rathjen | Laura | 2011 | MTSV Hohenwestedt | GER-SH | | 304 |
| 27 | 2178 | 00:31:48 | Krispin | Julana | 2012 | Gemeinschaftsschule Wilster Klasse 7a | GER-SH | | 328 |
| 28 | 3410 | 00:31:54 | Paciepny | Lena | 2011 | Nine Hills Runners | GER-NIE | | 336 |
| 29 | 1663 | 00:32:02 | Reinke | Lotta | 2011 | Störtalcampus | GER-SH | | 343 |
| 30 | 3851 | 00:32:32 | Gohr | Klara | 2012 | KKS Klasse 7e | GER-SH | | 363 |
| 31 | 2082 | 00:32:43 | Holst | Lene | 2012 | AVS Itzehoe Klasse 8d | GER-SH | | 369 |
| 32 | 2485 | 00:32:57 | Aydamirova | Nurell | 2011 | Wolfgang-Borchert-Schule Itzehoe Klasse 9e | GER-SH | | 386 |
| 33 | 2418 | 00:33:13 | Benthien | Sophia | 2012 | SSG Itzehoe Klasse 8a | GER-SH | | 397 |
| 34 | 2419 | 00:33:16 | Fischer | Martha | 2011 | SSG Itzehoe Klasse 8a | GER-SH | | 405 |
| 35 | 2424 | 00:33:22 | Hergenreder | Phiippa | 2011 | SSG Itzehoe Klasse 8c | GER-SH | | 413 |
| 36 | 2421 | 00:33:24 | Wolf | Isabella | 2012 | SSG Itzehoe Klasse 8a | GER-SH | | 415 |
| 37 | 1605 | 00:33:27 | Bartoszynski | Amelia | 2012 | novitas bkk | GER-SH | | 420 |

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M / W - Altersklassen

5 Km Lauf (5 Km)

5 Km Lauf W - JU16

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|-------------|----------------|------|--------------------------------------------------|---------|-----|------------|
| 38 | 2293 | 00:33:32 | Staude | Jenna Madleen | 2012 | Klosterhof-Schule Itzehoe Klasse 7a | GER-SH | | 429 |
| 39 | 2184 | 00:33:35 | Reitz | Emma-Lotta | 2012 | Gemeinschaftsschule Wilster Klasse 8c | GER-SH | | 433 |
| 40 | 2093 | 00:33:42 | Wilts | Malin | 2011 | AVS Itzehoe Klasse 9d | GER-SH | | 442 |
| 41 | 2181 | 00:33:48 | Beyer | Leonie | 2011 | Gemeinschaftsschule Wilster Klasse 8c | GER-SH | | 448 |
| 42 | 2182 | 00:33:50 | Boll | Mira | 2011 | Gemeinschaftsschule Wilster Klasse 8c | GER-SH | | 450 |
| 43 | 3867 | 00:34:12 | Suersen | Helene | 2012 | KKS Klasse 8a | GER-SH | | 481 |
| 44 | 3617 | 00:34:34 | Umland | Felina | 2012 | | GER-SH | | 506 |
| 45 | 2077 | 00:34:44 | Auhage | Marie | 2012 | AVS Itzehoe Klasse 7c | GER-SH | | 520 |
| 46 | 2183 | 00:35:13 | Karstens | Stine | 2011 | Gemeinschaftsschule Wilster Klasse 8c | GER-SH | | 547 |
| 47 | 3840 | 00:35:17 | Freynty | Melina | 2012 | KKS Klasse 7c | GER-SH | | 552 |
| 48 | 3089 | 00:35:36 | Gasiniak | Jessica | 2012 | | GER-SH | | 568 |
| 49 | 1691 | 00:37:05 | Fricke | Mina | 2011 | TuS Krempe v. 1874 e.V. | GER-SH | | 642 |
| 50 | 2481 | 00:37:20 | Thorbrügge | Angelina | 2011 | Wolfgang-Borchert-Schule Itzehoe Klasse 8Flex | GER-SH | | 653 |
| 51 | 3815 | 00:37:24 | Hosseini | Husna | 2012 | KKS Klasse 6d | GER-SH | | 662 |
| 52 | 2303 | 00:38:53 | Wichmann | Ylva | 2012 | Klosterhof-Schule Itzehoe Klasse 8a | GER-SH | | 724 |
| 53 | 2180 | 00:38:55 | Früchtnicht | Amy-Lee | 2012 | Gemeinschaftsschule Wilster Klasse 7b | GER-SH | | 729 |
| 54 | 3454 | 00:38:57 | Wegerhoff | Sofia | 2011 | Sport-Club Itzehoe | GER-SH | | 731 |
| 55 | 3393 | 00:39:15 | Ehlers | Mija Felicitas | 2012 | Meldorf Seals | GER-SH | | 740 |
| 56 | 3315 | 00:41:58 | Baxmann | Cecilia | 2011 | Gymnasium Marne | GER-HAM | | 800 |
| 57 | 3877 | 00:42:30 | Riecherd | Emma | 2011 | KKS Klasse 9b | GER-SH | | 812 |
| 58 | 2463 | 00:44:44 | Burow | Leonie | 2012 | Wolfgang-Borchert-Schule Itzehoe Klasse 6a | GER-SH | | 845 |
| 59 | 2035 | 00:45:51 | Zhelezova | Minet | 2012 | Auguste Viktoria Schule Klasse 5b | GER-SH | | 854 |
| 60 | 1704 | 00:50:37 | Da Cruz | Layla | 2011 | Via Nova gGmbH | GER-SH | | 874 |
| 61 | 2109 | 00:50:54 | Jöhnck | Caroline | 2012 | Die Haie I HSG Horst/Kiebitzreihe | GER-SH | | 876 |
| 62 | 2299 | 01:01:55 | Khalif | Maryam | 2012 | Klosterhof-Schule Itzehoe Klasse 7b | GER-SH | | 885 |

5 Km Lauf W - JU18

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|---------|-----------|------|------------------------------------------|--------|-----|------------|
| 1 | 3727 | 00:23:35 | Wrage | Ida-Lotta | 2009 | KKS Klasse 10b | GER-SH | | 9 |
| 2 | 1641 | 00:24:40 | Rupp | Amelie | 2009 | Sportprofil AVS | GER-SH | | 25 |
| 3 | 3874 | 00:27:07 | Voß | Finja | 2010 | KKS Klasse 9a | GER-SH | | 77 |
| 4 | 1728 | 00:27:39 | Horn | Lana | 2009 | Sport-Club Itzehoe | GER-SH | | 102 |
| 5 | 2095 | 00:28:12 | Neufeld | Ehmi | 2009 | AVS Itzehoe Klasse E | GER-SH | | 119 |
| 6 | 2185 | 00:29:03 | Nielsen | Svea | 2010 | Gemeinschaftsschule Wilster Klasse 9a | GER-SH | | 153 |
| 7 | 2486 | 00:29:37 | Cohrt | Janna | 2010 | Amt Kellinghusen | GER-SH | | 176 |
| 8 | 2091 | 00:30:56 | Schacht | Mia | 2010 | AVS Itzehoe Klasse 9b | GER-SH | | 274 |
| 9 | 3338 | 00:31:18 | Müller | Kenja | 2010 | Itzehoer Versicherungen | GER-SH | | 302 |
| 10 | 3184 | 00:31:23 | Rau | Anna | 2009 | | GER-SH | | 309 |
| 11 | 3719 | 00:31:47 | Freynty | Janne | 2009 | KKS Klasse 10a | GER-SH | | 327 |
| 12 | 2099 | 00:32:42 | Büttner | Charlotte | 2009 | CDU-Ortsverband Itzehoe | GER-SH | | 367 |

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Telefon: 04821 - 4060844 hansen@stoerlauf.de <http://www.stoerlauf.de>

Ergebnis

M / W - Altersklassen

5 Km Lauf (5 Km)

5 Km Lauf W - JU18

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|-------------|-------------|------|-----------------------------------------------|--------|-----|------------|
| 13 | 2231 | 00:33:15 | Weise | Lilli | 2009 | Grundschule Sude-West Klasse 3b | GER-SH | | 403 |
| 14 | 2135 | 00:33:51 | Moisi | Hermine | 2009 | Feuerwehr Wacken | GER-SH | | 451 |
| 15 | 3224 | 00:36:16 | Strohbach | Clara | 2009 | | GER-SH | | 596 |
| 16 | 2479 | 00:36:38 | Bibrach | Lisa-Sophie | 2010 | Wolfgang-Borchert-Schule Itzehoe Klasse 8c | GER-SH | | 621 |
| 17 | 3258 | 00:38:18 | Zwingelberg | Lea | 2010 | | GER-SH | | 701 |
| 18 | 3873 | 00:40:34 | Kock | Alexandra | 2010 | KKS Klasse 9a | GER-SH | | 776 |
| 19 | 1263 | 00:41:03 | Sivka | Leonie | 2010 | Grundschule an der Schäferkoppel Klasse 1a | GER-SH | | 782 |
| 20 | 3116 | 00:41:13 | Jessen | Helena | 2009 | | GER-SH | | 783 |
| 21 | 2386 | 00:41:52 | Voß | Merle | 2009 | SSG Itzehoe Klasse 10d | GER-SH | | 797 |
| 22 | 3876 | 00:42:29 | Lemburg | Mette | 2010 | KKS Klasse 9b | GER-SH | | 811 |

5 Km Lauf W - JU20

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|--------------|---------------|------|------------------------------------------------|---------|-----|------------|
| 1 | 3264 | 00:24:58 | Knickrehm | Marla | 2008 | AVS Itzehoe | GER-SH | | 32 |
| 2 | 1900 | 00:26:26 | Janssen | Luka | 2008 | | GER-SH | | 55 |
| 3 | 4017 | 00:27:14 | Siewert | Tabatha Fenya | 2008 | Sport-Club Itzehoe | GER-SH | | 82 |
| 4 | 3087 | 00:28:49 | Funk | Marit | 2008 | | GER-SH | | 143 |
| 5 | 3425 | 00:29:31 | Westbrock | Josephine | 2007 | Peters Werft GmbH | GER-SH | | 170 |
| 6 | 3731 | 00:29:32 | Schlüter | Sophia | 2008 | KKS Klasse 11b | GER-SH | | 171 |
| 7 | 3679 | 00:29:34 | Walchau | Katharina | 2007 | Fraunhofer Institut für Siliziumtechnologie | GER-SH | | 172 |
| 8 | 3546 | 00:29:50 | Fiebig | Mila | 2008 | SV Brokdorf | GER-SH | | 192 |
| 9 | 1922 | 00:30:26 | Reese | Jenny | 2008 | | GER-SH | | 239 |
| 10 | 2310 | 00:31:09 | Kelting | Nele | 2007 | MTV Horst | GER-SH | | 290 |
| 11 | 2388 | 00:31:17 | Wilhelm | Klara | 2008 | SSG Itzehoe Klasse 11b | GER-SH | | 300 |
| 12 | 3211 | 00:31:48 | Schuster | Dorothea | 2008 | | GER-SH | | 329 |
| 13 | 2387 | 00:32:01 | Koch | Marlene | 2008 | SSG Itzehoe Klasse 11b | GER-SH | | 342 |
| 14 | 2450 | 00:32:47 | Böhme | Celina | 2008 | VT Hamburg | GER-HAM | | 375 |
| 15 | 2225 | 00:33:15 | Knapp | Enie | 2008 | Grundschule Sude-West Klasse 3b | GER-SH | | 401 |
| 16 | 3102 | 00:34:09 | Harbeck | Mona | 2007 | | GER-SH | | 478 |
| 17 | 3735 | 00:34:38 | Bender | Judith | 2008 | KKS Klasse 12e | GER-SH | | 514 |
| 18 | 3736 | 00:34:39 | Benseler | Linn | 2008 | KKS Klasse 12e | GER-SH | | 516 |
| 19 | 4025 | 00:34:53 | Stolze | Carolin | 2007 | Stadtkapelle Krempe e.V. | GER-SH | | 528 |
| 20 | 2256 | 00:35:07 | Radloff | Lavinia | 2008 | Itzehoer Versicherungen | GER-SH | | 539 |
| 21 | 3139 | 00:35:14 | Lewanczik | Aliyah | 2007 | | GER-SH | | 548 |
| 22 | 3729 | 00:35:29 | Ahmed Shukry | Joudi | 2007 | KKS Klasse 11b | GER-SH | | 564 |
| 23 | 4059 | 00:39:10 | Gnewkow | Melina | 2008 | TSV Wacken | GER-SH | | 735 |
| 24 | 2488 | 00:39:55 | Steinbacher | Anna Sophia | 2008 | Itzehoe | GER-SH | | 761 |
| 25 | 3268 | 00:40:33 | Karsten | Emilie | 2008 | BBZ Heide | GER-SH | | 775 |
| 26 | 1264 | 00:41:00 | Sivka | Lydia Marie | 2007 | Grundschule an der Schäferkoppel Klasse 1a | GER-SH | | 781 |
| 27 | 2262 | 00:43:15 | Attuk | Berfin | 2008 | Kardiologische Praxis Itzehoe | GER-SH | | 823 |

Ergebnis

M / W - Altersklassen

5 Km Lauf (5 Km)

5 Km Lauf W - KU10

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|-------------|-----------------|------|--------------------------------------------|--------|-----|------------|
| 1 | 1392 | 00:24:17 | Frähmcke | Marlene | 2017 | Grundschule Kellinghusen Klasse 4 | GER-SH | | 19 |
| 2 | 1473 | 00:24:36 | Nolte | Helena | 2017 | GS Edendorf Klasse 3 | GER-SH | | 23 |
| 3 | 1305 | 00:26:46 | Sülau | Tessa | 2017 | Grundschule an der Schäferkoppel Klasse 3c | GER-SH | | 57 |
| 4 | 3077 | 00:29:13 | Dekarski | Laja | 2017 | | GER-SH | | 161 |
| 5 | 1415 | 00:29:42 | Reinke | Pauline | 2018 | Grundschule Wellenkamp Klasse 2c | GER-SH | | 183 |
| 6 | 1370 | 00:30:03 | Kühn | Lilia Charlotte | 2017 | Grundschule Kellinghusen Klasse 2 | GER-SH | | 208 |
| 7 | 3582 | 00:30:21 | Krey | Marie | 2018 | | GER-SH | | 235 |
| 8 | 3366 | 00:30:37 | Kirst | Johanna | 2017 | Klinikum Itzehoe | GER-SH | | 251 |
| 9 | 1172 | 00:32:30 | Florencio | Leah Noémie | 2017 | Freie Waldorfschule Itzehoe Klasse 4 | GER-SH | | 361 |
| 10 | 1339 | 00:32:43 | Grow | Matilda | 2017 | Grundschule auf der Geestinsel Klasse 2 | GER-SH | | 370 |
| 11 | 2213 | 00:33:03 | Sievers | Eline | 2018 | Grundschule Sude-West Klasse 2c | GER-SH | | 390 |
| 12 | 1613 | 00:33:05 | Freigang | Alina | 2017 | novitas bkk | GER-SH | | 393 |
| 13 | 1732 | 00:33:06 | Barteld | Mathilda | 2017 | Freie Waldorfschule Itzehoe Klasse 3 | GER-SH | | 394 |
| 14 | 2210 | 00:33:25 | Ramm | Ida Lotta | 2017 | Grundschule Sude-West Klasse 2c | GER-SH | | 418 |
| 15 | 1667 | 00:33:40 | Döring | Mieke Marie | 2017 | Störtalcampus Klasse 3 | GER-SH | | 439 |
| 16 | 3291 | 00:34:18 | Szepanzik | Mia | 2018 | Drei-Möwen-Power | GER-SH | | 489 |
| 17 | 1611 | 00:34:24 | Flindt | Ida | 2018 | novitas bkk | GER-SH | | 495 |
| 18 | 1743 | 00:35:08 | Kunz | Nele | 2017 | GS Krempferheide Klasse 3b | GER-SH | | 540 |
| 19 | 1444 | 00:35:26 | Turowski | Levke | 2017 | Grundschule Wellenkamp Klasse 3d | GER-SH | | 562 |
| 20 | 1267 | 00:35:37 | Harnau | Merle | 2018 | Grundschule an der Schäferkoppel Klasse 1d | GER-SH | | 571 |
| 21 | 1163 | 00:35:58 | Von Thun | Sofia | 2017 | Freie Waldorfschule Itzehoe Klasse 2 | GER-SH | | 581 |
| 22 | 1344 | 00:36:00 | Klettke | Enna | 2017 | Grundschule auf der Geestinsel Klasse 2 | GER-SH | | 583 |
| 23 | 1362 | 00:36:04 | Brümmer | Mara | 2018 | Grundschule Kellinghusen Klasse 2 | GER-SH | | 584 |
| 24 | 3383 | 00:36:20 | Horst | Greta | 2018 | LARA Schließsysteme | GER-SH | | 598 |
| 25 | 1425 | 00:36:27 | Armstrong | Lara | 2017 | Grundschule Wellenkamp Klasse 3c | GER-SH | | 605 |
| 26 | 1464 | 00:36:32 | Klein | Larika | 2017 | GS Edendorf Klasse 2 | GER-SH | | 614 |
| 27 | 1442 | 00:36:44 | Timmermann | Maya | 2017 | Grundschule Wellenkamp Klasse 3d | GER-SH | | 627 |
| 28 | 1458 | 00:36:58 | Himmelsbach | Jonna | 2018 | GS Edendorf Klasse 1 | GER-SH | | 638 |
| 29 | 1577 | 00:37:33 | Skottke | Line | 2018 | Liliencronschule Lägerdorf Klasse 2 | GER-SH | | 668 |
| 30 | 1574 | 00:37:34 | Pollex | Palina | 2018 | Liliencronschule Lägerdorf Klasse 1 | GER-SH | | 669 |
| 31 | 1576 | 00:37:45 | Kollwitz | Frieda | 2018 | Liliencronschule Lägerdorf Klasse 2 | GER-SH | | 678 |
| 32 | 3447 | 00:37:48 | de Jonge | Eliza | 2018 | Sport-Club Itzehoe | GER-SH | | 682 |
| 33 | 3386 | 00:37:48 | Kroll | Lene | 2017 | LARA Schließsysteme | GER-SH | | 683 |
| 34 | 1466 | 00:38:33 | Nötzold | Charlotte | 2017 | GS Edendorf Klasse 2 | GER-SH | | 713 |
| 35 | 1345 | 00:39:18 | Look | Clara | 2017 | Grundschule auf der Geestinsel Klasse 2 | GER-SH | | 743 |
| 36 | 1435 | 00:39:38 | Feuerstein | Anabel | 2017 | Grundschule Wellenkamp Klasse 3d | GER-SH | | 749 |
| 37 | 3143 | 00:39:50 | Lohse | Hanne | 2018 | | GER-SH | | 756 |

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| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|--------------|---------------|------|--------------------------------------------|--------|-----|------------|
| 38 | 1470 | 00:40:20 | Weimann | Elina | 2017 | GS Edendorf Klasse 2 | GER-SH | | 773 |
| 39 | 2320 | 00:40:55 | Al Zoubi | Aya | 2017 | novitas bkk | GER-SH | | 779 |
| 40 | 1354 | 00:41:16 | Drescher | Tilda | 2018 | Grundschule Hohenaspe Klasse 1 | GER-SH | | 784 |
| 41 | 1356 | 00:41:26 | Schröder | Frieda | 2018 | Grundschule Hohenaspe Klasse 1 | GER-SH | | 788 |
| 42 | 1573 | 00:41:29 | Klatt | Pia | 2018 | Lilienronschule Lägerdorf Klasse 1 | GER-SH | | 789 |
| 43 | 3292 | 00:41:34 | Thorwirth | Henrike | 2017 | Drei-Möwen-Power | GER-SH | | 792 |
| 44 | 3151 | 00:42:28 | Mohr | Pia | 2017 | | GER-SH | | 810 |
| 45 | 2205 | 00:43:24 | Gebrelibanos | Johanna | 2017 | Grundschule Sude-West Klasse 2c | GER-SH | | 828 |
| 46 | 1440 | 00:43:36 | Sidibe | Djamila | 2017 | Grundschule Wellenkamp Klasse 3d | GER-SH | | 835 |
| 47 | 1430 | 00:44:17 | Adekunle | Leonie | 2017 | Grundschule Wellenkamp Klasse 3d | GER-SH | | 839 |
| 48 | 1123 | 00:44:45 | Karapetyan | Emely | 2018 | Fehrs-Schule Klasse 2 | GER-SH | | 846 |
| 49 | 1386 | 00:45:03 | Pekau | Nina | 2017 | Grundschule Kellinghusen Klasse 3 | GER-SH | | 848 |
| 50 | 1122 | 00:45:59 | Bedenknecht | Emilie | 2018 | Fehrs-Schule Klasse 2 | GER-SH | | 858 |
| 51 | 1369 | 00:46:13 | Köhn | Haylie | 2017 | Grundschule Kellinghusen Klasse 2 | GER-SH | | 859 |
| 52 | 1278 | 00:46:58 | Bade | Jasmin | 2018 | Grundschule an der Schäferkoppel Klasse 2d | GER-SH | | 864 |
| 53 | 1138 | 00:48:41 | Kleppel | Tamila | 2017 | Fehrs-Schule Klasse 3 | GER-SH | | 871 |
| 54 | 1337 | 00:51:44 | Dürr | Aylin Johanna | 2018 | Grundschule auf der Geestinsel Klasse 1 | GER-SH | | 877 |
| 55 | 2214 | 00:55:15 | Stebner | Anabel | 2017 | Grundschule Sude-West Klasse 2c | GER-SH | | 882 |

5 Km Lauf W - KU12

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|------------|------------|------|--------------------------------------------|--------|-----|------------|
| 1 | 3060 | 00:22:36 | Beher | Hedi | 2015 | | GER-SH | | 4 |
| 2 | 1400 | 00:23:36 | Liebscher | Greta | 2015 | Grundschule Kellinghusen Klasse 4 | GER-SH | | 10 |
| 3 | 3768 | 00:24:03 | Blöcker | Bea | 2015 | KKS Klasse 5d | GER-SH | | 13 |
| 4 | 3568 | 00:24:13 | Hass | Ida Marie | 2016 | | GER-SH | | 18 |
| 5 | 1348 | 00:25:11 | Stoffregen | Marla | 2016 | Grundschule auf der Geestinsel Klasse 3 | GER-SH | | 35 |
| 6 | 3770 | 00:25:15 | Kassebrock | Elisa | 2015 | KKS Klasse 5d | GER-SH | | 38 |
| 7 | 1381 | 00:25:23 | Behnke | Matilda | 2015 | Grundschule Kellinghusen Klasse 3 | GER-SH | | 40 |
| 8 | 1673 | 00:26:04 | Reinke | Leni Malou | 2016 | Störtalcampus Klasse 4 | GER-SH | | 48 |
| 9 | 3064 | 00:26:17 | Blöcker | Pia Marie | 2015 | | GER-SH | | 50 |
| 10 | 1321 | 00:26:17 | Sülau | Jette | 2015 | Grundschule an der Schäferkoppel Klasse 4b | GER-SH | | 51 |
| 11 | 1477 | 00:26:46 | Paetau | Lena | 2016 | GS Edendorf Klasse 4 | GER-SH | | 58 |
| 12 | 2244 | 00:26:55 | Schmidt | Melina | 2015 | GS Kiebitzreihe Klasse 4 | GER-SH | | 65 |
| 13 | 2456 | 00:27:12 | Lembke | Maila | 2015 | Wolfgang-Borchert-Schule Itzehoe Klasse 5a | GER-SH | | 80 |
| 14 | 3216 | 00:27:29 | Stenzel | Jelin | 2015 | | GER-SH | | 92 |
| 15 | 3312 | 00:27:57 | Reibe | Maila | 2016 | Grundschule Wellenkamp | GER-SH | | 114 |
| 16 | 3745 | 00:28:01 | Fouseki | Eleni | 2015 | KKS Klasse 5b | GER-SH | | 117 |

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| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|-----------------|-----------------|------|--------------------------------------------|--------|-----|------------|
| 17 | 1351 | 00:28:14 | Schedelgarn | Mika | 2016 | Grundschule auf der Geestinsel Klasse 4 | GER-SH | | 122 |
| 18 | 1383 | 00:28:49 | Ellerbrock | Charlotte Maria | 2016 | Grundschule Kellinghusen Klasse 3 | GER-SH | | 141 |
| 19 | 1389 | 00:28:50 | Worm | Janne | 2016 | Grundschule Kellinghusen Klasse 3 | GER-SH | | 144 |
| 20 | 1315 | 00:28:51 | Fadenholz | Maja | 2015 | Grundschule an der Schäferkoppel Klasse 4b | GER-SH | | 145 |
| 21 | 1302 | 00:28:51 | Gulde | Luna | 2016 | Grundschule an der Schäferkoppel Klasse 3c | GER-SH | | 146 |
| 22 | 2237 | 00:29:40 | Sievers | Maya | 2015 | GS Kiebitzreihe Klasse 3 | GER-SH | | 178 |
| 23 | 2253 | 00:29:41 | Arp | Laney | 2016 | Itzehoer Versicherungen | GER-SH | | 180 |
| 24 | 2000 | 00:29:52 | Jürk | Neele | 2015 | Auguste Viktoria Schule Itzehoe Klasse 5e | GER-SH | | 198 |
| 25 | 2243 | 00:30:08 | Riemhofer | Ava | 2015 | GS Kiebitzreihe Klasse 4 | GER-SH | | 212 |
| 26 | 1690 | 00:30:15 | Beselin | Emma | 2016 | TuS Krempe v. 1874 e.V. | GER-SH | | 223 |
| 27 | 1424 | 00:30:17 | Behrend | Carlotta | 2016 | Grundschule Wellenkamp Klasse 3b | GER-SH | | 228 |
| 28 | 1447 | 00:30:17 | Balje | Malina | 2015 | Grundschule Wellenkamp Klasse 4c | GER-SH | | 230 |
| 29 | 1976 | 00:30:31 | Ramm | Paulina | 2015 | 5e SSG | GER-SH | | 246 |
| 30 | 3766 | 00:30:54 | Volkmann | Patricia | 2015 | KKS Klasse 5c | GER-SH | | 270 |
| 31 | 1686 | 00:30:54 | Schmidt | Elly | 2015 | TSV Heiligenstedten | GER-SH | | 271 |
| 32 | 1393 | 00:31:07 | Gerber | Maja | 2015 | Grundschule Kellinghusen Klasse 4 | GER-SH | | 287 |
| 33 | 1524 | 00:31:10 | Liskow | Lenia | 2016 | Itzehoer Versicherungen | GER-SH | | 292 |
| 34 | 1478 | 00:31:11 | Scherer | Juliane | 2015 | GS Edendorf Klasse 4 | GER-SH | | 294 |
| 35 | 3750 | 00:31:11 | Vock | Marietta | 2015 | KKS Klasse 5b | GER-SH | | 295 |
| 36 | 1262 | 00:31:21 | Grube-Reichmann | Charlotte | 2016 | Grundschule an der Schäferkoppel | GER-SH | | 306 |
| 37 | 3740 | 00:31:21 | Samiloglu | Simay Naz | 2015 | KKS Klasse 5a | GER-SH | | 307 |
| 38 | 1530 | 00:31:24 | Westphalen | Neele | 2015 | Itzehoer Versicherungen | GER-SH | | 312 |
| 39 | 3208 | 00:31:29 | Schuldt | Nele Marie | 2015 | | GER-SH | | 315 |
| 40 | 1387 | 00:31:38 | Ramazani | Sahra | 2015 | Grundschule Kellinghusen Klasse 3 | GER-SH | | 321 |
| 41 | 1491 | 00:31:54 | Gutermann | Lena | 2016 | GS Kremperheide Klasse 3a | GER-SH | | 335 |
| 42 | 1397 | 00:32:14 | Kaack | Tilda Sofia | 2015 | Grundschule Kellinghusen Klasse 4 | GER-SH | | 354 |
| 43 | 3775 | 00:32:21 | Quade | Luise | 2015 | KKS Klasse 5d | GER-SH | | 357 |
| 44 | 1186 | 00:32:31 | Wiemann | Freya | 2015 | Freie Waldorfschule Itzehoe Klasse 4 | GER-SH | | 362 |
| 45 | 2004 | 00:33:14 | Kreft | Louisa | 2015 | Auguste Viktoria Schule Itzehoe Klasse 5e | GER-SH | | 400 |
| 46 | 1349 | 00:33:15 | Grow | Norah | 2015 | Grundschule auf der Geestinsel Klasse 4 | GER-SH | | 402 |
| 47 | 1152 | 00:33:23 | Schauer | Frieda | 2015 | Fehrs-Schule Klasse 4 | GER-SH | | 414 |
| 48 | 1498 | 00:33:30 | Griesbach | Lina | 2016 | GS Kremperheide Klasse 3b | GER-SH | | 426 |
| 49 | 1318 | 00:33:35 | Schnause | Leni | 2016 | Grundschule an der Schäferkoppel Klasse 4b | GER-SH | | 431 |
| 50 | 1881 | 00:33:35 | Behrens | Sophie | 2016 | | GER-SH | | 432 |
| 51 | 3743 | 00:33:37 | Beuchel | Zoey | 2015 | KKS Klasse 5b | GER-SH | | 436 |
| 52 | 3747 | 00:33:38 | Nebeling | Emma | 2015 | KKS Klasse 5b | GER-SH | | 437 |
| 53 | 1135 | 00:33:57 | Bell | Mary | 2016 | Fehrs-Schule Klasse 3 | GER-SH | | 456 |
| 54 | 3965 | 00:34:04 | Ballin | Elisabeth | 2016 | Rbz in Steinburg | GER-SH | | 468 |
| 55 | 1406 | 00:34:07 | Schubert | Emma | 2015 | Grundschule Kellinghusen Klasse 4 | GER-SH | | 473 |
| 56 | 3751 | 00:34:12 | Weber | Julie | 2015 | KKS Klasse 5b | GER-SH | | 483 |

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| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|------------------|---------------|------|--------------------------------------------|---------|-----|------------|
| 57 | 1973 | 00:34:31 | Hahn | Katy | 2015 | 5e SSG | GER-SH | | 503 |
| 58 | 1880 | 00:34:32 | Auhage | Lina | 2015 | | GER-SH | | 504 |
| 59 | 3944 | 00:34:35 | Tetzlauff | Linea | 2015 | novitas bkk | GER-SH | | 507 |
| 60 | 1742 | 00:34:36 | Kunz | Finja | 2015 | GS Krempferheide Klasse 3b | GER-SH | | 510 |
| 61 | 1959 | 00:34:37 | Contiopidis | Paris | 2015 | 5d SSG | GER-SH | | 513 |
| 62 | 1405 | 00:34:45 | Schmadtke | Hannah Marie | 2015 | Grundschule Kellinghusen Klasse 4 | GER-SH | | 521 |
| 63 | 1200 | 00:34:52 | Wöbcke | Lennya | 2015 | Freie Waldorfschule Itzehoe Klasse 5 | GER-SH | | 526 |
| 64 | 1455 | 00:34:55 | Sträßer | Lenja | 2015 | Grundschule Wellenkamp Klasse 4c | GER-SH | | 529 |
| 65 | 3769 | 00:35:03 | Haase | Charlotte | 2015 | KKS Klasse 5d | GER-SH | | 538 |
| 66 | 1452 | 00:35:12 | Lüchow | Elina | 2015 | Grundschule Wellenkamp Klasse 4c | GER-SH | | 545 |
| 67 | 1300 | 00:35:19 | Grams | Emilia | 2015 | Grundschule an der Schäferkoppel Klasse 3c | GER-SH | | 554 |
| 68 | 1441 | 00:35:25 | Strote | Mathilde Ella | 2016 | Grundschule Wellenkamp Klasse 3d | GER-SH | | 560 |
| 69 | 1516 | 00:35:30 | Berisha | Arnisa | 2015 | Itzehoer Versicherungen | GER-SH | | 565 |
| 70 | 3375 | 00:35:36 | Laaackmann | Nike | 2016 | Kreativ Hoch10 | GER-SH | | 569 |
| 71 | 3378 | 00:35:36 | Schmidt | Clara | 2016 | Kreativ Hoch10 | GER-SH | | 570 |
| 72 | 1589 | 00:35:42 | Hamad | Vian | 2015 | Liliencronschule Lägerdorf Klasse 4 | GER-SH | | 573 |
| 73 | 1427 | 00:35:52 | Hayenga | Stine | 2016 | Grundschule Wellenkamp Klasse 3c | GER-SH | | 577 |
| 74 | 1092 | 00:35:53 | Benthien | Nele | 2015 | 05d AVS | GER-SH | | 578 |
| 75 | 2056 | 00:36:06 | Schmidt | Hanna | 2015 | AVS Itzehoe Klasse 5c | GER-SH | | 588 |
| 76 | 2055 | 00:36:06 | Poweleit | Mia | 2015 | AVS Itzehoe Klasse 5c | GER-SH | | 589 |
| 77 | 3468 | 00:36:11 | Röper | Mila | 2016 | Tanzschule Kathrin Giesen | GER-SH | | 591 |
| 78 | 1919 | 00:36:24 | Nicola | Freja | 2015 | | GER-HAM | | 602 |
| 79 | 3288 | 00:36:28 | Szepanzik | Hanna | 2015 | Drei-Möwen-Power | GER-SH | | 606 |
| 80 | 1428 | 00:36:29 | Voß | Maja Sofie | 2016 | Grundschule Wellenkamp Klasse 3c | GER-SH | | 609 |
| 81 | 3293 | 00:36:30 | Thorwirth | Marta | 2015 | Drei-Möwen-Power | GER-SH | | 610 |
| 82 | 3286 | 00:36:30 | Seydel | Rita | 2015 | Drei-Möwen-Power | GER-SH | | 612 |
| 83 | 1469 | 00:36:32 | Vizcaino Arrieta | Thamara | 2016 | GS Edendorf Klasse 2 | GER-SH | | 615 |
| 84 | 1476 | 00:36:33 | Klein | Emma | 2016 | GS Edendorf Klasse 4 | GER-SH | | 616 |
| 85 | 1585 | 00:36:34 | Wiese | Johanna | 2015 | Liliencronschule Lägerdorf Klasse 3 | GER-SH | | 618 |
| 86 | 1148 | 00:36:35 | Hasheni | Rasa | 2015 | Fehrs-Schule Klasse 4 | GER-SH | | 620 |
| 87 | 1581 | 00:36:57 | Suleiman | Elham | 2016 | Liliencronschule Lägerdorf Klasse 3 | GER-SH | | 636 |
| 88 | 1314 | 00:37:16 | Ahras | Remas | 2015 | Grundschule an der Schäferkoppel Klasse 4b | GER-SH | | 651 |
| 89 | 3753 | 00:37:44 | Dehner | Tara | 2015 | KKS Klasse 5c | GER-SH | | 677 |
| 90 | 1183 | 00:37:48 | Rögner | Fritzi | 2015 | Freie Waldorfschule Itzehoe Klasse 4 | GER-SH | | 681 |
| 91 | 3763 | 00:38:04 | Rau | Lavinia | 2015 | KKS Klasse 5c | GER-SH | | 689 |
| 92 | 1569 | 00:38:04 | Schopnie | Mila | 2016 | Liliencronschule Lägerdorf | GER-SH | | 690 |
| 93 | 1586 | 00:38:05 | Woitkowiak | Melina | 2016 | Liliencronschule Lägerdorf Klasse 3 | GER-SH | | 691 |
| 94 | 2459 | 00:38:28 | Medro | Laura | 2015 | Wolfgang-Borchert-Schule Itzehoe Klasse 5a | GER-SH | | 707 |
| 95 | 1997 | 00:38:49 | Großklags | Antonia | 2015 | Auguste Viktoria Schule Itzehoe Klasse 5e | GER-SH | | 722 |
| 96 | 1877 | 00:38:56 | Altemühlenkord | Klara | 2015 | | GER-SH | | 730 |
| 97 | 1149 | 00:39:27 | Kirstein | Ida | 2016 | Fehrs-Schule Klasse 4 | GER-SH | | 744 |

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5 Km Lauf (5 Km)

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| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|------------|--------------|------|-----------------------------------------------|--------|-----|------------|
| 98 | 1448 | 00:39:37 | Broocks | Greta | 2016 | Grundschule Wellenkamp Klasse 4c | GER-SH | | 748 |
| 99 | 1404 | 00:39:44 | Schlauß | Maja | 2015 | Grundschule Kellinghusen Klasse 4 | GER-SH | | 752 |
| 100 | 1310 | 00:39:47 | Petersen | Mathilda | 2016 | Grundschule an der Schäferkoppel Klasse 4a | GER-SH | | 754 |
| 101 | 1946 | 00:40:02 | Stanciu | Amelia | 2015 | 5b SSG | GER-SH | | 762 |
| 102 | 2040 | 00:40:04 | Schneider | Lia | 2015 | Auguste Viktoria Schule Klasse 5b | GER-SH | | 767 |
| 103 | 2042 | 00:40:05 | Temesgen | Arsema | 2015 | Auguste Viktoria Schule Klasse 5b | GER-SH | | 769 |
| 104 | 1175 | 00:40:52 | Laatsch | Trisha | 2016 | Freie Waldorfschule Itzehoe Klasse 4 | GER-SH | | 777 |
| 105 | 1140 | 00:40:57 | Küchenhoff | Hanna Louisa | 2015 | Fehrs-Schule Klasse 3 | GER-SH | | 780 |
| 106 | 1695 | 00:41:33 | Radecka | Nicole | 2015 | TuS Krempe v. 1874 e.V. | GER-SH | | 790 |
| 107 | 1322 | 00:41:35 | Klindt | Hazel | 2016 | Grundschule an der Schäferkoppel Klasse 4c | GER-SH | | 794 |
| 108 | 1512 | 00:41:39 | Virkus | Frieda | 2015 | Hauptzollamt Itzehoe | GER-SH | | 795 |
| 109 | 1446 | 00:42:02 | Kupfermann | Mila Sophie | 2016 | Grundschule Wellenkamp Klasse 4b | GER-SH | | 801 |
| 110 | 1347 | 00:42:07 | Hatje | Romy Gisela | 2015 | Grundschule auf der Geestinsel Klasse 3 | GER-SH | | 804 |
| 111 | 1471 | 00:42:08 | Böthern | Sophia | 2016 | GS Edendorf Klasse 3 | GER-SH | | 806 |
| 112 | 1472 | 00:42:08 | Kock | Hanna | 2016 | GS Edendorf Klasse 3 | GER-SH | | 807 |
| 113 | 1944 | 00:42:44 | Yap | Suri Mae | 2015 | 5a SSG | GER-SH | | 814 |
| 114 | 1958 | 00:42:46 | Wohlert | Annika | 2015 | 5c SSG | GER-SH | | 816 |
| 115 | 2194 | 00:43:32 | Mouangue | Lina Esther | 2016 | Grundschule Edendorf | GER-SH | | 830 |
| 116 | 1325 | 00:43:32 | Ohlsen | Finja | 2016 | Grundschule an der Schäferkoppel Klasse 4c | GER-SH | | 831 |
| 117 | 2227 | 00:44:10 | Kowallik | Lexxa Lyn | 2016 | Grundschule Sude-West Klasse 3b | GER-SH | | 838 |
| 118 | 1894 | 00:44:34 | Hellfeuer | Stella | 2015 | | GER-SH | | 842 |
| 119 | 1903 | 00:44:35 | Krehn | Linnea | 2015 | | GER-SH | | 843 |
| 120 | 1173 | 00:45:51 | Forster | Josephine | 2015 | Freie Waldorfschule Itzehoe Klasse 4 | GER-SH | | 855 |
| 121 | 1396 | 00:46:16 | Hütter | Clara | 2016 | Grundschule Kellinghusen Klasse 4 | GER-SH | | 861 |
| 122 | 3226 | 00:46:34 | Strohbach | Enna | 2015 | | GER-SH | | 862 |
| 123 | 1421 | 01:08:27 | Schröder | Laura | 2016 | Grundschule Wellenkamp Klasse 2d | GER-SH | | 886 |

Einträge in der Liste: 1884