



32. Lauf "Rund um Burg"

17. Mai 2019

Ergebnis M / W - Altersklassen

10-km-Lauf (10 Km)

10-km-Lauf M - 30

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|-------------|------------|------|--|--------|-----|------------|
| 1 | 86 | 00:33:31 | Schwarzkopf | Dieter | 1987 | Linden | GER-SH | | 1 |
| 2 | 7 | 00:34:25 | Bies | Torben | 1983 | SC Bargaenstedt | GER-SH | | 2 |
| 3 | 95 | 00:43:12 | Suhr | André | 1982 | Dithmarscher Lauf-Team | GER-SH | | 11 |
| 4 | 74 | 00:44:13 | Rathje | Matthias | 1983 | Brunsbüttel | GER-SH | | 15 |
| 5 | 85 | 00:44:32 | Schöß | Maximilian | 1988 | Brunsbüttel | GER-SH | | 16 |
| 6 | 94 | 00:46:32 | Strufe | Alexander | 1987 | TuRa Meldorf | GER-SH | | 24 |
| 7 | 58 | 00:47:00 | Nicolaysen | Jan | 1985 | Sockenfeuer | GER-SH | | 28 |
| 8 | 97 | 00:50:31 | Thode | Stephan | 1985 | Team der Westküstenkliniken Brunsbüttel und Heide | GER-SH | | 43 |
| 9 | 105 | 00:51:24 | Von Reith | Markus | 1980 | Brunsbüttel | GER-SH | | 48 |
| 10 | 1 | 00:51:53 | Algan | Deniz | 1985 | Wilster | GER-SH | | 49 |
| 11 | 32 | 00:57:50 | Holze | Christian | 1989 | Tanzschule Thomas Bruhn | GER-SH | | 63 |

10-km-Lauf M - 40

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|----------------|-----------|------|-------------------------|--------|-----|------------|
| 1 | 59 | 00:37:22 | Ohm | Sören | 1977 | TuS Jevenstedt | GER-SH | | 4 |
| 2 | 121 | 00:40:44 | Salto | Oliver | 1970 | Sport-Club Itzehoe | GER-SH | | 7 |
| 3 | 54 | 00:41:24 | Wahls | Matze | 1979 | MTV Heide | GER-SH | | 8 |
| 4 | 65 | 00:42:00 | Piper | Kai | 1979 | Sport-Club Itzehoe | GER-SH | | 9 |
| 5 | 98 | 00:43:31 | Timm | Henning | 1976 | TSV Krumstedt | GER-SH | | 12 |
| 6 | 34 | 00:43:59 | Ihfe | Mario | 1975 | Zeitlos | GER-SH | | 14 |
| 7 | 44 | 00:46:08 | Kring | Joachim | 1977 | VHS Dithmarschen e.V. | GER-SH | | 20 |
| 8 | 38 | 00:46:56 | Kliesow | Gunnar | 1976 | MTV Burg | GER-SH | | 27 |
| 9 | 23 | 00:48:00 | Hantich | Stefan | 1971 | Itzehoe | GER-SH | | 32 |
| 10 | 107 | 00:48:48 | Warn | Arne | 1971 | Tura Meldorf | GER-SH | | 35 |
| 11 | 5 | 00:48:52 | Bendtschneider | Stefan | 1971 | Wellyou Heide | GER-SH | | 36 |
| 12 | 17 | 00:50:54 | Friedrichsen | Morten | 1976 | FH Westküste | GER-SH | | 45 |
| 13 | 49 | 00:51:07 | Looft | Henning | 1971 | Läuft | GER-SH | | 46 |
| 14 | 8 | 00:52:41 | Boll | Karsten | 1975 | MTV Wilster | GER-SH | | 50 |
| 15 | 71 | 00:56:36 | Radek | Christoph | 1970 | ABC Wesseln | GER-SH | | 57 |
| 16 | 110 | 00:56:55 | Wasserberg | Markus | 1972 | Rettungsdienst (RKiSH) | GER-SH | | 58 |
| 17 | 100 | 00:57:02 | Trede | Olaf | 1970 | Die Unterforderten | GER-SH | | 59 |
| 18 | 60 | 00:57:29 | Otto | Rainer | 1971 | LT SSV Sarzbüttel | GER-SH | | 61 |
| 19 | 24 | 00:59:50 | Härtel | Rolf | 1970 | Stadtwerke Heide | GER-SH | | 71 |
| 20 | 96 | 01:01:59 | Thaden | Marc | 1971 | Team RunWithFun Eddelak | GER-SH | | 73 |
| 21 | 69 | 01:03:06 | Priegnitz | Helge | 1974 | Albersdorf | GER-SH | | 74 |

Ergebnis

M / W - Altersklassen

10-km-Lauf (10 Km)

10-km-Lauf M - 50

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|--------------|--------------|------|--------------------------------------|--------|-----|------------|
| 1 | 78 | 00:42:38 | Schauwienold | Dr. Eberhard | 1965 | MTV Heide | GER-SH | 10 | |
| 2 | 36 | 00:43:47 | Jobs | Thomas | 1967 | Sasol Germany GmbH | GER-SH | 13 | |
| 3 | 37 | 00:44:46 | Jöhnk | Alf | 1962 | Cafe klatsch Julianenebene / Hohn | GER-SH | 18 | |
| 4 | 102 | 00:45:55 | Volkman | Matthias | 1966 | TSV Büsum | GER-SH | 19 | |
| 5 | 28 | 00:46:10 | Hoffmann | Ronald | 1969 | ISS GmbH & Co. KG | GER-SH | 21 | |
| 6 | 111 | 00:46:15 | Wieckhorst | Arndt | 1968 | VfB Brunsbüttel | GER-SH | 22 | |
| 7 | 91 | 00:46:30 | Stahnke | Gerd | 1961 | VfB Brunsbüttel | GER-SH | 23 | |
| 8 | 122 | 00:46:54 | Jochims | Ralf | 1964 | SSV Süderdorf | GER-SH | 26 | |
| 9 | 119 | 00:47:30 | Dittrich | Jörg | 1964 | Sport-Club Itzehoe | GER-SH | 29 | |
| 10 | 87 | 00:47:31 | Siepmann | Jan | 1965 | TSV Weddingstedt | GER-SH | 30 | |
| 11 | 3 | 00:48:55 | Barmwater | Jörg | 1969 | Ostroher SC | GER-SH | 37 | |
| 12 | 43 | 00:48:59 | Kracht | Jürgen | 1963 | Ostroher SC | GER-SH | 38 | |
| 13 | 35 | 00:49:35 | Jegust | Thomas | 1968 | TSV Eddelak | GER-SH | 39 | |
| 14 | 41 | 00:50:49 | Kolb | Torsten | 1965 | Tura Meldorf | GER-SH | 44 | |
| 15 | 57 | 00:51:18 | Möller | Hans | 1961 | MTV Süderhastedt | GER-SH | 47 | |
| 16 | 51 | 00:53:43 | Lund | Manfred | 1967 | Brunsbüttel | GER-SH | 53 | |
| 17 | 61 | 00:55:56 | Peters | Udo | 1963 | Neufeld | GER-SH | 55 | |
| 18 | 29 | 00:56:23 | Höhne | Lutz | 1967 | ISS GmbH & Co. KG | GER-SH | 56 | |
| 19 | 124 | 00:57:59 | Vollert | Steffen | 1967 | | GER-SH | 64 | |
| 20 | 64 | 00:58:08 | Piller | Jens | 1966 | Ostroher SC | GER-SH | 66 | |
| 21 | 46 | 00:58:40 | Lau | Ingo | 1967 | Überraschungs EI | GER-SH | 67 | |
| 22 | 20 | 00:58:57 | Gerold | Hartmut | 1960 | MTV-Burg | GER-SH | 68 | |
| 23 | 88 | 00:59:05 | Sievers | Andre | 1969 | Die Unterforderten | GER-SH | 69 | |
| 24 | 19 | 00:59:14 | Gehrke | Thorsten | 1969 | Meldorf | GER-SH | 70 | |
| 25 | 12 | 01:00:22 | Dietmair | Uwe | 1960 | Lack Center Dietmair | GER-SH | 72 | |

10-km-Lauf M - 60

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|-------------|----------|------|------------------|--------|-----|------------|
| 1 | 93 | 00:46:54 | Stelling | Max | 1959 | SSV Süderdorf | GER-SH | 25 | |
| 2 | 112 | 00:48:32 | Wind | Joachim | 1957 | MTV Heide | GER-SH | 33 | |
| 3 | 113 | 00:48:37 | Witt | Klaus | 1959 | TSV Büsum | GER-SH | 34 | |
| 4 | 13 | 00:49:59 | Elfers | Dietmar | 1956 | TSV Büsum | GER-SH | 40 | |
| 5 | 118 | 00:52:59 | Kilzer | Volker | 1956 | MTV Heide | GER-SH | 51 | |
| 6 | 83 | 00:53:14 | Schneider | Harry | 1955 | TuRa Meldorf | GER-SH | 52 | |
| 7 | 82 | 00:55:19 | Schmidt | Harald | 1959 | SSV Lunden | GER-SH | 54 | |
| 8 | 14 | 00:58:05 | Fahnert | Dietmar | 1956 | Norderwörden | GER-SH | 65 | |
| 9 | 103 | 01:04:37 | Volquardsen | Volquard | 1957 | Lohe- Rickelshof | GER-SH | 76 | |

10-km-Lauf M - 70

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|--------|---------|------|--------------|--------|-----|------------|
| 1 | 75 | 01:03:57 | Robert | Elmar | 1940 | Welmbüttel | GER-SH | 75 | |

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M / W - Altersklassen

10-km-Lauf (10 Km)

10-km-Lauf M - HK

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|----------|--------------|------|-------------------|--------|-----|------------|
| 1 | 25 | 00:35:00 | Hartmann | Tim | 1991 | Lüneburger SV | GER-SH | | 3 |
| 2 | 31 | 00:40:39 | Holm | Johannes | 1994 | Marner TV | GER-SH | | 6 |
| 3 | 30 | 00:44:42 | Holm | Helge | 1992 | Marner TV | GER-SH | | 17 |
| 4 | 72 | 00:47:51 | Rahimi | Najeeb Ullah | 1990 | Warns | GER-SH | | 31 |
| 5 | 117 | 00:57:24 | Behrendt | Lukas | 1996 | St. Michaelisdonn | GER-SH | | 60 |

10-km-Lauf M - JU14

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|-----------|---------|------|------------------------------------|--------|-----|------------|
| 1 | 115 | 00:50:06 | Jürgens | Marvin | 2009 | Grundschule Burg / Süderhastedt | GER-SH | | 41 |
| 2 | 116 | 00:50:13 | Krajewski | Levent | 2008 | Gemeinschaftsschule am Hamberg | GER-SH | | 42 |
| 3 | 99 | 01:05:49 | Trantoff | Luca | 2006 | TuRa Meldorf | GER-SH | | 77 |

10-km-Lauf M - JU20

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|---------|---------|------|--------------------|--------|-----|------------|
| 1 | 120 | 00:40:00 | Salto | Robin | 2002 | Sport-Club Itzehoe | GER-SH | | 5 |
| 2 | 27 | 00:57:43 | Hartwig | Manuel | 2001 | Tsv Buchholz | GER-SH | | 62 |

10-km-Lauf W - 30

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|-----------------|---------|------|-------------------------|---------|-----|------------|
| 1 | 50 | 00:43:22 | Lorenzen | Gyde | 1987 | Bargenstedt | GER-SH | | 1 |
| 2 | 67 | 00:44:22 | Ponick | Tanja | 1980 | TSV Schafstedt | GER-SH | | 2 |
| 3 | 77 | 00:52:59 | Sanny | Mareike | 1987 | Sport-Club Itzehoe | GER-SH | | 10 |
| 4 | 81 | 00:53:29 | Schimmel-Kraski | Yvonne | 1987 | HSG Marne/Brunsbüttel | GER-SH | | 11 |
| 5 | 45 | 00:54:06 | Kubista | Yasmin | 1988 | SG Elbmarsch | GER-SH | | 14 |
| 6 | 11 | 00:55:51 | Delfs | Nadine | 1983 | Uhl Trucks Hemmingstedt | GER-SH | | 17 |
| 7 | 4 | 00:55:55 | Becker | Nadine | 1981 | Hamburg | GER-HAM | | 19 |
| 8 | 56 | 00:57:56 | Modrow | Lena | 1987 | Tanzschule Thomas Bruhn | GER-SH | | 22 |
| 9 | 68 | 00:59:24 | Popanda | Monika | 1987 | Tanzschule Thomas Bruhn | GER-SH | | 24 |

10-km-Lauf W - 40

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|------------|---------|------|-------------------------|--------|-----|------------|
| 1 | 84 | 00:45:47 | Schönebeck | Susanne | 1974 | Sport-Club Itzehoe | GER-SH | | 3 |
| 2 | 33 | 00:52:26 | Hues | Diane | 1977 | Marner TV | GER-SH | | 9 |
| 3 | 101 | 00:53:45 | Volkmann | Inga | 1979 | TSV Büsum | GER-SH | | 12 |
| 4 | 53 | 00:54:56 | Martens | Imke | 1971 | Büsum | GER-SH | | 15 |
| 5 | 22 | 00:55:18 | Hamann | Katja | 1976 | Team RAMELOW Heide | GER-SH | | 16 |
| 6 | 15 | 00:56:33 | Feigel | Bianca | 1976 | Tanzschule Thomas Bruhn | GER-SH | | 21 |
| 7 | 40 | 01:00:19 | Knabe | Meike | 1974 | Krumstedt | GER-SH | | 26 |

Ergebnis

M / W - Altersklassen

10-km-Lauf (10 Km)

10-km-Lauf W - 50

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos Gesamtfeld |
|-----|------|----------|---------------|---------|------|--------------|--------|----------------|
| 1 | 10 | 00:56:30 | Claußen-Simon | Doris | 1962 | MTV Heide | GER-SH | 20 |
| 2 | 104 | 00:58:32 | von Buch | Martina | 1964 | TSV Büsum | GER-SH | 23 |
| 3 | 42 | 01:01:52 | Kracht | Heike | 1963 | Ostroher SC | GER-SH | 28 |

10-km-Lauf W - 60

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos Gesamtfeld |
|-----|------|----------|--------|---------|------|--------------|--------|----------------|
| 1 | 76 | 00:49:23 | Rohwer | Anke | 1958 | Ostroher SC | GER-SH | 8 |
| 2 | 92 | 00:55:52 | Steen | Rita | 1959 | MTV Heide | GER-SH | 18 |

10-km-Lauf W - HK

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos Gesamtfeld |
|-----|------|----------|---------|----------|------|------------------|--------|----------------|
| 1 | 73 | 00:48:10 | Ramcke | Finja | 1995 | MTV Tellingstedt | GER-SH | 6 |
| 2 | 106 | 00:53:55 | Wagner | Kristina | 1993 | SC Bargenstedt | GER-SH | 13 |
| 3 | 55 | 00:59:30 | Meldere | Mara | 1993 | Heide | GER-SH | 25 |
| 4 | 26 | 01:00:43 | Hartwig | Jennifer | 1991 | Tsv Buchholz | GER-SH | 27 |

10-km-Lauf W - JU14

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos Gesamtfeld |
|-----|------|----------|-----------|-------------|------|--------------|--------|----------------|
| 1 | 70 | 01:03:06 | Priegnitz | Nele Sophie | 2006 | Albersdorf | GER-SH | 29 |

10-km-Lauf W - JU16

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos Gesamtfeld |
|-----|------|----------|------|---------|------|-----------------------------------|--------|----------------|
| 1 | 114 | 01:06:28 | Moß | Melina | 2004 | Gemeinschaftsschule am Hamberg | GER-SH | 30 |

10-km-Lauf W - JU20

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos Gesamtfeld |
|-----|------|----------|--------|------------|------|-----------------|--------|----------------|
| 1 | 39 | 00:47:13 | Knaack | Emely | 2002 | Post SV Heide | GER-SH | 4 |
| 2 | 18 | 00:48:03 | Gatza | Male Soley | 2000 | Marner TV | GER-SH | 5 |
| 3 | 6 | 00:48:39 | Betke | Tanja | 2003 | TSV Nordhastedt | GER-SH | 7 |

Einträge in der Liste: 107